



Cheetah Family News

(615) 472-4300

January 25th, 2019

1000 Secluded Lane

Dear Parents,

One of the most important things your child can do to achieve success in school is basic: attend school every day on time. By attending class consistently, your child is more likely to keep up with daily lessons and assignments and master content standards. Research has shown that your child's regular attendance may be the greatest factor influencing his/her academic success.

Research findings from *Attendance Works*:

- One in 10 kindergarten and first-grade students nationally are chronically absent, missing nearly a month of school. Emerging research shows even higher rates among preschoolers.
- These early absences correlate with **reading difficulties** and poor attendance patterns in later years. One California study found that only 17 percent of students who were chronically absent in both kindergarten and first grade were reading proficiently in third grade, compared to 64 percent of those with good attendance.
- The effects of poor attendance are particularly pronounced among low-income children, who need more time in the classroom to master reading and are less likely to have access to resources outside of school to help them catch up. Unfortunately, low-income children are four times more likely to be chronically absent.
- Students can begin to reverse their academic difficulties if they improve their attendance.
- Parents are often unaware of the corrosive effects of absenteeism and how quickly absences add up to academic trouble in the early grades.
- <http://www.attendanceworks.org/tools/for-parents/>

Please help us make every instructional day count by keeping absences to a minimum and making sure your child arrives on time.

Thank you for your support.

Dr. Garrett



IMPORTANT DATES

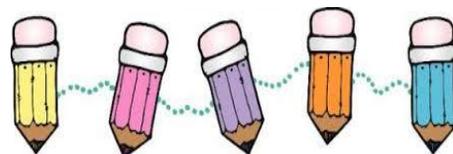
February 1st- Breakfast with a Buddy at 8:00

February 8th- progress reports go home

February 15th- Musical Theater Night

February 18th- No School for Students

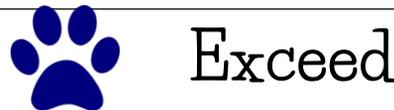
February 20th- Roller-skating starts in PE



Breakfast with a Buddy



Grab a buddy and bring them to school on Friday, February 1st at 8:00 to enjoy breakfast together. Buddies may include a parent, grandparent, older sibling, or family friend. An invitation should have come home with your child last week. If you have not returned your RSVP form, please let your child's teacher know who will be attending with your child, so we can purchase the right amount of breakfast items. We look forward to seeing many of you there!





The Cheetah Council Williamson County Animal Shelter Drive

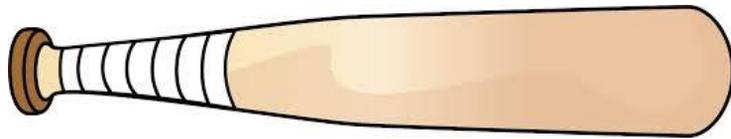


The Williamson County Animal Center is a public open-intake shelter serving the citizens of Williamson County, Tennessee. The shelter is a county tax-funded agency caring for domestic animals and needs help from our community. The Cheetah Council would love for our Cheetahs to help this shelter by donating the following items:

Canned Fancy Feast kitten, litter, laundry detergent, bleach, rawhides, medium sized collars, blankets (any type/size), bath towels, wash cloths, paper towels, Dawn dish soap, liquid laundry detergent, wet kitten/cat food, wet puppy/dog food, Benebones, Kongs, other cat/dog treats, and peanut butter

If you would like to donate, please send items to school **January 29th–February 19th**
There will be labeled boxes outside the front office in the foyer.

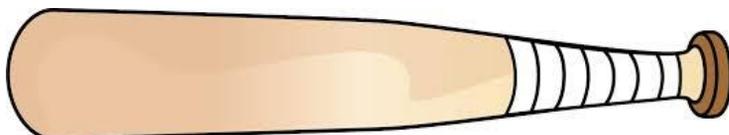
If you have any questions, you contact Liz Cowan at elizabethc1@wcs.edu



Attention Baseball Players!
Summit High School is offering a baseball clinic on Sunday, January 27th. Check out the attached flyer for registration information.

AGES: Kindergarten - 8th Grade
WHAT TO BRING: Glove, Bat, Tennis shoes
WHEN: Sunday, January 27th 1:00-4:00
COST: \$40

*Check out the attached flyer for more information.



Many titles that were so popular at our Fall book fair will be back in the spring! Be on the look out for *Elephant & Piggie*, *Dog Man*, *I Survived*, just to name a few. The book fair will be here before we know it! We'll be sharing more info in the next few weeks.

Parents,

Here are a few things to think about as we approach the second half of the year:

- If you have a child who will be starting Kindergarten this fall, now would be a great time to make sure your child has all their immunizations for school entry and their physical.
- Remember this is Flu season. Flu is spread by droplets. When someone coughs, sneezes or talks droplets are let out. You then inhale the droplets and you have the possibility of getting sick. The flu virus can live on surfaces up to 24 hours. If you were to touch that surface and then touch your mouth you may contract the Flu. One way to keep from spreading germs is to cover your mouth when you sneeze or cough. The best prevention against the Flu is handwashing. If your child exhibits any Flu symptoms, please keep them home. If they develop a fever they must be fever free for 24 hours without medication. When you're not sure about sending your child to school, please refer to the WCS Illness Policy.
- Please remember during the winter months children still need to stay hydrated. Please consider sending in a water bottle with them.
- To keep your child healthy:
 - Make sure they get adequate sleep. They should get at least 8 hours.
 - Choose healthier meals and snacks. Healthy snacks at school would include, vegetables, fruit fresh or dried, yogurt, whole grain crackers with cheese or turkey and string cheese. Try to limit sugary snacks. Remember when you consume sugar your glycemic levels go up quick but then you begin to crash. When that happens it's harder for your child to concentrate on their school work. By picking healthy snacks this will raise your blood sugar slowly and this will stop that effect.
 - Drink plenty of water.
 - Take a multivitamin to boost up your immune system this time of year.

For more information, check out the attached flyer on everyday preventative measures you can take to remain healthy. If you have any questions please feel free to contact me at 615-472-4316 or gloriap@wcs.edu.

Thank you,
Nurse Gloria

