

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

Menu Name: High School Menu Breakfast

Include Cost: No

Site:

Report Style: Detailed

Wednesday - 04/01/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
001228 Breakfast Croissant Ham Egg & Cheese	brkf sandwich	1	250	5.75	685	2	13.75	0.00	122	17.50	1.00	13.50
001177 Breakfast Croissant Sausage Egg & Cheese	brkf sandwich	1	362	9.50	830	2	24.00	0.00	142	17.00	1.00	16.50
000350 Breakfast Biscuit Sausage	brkf sandwich	1	332	10.00	980	2	20.00	0.00	35	23.00	0.68	11.00
000354 Breakfast Biscuit Chicken	brkf sandwich	1	300	7.00	880	2	15.00	0.00	20	30.00	0.68	11.00
000043 Vegetable Potato Tater Tot	1/2 cup	1	141	1.01	282	0	8.07	0.00	0	16.14	2.02	1.01
990038 Breakfast Cereal Variety	Bowl	1	87	0.08	127	6	0.42	0.00	0	19.83	2.00	1.83
000875 Vegetable Veggie Bowl Variety	Each	1	16	0.00	18	*2	0.08	*0.00	0	3.42	1.29	0.75
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30
000086 Fruit Orange Whole Sliced	Each	1	62	*N/A*	0	12	0.16	0.00	0	15.40	3.14	1.23
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00

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Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33
Weighted Daily Average			2246	*36.35	4333	*139	87.06	*0.00	350	279.78	17.99	*83.00
% of Calories				*14.57%		*24.8%	34.9%	*0.0%		49.8%		*14.8%
Weekly Nutrient Guideline			450 - 600	<10	640		<=0					

Thursday - 04/02/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000766 Breakfast Burrito Sausage Egg & Cheese HS Only	burrito	1	432	11.50	940	0	27.00	1.00	160	22.00	1.00	21.00
990146 Breakfast Eggs Scrambled with Cheese	Serving	1	386	16.70	531	1	29.78	0.11	490	4.44	0.00	27.65
000350 Breakfast Biscuit Sausage	brkfst sandwich	1	332	10.00	980	2	20.00	0.00	35	23.00	0.68	11.00
000354 Breakfast Biscuit Chicken	brkfst sandwich	1	300	7.00	880	2	15.00	0.00	20	30.00	0.68	11.00
000043 Vegetable Potato Tater Tot	1/2 cup	1	141	1.01	282	0	8.07	0.00	0	16.14	2.02	1.01
990038 Breakfast Cereal Variety	Bowl	1	87	0.08	127	6	0.42	0.00	0	19.83	2.00	1.83
000875 Vegetable Veggie Bowl Variety	Each	1	16	0.00	18	*2	0.08	*0.00	0	3.42	1.29	0.75
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30
000086 Fruit Orange Whole Sliced	Each	1	62	*N/A*	0	12	0.16	0.00	0	15.40	3.14	1.23

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33
000066 LEAVE BLANK, DO NOT USE												
Weighted Daily Average			2451	*49.30	4289	*137	106.09	*1.11	735	271.72	16.99	*101.65
% of Calories				*18.10%		*22.4%	39.0%	*0.4%		44.3%		*16.6%
Weekly Nutrient Guideline			450 - 600	<10	640		<=0					

Friday - 04/03/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000923 Breakfast Cinnamon Roll with Icing	roll	1	298	3.52	461	19	11.03	2.00	20	45.51	1.00	6.04
000962 Breakfast Pizza Bacon Scrambled	brkf pizza	1	210	3.50	340	8	8.00	0.00	55	23.00	2.00	10.00
000350 Breakfast Biscuit Sausage	brkf sandwich	1	332	10.00	980	2	20.00	0.00	35	23.00	0.68	11.00
000354 Breakfast Biscuit Chicken	brkf sandwich	1	300	7.00	880	2	15.00	0.00	20	30.00	0.68	11.00
000043 Vegetable Potato Tater Tot	1/2 cup	1	141	1.01	282	0	8.07	0.00	0	16.14	2.02	1.01

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990038 Breakfast Cereal Variety	Bowl	1	87	0.08	127	6	0.42	0.00	0	19.83	2.00	1.83
000875 Vegetable Veggie Bowl Variety	Each	1	16	0.00	18	*2	0.08	*0.00	0	3.42	1.29	0.75
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30
000086 Fruit Orange Whole Sliced	Each	1	62	*N/A*	0	12	0.16	0.00	0	15.40	3.14	1.23
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33
Weighted Daily Average			2142	*28.12	3619	*163	68.34	*2.00	160	313.79	18.99	*69.04
% of Calories				*11.82%		*30.4%	28.7%	*0.8%		58.6%		*12.9%
Weekly Nutrient Guideline			450 - 600	<10	640		<=0					

Monday - 04/06/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
001226 Breakfast French Toast Stick with Cinnamon Glaze	3 sticks	1	210	2.00	320	8	7.00	0.00	125	28.00	2.00	8.00

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000350 Breakfast Biscuit Sausage	brkf sandwich	1	332	10.00	980	2	20.00	0.00	35	23.00	0.68	11.00
000354 Breakfast Biscuit Chicken	brkf sandwich	1	300	7.00	880	2	15.00	0.00	20	30.00	0.68	11.00
000043 Vegetable Potato Tater Tot	1/2 cup	1	141	1.01	282	0	8.07	0.00	0	16.14	2.02	1.01
990038 Breakfast Cereal Variety	Bowl	1	87	0.08	127	6	0.42	0.00	0	19.83	2.00	1.83
000875 Vegetable Veggie Bowl Variety	Each	1	16	0.00	18	*2	0.08	*0.00	0	3.42	1.29	0.75
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30
000086 Fruit Orange Whole Sliced	Each	1	62	*N/A*	0	12	0.16	0.00	0	15.40	3.14	1.23
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33
Weighted Daily Average			1844	*23.10	3138	*144	56.31	*0.00	210	273.28	17.99	*61.00
% of Calories				*11.27%		*31.2%	27.5%	*0.0%		59.3%		*13.2%
Weekly Nutrient Guideline			450 - 600	<10	640		<=0					

Tuesday - 04/07/2020

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000869 Breakfast English Muffin Egg & Cheese HS Only	brkf sandwich	1	230	3.50	560	2	9.50	0.00	108	27.00	1.00	9.50
990147 Breakfast Burrito Diced Ham Egg & Cheese HS Only	burrito	1	350	8.50	1370	1	18.00	1.00	145	24.00	1.00	22.00
000350 Breakfast Biscuit Sausage	brkf sandwich	1	332	10.00	980	2	20.00	0.00	35	23.00	0.68	11.00
000354 Breakfast Biscuit Chicken	brkf sandwich	1	300	7.00	880	2	15.00	0.00	20	30.00	0.68	11.00
000043 Vegetable Potato Tater Tot	1/2 cup	1	141	1.01	282	0	8.07	0.00	0	16.14	2.02	1.01
990038 Breakfast Cereal Variety	Bowl	1	87	0.08	127	6	0.42	0.00	0	19.83	2.00	1.83
000875 Vegetable Veggie Bowl Variety	Each	1	16	0.00	18	*2	0.08	*0.00	0	3.42	1.29	0.75
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30
000086 Fruit Orange Whole Sliced	Each	1	62	*N/A*	0	12	0.16	0.00	0	15.40	3.14	1.23
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00

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Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33
Weighted Daily Average			2214	*33.10	4748	*138	76.81	*1.00	338	296.28	17.99	*84.50
% of Calories				*13.46%		*24.9%	31.2%	*0.4%		53.5%		*15.3%
Weekly Nutrient Guideline			450 - 600	<10	640		<=0					

Wednesday - 04/08/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
001208 Breakfast Waffle Round	2 waffles	1	262	1.25	418	26	6.00	0.00	5	52.00	3.00	4.00
000668 Breakfast English Muffin Sausage Egg & Cheese HS	brkf sandwich	1	372	7.50	880	2	20.50	0.00	142	27.00	1.00	17.50
000350 Breakfast Biscuit Sausage	brkf sandwich	1	332	10.00	980	2	20.00	0.00	35	23.00	0.68	11.00
000354 Breakfast Biscuit Chicken	brkf sandwich	1	300	7.00	880	2	15.00	0.00	20	30.00	0.68	11.00
000043 Vegetable Potato Tater Tot	1/2 cup	1	141	1.01	282	0	8.07	0.00	0	16.14	2.02	1.01
990038 Breakfast Cereal Variety	Bowl	1	87	0.08	127	6	0.42	0.00	0	19.83	2.00	1.83
000875 Vegetable Veggie Bowl Variety	Each	1	16	0.00	18	*2	0.08	*0.00	0	3.42	1.29	0.75
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30
000086 Fruit Orange Whole Sliced	Each	1	62	*N/A*	0	12	0.16	0.00	0	15.40	3.14	1.23
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29

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Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33
Weighted Daily Average			2268	*29.85	4116	*163	75.81	*0.00	232	324.28	19.99	*74.50
% of Calories				*11.85%		*28.7%	30.1%	*0.0%		57.2%		*13.1%
Weekly Nutrient Guideline			450 - 600	<10	640		<=0					

Thursday - 04/09/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000869 Breakfast English Muffin Egg & Cheese HS Only	brkf sandwich	1	230	3.50	560	2	9.50	0.00	108	27.00	1.00	9.50
990147 Breakfast Burrito Diced Ham Egg & Cheese HS Only	burrito	1	350	8.50	1370	1	18.00	1.00	145	24.00	1.00	22.00
000350 Breakfast Biscuit Sausage	brkf sandwich	1	332	10.00	980	2	20.00	0.00	35	23.00	0.68	11.00
000354 Breakfast Biscuit Chicken	brkf sandwich	1	300	7.00	880	2	15.00	0.00	20	30.00	0.68	11.00
000043 Vegetable Potato Tater Tot	1/2 cup	1	141	1.01	282	0	8.07	0.00	0	16.14	2.02	1.01
990038 Breakfast Cereal Variety	Bowl	1	87	0.08	127	6	0.42	0.00	0	19.83	2.00	1.83
000875 Vegetable Veggie Bowl Variety	Each	1	16	0.00	18	*2	0.08	*0.00	0	3.42	1.29	0.75

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Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30
000086 Fruit Orange Whole Sliced	Each	1	62	*N/A*	0	12	0.16	0.00	0	15.40	3.14	1.23
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33
Weighted Daily Average			2214	*33.10	4748	*138	76.81	*1.00	338	296.28	17.99	*84.50
% of Calories				*13.46%		*24.9%	31.2%	*0.4%		53.5%		*15.3%
Weekly Nutrient Guideline			450 - 600	<10	640		<=0					

Friday - 04/10/2020

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000066 LEAVE BLANK, DO NOT USE												
Weighted Daily Average			0	0.00	0	0	0.00	0.00	0	0.00	0.00	0.00
% of Calories				0%		0%	0%	0%		0%		0%
Weekly Nutrient Guideline			450 - 600	<10	640		<=0					

Monday - 04/13/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000361 Breakfast Pancakes WG	2 pancakes	1	140	0.00	270	4	3.00	0.00	0	26.00	2.00	4.00
000350 Breakfast Biscuit Sausage	brkf sandwich	1	332	10.00	980	2	20.00	0.00	35	23.00	0.68	11.00
000354 Breakfast Biscuit Chicken	brkf sandwich	1	300	7.00	880	2	15.00	0.00	20	30.00	0.68	11.00
000043 Vegetable Potato Tater Tot	1/2 cup	1	141	1.01	282	0	8.07	0.00	0	16.14	2.02	1.01
990038 Breakfast Cereal Variety	Bowl	1	87	0.08	127	6	0.42	0.00	0	19.83	2.00	1.83
000875 Vegetable Veggie Bowl Variety	Each	1	16	0.00	18	*2	0.08	*0.00	0	3.42	1.29	0.75
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30
000086 Fruit Orange Whole Sliced	Each	1	62	*N/A*	0	12	0.16	0.00	0	15.40	3.14	1.23
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33
Weighted Daily Average			1774	*21.10	3088	*140	52.31	*0.00	85	271.28	17.99	*57.00
% of Calories				*10.70%		*31.6%	26.5%	*0.0%		61.2%		*12.9%
Weekly Nutrient Guideline			450 - 600	<10	640		<=0					

Tuesday - 04/14/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000766 Breakfast Burrito Sausage Egg & Cheese HS Only	burrito	1	432	11.50	940	0	27.00	1.00	160	22.00	1.00	21.00
000363 Breakfast Egg Scrambled w/Toast	Serving	1	280	4.12	317	12	13.28	0.11	423	27.22	2.00	15.10
000350 Breakfast Biscuit Sausage	brkf sandwich	1	332	10.00	980	2	20.00	0.00	35	23.00	0.68	11.00
000354 Breakfast Biscuit Chicken	brkf sandwich	1	300	7.00	880	2	15.00	0.00	20	30.00	0.68	11.00
000043 Vegetable Potato Tater Tot	1/2 cup	1	141	1.01	282	0	8.07	0.00	0	16.14	2.02	1.01
990038 Breakfast Cereal Variety	Bowl	1	87	0.08	127	6	0.42	0.00	0	19.83	2.00	1.83
000875 Vegetable Veggie Bowl Variety	Each	1	16	0.00	18	*2	0.08	*0.00	0	3.42	1.29	0.75
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30
000086 Fruit Orange Whole Sliced	Each	1	62	*N/A*	0	12	0.16	0.00	0	15.40	3.14	1.23
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33
Weighted Daily Average			2346	*36.72	4075	*148	89.59	*1.11	668	294.50	18.99	*89.09
% of Calories				*14.09%		*25.2%	34.4%	*0.4%		50.2%		*15.2%
Weekly Nutrient Guideline			450 - 600	<10	640		<=0					

Wednesday - 04/15/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
001228 Breakfast Croissant Ham Egg & Cheese	brkfst sandwich	1	250	5.75	685	2	13.75	0.00	122	17.50	1.00	13.50
001177 Breakfast Croissant Sausage Egg & Cheese	brkfst sandwich	1	362	9.50	830	2	24.00	0.00	142	17.00	1.00	16.50
000350 Breakfast Biscuit Sausage	brkfst sandwich	1	332	10.00	980	2	20.00	0.00	35	23.00	0.68	11.00
000354 Breakfast Biscuit Chicken	brkfst sandwich	1	300	7.00	880	2	15.00	0.00	20	30.00	0.68	11.00

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000043 Vegetable Potato Tater Tot	1/2 cup	1	141	1.01	282	0	8.07	0.00	0	16.14	2.02	1.01
990038 Breakfast Cereal Variety	Bowl	1	87	0.08	127	6	0.42	0.00	0	19.83	2.00	1.83
000875 Vegetable Veggie Bowl Variety	Each	1	16	0.00	18	*2	0.08	*0.00	0	3.42	1.29	0.75
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30
000086 Fruit Orange Whole Sliced	Each	1	62	*N/A*	0	12	0.16	0.00	0	15.40	3.14	1.23
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33
Weighted Daily Average			2246	*36.35	4333	*139	87.06	*0.00	350	279.78	17.99	*83.00
% of Calories				*14.57%		*24.8%	34.9%	*0.0%		49.8%		*14.8%
Weekly Nutrient Guideline			450 - 600	<10	640		<=0					

Thursday - 04/16/2020

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000766 Breakfast Burrito Sausage Egg & Cheese HS Only	burrito	1	432	11.50	940	0	27.00	1.00	160	22.00	1.00	21.00
990146 Breakfast Eggs Scrambled with Cheese	Serving	1	386	16.70	531	1	29.78	0.11	490	4.44	0.00	27.65
000350 Breakfast Biscuit Sausage	brkf sandwich	1	332	10.00	980	2	20.00	0.00	35	23.00	0.68	11.00
000354 Breakfast Biscuit Chicken	brkf sandwich	1	300	7.00	880	2	15.00	0.00	20	30.00	0.68	11.00
000043 Vegetable Potato Tater Tot	1/2 cup	1	141	1.01	282	0	8.07	0.00	0	16.14	2.02	1.01
990038 Breakfast Cereal Variety	Bowl	1	87	0.08	127	6	0.42	0.00	0	19.83	2.00	1.83
000875 Vegetable Veggie Bowl Variety	Each	1	16	0.00	18	*2	0.08	*0.00	0	3.42	1.29	0.75
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30
000086 Fruit Orange Whole Sliced	Each	1	62	*N/A*	0	12	0.16	0.00	0	15.40	3.14	1.23
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000066 LEAVE BLANK, DO NOT USE												
Weighted Daily Average			2451	*49.30	4289	*137	106.09	*1.11	735	271.72	16.99	*101.65
% of Calories				*18.10%		*22.4%	39.0%	*0.4%		44.3%		*16.6%
Weekly Nutrient Guideline			450 - 600	<10	640		<=0					

Friday - 04/17/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000923 Breakfast Cinnamon Roll with Icing	roll	1	298	3.52	461	19	11.03	2.00	20	45.51	1.00	6.04
000962 Breakfast Pizza Bacon Scrambled	brkf pizza	1	210	3.50	340	8	8.00	0.00	55	23.00	2.00	10.00
000350 Breakfast Biscuit Sausage	brkf sandwich	1	332	10.00	980	2	20.00	0.00	35	23.00	0.68	11.00
000354 Breakfast Biscuit Chicken	brkf sandwich	1	300	7.00	880	2	15.00	0.00	20	30.00	0.68	11.00
000043 Vegetable Potato Tater Tot	1/2 cup	1	141	1.01	282	0	8.07	0.00	0	16.14	2.02	1.01
990038 Breakfast Cereal Variety	Bowl	1	87	0.08	127	6	0.42	0.00	0	19.83	2.00	1.83
000875 Vegetable Veggie Bowl Variety	Each	1	16	0.00	18	*2	0.08	*0.00	0	3.42	1.29	0.75
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30
000086 Fruit Orange Whole Sliced	Each	1	62	*N/A*	0	12	0.16	0.00	0	15.40	3.14	1.23
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33
Weighted Daily Average			2142	*28.12	3619	*163	68.34	*2.00	160	313.79	18.99	*69.04
% of Calories				*11.82%		*30.4%	28.7%	*0.8%		58.6%		*12.9%
Weekly Nutrient Guideline			450 - 600	<10	640		<=0					

Monday - 04/20/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
001226 Breakfast French Toast Stick with Cinnamon Glaze	3 sticks	1	210	2.00	320	8	7.00	0.00	125	28.00	2.00	8.00
000350 Breakfast Biscuit Sausage	brkf sandwich	1	332	10.00	980	2	20.00	0.00	35	23.00	0.68	11.00
000354 Breakfast Biscuit Chicken	brkf sandwich	1	300	7.00	880	2	15.00	0.00	20	30.00	0.68	11.00
000043 Vegetable Potato Tater Tot	1/2 cup	1	141	1.01	282	0	8.07	0.00	0	16.14	2.02	1.01
990038 Breakfast Cereal Variety	Bowl	1	87	0.08	127	6	0.42	0.00	0	19.83	2.00	1.83
000875 Vegetable Veggie Bowl Variety	Each	1	16	0.00	18	*2	0.08	*0.00	0	3.42	1.29	0.75
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30
000086 Fruit Orange Whole Sliced	Each	1	62	*N/A*	0	12	0.16	0.00	0	15.40	3.14	1.23
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33
Weighted Daily Average			1844	*23.10	3138	*144	56.31	*0.00	210	273.28	17.99	*61.00
% of Calories				*11.27%		*31.2%	27.5%	*0.0%		59.3%		*13.2%
Weekly Nutrient Guideline			450 - 600	<10	640		<=0					

Tuesday - 04/21/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000869 Breakfast English Muffin Egg & Cheese HS Only	brkfst sandwich	1	230	3.50	560	2	9.50	0.00	108	27.00	1.00	9.50
990147 Breakfast Burrito Diced Ham Egg & Cheese HS Only	burrito	1	350	8.50	1370	1	18.00	1.00	145	24.00	1.00	22.00
000350 Breakfast Biscuit Sausage	brkfst sandwich	1	332	10.00	980	2	20.00	0.00	35	23.00	0.68	11.00
000354 Breakfast Biscuit Chicken	brkfst sandwich	1	300	7.00	880	2	15.00	0.00	20	30.00	0.68	11.00

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000043 Vegetable Potato Tater Tot	1/2 cup	1	141	1.01	282	0	8.07	0.00	0	16.14	2.02	1.01
990038 Breakfast Cereal Variety	Bowl	1	87	0.08	127	6	0.42	0.00	0	19.83	2.00	1.83
000875 Vegetable Veggie Bowl Variety	Each	1	16	0.00	18	*2	0.08	*0.00	0	3.42	1.29	0.75
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30
000086 Fruit Orange Whole Sliced	Each	1	62	*N/A*	0	12	0.16	0.00	0	15.40	3.14	1.23
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33
Weighted Daily Average			2214	*33.10	4748	*138	76.81	*1.00	338	296.28	17.99	*84.50
% of Calories				*13.46%		*24.9%	31.2%	*0.4%		53.5%		*15.3%
Weekly Nutrient Guideline			450 - 600	<10	640		<=0					

Wednesday - 04/22/2020

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
001208 Breakfast Waffle Round	2 waffles	1	262	1.25	418	26	6.00	0.00	5	52.00	3.00	4.00
000668 Breakfast English Muffin Sausage Egg & Cheese HS	brkf sandwich	1	372	7.50	880	2	20.50	0.00	142	27.00	1.00	17.50
000350 Breakfast Biscuit Sausage	brkf sandwich	1	332	10.00	980	2	20.00	0.00	35	23.00	0.68	11.00
000354 Breakfast Biscuit Chicken	brkf sandwich	1	300	7.00	880	2	15.00	0.00	20	30.00	0.68	11.00
000043 Vegetable Potato Tater Tot	1/2 cup	1	141	1.01	282	0	8.07	0.00	0	16.14	2.02	1.01
990038 Breakfast Cereal Variety	Bowl	1	87	0.08	127	6	0.42	0.00	0	19.83	2.00	1.83
000875 Vegetable Veggie Bowl Variety	Each	1	16	0.00	18	*2	0.08	*0.00	0	3.42	1.29	0.75
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30
000086 Fruit Orange Whole Sliced	Each	1	62	*N/A*	0	12	0.16	0.00	0	15.40	3.14	1.23
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33
Weighted Daily Average			2268	*29.85	4116	*163	75.81	*0.00	232	324.28	19.99	*74.50
% of Calories				*11.85%		*28.7%	30.1%	*0.0%		57.2%		*13.1%
Weekly Nutrient Guideline			450 - 600	<10	640		<=0					

Thursday - 04/23/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000869 Breakfast English Muffin Egg & Cheese HS Only	brkfst sandwich	1	230	3.50	560	2	9.50	0.00	108	27.00	1.00	9.50
990147 Breakfast Burrito Diced Ham Egg & Cheese HS Only	burrito	1	350	8.50	1370	1	18.00	1.00	145	24.00	1.00	22.00
000350 Breakfast Biscuit Sausage	brkfst sandwich	1	332	10.00	980	2	20.00	0.00	35	23.00	0.68	11.00
000354 Breakfast Biscuit Chicken	brkfst sandwich	1	300	7.00	880	2	15.00	0.00	20	30.00	0.68	11.00
000043 Vegetable Potato Tater Tot	1/2 cup	1	141	1.01	282	0	8.07	0.00	0	16.14	2.02	1.01
990038 Breakfast Cereal Variety	Bowl	1	87	0.08	127	6	0.42	0.00	0	19.83	2.00	1.83
000875 Vegetable Veggie Bowl Variety	Each	1	16	0.00	18	*2	0.08	*0.00	0	3.42	1.29	0.75
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30
000086 Fruit Orange Whole Sliced	Each	1	62	*N/A*	0	12	0.16	0.00	0	15.40	3.14	1.23
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33
Weighted Daily Average			2214	*33.10	4748	*138	76.81	*1.00	338	296.28	17.99	*84.50
% of Calories				*13.46%		*24.9%	31.2%	*0.4%		53.5%		*15.3%
Weekly Nutrient Guideline			450 - 600	<10	640		<=0					

Friday - 04/24/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000923 Breakfast Cinnamon Roll with Icing	roll	1	298	3.52	461	19	11.03	2.00	20	45.51	1.00	6.04
000962 Breakfast Pizza Bacon Scrambled	brkf pizza	1	210	3.50	340	8	8.00	0.00	55	23.00	2.00	10.00
000350 Breakfast Biscuit Sausage	brkf sandwich	1	332	10.00	980	2	20.00	0.00	35	23.00	0.68	11.00
000354 Breakfast Biscuit Chicken	brkf sandwich	1	300	7.00	880	2	15.00	0.00	20	30.00	0.68	11.00
000043 Vegetable Potato Tater Tot	1/2 cup	1	141	1.01	282	0	8.07	0.00	0	16.14	2.02	1.01
990038 Breakfast Cereal Variety	Bowl	1	87	0.08	127	6	0.42	0.00	0	19.83	2.00	1.83
000875 Vegetable Veggie Bowl Variety	Each	1	16	0.00	18	*2	0.08	*0.00	0	3.42	1.29	0.75

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30
000086 Fruit Orange Whole Sliced	Each	1	62	*N/A*	0	12	0.16	0.00	0	15.40	3.14	1.23
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33
Weighted Daily Average			2142	*28.12	3619	*163	68.34	*2.00	160	313.79	18.99	*69.04
% of Calories				*11.82%		*30.4%	28.7%	*0.8%		58.6%		*12.9%
Weekly Nutrient Guideline			450 - 600	<10	640		<=0					

Monday - 04/27/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000361 Breakfast Pancakes WG	2 pancakes	1	140	0.00	270	4	3.00	0.00	0	26.00	2.00	4.00
000350 Breakfast Biscuit Sausage	brkf sandwich	1	332	10.00	980	2	20.00	0.00	35	23.00	0.68	11.00
000354 Breakfast Biscuit Chicken	brkf sandwich	1	300	7.00	880	2	15.00	0.00	20	30.00	0.68	11.00

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000043 Vegetable Potato Tater Tot	1/2 cup	1	141	1.01	282	0	8.07	0.00	0	16.14	2.02	1.01
990038 Breakfast Cereal Variety	Bowl	1	87	0.08	127	6	0.42	0.00	0	19.83	2.00	1.83
000875 Vegetable Veggie Bowl Variety	Each	1	16	0.00	18	*2	0.08	*0.00	0	3.42	1.29	0.75
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30
000086 Fruit Orange Whole Sliced	Each	1	62	*N/A*	0	12	0.16	0.00	0	15.40	3.14	1.23
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33
Weighted Daily Average			1774	*21.10	3088	*140	52.31	*0.00	85	271.28	17.99	*57.00
% of Calories				*10.70%		*31.6%	26.5%	*0.0%		61.2%		*12.9%
Weekly Nutrient Guideline			450 - 600	<10	640		<=0					

Tuesday - 04/28/2020

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000766 Breakfast Burrito Sausage Egg & Cheese HS Only	burrito	1	432	11.50	940	0	27.00	1.00	160	22.00	1.00	21.00
000363 Breakfast Egg Scrambled w/Toast	Serving	1	280	4.12	317	12	13.28	0.11	423	27.22	2.00	15.10
000350 Breakfast Biscuit Sausage	brkf sandwich	1	332	10.00	980	2	20.00	0.00	35	23.00	0.68	11.00
000354 Breakfast Biscuit Chicken	brkf sandwich	1	300	7.00	880	2	15.00	0.00	20	30.00	0.68	11.00
000043 Vegetable Potato Tater Tot	1/2 cup	1	141	1.01	282	0	8.07	0.00	0	16.14	2.02	1.01
990038 Breakfast Cereal Variety	Bowl	1	87	0.08	127	6	0.42	0.00	0	19.83	2.00	1.83
000875 Vegetable Veggie Bowl Variety	Each	1	16	0.00	18	*2	0.08	*0.00	0	3.42	1.29	0.75
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30
000086 Fruit Orange Whole Sliced	Each	1	62	*N/A*	0	12	0.16	0.00	0	15.40	3.14	1.23
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33
Weighted Daily Average			2346	*36.72	4075	*148	89.59	*1.11	668	294.50	18.99	*89.09
% of Calories				*14.09%		*25.2%	34.4%	*0.4%		50.2%		*15.2%
Weekly Nutrient Guideline			450 - 600	<10	640		<=0					

Wednesday - 04/29/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
001228 Breakfast Croissant Ham Egg & Cheese	brkfst sandwich	1	250	5.75	685	2	13.75	0.00	122	17.50	1.00	13.50
001177 Breakfast Croissant Sausage Egg & Cheese	brkfst sandwich	1	362	9.50	830	2	24.00	0.00	142	17.00	1.00	16.50
000350 Breakfast Biscuit Sausage	brkfst sandwich	1	332	10.00	980	2	20.00	0.00	35	23.00	0.68	11.00
000354 Breakfast Biscuit Chicken	brkfst sandwich	1	300	7.00	880	2	15.00	0.00	20	30.00	0.68	11.00
000043 Vegetable Potato Tater Tot	1/2 cup	1	141	1.01	282	0	8.07	0.00	0	16.14	2.02	1.01
990038 Breakfast Cereal Variety	Bowl	1	87	0.08	127	6	0.42	0.00	0	19.83	2.00	1.83
000875 Vegetable Veggie Bowl Variety	Each	1	16	0.00	18	*2	0.08	*0.00	0	3.42	1.29	0.75
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30
000086 Fruit Orange Whole Sliced	Each	1	62	*N/A*	0	12	0.16	0.00	0	15.40	3.14	1.23
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33
Weighted Daily Average			2246	*36.35	4333	*139	87.06	*0.00	350	279.78	17.99	*83.00
% of Calories				*14.57%		*24.8%	34.9%	*0.0%		49.8%		*14.8%
Weekly Nutrient Guideline			450 - 600	<10	640		<=0					

Thursday - 04/30/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000766 Breakfast Burrito Sausage Egg & Cheese HS Only	burrito	1	432	11.50	940	0	27.00	1.00	160	22.00	1.00	21.00
990146 Breakfast Eggs Scrambled with Cheese	Serving	1	386	16.70	531	1	29.78	0.11	490	4.44	0.00	27.65
000350 Breakfast Biscuit Sausage	brkf sandwich	1	332	10.00	980	2	20.00	0.00	35	23.00	0.68	11.00
000354 Breakfast Biscuit Chicken	brkf sandwich	1	300	7.00	880	2	15.00	0.00	20	30.00	0.68	11.00
000043 Vegetable Potato Tater Tot	1/2 cup	1	141	1.01	282	0	8.07	0.00	0	16.14	2.02	1.01
990038 Breakfast Cereal Variety	Bowl	1	87	0.08	127	6	0.42	0.00	0	19.83	2.00	1.83
000875 Vegetable Veggie Bowl Variety	Each	1	16	0.00	18	*2	0.08	*0.00	0	3.42	1.29	0.75

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30
000086 Fruit Orange Whole Sliced	Each	1	62	*N/A*	0	12	0.16	0.00	0	15.40	3.14	1.23
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33
000066 LEAVE BLANK, DO NOT USE												
Weighted Daily Average			2451	*49.30	4289	*137	106.09	*1.11	735	271.72	16.99	*101.65
% of Calories				*18.10%		*22.4%	39.0%	*0.4%		44.3%		*16.6%
Weekly Nutrient Guideline			450 - 600	<10	640		<=0					

			Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
Weighted Averages			2183	*33.11	4026	*146	78.08	*0.74	356	290.84	18.28	*79.15
% of Calories				*13.65%		*26.8%	32.2%	*0.3%		53.3%		*14.5%

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

** - denotes combined nutrient totals with either missing or incomplete nutrient data*

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: *The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.*