

# Woodland Football Practice information

(All players must have a current physical form loaded IN final forms and must complete all forms before coming to any practices)

We will be having a varsity program only consisting of 7<sup>th</sup> and 8<sup>th</sup> graders only.

## July 18

8am – 9am Helmets Issued, Practice Jersey, & Equipment Bags

9am – 11am Practice (Shorts, Helmet, Practice Jersey, & Cleats)

## July 19

8am – 9am Shoulder Pads

9am – 11am Practice (Shorts, Helmet, Practice Jersey, & Cleats)

## July 20

8am – 9am Pants Issued

9am – 11am Practice (Shorts, Helmet, Shoulder Pads, Practice Jersey, & Cleats)

## July 21 & 22

8am – 10am Practice (Shorts, Helmet, Shoulder Pads, Practice Jersey, & Cleats)

## July 25

8 am – 10:30am Full Pads Practice

## July 26

3:00pm – 5:00pm Full Pads Practice

**MANDATORY PARENT MEETING @ 5:15 PM. AT LEAST 1 PARENT PER PLAYER MUST ATTEND.**

## July 27 – July 29

8am – 10:30am Full Pads Practice

## August 1 – August 5

3:00pm – 5:30 pm Full Pads Practice