



Inspiring Quotes

"Character consists of what you do on the third and fourth tries."

-James Michener

"I just decided, I'm never going to waste another day thinking about tomorrow... Today is all I have."

-Lance Armstrong

"Exuberance is beauty."

-William Blake

"The highest form of bliss is living with certain degree of folly."

-Erasmus

"The only real failure is the failure to try."

-Joan Benoit

"Bid me run, And I will strive with things impossible."

-Shakespeare, Julius Caesar

"A runner's creed: I will win; if I cannot win, I shall be second; if I cannot be second, I shall be third; if I cannot place at all, I shall still do my best."

-Ken Doherty

"Run hard, be strong, think big!"

-Percy Cerutti

"The will to win means nothing if you haven't the will to prepare."

- Juma Ikangaa, 1989 NYC Marathon winner