



### Mission Statement

STARS exists to help students refrain from the use of alcohol, other drugs and violence and to enhance their educational achievement and character development.

## **STARS...STUDENTS TAKING A RIGHT STAND**

Dear Parent(s) or Guardian(s):

During the school year, the Student Assistance Program, STARS (Students Taking A Right Stand), may involve your son/daughter in a variety of activities developed to assist his/her ability to cope with the everyday pressures that adolescent or pre-adolescent school-aged children may experience.

Groups as well as individual discussions will take place on topics including drug and alcohol abuse, self-concept, decision-making and coping skills. In addition, we will conduct pre and post surveys to determine their progress in individual and group participation by measuring increases in self-esteem, positive no-drug-use attitude, non-rebelliousness, increased school value and social attitude. Also, pre and post surveys will be conducted to assist STARS in proving program effectiveness. From time to time, STARS specialists conduct grade level as well as school-wide presentations to expand our prevention efforts.

This program will explore and maximize the positive influence young people can have on each other as well as effect changes in their behavior and overall outlook. Please know that every effort will be made to avoid interrupting the student academic schedule. All information is strictly confidential and we welcome your involvement and support. If you have any questions regarding the STARS program at Woodland Middle School, please, contact the STARS Specialist, Joyce Hollins: (615)472-4930 X1425 or [joyceh@wcs.edu](mailto:joyceh@wcs.edu).

Sincerely,

Joyce M. Hollins  
STARS Specialist

Title VI of the Civil Rights Act of 1964 states: "No person in the United States shall, on the grounds of race, color or national origin be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any program or activity receiving federal financial assistance." Revised 08/07