

Coach Heilman's comments for October 21 meet:

Recap:

We placed as a team 4th out of 20 in our division in the Middle Tennessee State Championships (which is a big deal), and beat all of the teams that we will run against at the state qualifier next Thursday. Many teams dream of accomplishing what we have so far. We need to keep it going though. Keep up the hard work and positive attitude. It sounds good to be Regional Champions, but can we actually do it? Yes we can, but we can not let up. I said this before, but it has been an incredible season for all of us. Even when some of us do not have their best times, the other guys step in and make up for this difference. We will be a factor to contend with in the next two weeks. WAY TO GO! We are the best team that Page HS has had in years. What can we add to it this year? Only you can determine that. Special thanks for the JV guys pushing the Varsity guys all year. You only make them better!