

INDEPENDENCE

# SUMMER WRESTLING CAMP

HIGH SCHOOL



# JUNE 15-18

## TO BE THE BEST, YOU HAVE TO TRAIN WITH THE BEST!

### INDEPENDENCE STATS (2007-2009)

11 TOURNAMENT TITLES

4 REGION TITLES

23 OUT OF 28 POSSIBLE STATE QUALIFIERS

DUAL MEET RECORD OF 50-9

6 STATE PLACERS

2 STATE FINALISTS

**Where:** Independence High School auxiliary Gym

**Cost:** \$100 (Only \$25 a day) or you can attend half days from 8:00 am – 11:30 am for only \$50 each camper will receive a FREE IHS Wrestling t-shirt!!

**Who can attend:** Anyone between the grades of Kindergartens and soon to be 9<sup>th</sup> graders, NO WRESTLING EXPERIENCE REQUIRED!!!!

#### Why should you attend?

Wrestling is the oldest sport in the world! It is one of the only sports that you compete as an individual and as a team. This camp will prepare you for the upcoming wrestling season and will train your body to perform at its highest level. Whether you have 0 years of wrestling experience or 10 years, this camp will benefit *everyone!*

#### How to Register:

Go to [www.wcs.edu/ihs](http://www.wcs.edu/ihs) then to the athletics homepage, then the wrestling page and click on the camp information

Questions Please Contact Coach Grindstaff at [jaredg@wcs.edu](mailto:jaredg@wcs.edu)