

## Williamson County Schools Illness Policy

Dear Parents,

As the school nurse, my priority is to keep all of our students healthy and in school. One way that we can all work together to do this is to prevent the spread of illness. If your child is not feeling his/her best, please use the following guidelines to determine whether or not he/she should be in school.

	<b>Child should <u>not</u> be at school or in contact with other children:</b>	<b>If child feels well enough, he/she may attend school:</b>
Runny nose	Cloudy or yellow/green discharge with congestion, fever	Clear drainage as with allergies
Cough	Frequent or uncontrollable, producing mucous or accompanied by fever	Infrequent, no mucous is being coughed up and/or child has been on antibiotics for at least 24 hours before returning to school, no fever
Fever	If temperature is above 100.4 F or if symptoms of headache or cough accompany any elevated temperature.	If temperature is below 100.5 for 24hrs without taking a fever-reducing medication and there are no other symptoms
Diarrhea or vomiting	One episode of vomiting/more than one occurrence of diarrhea	Single incident of diarrhea and no other symptoms (i.e., fever, vomiting); must be 24 hours after the last episode of vomiting
Strep throat/Scarlet Fever	Sore throat, headache, nausea, fever (children do not always have fever or complain of a sore throat.) The only way to rule out Strep is with a throat culture.	After 24 hours on antibiotics and fever free for 24 hours
"Pink eye" Conjunctivitis	Eye is red with complaint of burning or itching; crusty, white or yellow drainage is occurring	Bacterial conjunctivitis: after 24 hours on antibiotics Viral conjunctivitis: with a note from the Dr. stating no longer contagious
Rash/Skin infection	Any child with rash or signs of skin infection not having been evaluated by doctor	Rash free/written release from doctor/after 24 hours on antibiotic for skin infection
Chicken Pox	Itching with pink/red spots with blister-type center, fever	Lesions crusted over and dry, no fever
Flu	Fever/temp above 100 with accompanying sore throat, cough, runny nose, congestion, body aches, extreme tiredness, vomiting, or diarrhea	After fever free (less than 100.5 F oral temp) for 24 hours without having been given fever reducing medication or release from physician if diagnosed with any type of flu

If you think that your child might have a fever, please check his/her temperature before sending him/her to school. Your child should not be sent to school until he/she has been fever free for at least 24 hours without taking a fever reducing medication.