

## **Student-Athlete's Statement of Compliance With the Rules and Regulations**

As a participant on the interscholastic athletics program of Sunset Middle School, I will abide by all of the program's rules and regulations.

More, specifically, I will comply with the following regulations:

1. Refrain from using tobacco, alcohol, non-prescribed drugs, or illegal narcotics, i.e., performance enhancing drugs, marijuana and cocaine, and agree to submit to drug testing if reasonable cause exists.
2. Accept my responsibilities in both the classroom and in athletics.
3. Be on time and in attendance for all team practices, meetings, and other scheduled functions throughout the year. Head Coach will give an excuse for an absence for an extreme personal, health, or family emergency.
4. Adhere to training regulations.
5. Represent Sunset Middle School and myself in attitude and conduct, which is a credit to both. Refrain from public criticism of coaches, teammate, school administration, teachers, and staff.

I understand that failure to adhere to the above regulations will result in disciplinary action ranging from specific penalties as determined by the Head Coach or Sunset Middle School to dismissal from the team.

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*Signature of Student-Athlete*

*Date*

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*Signature of Parent*

*Date*