

# NURSES NOTES



## IT IS HOT!

Please send a water bottle to school during hot weather.

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**Welcome Back!!!**

## WHEN TO STAY HOME

- FEVER or Flu symptoms IN LAST 24 HOURS
- EXCESSIVE COUGHING
- PINK EYE
- VOMITING DIARHEA WITHIN LAST 24 HOURS

**Please send a change of clothes to be kept at school. I do not have extra clothes in the clinic.**

**\*Needed:  
Snack size ziplock bags**

## What About Medicine?

You may bring medicine to keep in the clinic for your child to use as needed or daily. A **parent** must bring the medicine to school and fill out an authorization form. The medicine must be in the original container. Medication forms can be found on the WCS website under Parent Resources/Health Services/Forms.

## Does Your Child Need An Emergency Care Plan?

If your child suffers from severe allergies which require an epi pen, asthma, diabetes, seizures or any condition that might develop into an emergency, please contact me to write a care plan or review the care plan from last year. All care plans must be updated yearly.

**DON'T FORGET  
THE NURSE MUST HAVE  
AN ACCURATE EMERGENCY  
PHONE NUMBER  
FOR ALL STUDENTS**

**So**

**Please inform the nurse  
when phone #s change.**

**\*All students who require food substitutions due to allergies must bring a doctor's note to the cafeteria.**



## School Health Screenings

I will be screening grades K, 2, & 4 again this year for BMI ( height, weight, blood pressure) and vision & hearing. You will receive a reverse permission form that is due back by **August 28th** if you do **NOT** want your child screened. The results of BMI screenings are confidential and are not even shared with the student. The screening will be held in September. If you would like to volunteer to help please let me know.