

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

Menu Name: Elementary School Lunch

Include Cost: No

Site:

Report Style: Detailed

Wednesday - 04/01/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000310 Corn Dog Mini Turkey WG	6 mini corn dog	1	290	3.50	380	7	14.00	0.00	55	30.00	3.00	10.00
990051 Sandwich Cheeseburger	sandwich	1	300	4.50	760	4	11.50	0.00	48	31.00	5.00	22.50
990052 Sandwich Hamburger	sandwich	1	250	2.00	510	3	7.00	0.00	35	30.00	5.00	20.00
001048 Sandwich Ham & Cheese	sandwich	1	325	5.50	1132	8	12.56	0.00	55	35.89	4.60	21.36
990161 Sandwich Turkey and Cheese w/Jennie O Turkey	sandwich	1	291	3.00	931	7	8.01	0.00	48	33.19	4.13	25.58
000029 Sandwich PB&J	sandwich	1	578	5.82	576	21	31.09	0.00	0	60.52	9.82	19.58
000765 Salad Asian Chicken	salads	1	419	8.25	742	16	19.99	0.00	65	37.38	4.78	23.70
000139 Salad Chef	salads	1	262	8.02	1719	5	13.32	0.00	70	11.46	2.96	26.89
000827 Salad Garden	salads	1	222	8.00	263	5	14.29	0.00	242	9.44	3.24	14.83
000539 Salad Chicken Caesar	salads	1	131	1.41	647	2	3.56	0.00	72	5.16	2.00	21.30
990041 Salad Popcorn Chicken	salads	1	265	7.50	465	2	15.73	0.00	65	14.56	4.06	18.03
000826 Salad Turkey	salads	1	221	6.50	600	3	10.77	0.00	65	7.41	2.96	25.66
001174 Salad Chicken Tender	EACH	1	320	5.00	521	6	16.79	0.00	60	19.94	5.24	25.33
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00

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990171 Vegetable Potato Emoticon Fries	1/2 cup	1	119	0.49	79	0	3.95	0.00	0	17.79	1.98	1.98
000261 Vegetable Carrots Buttery	1/2 cup	1	36	0.18	68	4	0.44	0.00	0	7.47	3.20	1.07
000258 Vegetable Broccoli Florets Frozen	1/2 cup	1	29	0.00	19	2	0.00	0.00	0	3.82	1.91	0.96
000335 Vegetable Beans Texas Ranch	1/2 cup	1	108	0.00	481	1	0.49	0.00	0	19.63	4.91	5.89
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	47	0.38	115	4	2.00	0.00	1	6.73	2.67	0.25
000875 Vegetable Veggie Bowl Variety	Each	1	16	0.00	18	*2	0.08	*0.00	0	3.42	1.29	0.75
000300 Salad Tossed with Carrots	cups	1	64	0.38	86	4	2.52	0.00	1	9.09	5.22	3.27
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30
000086 Fruit Orange Whole Sliced	Each	1	62	*N/A*	0	12	0.16	0.00	0	15.40	3.14	1.23
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00
000222 Condiment Ketchup Packet	packet	1	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00
000223 Condiment Mustard Packet	packet	1	5	0.00	65	0	0.00	0.00	0	0.00	0.00	0.00

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000892 Condiment Mayonnaise Lite Packet	Packet	1	50	0.50	70	0	4.50	0.00	10	2.00	0.00	0.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	80	1.00	230	1	7.00	0.00	5	2.00	0.00	1.00
Weighted Daily Average			5326	*75.44	11194	*239	207.36	*0.00	931	577.80	87.28	*320.31
% of Calories				*12.75%		*17.9%	35.0%	*0.0%		43.4%		*24.1%
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0					

Thursday - 04/02/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000703 Enchilada Cheese Pepper Jack	2 enchiladas	1	390	12.20	716	1	21.69	0.00	52	32.31	2.06	17.37
001121 Chicken Nugget Breaded (Elementary)	5 nuggets	1	200	2.00	400	1	10.00	0.00	35	13.00	2.00	15.00
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00
001048 Sandwich Ham & Cheese	sandwich	1	325	5.50	1132	8	12.56	0.00	55	35.89	4.60	21.36
990161 Sandwich Turkey and Cheese w/Jennie O Turkey	sandwich	1	291	3.00	931	7	8.01	0.00	48	33.19	4.13	25.58
000029 Sandwich PB&J	sandwich	1	578	5.82	576	21	31.09	0.00	0	60.52	9.82	19.58
000765 Salad Asian Chicken	salads	1	419	8.25	742	16	19.99	0.00	65	37.38	4.78	23.70
000139 Salad Chef	salads	1	262	8.02	1719	5	13.32	0.00	70	11.46	2.96	26.89
000827 Salad Garden	salads	1	222	8.00	263	5	14.29	0.00	242	9.44	3.24	14.83
000539 Salad Chicken Caesar	salads	1	131	1.41	647	2	3.56	0.00	72	5.16	2.00	21.30

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990041 Salad Popcorn Chicken	salads	1	265	7.50	465	2	15.73	0.00	65	14.56	4.06	18.03
000826 Salad Turkey	salads	1	221	6.50	600	3	10.77	0.00	65	7.41	2.96	25.66
001174 Salad Chicken Tender	EACH	1	320	5.00	521	6	16.79	0.00	60	19.94	5.24	25.33
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00
000007 Vegetable Beans Pinto	1/2 cup	1	92	0.00	130	*1	0.00	0.00	0	17.54	4.62	5.54
000271 Vegetable Corn Buttery	1/2 cup	1	74	0.17	4	3	0.91	0.00	0	15.96	2.00	2.00
000040 Vegetable Peas Green	1/2 cup	1	93	0.00	127	*7	0.00	0.00	0	16.01	5.34	5.34
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	47	0.38	115	4	2.00	0.00	1	6.73	2.67	0.25
000875 Vegetable Veggie Bowl Variety	Each	1	16	0.00	18	*2	0.08	*0.00	0	3.42	1.29	0.75
000300 Salad Tossed with Carrots	cups	1	64	0.38	86	4	2.52	0.00	1	9.09	5.22	3.27
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30
000086 Fruit Orange Whole Sliced	Each	1	62	*N/A*	0	12	0.16	0.00	0	15.40	3.14	1.23
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33

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001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00
000222 Condiment Ketchup Packet	packet	1	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00
000223 Condiment Mustard Packet	packet	1	5	0.00	65	0	0.00	0.00	0	0.00	0.00	0.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	50	0.50	70	0	4.50	0.00	10	2.00	0.00	0.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	80	1.00	230	1	7.00	0.00	5	2.00	0.00	1.00
Weighted Daily Average			5174	*79.63	10372	*238	204.58	*0.00	884	556.91	78.29	*306.17
% of Calories				*13.85%		*18.4%	35.6%	*0.0%		43.1%		*23.7%
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0					

Friday - 04/03/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990123 Fish Stick & Hushpuppies	Each	1	260	1.75	335	6	11.00	0.00	10	32.00	2.50	8.50
001181 Pizza Nardone Cheese 4x6	slices	1	336	10.00	435	6	16.00	0.00	41	27.00	3.00	20.00
001191 Pizza Nardone Pepperoni Diced 4x6	slices	1	350	7.00	580	6	17.00	0.00	40	29.00	3.00	22.00
001048 Sandwich Ham & Cheese	sandwich	1	325	5.50	1132	8	12.56	0.00	55	35.89	4.60	21.36
990161 Sandwich Turkey and Cheese w/Jennie O Turkey	sandwich	1	291	3.00	931	7	8.01	0.00	48	33.19	4.13	25.58
000029 Sandwich PB&J	sandwich	1	578	5.82	576	21	31.09	0.00	0	60.52	9.82	19.58
000765 Salad Asian Chicken	salads	1	419	8.25	742	16	19.99	0.00	65	37.38	4.78	23.70

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000139 Salad Chef	salads	1	262	8.02	1719	5	13.32	0.00	70	11.46	2.96	26.89
000827 Salad Garden	salads	1	222	8.00	263	5	14.29	0.00	242	9.44	3.24	14.83
000539 Salad Chicken Caesar	salads	1	131	1.41	647	2	3.56	0.00	72	5.16	2.00	21.30
990041 Salad Popcorn Chicken	salads	1	265	7.50	465	2	15.73	0.00	65	14.56	4.06	18.03
000826 Salad Turkey	salads	1	221	6.50	600	3	10.77	0.00	65	7.41	2.96	25.66
001174 Salad Chicken Tender	EACH	1	320	5.00	521	6	16.79	0.00	60	19.94	5.24	25.33
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00
000299 Vegetable Beans Baked	1/2 cup	1	150	0.50	540	11	1.00	0.00	0	30.00	7.00	6.00
000439 Vegetable Peas & Carrots Frozen	1/2 cup	1	60	0.00	93	*5	0.00	0.00	0	12.01	4.00	4.00
990133 Dessert Cookie Chocolate Chip 1 oz	Cookies	1	130	3.00	100	10	6.00	0.00	5	17.00	0.00	1.00
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	47	0.38	115	4	2.00	0.00	1	6.73	2.67	0.25
000875 Vegetable Veggie Bowl Variety	Each	1	16	0.00	18	*2	0.08	*0.00	0	3.42	1.29	0.75
000300 Salad Tossed with Carrots	cups	1	64	0.38	86	4	2.52	0.00	1	9.09	5.22	3.27
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30
000086 Fruit Orange Whole Sliced	Each	1	62	*N/A*	0	12	0.16	0.00	0	15.40	3.14	1.23
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00

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990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00
000222 Condiment Ketchup Packet	packet	1	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00
000223 Condiment Mustard Packet	packet	1	5	0.00	65	0	0.00	0.00	0	0.00	0.00	0.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	50	0.50	70	0	4.50	0.00	10	2.00	0.00	0.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	80	1.00	230	1	7.00	0.00	5	2.00	0.00	1.00
Weighted Daily Average			5481	*87.01	10980	*263	220.97	*0.00	889	585.10	81.79	*319.43
% of Calories				*14.29%		*19.2%	36.3%	*0.0%		42.7%		*23.3%
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0					

Monday - 04/06/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
001121 Chicken Nugget Breaded (Elementary)	5 nuggets	1	200	2.00	400	1	10.00	0.00	35	13.00	2.00	15.00
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00
000515 Hot Pocket Turkey Pepperoni	each	1	300	5.00	680	7	11.00	0.00	45	32.00	3.00	18.00
001048 Sandwich Ham & Cheese	sandwich	1	325	5.50	1132	8	12.56	0.00	55	35.89	4.60	21.36

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990161 Sandwich Turkey and Cheese w/Jennie O Turkey	sandwich	1	291	3.00	931	7	8.01	0.00	48	33.19	4.13	25.58
000029 Sandwich PB&J	sandwich	1	578	5.82	576	21	31.09	0.00	0	60.52	9.82	19.58
000765 Salad Asian Chicken	salads	1	419	8.25	742	16	19.99	0.00	65	37.38	4.78	23.70
000139 Salad Chef	salads	1	262	8.02	1719	5	13.32	0.00	70	11.46	2.96	26.89
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990041 Salad Popcorn Chicken	salads	1	265	7.50	465	2	15.73	0.00	65	14.56	4.06	18.03
000826 Salad Turkey	salads	1	221	6.50	600	3	10.77	0.00	65	7.41	2.96	25.66
001174 Salad Chicken Tender	EACH	1	320	5.00	521	6	16.79	0.00	60	19.94	5.24	25.33
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00
000907 Vegetable Blend Provence	1/2 Cup	1	31	0.00	16	*2	0.00	0.00	0	6.22	2.07	1.04
000261 Vegetable Carrots Buttery	1/2 cup	1	36	0.18	68	4	0.44	0.00	0	7.47	3.20	1.07
000424 Vegetable Beans Green LS Can	1/2 CUP	1	20	0.00	140	*1	0.00	0.00	0	4.00	2.00	1.00
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	47	0.38	115	4	2.00	0.00	1	6.73	2.67	0.25
000875 Vegetable Veggie Bowl Variety	Each	1	16	0.00	18	*2	0.08	*0.00	0	3.42	1.29	0.75
000300 Salad Tossed with Carrots	cups	1	64	0.38	86	4	2.52	0.00	1	9.09	5.22	3.27
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30

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000086 Fruit Orange Whole Sliced	Each	1	62	*N/A*	0	12	0.16	0.00	0	15.40	3.14	1.23
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00
000222 Condiment Ketchup Packet	packet	1	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00
000223 Condiment Mustard Packet	packet	1	5	0.00	65	0	0.00	0.00	0	0.00	0.00	0.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	50	0.50	70	0	4.50	0.00	10	2.00	0.00	0.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	80	1.00	230	1	7.00	0.00	5	2.00	0.00	1.00
Weighted Daily Average			4912	*72.44	10300	*240	193.41	*0.00	877	524.79	74.56	*297.03
% of Calories				*13.27%		*19.5%	35.4%	*0.0%		42.7%		*24.2%
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0					

Tuesday - 04/07/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
001125 Chicken Parmesan	each	1	270	3.52	747	4	12.53	0.00	43	19.91	3.47	19.02

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990148 Grains Garlic Toast	Each	1	90	0.00	160	0	2.50	0.00	0	15.00	1.00	3.00
001181 Pizza Nardone Cheese 4x6	slices	1	336	10.00	435	6	16.00	0.00	41	27.00	3.00	20.00
001048 Sandwich Ham & Cheese	sandwich	1	325	5.50	1132	8	12.56	0.00	55	35.89	4.60	21.36
990161 Sandwich Turkey and Cheese w/Jennie O Turkey	sandwich	1	291	3.00	931	7	8.01	0.00	48	33.19	4.13	25.58
000029 Sandwich PB&J	sandwich	1	578	5.82	576	21	31.09	0.00	0	60.52	9.82	19.58
000765 Salad Asian Chicken	salads	1	419	8.25	742	16	19.99	0.00	65	37.38	4.78	23.70
000139 Salad Chef	salads	1	262	8.02	1719	5	13.32	0.00	70	11.46	2.96	26.89
000827 Salad Garden	salads	1	222	8.00	263	5	14.29	0.00	242	9.44	3.24	14.83
000539 Salad Chicken Caesar	salads	1	131	1.41	647	2	3.56	0.00	72	5.16	2.00	21.30
990041 Salad Popcorn Chicken	salads	1	265	7.50	465	2	15.73	0.00	65	14.56	4.06	18.03
000826 Salad Turkey	salads	1	221	6.50	600	3	10.77	0.00	65	7.41	2.96	25.66
001174 Salad Chicken Tender	EACH	1	320	5.00	521	6	16.79	0.00	60	19.94	5.24	25.33
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00
000051 Vegetable Spinach frozen	1/2 cup	1	35	0.00	146	1	0.00	0.00	0	3.51	1.17	2.34
001237 Fruit Baked Apples	1/2 cup	1	91	0.00	16	19	0.00	0.00	0	23.03	1.62	0.00
000052 Vegetable Summer Squash	1/2 cup	1	20	0.00	7	*3	0.00	0.00	0	3.90	0.00	0.00
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	47	0.38	115	4	2.00	0.00	1	6.73	2.67	0.25
000875 Vegetable Veggie Bowl Variety	Each	1	16	0.00	18	*2	0.08	*0.00	0	3.42	1.29	0.75

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000300 Salad Tossed with Carrots	cups	1	64	0.38	86	4	2.52	0.00	1	9.09	5.22	3.27
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30
000086 Fruit Orange Whole Sliced	Each	1	62	*N/A*	0	12	0.16	0.00	0	15.40	3.14	1.23
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00
000222 Condiment Ketchup Packet	packet	1	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00
000223 Condiment Mustard Packet	packet	1	5	0.00	65	0	0.00	0.00	0	0.00	0.00	0.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	50	0.50	70	0	4.50	0.00	10	2.00	0.00	0.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	80	1.00	230	1	7.00	0.00	5	2.00	0.00	1.00
Weighted Daily Average			5036	*78.28	10407	*252	201.01	*0.00	877	530.45	72.55	*302.29
% of Calories				*13.99%		*20.0%	35.9%	*0.0%		42.1%		*24.0%
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0					

Wednesday - 04/08/2020

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000310 Corn Dog Mini Turkey WG	6 mini corn dog	1	290	3.50	380	7	14.00	0.00	55	30.00	3.00	10.00
990132 Chicken Tangerine Popcorn	4 oz Spoodle	1	197	2.11	254	6	10.56	0.00	77	8.45	0.00	16.20
001048 Sandwich Ham & Cheese	sandwich	1	325	5.50	1132	8	12.56	0.00	55	35.89	4.60	21.36
990161 Sandwich Turkey and Cheese w/Jennie O Turkey	sandwich	1	291	3.00	931	7	8.01	0.00	48	33.19	4.13	25.58
000029 Sandwich PB&J	sandwich	1	578	5.82	576	21	31.09	0.00	0	60.52	9.82	19.58
000765 Salad Asian Chicken	salads	1	419	8.25	742	16	19.99	0.00	65	37.38	4.78	23.70
000139 Salad Chef	salads	1	262	8.02	1719	5	13.32	0.00	70	11.46	2.96	26.89
000827 Salad Garden	salads	1	222	8.00	263	5	14.29	0.00	242	9.44	3.24	14.83
000539 Salad Chicken Caesar	salads	1	131	1.41	647	2	3.56	0.00	72	5.16	2.00	21.30
990041 Salad Popcorn Chicken	salads	1	265	7.50	465	2	15.73	0.00	65	14.56	4.06	18.03
000826 Salad Turkey	salads	1	221	6.50	600	3	10.77	0.00	65	7.41	2.96	25.66
001174 Salad Chicken Tender	EACH	1	320	5.00	521	6	16.79	0.00	60	19.94	5.24	25.33
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00
000659 Grains Rice Fried Elementary	1/2 cup	1	135	0.00	220	2	1.25	0.00	0	27.04	2.00	3.00
000907 Vegetable Blend Provence	1/2 Cup	1	31	0.00	16	*2	0.00	0.00	0	6.22	2.07	1.04
000465 Vegetable Carrots Honey Glaze	1/2 cup	1	72	0.97	88	9	2.37	0.00	0	12.09	3.20	1.08
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	47	0.38	115	4	2.00	0.00	1	6.73	2.67	0.25
000875 Vegetable Veggie Bowl Variety	Each	1	16	0.00	18	*2	0.08	*0.00	0	3.42	1.29	0.75

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000300 Salad Tossed with Carrots	cups	1	64	0.38	86	4	2.52	0.00	1	9.09	5.22	3.27
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30
000086 Fruit Orange Whole Sliced	Each	1	62	*N/A*	0	12	0.16	0.00	0	15.40	3.14	1.23
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00
000222 Condiment Ketchup Packet	packet	1	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00
000223 Condiment Mustard Packet	packet	1	5	0.00	65	0	0.00	0.00	0	0.00	0.00	0.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	50	0.50	70	0	4.50	0.00	10	2.00	0.00	0.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	80	1.00	230	1	7.00	0.00	5	2.00	0.00	1.00
Weighted Daily Average			4920	*71.35	9854	*244	198.16	*0.00	926	521.90	72.56	*289.25
% of Calories				*13.05%		*19.8%	36.2%	*0.0%		42.4%		*23.5%
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0					

Thursday - 04/09/2020

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
001152 Sandwich Chicken WG Breaded Regular	sandwich	1	340	2.00	640	3	12.00	0.00	35	42.00	6.00	21.00
001181 Pizza Nardone Cheese 4x6	slices	1	336	10.00	435	6	16.00	0.00	41	27.00	3.00	20.00
001191 Pizza Nardone Pepperoni Diced 4x6	slices	1	350	7.00	580	6	17.00	0.00	40	29.00	3.00	22.00
001048 Sandwich Ham & Cheese	sandwich	1	325	5.50	1132	8	12.56	0.00	55	35.89	4.60	21.36
990161 Sandwich Turkey and Cheese w/Jennie O Turkey	sandwich	1	291	3.00	931	7	8.01	0.00	48	33.19	4.13	25.58
000029 Sandwich PB&J	sandwich	1	578	5.82	576	21	31.09	0.00	0	60.52	9.82	19.58
000765 Salad Asian Chicken	salads	1	419	8.25	742	16	19.99	0.00	65	37.38	4.78	23.70
000139 Salad Chef	salads	1	262	8.02	1719	5	13.32	0.00	70	11.46	2.96	26.89
000827 Salad Garden	salads	1	222	8.00	263	5	14.29	0.00	242	9.44	3.24	14.83
000539 Salad Chicken Caesar	salads	1	131	1.41	647	2	3.56	0.00	72	5.16	2.00	21.30
990041 Salad Popcorn Chicken	salads	1	265	7.50	465	2	15.73	0.00	65	14.56	4.06	18.03
000826 Salad Turkey	salads	1	221	6.50	600	3	10.77	0.00	65	7.41	2.96	25.66
001174 Salad Chicken Tender	EACH	1	320	5.00	521	6	16.79	0.00	60	19.94	5.24	25.33
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00
000007 Vegetable Beans Pinto	1/2 cup	1	92	0.00	130	*1	0.00	0.00	0	17.54	4.62	5.54
000258 Vegetable Broccoli Florets Frozen	1/2 cup	1	29	0.00	19	2	0.00	0.00	0	3.82	1.91	0.96
000271 Vegetable Corn Buttery	1/2 cup	1	74	0.17	4	3	0.91	0.00	0	15.96	2.00	2.00
990133 Dessert Cookie Chocolate Chip 1 oz	Cookies	1	130	3.00	100	10	6.00	0.00	5	17.00	0.00	1.00

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	47	0.38	115	4	2.00	0.00	1	6.73	2.67	0.25
000875 Vegetable Veggie Bowl Variety	Each	1	16	0.00	18	*2	0.08	*0.00	0	3.42	1.29	0.75
000300 Salad Tossed with Carrots	cups	1	64	0.38	86	4	2.52	0.00	1	9.09	5.22	3.27
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30
000086 Fruit Orange Whole Sliced	Each	1	62	*N/A*	0	12	0.16	0.00	0	15.40	3.14	1.23
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00
000222 Condiment Ketchup Packet	packet	1	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00
000223 Condiment Mustard Packet	packet	1	5	0.00	65	0	0.00	0.00	0	0.00	0.00	0.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	50	0.50	70	0	4.50	0.00	10	2.00	0.00	0.00

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	80	1.00	230	1	7.00	0.00	5	2.00	0.00	1.00
Weighted Daily Average			5545	*86.93	10804	*250	221.88	*0.00	914	590.41	82.80	*330.42
% of Calories				*14.11%		*18.0%	36.0%	*0.0%		42.6%		*23.8%
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0					

Friday - 04/10/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000066 LEAVE BLANK, DO NOT USE												
Weighted Daily Average			0	0.00	0	0	0.00	0.00	0	0.00	0.00	0.00
% of Calories				0%		0%	0%	0%		0%		0%
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0					

Monday - 04/13/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990183 Cheeseburger Sliders	2 mini burgers	1	563	13.07	964	5	29.16	0.00	106	34.14	4.02	37.21
990150 Burger Sliders	2 mini burgers	1	463	8.05	462	4	20.12	0.00	81	32.14	4.02	32.19
990163 Chicken Tenders Breaded - Elementary	3 tenders	1	230	2.00	411	2	12.02	0.00	45	12.02	2.00	20.04
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
001048 Sandwich Ham & Cheese	sandwich	1	325	5.50	1132	8	12.56	0.00	55	35.89	4.60	21.36
990161 Sandwich Turkey and Cheese w/Jennie O Turkey	sandwich	1	291	3.00	931	7	8.01	0.00	48	33.19	4.13	25.58
000029 Sandwich PB&J	sandwich	1	578	5.82	576	21	31.09	0.00	0	60.52	9.82	19.58
000765 Salad Asian Chicken	salads	1	419	8.25	742	16	19.99	0.00	65	37.38	4.78	23.70
000139 Salad Chef	salads	1	262	8.02	1719	5	13.32	0.00	70	11.46	2.96	26.89
000827 Salad Garden	salads	1	222	8.00	263	5	14.29	0.00	242	9.44	3.24	14.83
000539 Salad Chicken Caesar	salads	1	131	1.41	647	2	3.56	0.00	72	5.16	2.00	21.30
990041 Salad Popcorn Chicken	salads	1	265	7.50	465	2	15.73	0.00	65	14.56	4.06	18.03
000826 Salad Turkey	salads	1	221	6.50	600	3	10.77	0.00	65	7.41	2.96	25.66
001174 Salad Chicken Tender	EACH	1	320	5.00	521	6	16.79	0.00	60	19.94	5.24	25.33
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00
000484 Vegetable Potato Crinkle Fries	1/2 cup	1	81	0.00	20	0	1.52	0.00	0	14.17	1.01	2.02
000424 Vegetable Beans Green LS Can	1/2 CUP	1	20	0.00	140	*1	0.00	0.00	0	4.00	2.00	1.00
000907 Vegetable Blend Provence	1/2 Cup	1	31	0.00	16	*2	0.00	0.00	0	6.22	2.07	1.04
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	47	0.38	115	4	2.00	0.00	1	6.73	2.67	0.25
000875 Vegetable Veggie Bowl Variety	Each	1	16	0.00	18	*2	0.08	*0.00	0	3.42	1.29	0.75
000300 Salad Tossed with Carrots	cups	1	64	0.38	86	4	2.52	0.00	1	9.09	5.22	3.27
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30
000086 Fruit Orange Whole Sliced	Each	1	62	*N/A*	0	12	0.16	0.00	0	15.40	3.14	1.23
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00
000222 Condiment Ketchup Packet	packet	1	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00
000223 Condiment Mustard Packet	packet	1	5	0.00	65	0	0.00	0.00	0	0.00	0.00	0.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	50	0.50	70	0	4.50	0.00	10	2.00	0.00	0.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	80	1.00	230	1	7.00	0.00	5	2.00	0.00	1.00
Weighted Daily Average			5713	*88.39	11010	*239	234.80	*0.00	1029	564.79	77.41	*354.42
% of Calories				*13.92%		*16.7%	37.0%	*0.0%		39.5%		*24.8%
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0					

Tuesday - 04/14/2020

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990043 Pasta Penne Meat Sauce - Rational	servings	1	362	2.12	655	*10	6.90	0.00	25	53.84	4.77	18.85
990148 Grains Garlic Toast	Each	1	90	0.00	160	0	2.50	0.00	0	15.00	1.00	3.00
001181 Pizza Nardone Cheese 4x6	slices	1	336	10.00	435	6	16.00	0.00	41	27.00	3.00	20.00
001048 Sandwich Ham & Cheese	sandwich	1	325	5.50	1132	8	12.56	0.00	55	35.89	4.60	21.36
990161 Sandwich Turkey and Cheese w/Jennie O Turkey	sandwich	1	291	3.00	931	7	8.01	0.00	48	33.19	4.13	25.58
000029 Sandwich PB&J	sandwich	1	578	5.82	576	21	31.09	0.00	0	60.52	9.82	19.58
000765 Salad Asian Chicken	salads	1	419	8.25	742	16	19.99	0.00	65	37.38	4.78	23.70
000139 Salad Chef	salads	1	262	8.02	1719	5	13.32	0.00	70	11.46	2.96	26.89
000827 Salad Garden	salads	1	222	8.00	263	5	14.29	0.00	242	9.44	3.24	14.83
000539 Salad Chicken Caesar	salads	1	131	1.41	647	2	3.56	0.00	72	5.16	2.00	21.30
990041 Salad Popcorn Chicken	salads	1	265	7.50	465	2	15.73	0.00	65	14.56	4.06	18.03
000826 Salad Turkey	salads	1	221	6.50	600	3	10.77	0.00	65	7.41	2.96	25.66
001174 Salad Chicken Tender	EACH	1	320	5.00	521	6	16.79	0.00	60	19.94	5.24	25.33
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00
990137 Vegetable Roasted Brussel Sprouts	1/2 cup	1	90	0.38	35	*3	5.75	0.00	0	6.02	4.01	4.01
001237 Fruit Baked Apples	1/2 cup	1	91	0.00	16	19	0.00	0.00	0	23.03	1.62	0.00
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	47	0.38	115	4	2.00	0.00	1	6.73	2.67	0.25
000875 Vegetable Veggie Bowl Variety	Each	1	16	0.00	18	*2	0.08	*0.00	0	3.42	1.29	0.75

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000300 Salad Tossed with Carrots	cups	1	64	0.38	86	4	2.52	0.00	1	9.09	5.22	3.27
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30
000086 Fruit Orange Whole Sliced	Each	1	62	*N/A*	0	12	0.16	0.00	0	15.40	3.14	1.23
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00
000222 Condiment Ketchup Packet	packet	1	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00
000223 Condiment Mustard Packet	packet	1	5	0.00	65	0	0.00	0.00	0	0.00	0.00	0.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	50	0.50	70	0	4.50	0.00	10	2.00	0.00	0.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	80	1.00	230	1	7.00	0.00	5	2.00	0.00	1.00
Weighted Daily Average			5164	*77.25	10197	*257	201.12	*0.00	860	562.98	76.69	*303.79
% of Calories				*13.46%		*19.9%	35.1%	*0.0%		43.6%		*23.5%
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0					

Wednesday - 04/15/2020

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000338 Sandwich Grilled Cheese	sandwich	1	425	12.92	1351	8	27.13	0.00	50	36.00	4.00	16.00
000339 Soup Tomato Healthy Request	1/2 cup	1	116	1.27	460	13	2.29	0.00	5	19.67	1.04	3.04
001152 Sandwich Chicken WG Breaded Regular	sandwich	1	340	2.00	640	3	12.00	0.00	35	42.00	6.00	21.00
001048 Sandwich Ham & Cheese	sandwich	1	325	5.50	1132	8	12.56	0.00	55	35.89	4.60	21.36
990161 Sandwich Turkey and Cheese w/Jennie O Turkey	sandwich	1	291	3.00	931	7	8.01	0.00	48	33.19	4.13	25.58
000029 Sandwich PB&J	sandwich	1	578	5.82	576	21	31.09	0.00	0	60.52	9.82	19.58
000765 Salad Asian Chicken	salads	1	419	8.25	742	16	19.99	0.00	65	37.38	4.78	23.70
000139 Salad Chef	salads	1	262	8.02	1719	5	13.32	0.00	70	11.46	2.96	26.89
000827 Salad Garden	salads	1	222	8.00	263	5	14.29	0.00	242	9.44	3.24	14.83
000539 Salad Chicken Caesar	salads	1	131	1.41	647	2	3.56	0.00	72	5.16	2.00	21.30
990041 Salad Popcorn Chicken	salads	1	265	7.50	465	2	15.73	0.00	65	14.56	4.06	18.03
000826 Salad Turkey	salads	1	221	6.50	600	3	10.77	0.00	65	7.41	2.96	25.66
001174 Salad Chicken Tender	EACH	1	320	5.00	521	6	16.79	0.00	60	19.94	5.24	25.33
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00
000465 Vegetable Carrots Honey Glaze	1/2 cup	1	72	0.97	88	9	2.37	0.00	0	12.09	3.20	1.08
000258 Vegetable Broccoli Florets Frozen	1/2 cup	1	29	0.00	19	2	0.00	0.00	0	3.82	1.91	0.96
000680 Vegetable Blend Spring	1/2 cup	1	29	0.00	15	*3	0.00	0.00	0	5.88	2.94	1.47
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	47	0.38	115	4	2.00	0.00	1	6.73	2.67	0.25

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000875 Vegetable Veggie Bowl Variety	Each	1	16	0.00	18	*2	0.08	*0.00	0	3.42	1.29	0.75
000300 Salad Tossed with Carrots	cups	1	64	0.38	86	4	2.52	0.00	1	9.09	5.22	3.27
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30
000086 Fruit Orange Whole Sliced	Each	1	62	*N/A*	0	12	0.16	0.00	0	15.40	3.14	1.23
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00
000222 Condiment Ketchup Packet	packet	1	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00
000223 Condiment Mustard Packet	packet	1	5	0.00	65	0	0.00	0.00	0	0.00	0.00	0.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	50	0.50	70	0	4.50	0.00	10	2.00	0.00	0.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	80	1.00	230	1	7.00	0.00	5	2.00	0.00	1.00
Weighted Daily Average			5205	*81.92	11469	*257	213.77	*0.00	883	557.55	81.38	*301.48
% of Calories				*14.16%		*19.8%	37.0%	*0.0%		42.8%		*23.2%
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0					

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

Thursday - 04/16/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000703 Enchilada Cheese Pepper Jack	2 enchiladas	1	390	12.20	716	1	21.69	0.00	52	32.31	2.06	17.37
001121 Chicken Nugget Breaded (Elementary)	5 nuggets	1	200	2.00	400	1	10.00	0.00	35	13.00	2.00	15.00
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00
001048 Sandwich Ham & Cheese	sandwich	1	325	5.50	1132	8	12.56	0.00	55	35.89	4.60	21.36
990161 Sandwich Turkey and Cheese w/Jennie O Turkey	sandwich	1	291	3.00	931	7	8.01	0.00	48	33.19	4.13	25.58
000029 Sandwich PB&J	sandwich	1	578	5.82	576	21	31.09	0.00	0	60.52	9.82	19.58
000765 Salad Asian Chicken	salads	1	419	8.25	742	16	19.99	0.00	65	37.38	4.78	23.70
000139 Salad Chef	salads	1	262	8.02	1719	5	13.32	0.00	70	11.46	2.96	26.89
000827 Salad Garden	salads	1	222	8.00	263	5	14.29	0.00	242	9.44	3.24	14.83
000539 Salad Chicken Caesar	salads	1	131	1.41	647	2	3.56	0.00	72	5.16	2.00	21.30
990041 Salad Popcorn Chicken	salads	1	265	7.50	465	2	15.73	0.00	65	14.56	4.06	18.03
000826 Salad Turkey	salads	1	221	6.50	600	3	10.77	0.00	65	7.41	2.96	25.66
001174 Salad Chicken Tender	EACH	1	320	5.00	521	6	16.79	0.00	60	19.94	5.24	25.33
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00
000335 Vegetable Beans Texas Ranch	1/2 cup	1	108	0.00	481	1	0.49	0.00	0	19.63	4.91	5.89
000271 Vegetable Corn Buttery	1/2 cup	1	74	0.17	4	3	0.91	0.00	0	15.96	2.00	2.00

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000680 Vegetable Blend Spring	1/2 cup	1	29	0.00	15	*3	0.00	0.00	0	5.88	2.94	1.47
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	47	0.38	115	4	2.00	0.00	1	6.73	2.67	0.25
000875 Vegetable Veggie Bowl Variety	Each	1	16	0.00	18	*2	0.08	*0.00	0	3.42	1.29	0.75
000300 Salad Tossed with Carrots	cups	1	64	0.38	86	4	2.52	0.00	1	9.09	5.22	3.27
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30
000086 Fruit Orange Whole Sliced	Each	1	62	*N/A*	0	12	0.16	0.00	0	15.40	3.14	1.23
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00
000222 Condiment Ketchup Packet	packet	1	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00
000223 Condiment Mustard Packet	packet	1	5	0.00	65	0	0.00	0.00	0	0.00	0.00	0.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	50	0.50	70	0	4.50	0.00	10	2.00	0.00	0.00

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	80	1.00	230	1	7.00	0.00	5	2.00	0.00	1.00
Weighted Daily Average			5126	*79.63	10612	*234	205.07	*0.00	884	548.87	76.19	*302.66
% of Calories				*13.98%		*18.3%	36.0%	*0.0%		42.8%		*23.6%
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0					

Friday - 04/17/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000301 Sandwich BBQ Pulled Pork	sandwich	1	270	2.11	589	3	7.82	0.00	38	30.90	4.00	23.65
001181 Pizza Nardone Cheese 4x6	slices	1	336	10.00	435	6	16.00	0.00	41	27.00	3.00	20.00
001191 Pizza Nardone Pepperoni Diced 4x6	slices	1	350	7.00	580	6	17.00	0.00	40	29.00	3.00	22.00
001048 Sandwich Ham & Cheese	sandwich	1	325	5.50	1132	8	12.56	0.00	55	35.89	4.60	21.36
990161 Sandwich Turkey and Cheese w/Jennie O Turkey	sandwich	1	291	3.00	931	7	8.01	0.00	48	33.19	4.13	25.58
000029 Sandwich PB&J	sandwich	1	578	5.82	576	21	31.09	0.00	0	60.52	9.82	19.58
000765 Salad Asian Chicken	salads	1	419	8.25	742	16	19.99	0.00	65	37.38	4.78	23.70
000139 Salad Chef	salads	1	262	8.02	1719	5	13.32	0.00	70	11.46	2.96	26.89
000827 Salad Garden	salads	1	222	8.00	263	5	14.29	0.00	242	9.44	3.24	14.83
000539 Salad Chicken Caesar	salads	1	131	1.41	647	2	3.56	0.00	72	5.16	2.00	21.30
990041 Salad Popcorn Chicken	salads	1	265	7.50	465	2	15.73	0.00	65	14.56	4.06	18.03

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000826 Salad Turkey	salads	1	221	6.50	600	3	10.77	0.00	65	7.41	2.96	25.66
001174 Salad Chicken Tender	EACH	1	320	5.00	521	6	16.79	0.00	60	19.94	5.24	25.33
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00
000261 Vegetable Carrots Buttery	1/2 cup	1	36	0.18	68	4	0.44	0.00	0	7.47	3.20	1.07
000299 Vegetable Beans Baked	1/2 cup	1	150	0.50	540	11	1.00	0.00	0	30.00	7.00	6.00
990133 Dessert Cookie Chocolate Chip 1 oz	Cookies	1	130	3.00	100	10	6.00	0.00	5	17.00	0.00	1.00
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	47	0.38	115	4	2.00	0.00	1	6.73	2.67	0.25
000875 Vegetable Veggie Bowl Variety	Each	1	16	0.00	18	*2	0.08	*0.00	0	3.42	1.29	0.75
000300 Salad Tossed with Carrots	cups	1	64	0.38	86	4	2.52	0.00	1	9.09	5.22	3.27
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30
000086 Fruit Orange Whole Sliced	Each	1	62	*N/A*	0	12	0.16	0.00	0	15.40	3.14	1.23
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000222 Condiment Ketchup Packet	packet	1	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00
000223 Condiment Mustard Packet	packet	1	5	0.00	65	0	0.00	0.00	0	0.00	0.00	0.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	50	0.50	70	0	4.50	0.00	10	2.00	0.00	0.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	80	1.00	230	1	7.00	0.00	5	2.00	0.00	1.00
Weighted Daily Average			5467	*87.55	11209	*259	218.23	*0.00	917	579.47	82.49	*331.64
% of Calories				*14.41%		*19.0%	35.9%	*0.0%		42.4%		*24.3%
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0					

Monday - 04/20/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000327 Salisbury Steak w/Gravy	steaks	1	164	3.00	658	*1	8.22	0.00	40	7.24	1.00	16.00
000966 Chicken Breaded Drumstick	drumstick	1	220	3.00	530	0	13.00	0.00	60	6.00	1.00	19.00
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00
001048 Sandwich Ham & Cheese	sandwich	1	325	5.50	1132	8	12.56	0.00	55	35.89	4.60	21.36
990161 Sandwich Turkey and Cheese w/Jennie O Turkey	sandwich	1	291	3.00	931	7	8.01	0.00	48	33.19	4.13	25.58
000029 Sandwich PB&J	sandwich	1	578	5.82	576	21	31.09	0.00	0	60.52	9.82	19.58
000765 Salad Asian Chicken	salads	1	419	8.25	742	16	19.99	0.00	65	37.38	4.78	23.70
000139 Salad Chef	salads	1	262	8.02	1719	5	13.32	0.00	70	11.46	2.96	26.89

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000827 Salad Garden	salads	1	222	8.00	263	5	14.29	0.00	242	9.44	3.24	14.83
000539 Salad Chicken Caesar	salads	1	131	1.41	647	2	3.56	0.00	72	5.16	2.00	21.30
990041 Salad Popcorn Chicken	salads	1	265	7.50	465	2	15.73	0.00	65	14.56	4.06	18.03
000826 Salad Turkey	salads	1	221	6.50	600	3	10.77	0.00	65	7.41	2.96	25.66
001174 Salad Chicken Tender	EACH	1	320	5.00	521	6	16.79	0.00	60	19.94	5.24	25.33
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00
001067 Vegetable Potato Mashed with Brown Gravy	1/2 CUP	1	84	0.00	484	*0	1.70	0.00	0	16.80	0.99	0.99
000465 Vegetable Carrots Honey Glaze	1/2 cup	1	72	0.97	88	9	2.37	0.00	0	12.09	3.20	1.08
000424 Vegetable Beans Green LS Can	1/2 CUP	1	20	0.00	140	*1	0.00	0.00	0	4.00	2.00	1.00
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	47	0.38	115	4	2.00	0.00	1	6.73	2.67	0.25
000875 Vegetable Veggie Bowl Variety	Each	1	16	0.00	18	*2	0.08	*0.00	0	3.42	1.29	0.75
000300 Salad Tossed with Carrots	cups	1	64	0.38	86	4	2.52	0.00	1	9.09	5.22	3.27
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30
000086 Fruit Orange Whole Sliced	Each	1	62	*N/A*	0	12	0.16	0.00	0	15.40	3.14	1.23
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00
000222 Condiment Ketchup Packet	packet	1	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00
000223 Condiment Mustard Packet	packet	1	5	0.00	65	0	0.00	0.00	0	0.00	0.00	0.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	50	0.50	70	0	4.50	0.00	10	2.00	0.00	0.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	80	1.00	230	1	7.00	0.00	5	2.00	0.00	1.00
Weighted Daily Average			4885	*72.24	10897	*236	197.27	*0.00	897	508.22	70.48	*299.01
% of Calories				*13.31%		*19.3%	36.3%	*0.0%		41.6%		*24.5%
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0					

Tuesday - 04/21/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000956 Pasta Chicken Broccoli Alfredo Penne	servings	1	423	7.10	714	*2	17.27	0.00	69	37.29	2.18	28.42
990148 Grains Garlic Toast	Each	1	90	0.00	160	0	2.50	0.00	0	15.00	1.00	3.00
001181 Pizza Nardone Cheese 4x6	slices	1	336	10.00	435	6	16.00	0.00	41	27.00	3.00	20.00
001048 Sandwich Ham & Cheese	sandwich	1	325	5.50	1132	8	12.56	0.00	55	35.89	4.60	21.36
990161 Sandwich Turkey and Cheese w/Jennie O Turkey	sandwich	1	291	3.00	931	7	8.01	0.00	48	33.19	4.13	25.58

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000029 Sandwich PB&J	sandwich	1	578	5.82	576	21	31.09	0.00	0	60.52	9.82	19.58
000765 Salad Asian Chicken	salads	1	419	8.25	742	16	19.99	0.00	65	37.38	4.78	23.70
000139 Salad Chef	salads	1	262	8.02	1719	5	13.32	0.00	70	11.46	2.96	26.89
000827 Salad Garden	salads	1	222	8.00	263	5	14.29	0.00	242	9.44	3.24	14.83
000539 Salad Chicken Caesar	salads	1	131	1.41	647	2	3.56	0.00	72	5.16	2.00	21.30
990041 Salad Popcorn Chicken	salads	1	265	7.50	465	2	15.73	0.00	65	14.56	4.06	18.03
000826 Salad Turkey	salads	1	221	6.50	600	3	10.77	0.00	65	7.41	2.96	25.66
001174 Salad Chicken Tender	EACH	1	320	5.00	521	6	16.79	0.00	60	19.94	5.24	25.33
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00
000040 Vegetable Peas Green	1/2 cup	1	93	0.00	127	*7	0.00	0.00	0	16.01	5.34	5.34
001237 Fruit Baked Apples	1/2 cup	1	91	0.00	16	19	0.00	0.00	0	23.03	1.62	0.00
000271 Vegetable Corn Buttery	1/2 cup	1	74	0.17	4	3	0.91	0.00	0	15.96	2.00	2.00
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	47	0.38	115	4	2.00	0.00	1	6.73	2.67	0.25
000875 Vegetable Veggie Bowl Variety	Each	1	16	0.00	18	*2	0.08	*0.00	0	3.42	1.29	0.75
000300 Salad Tossed with Carrots	cups	1	64	0.38	86	4	2.52	0.00	1	9.09	5.22	3.27
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30
000086 Fruit Orange Whole Sliced	Each	1	62	*N/A*	0	12	0.16	0.00	0	15.40	3.14	1.23

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00
000222 Condiment Ketchup Packet	packet	1	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00
000223 Condiment Mustard Packet	packet	1	5	0.00	65	0	0.00	0.00	0	0.00	0.00	0.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	50	0.50	70	0	4.50	0.00	10	2.00	0.00	0.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	80	1.00	230	1	7.00	0.00	5	2.00	0.00	1.00
Weighted Daily Average			5302	*82.03	10353	*256	206.65	*0.00	903	572.38	77.42	*316.68
% of Calories				*13.92%		*19.3%	35.1%	*0.0%		43.2%		*23.9%
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0					

Wednesday - 04/22/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000712 Corn Dog Chicken	corndogs	1	240	2.50	390	5	8.00	0.00	40	30.00	5.00	9.00
990183 Cheeseburger Sliders	2 mini burgers	1	563	13.07	964	5	29.16	0.00	106	34.14	4.02	37.21

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990150 Burger Sliders	2 mini burgers	1	463	8.05	462	4	20.12	0.00	81	32.14	4.02	32.19
001048 Sandwich Ham & Cheese	sandwich	1	325	5.50	1132	8	12.56	0.00	55	35.89	4.60	21.36
990161 Sandwich Turkey and Cheese w/Jennie O Turkey	sandwich	1	291	3.00	931	7	8.01	0.00	48	33.19	4.13	25.58
000029 Sandwich PB&J	sandwich	1	578	5.82	576	21	31.09	0.00	0	60.52	9.82	19.58
000765 Salad Asian Chicken	salads	1	419	8.25	742	16	19.99	0.00	65	37.38	4.78	23.70
000139 Salad Chef	salads	1	262	8.02	1719	5	13.32	0.00	70	11.46	2.96	26.89
000827 Salad Garden	salads	1	222	8.00	263	5	14.29	0.00	242	9.44	3.24	14.83
000539 Salad Chicken Caesar	salads	1	131	1.41	647	2	3.56	0.00	72	5.16	2.00	21.30
990041 Salad Popcorn Chicken	salads	1	265	7.50	465	2	15.73	0.00	65	14.56	4.06	18.03
000826 Salad Turkey	salads	1	221	6.50	600	3	10.77	0.00	65	7.41	2.96	25.66
001174 Salad Chicken Tender	EACH	1	320	5.00	521	6	16.79	0.00	60	19.94	5.24	25.33
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00
990116 Vegetable Potato Smiley Fries	1/2 cup	1	130	0.50	180	0	4.50	0.00	0	20.00	2.00	2.00
000335 Vegetable Beans Texas Ranch	1/2 cup	1	108	0.00	481	1	0.49	0.00	0	19.63	4.91	5.89
000680 Vegetable Blend Spring	1/2 cup	1	29	0.00	15	*3	0.00	0.00	0	5.88	2.94	1.47
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	47	0.38	115	4	2.00	0.00	1	6.73	2.67	0.25
000875 Vegetable Veggie Bowl Variety	Each	1	16	0.00	18	*2	0.08	*0.00	0	3.42	1.29	0.75
000300 Salad Tossed with Carrots	cups	1	64	0.38	86	4	2.52	0.00	1	9.09	5.22	3.27

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30
000086 Fruit Orange Whole Sliced	Each	1	62	*N/A*	0	12	0.16	0.00	0	15.40	3.14	1.23
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00
000222 Condiment Ketchup Packet	packet	1	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00
000223 Condiment Mustard Packet	packet	1	5	0.00	65	0	0.00	0.00	0	0.00	0.00	0.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	50	0.50	70	0	4.50	0.00	10	2.00	0.00	0.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	80	1.00	230	1	7.00	0.00	5	2.00	0.00	1.00
Weighted Daily Average			5727	*88.89	11389	*237	232.25	*0.00	1019	579.88	85.17	*345.68
% of Calories				*13.97%		*16.6%	36.5%	*0.0%		40.5%		*24.1%
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0					

Thursday - 04/23/2020

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
001136 Nachos with Beef	EACH	1	442	5.78	800	*1	22.57	0.00	40	46.75	4.05	18.42
001121 Chicken Nugget Breaded (Elementary)	5 nuggets	1	200	2.00	400	1	10.00	0.00	35	13.00	2.00	15.00
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00
001048 Sandwich Ham & Cheese	sandwich	1	325	5.50	1132	8	12.56	0.00	55	35.89	4.60	21.36
990161 Sandwich Turkey and Cheese w/Jennie O Turkey	sandwich	1	291	3.00	931	7	8.01	0.00	48	33.19	4.13	25.58
000029 Sandwich PB&J	sandwich	1	578	5.82	576	21	31.09	0.00	0	60.52	9.82	19.58
000765 Salad Asian Chicken	salads	1	419	8.25	742	16	19.99	0.00	65	37.38	4.78	23.70
000139 Salad Chef	salads	1	262	8.02	1719	5	13.32	0.00	70	11.46	2.96	26.89
000827 Salad Garden	salads	1	222	8.00	263	5	14.29	0.00	242	9.44	3.24	14.83
000539 Salad Chicken Caesar	salads	1	131	1.41	647	2	3.56	0.00	72	5.16	2.00	21.30
990041 Salad Popcorn Chicken	salads	1	265	7.50	465	2	15.73	0.00	65	14.56	4.06	18.03
000826 Salad Turkey	salads	1	221	6.50	600	3	10.77	0.00	65	7.41	2.96	25.66
001174 Salad Chicken Tender	EACH	1	320	5.00	521	6	16.79	0.00	60	19.94	5.24	25.33
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00
000007 Vegetable Beans Pinto	1/2 cup	1	92	0.00	130	*1	0.00	0.00	0	17.54	4.62	5.54
000258 Vegetable Broccoli Florets Frozen	1/2 cup	1	29	0.00	19	2	0.00	0.00	0	3.82	1.91	0.96
000271 Vegetable Corn Buttery	1/2 cup	1	74	0.17	4	3	0.91	0.00	0	15.96	2.00	2.00
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	47	0.38	115	4	2.00	0.00	1	6.73	2.67	0.25

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000875 Vegetable Veggie Bowl Variety	Each	1	16	0.00	18	*2	0.08	*0.00	0	3.42	1.29	0.75
000300 Salad Tossed with Carrots	cups	1	64	0.38	86	4	2.52	0.00	1	9.09	5.22	3.27
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30
000086 Fruit Orange Whole Sliced	Each	1	62	*N/A*	0	12	0.16	0.00	0	15.40	3.14	1.23
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00
000222 Condiment Ketchup Packet	packet	1	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00
000223 Condiment Mustard Packet	packet	1	5	0.00	65	0	0.00	0.00	0	0.00	0.00	0.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	50	0.50	70	0	4.50	0.00	10	2.00	0.00	0.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	80	1.00	230	1	7.00	0.00	5	2.00	0.00	1.00
Weighted Daily Average			5161	*73.21	10349	*232	205.46	*0.00	873	559.16	76.86	*302.83
% of Calories				*12.77%		*18.0%	35.8%	*0.0%		43.3%		*23.5%
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0					

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

Friday - 04/24/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
001181 Pizza Nardone Cheese 4x6	slices	1	336	10.00	435	6	16.00	0.00	41	27.00	3.00	20.00
001191 Pizza Nardone Pepperoni Diced 4x6	slices	1	350	7.00	580	6	17.00	0.00	40	29.00	3.00	22.00
001152 Sandwich Chicken WG Breaded Regular	sandwich	1	340	2.00	640	3	12.00	0.00	35	42.00	6.00	21.00
001048 Sandwich Ham & Cheese	sandwich	1	325	5.50	1132	8	12.56	0.00	55	35.89	4.60	21.36
990161 Sandwich Turkey and Cheese w/Jennie O Turkey	sandwich	1	291	3.00	931	7	8.01	0.00	48	33.19	4.13	25.58
000029 Sandwich PB&J	sandwich	1	578	5.82	576	21	31.09	0.00	0	60.52	9.82	19.58
000765 Salad Asian Chicken	salads	1	419	8.25	742	16	19.99	0.00	65	37.38	4.78	23.70
000139 Salad Chef	salads	1	262	8.02	1719	5	13.32	0.00	70	11.46	2.96	26.89
000827 Salad Garden	salads	1	222	8.00	263	5	14.29	0.00	242	9.44	3.24	14.83
000539 Salad Chicken Caesar	salads	1	131	1.41	647	2	3.56	0.00	72	5.16	2.00	21.30
990041 Salad Popcorn Chicken	salads	1	265	7.50	465	2	15.73	0.00	65	14.56	4.06	18.03
000826 Salad Turkey	salads	1	221	6.50	600	3	10.77	0.00	65	7.41	2.96	25.66
001174 Salad Chicken Tender	EACH	1	320	5.00	521	6	16.79	0.00	60	19.94	5.24	25.33
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00
000439 Vegetable Peas & Carrots Frozen	1/2 cup	1	60	0.00	93	*5	0.00	0.00	0	12.01	4.00	4.00
000299 Vegetable Beans Baked	1/2 cup	1	150	0.50	540	11	1.00	0.00	0	30.00	7.00	6.00

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990133 Dessert Cookie Chocolate Chip 1 oz	Cookies	1	130	3.00	100	10	6.00	0.00	5	17.00	0.00	1.00
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	47	0.38	115	4	2.00	0.00	1	6.73	2.67	0.25
000875 Vegetable Veggie Bowl Variety	Each	1	16	0.00	18	*2	0.08	*0.00	0	3.42	1.29	0.75
000300 Salad Tossed with Carrots	cups	1	64	0.38	86	4	2.52	0.00	1	9.09	5.22	3.27
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30
000086 Fruit Orange Whole Sliced	Each	1	62	*N/A*	0	12	0.16	0.00	0	15.40	3.14	1.23
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00
000222 Condiment Ketchup Packet	packet	1	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00
000223 Condiment Mustard Packet	packet	1	5	0.00	65	0	0.00	0.00	0	0.00	0.00	0.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	50	0.50	70	0	4.50	0.00	10	2.00	0.00	0.00

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	80	1.00	230	1	7.00	0.00	5	2.00	0.00	1.00
Weighted Daily Average			5561	*87.26	11285	*260	221.97	*0.00	914	595.10	85.29	*331.93
% of Calories				*14.12%		*18.7%	35.9%	*0.0%		42.8%		*23.9%
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0					

Monday - 04/27/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
001121 Chicken Nugget Breaded (Elementary)	5 nuggets	1	200	2.00	400	1	10.00	0.00	35	13.00	2.00	15.00
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00
000771 Sandwich Hot Ham & Cheese Croissant	sandwich	1	350	9.00	1120	5	18.50	0.00	60	29.00	2.00	20.00
001048 Sandwich Ham & Cheese	sandwich	1	325	5.50	1132	8	12.56	0.00	55	35.89	4.60	21.36
990161 Sandwich Turkey and Cheese w/Jennie O Turkey	sandwich	1	291	3.00	931	7	8.01	0.00	48	33.19	4.13	25.58
000029 Sandwich PB&J	sandwich	1	578	5.82	576	21	31.09	0.00	0	60.52	9.82	19.58
000765 Salad Asian Chicken	salads	1	419	8.25	742	16	19.99	0.00	65	37.38	4.78	23.70
000139 Salad Chef	salads	1	262	8.02	1719	5	13.32	0.00	70	11.46	2.96	26.89
000827 Salad Garden	salads	1	222	8.00	263	5	14.29	0.00	242	9.44	3.24	14.83
000539 Salad Chicken Caesar	salads	1	131	1.41	647	2	3.56	0.00	72	5.16	2.00	21.30
990041 Salad Popcorn Chicken	salads	1	265	7.50	465	2	15.73	0.00	65	14.56	4.06	18.03

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000826 Salad Turkey	salads	1	221	6.50	600	3	10.77	0.00	65	7.41	2.96	25.66
001174 Salad Chicken Tender	EACH	1	320	5.00	521	6	16.79	0.00	60	19.94	5.24	25.33
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00
000680 Vegetable Blend Spring	1/2 cup	1	29	0.00	15	*3	0.00	0.00	0	5.88	2.94	1.47
000994 Vegetable Peas Sugar Snap	1/2 cup	1	44	0.00	0	*3	0.00	0.00	0	7.80	1.95	2.93
000465 Vegetable Carrots Honey Glaze	1/2 cup	1	72	0.97	88	9	2.37	0.00	0	12.09	3.20	1.08
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	47	0.38	115	4	2.00	0.00	1	6.73	2.67	0.25
000875 Vegetable Veggie Bowl Variety	Each	1	16	0.00	18	*2	0.08	*0.00	0	3.42	1.29	0.75
000300 Salad Tossed with Carrots	cups	1	64	0.38	86	4	2.52	0.00	1	9.09	5.22	3.27
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30
000086 Fruit Orange Whole Sliced	Each	1	62	*N/A*	0	12	0.16	0.00	0	15.40	3.14	1.23
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000222 Condiment Ketchup Packet	packet	1	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00
000223 Condiment Mustard Packet	packet	1	5	0.00	65	0	0.00	0.00	0	0.00	0.00	0.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	50	0.50	70	0	4.50	0.00	10	2.00	0.00	0.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	80	1.00	230	1	7.00	0.00	5	2.00	0.00	1.00
Weighted Daily Average			5020	*77.24	10619	*245	202.85	*0.00	892	529.87	74.38	*301.41
% of Calories				*13.85%		*19.5%	36.4%	*0.0%		42.2%		*24.0%
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0					

Tuesday - 04/28/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
001181 Pizza Nardone Cheese 4x6	slices	1	336	10.00	435	6	16.00	0.00	41	27.00	3.00	20.00
000719 Sandwich Hot Dog	sandwich	1	317	6.88	554	4	18.20	*0.00	34	28.98	4.00	10.90
001048 Sandwich Ham & Cheese	sandwich	1	325	5.50	1132	8	12.56	0.00	55	35.89	4.60	21.36
990161 Sandwich Turkey and Cheese w/Jennie O Turkey	sandwich	1	291	3.00	931	7	8.01	0.00	48	33.19	4.13	25.58
000029 Sandwich PB&J	sandwich	1	578	5.82	576	21	31.09	0.00	0	60.52	9.82	19.58
000765 Salad Asian Chicken	salads	1	419	8.25	742	16	19.99	0.00	65	37.38	4.78	23.70
000139 Salad Chef	salads	1	262	8.02	1719	5	13.32	0.00	70	11.46	2.96	26.89
000827 Salad Garden	salads	1	222	8.00	263	5	14.29	0.00	242	9.44	3.24	14.83

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000539 Salad Chicken Caesar	salads	1	131	1.41	647	2	3.56	0.00	72	5.16	2.00	21.30
990041 Salad Popcorn Chicken	salads	1	265	7.50	465	2	15.73	0.00	65	14.56	4.06	18.03
000826 Salad Turkey	salads	1	221	6.50	600	3	10.77	0.00	65	7.41	2.96	25.66
001174 Salad Chicken Tender	EACH	1	320	5.00	521	6	16.79	0.00	60	19.94	5.24	25.33
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00
000040 Vegetable Peas Green	1/2 cup	1	93	0.00	127	*7	0.00	0.00	0	16.01	5.34	5.34
001237 Fruit Baked Apples	1/2 cup	1	91	0.00	16	19	0.00	0.00	0	23.03	1.62	0.00
000271 Vegetable Corn Buttery	1/2 cup	1	74	0.17	4	3	0.91	0.00	0	15.96	2.00	2.00
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	47	0.38	115	4	2.00	0.00	1	6.73	2.67	0.25
000875 Vegetable Veggie Bowl Variety	Each	1	16	0.00	18	*2	0.08	*0.00	0	3.42	1.29	0.75
000300 Salad Tossed with Carrots	cups	1	64	0.38	86	4	2.52	0.00	1	9.09	5.22	3.27
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30
000086 Fruit Orange Whole Sliced	Each	1	62	*N/A*	0	12	0.16	0.00	0	15.40	3.14	1.23
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00
000222 Condiment Ketchup Packet	packet	1	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00
000223 Condiment Mustard Packet	packet	1	5	0.00	65	0	0.00	0.00	0	0.00	0.00	0.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	50	0.50	70	0	4.50	0.00	10	2.00	0.00	0.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	80	1.00	230	1	7.00	0.00	5	2.00	0.00	1.00
Weighted Daily Average			5105	*81.81	10032	*258	205.09	*0.00	869	549.07	78.24	*296.15
% of Calories				*14.42%		*20.2%	36.2%	*0.0%		43.0%		*23.2%
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0					

Wednesday - 04/29/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990051 Sandwich Cheeseburger	sandwich	1	300	4.50	760	4	11.50	0.00	48	31.00	5.00	22.50
990052 Sandwich Hamburger	sandwich	1	250	2.00	510	3	7.00	0.00	35	30.00	5.00	20.00
000310 Corn Dog Mini Turkey WG	6 mini corn dog	1	290	3.50	380	7	14.00	0.00	55	30.00	3.00	10.00
001048 Sandwich Ham & Cheese	sandwich	1	325	5.50	1132	8	12.56	0.00	55	35.89	4.60	21.36
990161 Sandwich Turkey and Cheese w/Jennie O Turkey	sandwich	1	291	3.00	931	7	8.01	0.00	48	33.19	4.13	25.58
000029 Sandwich PB&J	sandwich	1	578	5.82	576	21	31.09	0.00	0	60.52	9.82	19.58

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000765 Salad Asian Chicken	salads	1	419	8.25	742	16	19.99	0.00	65	37.38	4.78	23.70
000139 Salad Chef	salads	1	262	8.02	1719	5	13.32	0.00	70	11.46	2.96	26.89
000827 Salad Garden	salads	1	222	8.00	263	5	14.29	0.00	242	9.44	3.24	14.83
000539 Salad Chicken Caesar	salads	1	131	1.41	647	2	3.56	0.00	72	5.16	2.00	21.30
990041 Salad Popcorn Chicken	salads	1	265	7.50	465	2	15.73	0.00	65	14.56	4.06	18.03
000826 Salad Turkey	salads	1	221	6.50	600	3	10.77	0.00	65	7.41	2.96	25.66
001174 Salad Chicken Tender	EACH	1	320	5.00	521	6	16.79	0.00	60	19.94	5.24	25.33
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00
000424 Vegetable Beans Green LS Can	1/2 CUP	1	20	0.00	140	*1	0.00	0.00	0	4.00	2.00	1.00
990171 Vegetable Potato Emoticon Fries	1/2 cup	1	119	0.49	79	0	3.95	0.00	0	17.79	1.98	1.98
000907 Vegetable Blend Provence	1/2 Cup	1	31	0.00	16	*2	0.00	0.00	0	6.22	2.07	1.04
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	47	0.38	115	4	2.00	0.00	1	6.73	2.67	0.25
000875 Vegetable Veggie Bowl Variety	Each	1	16	0.00	18	*2	0.08	*0.00	0	3.42	1.29	0.75
000300 Salad Tossed with Carrots	cups	1	64	0.38	86	4	2.52	0.00	1	9.09	5.22	3.27
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30
000086 Fruit Orange Whole Sliced	Each	1	62	*N/A*	0	12	0.16	0.00	0	15.40	3.14	1.23
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00
000222 Condiment Ketchup Packet	packet	1	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00
000223 Condiment Mustard Packet	packet	1	5	0.00	65	0	0.00	0.00	0	0.00	0.00	0.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	50	0.50	70	0	4.50	0.00	10	2.00	0.00	0.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	80	1.00	230	1	7.00	0.00	5	2.00	0.00	1.00
Weighted Daily Average			5204	*75.26	10781	*235	206.43	*0.00	931	557.10	81.34	*314.44
% of Calories				*13.02%		*18.1%	35.7%	*0.0%		42.8%		*24.2%
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0					

Thursday - 04/30/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990163 Chicken Tenders Breaded - Elementary	3 tenders	1	230	2.00	411	2	12.02	0.00	45	12.02	2.00	20.04
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00
001149 Quesadilla Chicken	each	1	323	4.85	1119	*3	12.65	1.00	56	29.64	1.00	19.37

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
001048 Sandwich Ham & Cheese	sandwich	1	325	5.50	1132	8	12.56	0.00	55	35.89	4.60	21.36
990161 Sandwich Turkey and Cheese w/Jennie O Turkey	sandwich	1	291	3.00	931	7	8.01	0.00	48	33.19	4.13	25.58
000029 Sandwich PB&J	sandwich	1	578	5.82	576	21	31.09	0.00	0	60.52	9.82	19.58
000765 Salad Asian Chicken	salads	1	419	8.25	742	16	19.99	0.00	65	37.38	4.78	23.70
000139 Salad Chef	salads	1	262	8.02	1719	5	13.32	0.00	70	11.46	2.96	26.89
000827 Salad Garden	salads	1	222	8.00	263	5	14.29	0.00	242	9.44	3.24	14.83
000539 Salad Chicken Caesar	salads	1	131	1.41	647	2	3.56	0.00	72	5.16	2.00	21.30
990041 Salad Popcorn Chicken	salads	1	265	7.50	465	2	15.73	0.00	65	14.56	4.06	18.03
000826 Salad Turkey	salads	1	221	6.50	600	3	10.77	0.00	65	7.41	2.96	25.66
001174 Salad Chicken Tender	EACH	1	320	5.00	521	6	16.79	0.00	60	19.94	5.24	25.33
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00
000001 Grains Rice Mexican Fiesta	1/2 cup	1	116	0.70	339	*2	2.21	0.00	0	21.50	0.50	2.50
000258 Vegetable Broccoli Florets Frozen	1/2 cup	1	29	0.00	19	2	0.00	0.00	0	3.82	1.91	0.96
000650 Vegetable Beans Refried Cheesy	1/2 cup	1	75	0.90	248	0	1.70	0.00	4	9.89	3.33	4.83
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	47	0.38	115	4	2.00	0.00	1	6.73	2.67	0.25
000875 Vegetable Veggie Bowl Variety	Each	1	16	0.00	18	*2	0.08	*0.00	0	3.42	1.29	0.75
000300 Salad Tossed with Carrots	cups	1	64	0.38	86	4	2.52	0.00	1	9.09	5.22	3.27
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30
000086 Fruit Orange Whole Sliced	Each	1	62	*N/A*	0	12	0.16	0.00	0	15.40	3.14	1.23
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00
000222 Condiment Ketchup Packet	packet	1	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00
000223 Condiment Mustard Packet	packet	1	5	0.00	65	0	0.00	0.00	0	0.00	0.00	0.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	50	0.50	70	0	4.50	0.00	10	2.00	0.00	0.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	80	1.00	230	1	7.00	0.00	5	2.00	0.00	1.00
Weighted Daily Average			5096	*73.72	11133	*233	200.57	*1.00	902	538.96	71.03	*308.62
% of Calories				*13.02%		*18.3%	35.4%	*0.2%		42.3%		*24.2%
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0					

	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
Weighted Averages	5244	*79.88	10726	*246	209.47	*0.05	908	556.70	78.30	*313.13
% of Calories		*13.71%		*18.8%	36.0%	*0.0%		42.5%		*23.9%

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

** - denotes combined nutrient totals with either missing or incomplete nutrient data*

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.