

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

Menu Name: High School Menu Lunch

Include Cost: No

Site:

Report Style: Detailed

Wednesday - 04/01/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
001220 Meatballs Spicy Teriyaki	servings	1	334	6.00	892	33	14.00	0.00	35	39.20	1.00	14.00
990135 Chicken General Tso Popcorn - (MS & HS)	4 oz spoodle	1	296	3.17	380	11	15.85	0.00	121	13.73	0.00	24.30
990132 Chicken Tangerine Popcorn	4 oz Spoodle	1	197	2.11	254	6	10.56	0.00	77	8.45	0.00	16.20
001181 Pizza Nardone Cheese 4x6	slices	1	336	10.00	435	6	16.00	0.00	41	27.00	3.00	20.00
001191 Pizza Nardone Pepperoni Diced 4x6	slices	1	350	7.00	580	6	17.00	0.00	40	29.00	3.00	22.00
001152 Sandwich Chicken WG Breaded Regular	sandwich	1	340	2.00	640	3	12.00	0.00	35	42.00	6.00	21.00
000399 Sandwich Chicken WG Hot & Spicy Patty	sandwich	1	350	2.50	710	3	13.00	0.00	55	41.00	5.00	21.00
990051 Sandwich Cheeseburger	sandwich	1	300	4.50	760	4	11.50	0.00	48	31.00	5.00	22.50
990052 Sandwich Hamburger	sandwich	1	250	2.00	510	3	7.00	0.00	35	30.00	5.00	20.00
001048 Sandwich Ham & Cheese	sandwich	1	325	5.50	1132	8	12.56	0.00	55	35.89	4.60	21.36
990161 Sandwich Turkey and Cheese w/Jennie O Turkey	sandwich	1	291	3.00	931	7	8.01	0.00	48	33.19	4.13	25.58
000029 Sandwich PB&J	sandwich	1	578	5.82	576	21	31.09	0.00	0	60.52	9.82	19.58
000765 Salad Asian Chicken	salads	1	419	8.25	742	16	19.99	0.00	65	37.38	4.78	23.70
000139 Salad Chef	salads	1	262	8.02	1719	5	13.32	0.00	70	11.46	2.96	26.89

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000827 Salad Garden	salads	1	222	8.00	263	5	14.29	0.00	242	9.44	3.24	14.83
000539 Salad Chicken Caesar	salads	1	131	1.41	647	2	3.56	0.00	72	5.16	2.00	21.30
990041 Salad Popcorn Chicken	salads	1	265	7.50	465	2	15.73	0.00	65	14.56	4.06	18.03
000826 Salad Turkey	salads	1	221	6.50	600	3	10.77	0.00	65	7.41	2.96	25.66
001174 Salad Chicken Tender	EACH	1	320	5.00	521	6	16.79	0.00	60	19.94	5.24	25.33
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00
001189 Grains Rice Fried MS & HS	Cup	1	270	0.00	441	3	2.50	0.00	0	54.08	4.01	6.01
990050 Grains Egg roll Vegetable WG	Each	1	140	1.00	150	4	3.50	0.00	0	22.00	4.00	4.00
000662 Vegetable Blend Oriental Stir Fry	1/2 cup	1	15	0.00	10	*2	0.00	0.00	0	2.52	1.01	1.01
000994 Vegetable Peas Sugar Snap	1/2 cup	1	44	0.00	0	*3	0.00	0.00	0	7.80	1.95	2.93
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	47	0.38	115	4	2.00	0.00	1	6.73	2.67	0.25
000875 Vegetable Veggie Bowl Variety	Each	1	16	0.00	18	*2	0.08	*0.00	0	3.42	1.29	0.75
000300 Salad Tossed with Carrots	cups	1	64	0.38	86	4	2.52	0.00	1	9.09	5.22	3.27
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30
000086 Fruit Orange Whole Sliced	Each	1	62	*N/A*	0	12	0.16	0.00	0	15.40	3.14	1.23
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00

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Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00
000222 Condiment Ketchup Packet	packet	1	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00
000223 Condiment Mustard Packet	packet	1	5	0.00	65	0	0.00	0.00	0	0.00	0.00	0.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	50	0.50	70	0	4.50	0.00	10	2.00	0.00	0.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	80	1.00	230	1	7.00	0.00	5	2.00	0.00	1.00
Weighted Daily Average			7417	*105.05	14658	*304	292.89	*0.00	1281	785.89	101.25	*452.87
% of Calories				*12.75%		*16.4%	35.5%	*0.0%		42.4%		*24.4%
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0					

Thursday - 04/02/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000703 Enchilada Cheese Pepper Jack	2 enchiladas	1	390	12.20	716	1	21.69	0.00	52	32.31	2.06	17.37
000774 Burrito Beef & Bean HS Only	burrito	1	389	8.80	1015	*1	18.35	1.00	56	32.84	3.33	23.29
001181 Pizza Nardone Cheese 4x6	slices	1	336	10.00	435	6	16.00	0.00	41	27.00	3.00	20.00
001191 Pizza Nardone Pepperoni Diced 4x6	slices	1	350	7.00	580	6	17.00	0.00	40	29.00	3.00	22.00

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
001152 Sandwich Chicken WG Breaded Regular	sandwich	1	340	2.00	640	3	12.00	0.00	35	42.00	6.00	21.00
000399 Sandwich Chicken WG Hot & Spicy Patty	sandwich	1	350	2.50	710	3	13.00	0.00	55	41.00	5.00	21.00
990051 Sandwich Cheeseburger	sandwich	1	300	4.50	760	4	11.50	0.00	48	31.00	5.00	22.50
990052 Sandwich Hamburger	sandwich	1	250	2.00	510	3	7.00	0.00	35	30.00	5.00	20.00
001048 Sandwich Ham & Cheese	sandwich	1	325	5.50	1132	8	12.56	0.00	55	35.89	4.60	21.36
990161 Sandwich Turkey and Cheese w/Jennie O Turkey	sandwich	1	291	3.00	931	7	8.01	0.00	48	33.19	4.13	25.58
000029 Sandwich PB&J	sandwich	1	578	5.82	576	21	31.09	0.00	0	60.52	9.82	19.58
000765 Salad Asian Chicken	salads	1	419	8.25	742	16	19.99	0.00	65	37.38	4.78	23.70
000139 Salad Chef	salads	1	262	8.02	1719	5	13.32	0.00	70	11.46	2.96	26.89
000827 Salad Garden	salads	1	222	8.00	263	5	14.29	0.00	242	9.44	3.24	14.83
000539 Salad Chicken Caesar	salads	1	131	1.41	647	2	3.56	0.00	72	5.16	2.00	21.30
990041 Salad Popcorn Chicken	salads	1	265	7.50	465	2	15.73	0.00	65	14.56	4.06	18.03
000826 Salad Turkey	salads	1	221	6.50	600	3	10.77	0.00	65	7.41	2.96	25.66
001174 Salad Chicken Tender	EACH	1	320	5.00	521	6	16.79	0.00	60	19.94	5.24	25.33
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00
000001 Grains Rice Mexican Fiesta	1/2 cup	1	116	0.70	339	*2	2.21	0.00	0	21.50	0.50	2.50
000736 Vegetable Beans Black	1/2 Cup	1	102	0.00	143	2	0.00	0.00	0	18.37	6.12	7.14
000271 Vegetable Corn Buttery	1/2 cup	1	74	0.17	4	3	0.91	0.00	0	15.96	2.00	2.00

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000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	47	0.38	115	4	2.00	0.00	1	6.73	2.67	0.25
000875 Vegetable Veggie Bowl Variety	Each	1	16	0.00	18	*2	0.08	*0.00	0	3.42	1.29	0.75
000300 Salad Tossed with Carrots	cups	1	64	0.38	86	4	2.52	0.00	1	9.09	5.22	3.27
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30
000086 Fruit Orange Whole Sliced	Each	1	62	*N/A*	0	12	0.16	0.00	0	15.40	3.14	1.23
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00
000222 Condiment Ketchup Packet	packet	1	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00
000223 Condiment Mustard Packet	packet	1	5	0.00	65	0	0.00	0.00	0	0.00	0.00	0.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	50	0.50	70	0	4.50	0.00	10	2.00	0.00	0.00

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000893 Condiment Ranch Lite 1 oz	1 oz cup	1	80	1.00	230	1	7.00	0.00	5	2.00	0.00	1.00
Weighted Daily Average			7191	*114.63	14748	*252	289.65	*1.00	1155	759.07	103.30	*436.73
% of Calories				*14.35%		*14.0%	36.3%	*0.1%		42.2%		*24.3%
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0					

Friday - 04/03/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990143 BBQ Pork Cornbread Bowl	servings	1	308	2.58	387	18	12.36	0.00	49	35.43	1.00	16.24
000719 Sandwich Hot Dog	sandwich	1	317	6.88	554	4	18.20	*0.00	34	28.98	4.00	10.90
001181 Pizza Nardone Cheese 4x6	slices	1	336	10.00	435	6	16.00	0.00	41	27.00	3.00	20.00
001191 Pizza Nardone Pepperoni Diced 4x6	slices	1	350	7.00	580	6	17.00	0.00	40	29.00	3.00	22.00
001152 Sandwich Chicken WG Breaded Regular	sandwich	1	340	2.00	640	3	12.00	0.00	35	42.00	6.00	21.00
000399 Sandwich Chicken WG Hot & Spicy Patty	sandwich	1	350	2.50	710	3	13.00	0.00	55	41.00	5.00	21.00
990051 Sandwich Cheeseburger	sandwich	1	300	4.50	760	4	11.50	0.00	48	31.00	5.00	22.50
990052 Sandwich Hamburger	sandwich	1	250	2.00	510	3	7.00	0.00	35	30.00	5.00	20.00
001048 Sandwich Ham & Cheese	sandwich	1	325	5.50	1132	8	12.56	0.00	55	35.89	4.60	21.36
990161 Sandwich Turkey and Cheese w/Jennie O Turkey	sandwich	1	291	3.00	931	7	8.01	0.00	48	33.19	4.13	25.58
000029 Sandwich PB&J	sandwich	1	578	5.82	576	21	31.09	0.00	0	60.52	9.82	19.58

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000765 Salad Asian Chicken	salads	1	419	8.25	742	16	19.99	0.00	65	37.38	4.78	23.70
000139 Salad Chef	salads	1	262	8.02	1719	5	13.32	0.00	70	11.46	2.96	26.89
000827 Salad Garden	salads	1	222	8.00	263	5	14.29	0.00	242	9.44	3.24	14.83
000539 Salad Chicken Caesar	salads	1	131	1.41	647	2	3.56	0.00	72	5.16	2.00	21.30
990041 Salad Popcorn Chicken	salads	1	265	7.50	465	2	15.73	0.00	65	14.56	4.06	18.03
000826 Salad Turkey	salads	1	221	6.50	600	3	10.77	0.00	65	7.41	2.96	25.66
001174 Salad Chicken Tender	EACH	1	320	5.00	521	6	16.79	0.00	60	19.94	5.24	25.33
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00
000527 Vegetable Beans White	1/2 cup	1	150	0.00	140	*2	0.00	0.00	0	28.00	6.00	7.00
000634 Vegetable Turnip Greens	1/2 cup	1	38	0.32	39	0	0.79	0.00	0	3.74	2.49	2.49
000986 Vegetable Potato Cottage Fries	1/2 cup	1	173	0.67	27	0	4.67	0.00	0	29.35	2.67	4.00
000468 Salad Coleslaw	1/4 cup	1	51	0.72	133	2	4.01	0.00	2	3.14	0.41	0.21
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	47	0.38	115	4	2.00	0.00	1	6.73	2.67	0.25
000875 Vegetable Veggie Bowl Variety	Each	1	16	0.00	18	*2	0.08	*0.00	0	3.42	1.29	0.75
000300 Salad Tossed with Carrots	cups	1	64	0.38	86	4	2.52	0.00	1	9.09	5.22	3.27
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30
000086 Fruit Orange Whole Sliced	Each	1	62	*N/A*	0	12	0.16	0.00	0	15.40	3.14	1.23

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000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00
000222 Condiment Ketchup Packet	packet	1	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00
000223 Condiment Mustard Packet	packet	1	5	0.00	65	0	0.00	0.00	0	0.00	0.00	0.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	50	0.50	70	0	4.50	0.00	10	2.00	0.00	0.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	80	1.00	230	1	7.00	0.00	5	2.00	0.00	1.00
Weighted Daily Average			7158	*103.93	13811	*269	286.50	*0.00	1132	766.73	105.86	*425.26
% of Calories				*13.07%		*15.0%	36.0%	*0.0%		42.8%		*23.8%
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0					

Monday - 04/06/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000966 Chicken Breaded Drumstick	drumstick	1	220	3.00	530	0	13.00	0.00	60	6.00	1.00	19.00
000327 Salisbury Steak w/Gravy	steaks	1	164	3.00	658	*1	8.22	0.00	40	7.24	1.00	16.00

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000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00
001181 Pizza Nardone Cheese 4x6	slices	1	336	10.00	435	6	16.00	0.00	41	27.00	3.00	20.00
001191 Pizza Nardone Pepperoni Diced 4x6	slices	1	350	7.00	580	6	17.00	0.00	40	29.00	3.00	22.00
001152 Sandwich Chicken WG Breaded Regular	sandwich	1	340	2.00	640	3	12.00	0.00	35	42.00	6.00	21.00
000399 Sandwich Chicken WG Hot & Spicy Patty	sandwich	1	350	2.50	710	3	13.00	0.00	55	41.00	5.00	21.00
990051 Sandwich Cheeseburger	sandwich	1	300	4.50	760	4	11.50	0.00	48	31.00	5.00	22.50
990052 Sandwich Hamburger	sandwich	1	250	2.00	510	3	7.00	0.00	35	30.00	5.00	20.00
001048 Sandwich Ham & Cheese	sandwich	1	325	5.50	1132	8	12.56	0.00	55	35.89	4.60	21.36
990161 Sandwich Turkey and Cheese w/Jennie O Turkey	sandwich	1	291	3.00	931	7	8.01	0.00	48	33.19	4.13	25.58
000029 Sandwich PB&J	sandwich	1	578	5.82	576	21	31.09	0.00	0	60.52	9.82	19.58
000765 Salad Asian Chicken	salads	1	419	8.25	742	16	19.99	0.00	65	37.38	4.78	23.70
000139 Salad Chef	salads	1	262	8.02	1719	5	13.32	0.00	70	11.46	2.96	26.89
000827 Salad Garden	salads	1	222	8.00	263	5	14.29	0.00	242	9.44	3.24	14.83
000539 Salad Chicken Caesar	salads	1	131	1.41	647	2	3.56	0.00	72	5.16	2.00	21.30
990041 Salad Popcorn Chicken	salads	1	265	7.50	465	2	15.73	0.00	65	14.56	4.06	18.03
000826 Salad Turkey	salads	1	221	6.50	600	3	10.77	0.00	65	7.41	2.96	25.66
001174 Salad Chicken Tender	EACH	1	320	5.00	521	6	16.79	0.00	60	19.94	5.24	25.33
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000986 Vegetable Potato Cottage Fries	1/2 cup	1	173	0.67	27	0	4.67	0.00	0	29.35	2.67	4.00
000993 Vegetable Beans Green Frozen	1/2 CUP	1	49	0.15	5	*2	2.15	0.00	0	6.16	2.05	2.05
001237 Fruit Baked Apples	1/2 cup	1	91	0.00	16	19	0.00	0.00	0	23.03	1.62	0.00
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	47	0.38	115	4	2.00	0.00	1	6.73	2.67	0.25
000875 Vegetable Veggie Bowl Variety	Each	1	16	0.00	18	*2	0.08	*0.00	0	3.42	1.29	0.75
000300 Salad Tossed with Carrots	cups	1	64	0.38	86	4	2.52	0.00	1	9.09	5.22	3.27
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30
000086 Fruit Orange Whole Sliced	Each	1	62	*N/A*	0	12	0.16	0.00	0	15.40	3.14	1.23
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00
000222 Condiment Ketchup Packet	packet	1	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00
000223 Condiment Mustard Packet	packet	1	5	0.00	65	0	0.00	0.00	0	0.00	0.00	0.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	50	0.50	70	0	4.50	0.00	10	2.00	0.00	0.00

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	80	1.00	230	1	7.00	0.00	5	2.00	0.00	1.00
Weighted Daily Average			6948	*100.08	13868	*272	276.51	*0.00	1151	733.87	97.62	*428.48
% of Calories				*12.96%		*15.7%	35.8%	*0.0%		42.2%		*24.7%
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0					

Tuesday - 04/07/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000956 Pasta Chicken Broccoli Alfredo Penne	servings	1	423	7.10	714	*2	17.27	0.00	69	37.29	2.18	28.42
000515 Hot Pocket Turkey Pepperoni	each	1	300	5.00	680	7	11.00	0.00	45	32.00	3.00	18.00
001181 Pizza Nardone Cheese 4x6	slices	1	336	10.00	435	6	16.00	0.00	41	27.00	3.00	20.00
001191 Pizza Nardone Pepperoni Diced 4x6	slices	1	350	7.00	580	6	17.00	0.00	40	29.00	3.00	22.00
001152 Sandwich Chicken WG Breaded Regular	sandwich	1	340	2.00	640	3	12.00	0.00	35	42.00	6.00	21.00
000399 Sandwich Chicken WG Hot & Spicy Patty	sandwich	1	350	2.50	710	3	13.00	0.00	55	41.00	5.00	21.00
990051 Sandwich Cheeseburger	sandwich	1	300	4.50	760	4	11.50	0.00	48	31.00	5.00	22.50
990052 Sandwich Hamburger	sandwich	1	250	2.00	510	3	7.00	0.00	35	30.00	5.00	20.00
001048 Sandwich Ham & Cheese	sandwich	1	325	5.50	1132	8	12.56	0.00	55	35.89	4.60	21.36
990161 Sandwich Turkey and Cheese w/Jennie O Turkey	sandwich	1	291	3.00	931	7	8.01	0.00	48	33.19	4.13	25.58
000029 Sandwich PB&J	sandwich	1	578	5.82	576	21	31.09	0.00	0	60.52	9.82	19.58

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000765 Salad Asian Chicken	salads	1	419	8.25	742	16	19.99	0.00	65	37.38	4.78	23.70
000139 Salad Chef	salads	1	262	8.02	1719	5	13.32	0.00	70	11.46	2.96	26.89
000827 Salad Garden	salads	1	222	8.00	263	5	14.29	0.00	242	9.44	3.24	14.83
000539 Salad Chicken Caesar	salads	1	131	1.41	647	2	3.56	0.00	72	5.16	2.00	21.30
990041 Salad Popcorn Chicken	salads	1	265	7.50	465	2	15.73	0.00	65	14.56	4.06	18.03
000826 Salad Turkey	salads	1	221	6.50	600	3	10.77	0.00	65	7.41	2.96	25.66
001174 Salad Chicken Tender	EACH	1	320	5.00	521	6	16.79	0.00	60	19.94	5.24	25.33
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00
000674 Vegetable Potato Sweet Casserole	1/2 CUP	1	175	0.00	20	26	0.00	0.00	0	42.34	2.00	1.20
000907 Vegetable Blend Provence	1/2 Cup	1	31	0.00	16	*2	0.00	0.00	0	6.22	2.07	1.04
000258 Vegetable Broccoli Florets Frozen	1/2 cup	1	29	0.00	19	2	0.00	0.00	0	3.82	1.91	0.96
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	47	0.38	115	4	2.00	0.00	1	6.73	2.67	0.25
000875 Vegetable Veggie Bowl Variety	Each	1	16	0.00	18	*2	0.08	*0.00	0	3.42	1.29	0.75
000300 Salad Tossed with Carrots	cups	1	64	0.38	86	4	2.52	0.00	1	9.09	5.22	3.27
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30
000086 Fruit Orange Whole Sliced	Each	1	62	*N/A*	0	12	0.16	0.00	0	15.40	3.14	1.23
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00
000222 Condiment Ketchup Packet	packet	1	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00
000223 Condiment Mustard Packet	packet	1	5	0.00	65	0	0.00	0.00	0	0.00	0.00	0.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	50	0.50	70	0	4.50	0.00	10	2.00	0.00	0.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	80	1.00	230	1	7.00	0.00	5	2.00	0.00	1.00
Weighted Daily Average			7079	*104.87	13980	*283	274.74	*0.00	1161	759.77	100.45	*434.04
% of Calories				*13.33%		*16.0%	34.9%	*0.0%		42.9%		*24.5%
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0					

Wednesday - 04/08/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000601 Chicken Pot Pie MS&HS	servings	1	462	8.60	1541	10	16.45	0.00	89	44.78	4.68	33.76
000310 Corn Dog Mini Turkey WG	6 mini corn dog	1	290	3.50	380	7	14.00	0.00	55	30.00	3.00	10.00
001181 Pizza Nardone Cheese 4x6	slices	1	336	10.00	435	6	16.00	0.00	41	27.00	3.00	20.00

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
001191 Pizza Nardone Pepperoni Diced 4x6	slices	1	350	7.00	580	6	17.00	0.00	40	29.00	3.00	22.00
001152 Sandwich Chicken WG Breaded Regular	sandwich	1	340	2.00	640	3	12.00	0.00	35	42.00	6.00	21.00
000399 Sandwich Chicken WG Hot & Spicy Patty	sandwich	1	350	2.50	710	3	13.00	0.00	55	41.00	5.00	21.00
990051 Sandwich Cheeseburger	sandwich	1	300	4.50	760	4	11.50	0.00	48	31.00	5.00	22.50
990052 Sandwich Hamburger	sandwich	1	250	2.00	510	3	7.00	0.00	35	30.00	5.00	20.00
001048 Sandwich Ham & Cheese	sandwich	1	325	5.50	1132	8	12.56	0.00	55	35.89	4.60	21.36
990161 Sandwich Turkey and Cheese w/Jennie O Turkey	sandwich	1	291	3.00	931	7	8.01	0.00	48	33.19	4.13	25.58
000029 Sandwich PB&J	sandwich	1	578	5.82	576	21	31.09	0.00	0	60.52	9.82	19.58
000765 Salad Asian Chicken	salads	1	419	8.25	742	16	19.99	0.00	65	37.38	4.78	23.70
000139 Salad Chef	salads	1	262	8.02	1719	5	13.32	0.00	70	11.46	2.96	26.89
000827 Salad Garden	salads	1	222	8.00	263	5	14.29	0.00	242	9.44	3.24	14.83
000539 Salad Chicken Caesar	salads	1	131	1.41	647	2	3.56	0.00	72	5.16	2.00	21.30
990041 Salad Popcorn Chicken	salads	1	265	7.50	465	2	15.73	0.00	65	14.56	4.06	18.03
000826 Salad Turkey	salads	1	221	6.50	600	3	10.77	0.00	65	7.41	2.96	25.66
001174 Salad Chicken Tender	EACH	1	320	5.00	521	6	16.79	0.00	60	19.94	5.24	25.33
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00
000737 Vegetable Carrots Whole Baby Buttery	1/2 Cup	1	38	0.27	71	4	0.66	0.00	0	7.47	3.20	1.07
000907 Vegetable Blend Provence	1/2 Cup	1	31	0.00	16	*2	0.00	0.00	0	6.22	2.07	1.04

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990137 Vegetable Roasted Brussel Sprouts	1/2 cup	1	90	0.38	35	*3	5.75	0.00	0	6.02	4.01	4.01
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	47	0.38	115	4	2.00	0.00	1	6.73	2.67	0.25
000875 Vegetable Veggie Bowl Variety	Each	1	16	0.00	18	*2	0.08	*0.00	0	3.42	1.29	0.75
000300 Salad Tossed with Carrots	cups	1	64	0.38	86	4	2.52	0.00	1	9.09	5.22	3.27
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30
000086 Fruit Orange Whole Sliced	Each	1	62	*N/A*	0	12	0.16	0.00	0	15.40	3.14	1.23
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00
000222 Condiment Ketchup Packet	packet	1	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00
000223 Condiment Mustard Packet	packet	1	5	0.00	65	0	0.00	0.00	0	0.00	0.00	0.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	50	0.50	70	0	4.50	0.00	10	2.00	0.00	0.00

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	80	1.00	230	1	7.00	0.00	5	2.00	0.00	1.00
Weighted Daily Average			7032	*105.51	14574	*270	283.34	*0.00	1191	732.59	106.26	*434.30
% of Calories				*13.50%		*15.4%	36.3%	*0.0%		41.7%		*24.7%
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0					

Thursday - 04/09/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
001137 Nachos with Pulled Chicken	EACH	1	421	4.68	720	*0	20.02	0.00	59	45.74	4.05	19.06
001136 Nachos with Beef	EACH	1	442	5.78	800	*1	22.57	0.00	40	46.75	4.05	18.42
001181 Pizza Nardone Cheese 4x6	slices	1	336	10.00	435	6	16.00	0.00	41	27.00	3.00	20.00
001191 Pizza Nardone Pepperoni Diced 4x6	slices	1	350	7.00	580	6	17.00	0.00	40	29.00	3.00	22.00
001152 Sandwich Chicken WG Breaded Regular	sandwich	1	340	2.00	640	3	12.00	0.00	35	42.00	6.00	21.00
000399 Sandwich Chicken WG Hot & Spicy Patty	sandwich	1	350	2.50	710	3	13.00	0.00	55	41.00	5.00	21.00
990051 Sandwich Cheeseburger	sandwich	1	300	4.50	760	4	11.50	0.00	48	31.00	5.00	22.50
990052 Sandwich Hamburger	sandwich	1	250	2.00	510	3	7.00	0.00	35	30.00	5.00	20.00
001048 Sandwich Ham & Cheese	sandwich	1	325	5.50	1132	8	12.56	0.00	55	35.89	4.60	21.36
990161 Sandwich Turkey and Cheese w/Jennie O Turkey	sandwich	1	291	3.00	931	7	8.01	0.00	48	33.19	4.13	25.58
000029 Sandwich PB&J	sandwich	1	578	5.82	576	21	31.09	0.00	0	60.52	9.82	19.58

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000765 Salad Asian Chicken	salads	1	419	8.25	742	16	19.99	0.00	65	37.38	4.78	23.70
000139 Salad Chef	salads	1	262	8.02	1719	5	13.32	0.00	70	11.46	2.96	26.89
000827 Salad Garden	salads	1	222	8.00	263	5	14.29	0.00	242	9.44	3.24	14.83
000539 Salad Chicken Caesar	salads	1	131	1.41	647	2	3.56	0.00	72	5.16	2.00	21.30
990041 Salad Popcorn Chicken	salads	1	265	7.50	465	2	15.73	0.00	65	14.56	4.06	18.03
000826 Salad Turkey	salads	1	221	6.50	600	3	10.77	0.00	65	7.41	2.96	25.66
001174 Salad Chicken Tender	EACH	1	320	5.00	521	6	16.79	0.00	60	19.94	5.24	25.33
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00
000001 Grains Rice Mexican Fiesta	1/2 cup	1	116	0.70	339	*2	2.21	0.00	0	21.50	0.50	2.50
000650 Vegetable Beans Refried Cheesy	1/2 cup	1	75	0.90	248	0	1.70	0.00	4	9.89	3.33	4.83
000271 Vegetable Corn Buttery	1/2 cup	1	74	0.17	4	3	0.91	0.00	0	15.96	2.00	2.00
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	47	0.38	115	4	2.00	0.00	1	6.73	2.67	0.25
000875 Vegetable Veggie Bowl Variety	Each	1	16	0.00	18	*2	0.08	*0.00	0	3.42	1.29	0.75
000300 Salad Tossed with Carrots	cups	1	64	0.38	86	4	2.52	0.00	1	9.09	5.22	3.27
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30
000086 Fruit Orange Whole Sliced	Each	1	62	*N/A*	0	12	0.16	0.00	0	15.40	3.14	1.23
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00
000222 Condiment Ketchup Packet	packet	1	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00
000223 Condiment Mustard Packet	packet	1	5	0.00	65	0	0.00	0.00	0	0.00	0.00	0.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	50	0.50	70	0	4.50	0.00	10	2.00	0.00	0.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	80	1.00	230	1	7.00	0.00	5	2.00	0.00	1.00
Weighted Daily Average			7247	*104.99	14643	*249	293.90	*0.00	1150	777.93	103.21	*431.23
% of Calories				*13.04%		*13.7%	36.5%	*0.0%		42.9%		*23.8%
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0					

Friday - 04/10/2020

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000066 LEAVE BLANK, DO NOT USE												
Weighted Daily Average			0	0.00	0	0	0.00	0.00	0	0.00	0.00	0.00
% of Calories				0%		0%	0%	0%		0%		0%
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0					

Monday - 04/13/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990167 Chicken Tenders Breaded - Middle/High	4 tenders	1	310	2.69	552	3	16.17	0.00	61	16.17	2.70	26.95
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00
990183 Cheeseburger Sliders	2 mini burgers	1	563	13.07	964	5	29.16	0.00	106	34.14	4.02	37.21
990150 Burger Sliders	2 mini burgers	1	463	8.05	462	4	20.12	0.00	81	32.14	4.02	32.19
001181 Pizza Nardone Cheese 4x6	slices	1	336	10.00	435	6	16.00	0.00	41	27.00	3.00	20.00
001191 Pizza Nardone Pepperoni Diced 4x6	slices	1	350	7.00	580	6	17.00	0.00	40	29.00	3.00	22.00
001152 Sandwich Chicken WG Breaded Regular	sandwich	1	340	2.00	640	3	12.00	0.00	35	42.00	6.00	21.00
000399 Sandwich Chicken WG Hot & Spicy Patty	sandwich	1	350	2.50	710	3	13.00	0.00	55	41.00	5.00	21.00
990051 Sandwich Cheeseburger	sandwich	1	300	4.50	760	4	11.50	0.00	48	31.00	5.00	22.50
990052 Sandwich Hamburger	sandwich	1	250	2.00	510	3	7.00	0.00	35	30.00	5.00	20.00
001048 Sandwich Ham & Cheese	sandwich	1	325	5.50	1132	8	12.56	0.00	55	35.89	4.60	21.36

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990161 Sandwich Turkey and Cheese w/Jennie O Turkey	sandwich	1	291	3.00	931	7	8.01	0.00	48	33.19	4.13	25.58
000029 Sandwich PB&J	sandwich	1	578	5.82	576	21	31.09	0.00	0	60.52	9.82	19.58
000765 Salad Asian Chicken	salads	1	419	8.25	742	16	19.99	0.00	65	37.38	4.78	23.70
000139 Salad Chef	salads	1	262	8.02	1719	5	13.32	0.00	70	11.46	2.96	26.89
000827 Salad Garden	salads	1	222	8.00	263	5	14.29	0.00	242	9.44	3.24	14.83
000539 Salad Chicken Caesar	salads	1	131	1.41	647	2	3.56	0.00	72	5.16	2.00	21.30
990041 Salad Popcorn Chicken	salads	1	265	7.50	465	2	15.73	0.00	65	14.56	4.06	18.03
000826 Salad Turkey	salads	1	221	6.50	600	3	10.77	0.00	65	7.41	2.96	25.66
001174 Salad Chicken Tender	EACH	1	320	5.00	521	6	16.79	0.00	60	19.94	5.24	25.33
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00
000986 Vegetable Potato Cottage Fries	1/2 cup	1	173	0.67	27	0	4.67	0.00	0	29.35	2.67	4.00
000993 Vegetable Beans Green Frozen	1/2 CUP	1	49	0.15	5	*2	2.15	0.00	0	6.16	2.05	2.05
000995 Vegetable Blend Dutch California	1/2 cup	1	27	0.00	27	*2	0.00	0.00	0	5.34	2.14	1.07
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	47	0.38	115	4	2.00	0.00	1	6.73	2.67	0.25
000875 Vegetable Veggie Bowl Variety	Each	1	16	0.00	18	*2	0.08	*0.00	0	3.42	1.29	0.75
000300 Salad Tossed with Carrots	cups	1	64	0.38	86	4	2.52	0.00	1	9.09	5.22	3.27
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000086 Fruit Orange Whole Sliced	Each	1	62	*N/A*	0	12	0.16	0.00	0	15.40	3.14	1.23
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00
000222 Condiment Ketchup Packet	packet	1	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00
000223 Condiment Mustard Packet	packet	1	5	0.00	65	0	0.00	0.00	0	0.00	0.00	0.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	50	0.50	70	0	4.50	0.00	10	2.00	0.00	0.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	80	1.00	230	1	7.00	0.00	5	2.00	0.00	1.00
Weighted Daily Average			7835	*117.90	14669	*265	320.75	*0.00	1298	785.38	106.87	*490.89
% of Calories				*13.54%		*13.5%	36.8%	*0.0%		40.1%		*25.1%
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0					

Tuesday - 04/14/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
001145 Pasta Lasagna with Meat Sauce	servings	1	335	6.34	1111	13	13.33	0.00	49	27.70	4.67	23.27

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990148 Grains Garlic Toast	Each	1	90	0.00	160	0	2.50	0.00	0	15.00	1.00	3.00
001154 Sandwich Chicken Parmesan	sandwich	1	448	4.92	1075	8	16.86	0.00	50	49.94	7.50	27.83
001181 Pizza Nardone Cheese 4x6	slices	1	336	10.00	435	6	16.00	0.00	41	27.00	3.00	20.00
001191 Pizza Nardone Pepperoni Diced 4x6	slices	1	350	7.00	580	6	17.00	0.00	40	29.00	3.00	22.00
001152 Sandwich Chicken WG Breaded Regular	sandwich	1	340	2.00	640	3	12.00	0.00	35	42.00	6.00	21.00
000399 Sandwich Chicken WG Hot & Spicy Patty	sandwich	1	350	2.50	710	3	13.00	0.00	55	41.00	5.00	21.00
990051 Sandwich Cheeseburger	sandwich	1	300	4.50	760	4	11.50	0.00	48	31.00	5.00	22.50
990052 Sandwich Hamburger	sandwich	1	250	2.00	510	3	7.00	0.00	35	30.00	5.00	20.00
001048 Sandwich Ham & Cheese	sandwich	1	325	5.50	1132	8	12.56	0.00	55	35.89	4.60	21.36
990161 Sandwich Turkey and Cheese w/Jennie O Turkey	sandwich	1	291	3.00	931	7	8.01	0.00	48	33.19	4.13	25.58
000029 Sandwich PB&J	sandwich	1	578	5.82	576	21	31.09	0.00	0	60.52	9.82	19.58
000765 Salad Asian Chicken	salads	1	419	8.25	742	16	19.99	0.00	65	37.38	4.78	23.70
000139 Salad Chef	salads	1	262	8.02	1719	5	13.32	0.00	70	11.46	2.96	26.89
000827 Salad Garden	salads	1	222	8.00	263	5	14.29	0.00	242	9.44	3.24	14.83
000539 Salad Chicken Caesar	salads	1	131	1.41	647	2	3.56	0.00	72	5.16	2.00	21.30
990041 Salad Popcorn Chicken	salads	1	265	7.50	465	2	15.73	0.00	65	14.56	4.06	18.03
000826 Salad Turkey	salads	1	221	6.50	600	3	10.77	0.00	65	7.41	2.96	25.66
001174 Salad Chicken Tender	EACH	1	320	5.00	521	6	16.79	0.00	60	19.94	5.24	25.33

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00
000040 Vegetable Peas Green	1/2 cup	1	93	0.00	127	*7	0.00	0.00	0	16.01	5.34	5.34
000995 Vegetable Blend Dutch California	1/2 cup	1	27	0.00	27	*2	0.00	0.00	0	5.34	2.14	1.07
000258 Vegetable Broccoli Florets Frozen	1/2 cup	1	29	0.00	19	2	0.00	0.00	0	3.82	1.91	0.96
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	47	0.38	115	4	2.00	0.00	1	6.73	2.67	0.25
000875 Vegetable Veggie Bowl Variety	Each	1	16	0.00	18	*2	0.08	*0.00	0	3.42	1.29	0.75
000300 Salad Tossed with Carrots	cups	1	64	0.38	86	4	2.52	0.00	1	9.09	5.22	3.27
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30
000086 Fruit Orange Whole Sliced	Each	1	62	*N/A*	0	12	0.16	0.00	0	15.40	3.14	1.23
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00
000222 Condiment Ketchup Packet	packet	1	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00
000223 Condiment Mustard Packet	packet	1	5	0.00	65	0	0.00	0.00	0	0.00	0.00	0.00

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000892 Condiment Mayonnaise Lite Packet	Packet	1	50	0.50	70	0	4.50	0.00	10	2.00	0.00	0.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	80	1.00	230	1	7.00	0.00	5	2.00	0.00	1.00
Weighted Daily Average			7142	*104.02	15050	*275	279.17	*0.00	1145	755.90	111.83	*445.89
% of Calories				*13.11%		*15.4%	35.2%	*0.0%		42.3%		*25.0%
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0					

Wednesday - 04/15/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000712 Corn Dog Chicken	corndogs	1	240	2.50	390	5	8.00	0.00	40	30.00	5.00	9.00
001098 Sandwich Hot Ham & Cheese Sub	sandwich	1	305	5.75	1050	5	13.50	0.00	55	30.50	3.00	18.00
001181 Pizza Nardone Cheese 4x6	slices	1	336	10.00	435	6	16.00	0.00	41	27.00	3.00	20.00
001191 Pizza Nardone Pepperoni Diced 4x6	slices	1	350	7.00	580	6	17.00	0.00	40	29.00	3.00	22.00
001152 Sandwich Chicken WG Breaded Regular	sandwich	1	340	2.00	640	3	12.00	0.00	35	42.00	6.00	21.00
000399 Sandwich Chicken WG Hot & Spicy Patty	sandwich	1	350	2.50	710	3	13.00	0.00	55	41.00	5.00	21.00
990051 Sandwich Cheeseburger	sandwich	1	300	4.50	760	4	11.50	0.00	48	31.00	5.00	22.50
990052 Sandwich Hamburger	sandwich	1	250	2.00	510	3	7.00	0.00	35	30.00	5.00	20.00
001048 Sandwich Ham & Cheese	sandwich	1	325	5.50	1132	8	12.56	0.00	55	35.89	4.60	21.36
990161 Sandwich Turkey and Cheese w/Jennie O Turkey	sandwich	1	291	3.00	931	7	8.01	0.00	48	33.19	4.13	25.58

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000029 Sandwich PB&J	sandwich	1	578	5.82	576	21	31.09	0.00	0	60.52	9.82	19.58
000765 Salad Asian Chicken	salads	1	419	8.25	742	16	19.99	0.00	65	37.38	4.78	23.70
000139 Salad Chef	salads	1	262	8.02	1719	5	13.32	0.00	70	11.46	2.96	26.89
000827 Salad Garden	salads	1	222	8.00	263	5	14.29	0.00	242	9.44	3.24	14.83
000539 Salad Chicken Caesar	salads	1	131	1.41	647	2	3.56	0.00	72	5.16	2.00	21.30
990041 Salad Popcorn Chicken	salads	1	265	7.50	465	2	15.73	0.00	65	14.56	4.06	18.03
000826 Salad Turkey	salads	1	221	6.50	600	3	10.77	0.00	65	7.41	2.96	25.66
001174 Salad Chicken Tender	EACH	1	320	5.00	521	6	16.79	0.00	60	19.94	5.24	25.33
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00
000335 Vegetable Beans Texas Ranch	1/2 cup	1	108	0.00	481	1	0.49	0.00	0	19.63	4.91	5.89
000465 Vegetable Carrots Honey Glaze	1/2 cup	1	72	0.97	88	9	2.37	0.00	0	12.09	3.20	1.08
000907 Vegetable Blend Provence	1/2 Cup	1	31	0.00	16	*2	0.00	0.00	0	6.22	2.07	1.04
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	47	0.38	115	4	2.00	0.00	1	6.73	2.67	0.25
000875 Vegetable Veggie Bowl Variety	Each	1	16	0.00	18	*2	0.08	*0.00	0	3.42	1.29	0.75
000300 Salad Tossed with Carrots	cups	1	64	0.38	86	4	2.52	0.00	1	9.09	5.22	3.27
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30
000086 Fruit Orange Whole Sliced	Each	1	62	*N/A*	0	12	0.16	0.00	0	15.40	3.14	1.23

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00
000222 Condiment Ketchup Packet	packet	1	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00
000223 Condiment Mustard Packet	packet	1	5	0.00	65	0	0.00	0.00	0	0.00	0.00	0.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	50	0.50	70	0	4.50	0.00	10	2.00	0.00	0.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	80	1.00	230	1	7.00	0.00	5	2.00	0.00	1.00
Weighted Daily Average			6877	*101.99	14556	*265	270.84	*0.00	1142	736.53	107.47	*419.44
% of Calories				*13.35%		*15.4%	35.4%	*0.0%		42.8%		*24.4%
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0					

Thursday - 04/16/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000745 Quesadilla Cheese	each	1	396	10.25	1229	5	19.83	1.00	45	29.78	1.00	21.00
000724 Fajita Chicken MS & HS	2 fajita	1	409	8.48	1131	2	17.62	1.00	74	39.17	2.39	23.47

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
001181 Pizza Nardone Cheese 4x6	slices	1	336	10.00	435	6	16.00	0.00	41	27.00	3.00	20.00
001191 Pizza Nardone Pepperoni Diced 4x6	slices	1	350	7.00	580	6	17.00	0.00	40	29.00	3.00	22.00
001152 Sandwich Chicken WG Breaded Regular	sandwich	1	340	2.00	640	3	12.00	0.00	35	42.00	6.00	21.00
000399 Sandwich Chicken WG Hot & Spicy Patty	sandwich	1	350	2.50	710	3	13.00	0.00	55	41.00	5.00	21.00
990051 Sandwich Cheeseburger	sandwich	1	300	4.50	760	4	11.50	0.00	48	31.00	5.00	22.50
990052 Sandwich Hamburger	sandwich	1	250	2.00	510	3	7.00	0.00	35	30.00	5.00	20.00
001048 Sandwich Ham & Cheese	sandwich	1	325	5.50	1132	8	12.56	0.00	55	35.89	4.60	21.36
990161 Sandwich Turkey and Cheese w/Jennie O Turkey	sandwich	1	291	3.00	931	7	8.01	0.00	48	33.19	4.13	25.58
000029 Sandwich PB&J	sandwich	1	578	5.82	576	21	31.09	0.00	0	60.52	9.82	19.58
000765 Salad Asian Chicken	salads	1	419	8.25	742	16	19.99	0.00	65	37.38	4.78	23.70
000139 Salad Chef	salads	1	262	8.02	1719	5	13.32	0.00	70	11.46	2.96	26.89
000827 Salad Garden	salads	1	222	8.00	263	5	14.29	0.00	242	9.44	3.24	14.83
000539 Salad Chicken Caesar	salads	1	131	1.41	647	2	3.56	0.00	72	5.16	2.00	21.30
990041 Salad Popcorn Chicken	salads	1	265	7.50	465	2	15.73	0.00	65	14.56	4.06	18.03
000826 Salad Turkey	salads	1	221	6.50	600	3	10.77	0.00	65	7.41	2.96	25.66
001174 Salad Chicken Tender	EACH	1	320	5.00	521	6	16.79	0.00	60	19.94	5.24	25.33
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00
000001 Grains Rice Mexican Fiesta	1/2 cup	1	116	0.70	339	*2	2.21	0.00	0	21.50	0.50	2.50

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000007 Vegetable Beans Pinto	1/2 cup	1	92	0.00	130	*1	0.00	0.00	0	17.54	4.62	5.54
000271 Vegetable Corn Buttery	1/2 cup	1	74	0.17	4	3	0.91	0.00	0	15.96	2.00	2.00
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	47	0.38	115	4	2.00	0.00	1	6.73	2.67	0.25
000875 Vegetable Veggie Bowl Variety	Each	1	16	0.00	18	*2	0.08	*0.00	0	3.42	1.29	0.75
000300 Salad Tossed with Carrots	cups	1	64	0.38	86	4	2.52	0.00	1	9.09	5.22	3.27
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30
000086 Fruit Orange Whole Sliced	Each	1	62	*N/A*	0	12	0.16	0.00	0	15.40	3.14	1.23
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00
000222 Condiment Ketchup Packet	packet	1	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00
000223 Condiment Mustard Packet	packet	1	5	0.00	65	0	0.00	0.00	0	0.00	0.00	0.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	50	0.50	70	0	4.50	0.00	10	2.00	0.00	0.00

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	80	1.00	230	1	7.00	0.00	5	2.00	0.00	1.00
Weighted Daily Average			7207	*112.36	15363	*256	287.05	*2.00	1166	762.04	99.78	*438.93
% of Calories				*14.03%		*14.2%	35.8%	*0.2%		42.3%		*24.4%
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0					

Friday - 04/17/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000338 Sandwich Grilled Cheese	sandwich	1	425	12.92	1351	8	27.13	0.00	50	36.00	4.00	16.00
000339 Soup Tomato Healthy Request	1/2 cup	1	116	1.27	460	13	2.29	0.00	5	19.67	1.04	3.04
001151 Sandwich BBQ Chicken	sandwich	1	290	1.53	547	8	7.09	0.00	66	36.96	4.00	22.30
001181 Pizza Nardone Cheese 4x6	slices	1	336	10.00	435	6	16.00	0.00	41	27.00	3.00	20.00
001191 Pizza Nardone Pepperoni Diced 4x6	slices	1	350	7.00	580	6	17.00	0.00	40	29.00	3.00	22.00
001152 Sandwich Chicken WG Breaded Regular	sandwich	1	340	2.00	640	3	12.00	0.00	35	42.00	6.00	21.00
000399 Sandwich Chicken WG Hot & Spicy Patty	sandwich	1	350	2.50	710	3	13.00	0.00	55	41.00	5.00	21.00
990051 Sandwich Cheeseburger	sandwich	1	300	4.50	760	4	11.50	0.00	48	31.00	5.00	22.50
990052 Sandwich Hamburger	sandwich	1	250	2.00	510	3	7.00	0.00	35	30.00	5.00	20.00
001048 Sandwich Ham & Cheese	sandwich	1	325	5.50	1132	8	12.56	0.00	55	35.89	4.60	21.36
990161 Sandwich Turkey and Cheese w/Jennie O Turkey	sandwich	1	291	3.00	931	7	8.01	0.00	48	33.19	4.13	25.58

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000029 Sandwich PB&J	sandwich	1	578	5.82	576	21	31.09	0.00	0	60.52	9.82	19.58
000765 Salad Asian Chicken	salads	1	419	8.25	742	16	19.99	0.00	65	37.38	4.78	23.70
000139 Salad Chef	salads	1	262	8.02	1719	5	13.32	0.00	70	11.46	2.96	26.89
000827 Salad Garden	salads	1	222	8.00	263	5	14.29	0.00	242	9.44	3.24	14.83
000539 Salad Chicken Caesar	salads	1	131	1.41	647	2	3.56	0.00	72	5.16	2.00	21.30
990041 Salad Popcorn Chicken	salads	1	265	7.50	465	2	15.73	0.00	65	14.56	4.06	18.03
000826 Salad Turkey	salads	1	221	6.50	600	3	10.77	0.00	65	7.41	2.96	25.66
001174 Salad Chicken Tender	EACH	1	320	5.00	521	6	16.79	0.00	60	19.94	5.24	25.33
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00
000261 Vegetable Carrots Buttery	1/2 cup	1	36	0.18	68	4	0.44	0.00	0	7.47	3.20	1.07
000040 Vegetable Peas Green	1/2 cup	1	93	0.00	127	*7	0.00	0.00	0	16.01	5.34	5.34
000995 Vegetable Blend Dutch California	1/2 cup	1	27	0.00	27	*2	0.00	0.00	0	5.34	2.14	1.07
000986 Vegetable Potato Cottage Fries	1/2 cup	1	173	0.67	27	0	4.67	0.00	0	29.35	2.67	4.00
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	47	0.38	115	4	2.00	0.00	1	6.73	2.67	0.25
000875 Vegetable Veggie Bowl Variety	Each	1	16	0.00	18	*2	0.08	*0.00	0	3.42	1.29	0.75
000300 Salad Tossed with Carrots	cups	1	64	0.38	86	4	2.52	0.00	1	9.09	5.22	3.27
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000086 Fruit Orange Whole Sliced	Each	1	62	*N/A*	0	12	0.16	0.00	0	15.40	3.14	1.23
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00
000222 Condiment Ketchup Packet	packet	1	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00
000223 Condiment Mustard Packet	packet	1	5	0.00	65	0	0.00	0.00	0	0.00	0.00	0.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	50	0.50	70	0	4.50	0.00	10	2.00	0.00	0.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	80	1.00	230	1	7.00	0.00	5	2.00	0.00	1.00
Weighted Daily Average			7281	*109.33	15138	*285	288.10	*0.00	1168	788.88	111.67	*437.24
% of Calories				*13.51%		*15.7%	35.6%	*0.0%		43.3%		*24.0%
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0					

Monday - 04/20/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
001122 Chicken Nugget Breaded (Middle/High School)	6 nuggets	1	240	2.40	480	1	12.00	0.00	42	15.60	2.40	18.00

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00
000082 Sandwich Meatball Sub	sandwich	1	408	7.72	906	10	18.06	0.00	43	38.80	5.22	23.98
001181 Pizza Nardone Cheese 4x6	slices	1	336	10.00	435	6	16.00	0.00	41	27.00	3.00	20.00
001191 Pizza Nardone Pepperoni Diced 4x6	slices	1	350	7.00	580	6	17.00	0.00	40	29.00	3.00	22.00
001152 Sandwich Chicken WG Breaded Regular	sandwich	1	340	2.00	640	3	12.00	0.00	35	42.00	6.00	21.00
000399 Sandwich Chicken WG Hot & Spicy Patty	sandwich	1	350	2.50	710	3	13.00	0.00	55	41.00	5.00	21.00
990051 Sandwich Cheeseburger	sandwich	1	300	4.50	760	4	11.50	0.00	48	31.00	5.00	22.50
990052 Sandwich Hamburger	sandwich	1	250	2.00	510	3	7.00	0.00	35	30.00	5.00	20.00
001048 Sandwich Ham & Cheese	sandwich	1	325	5.50	1132	8	12.56	0.00	55	35.89	4.60	21.36
990138 Sandwich Turkey and Cheese	sandwich	1	271	2.50	1031	7	7.01	0.00	28	35.19	4.13	20.58
000029 Sandwich PB&J	sandwich	1	578	5.82	576	21	31.09	0.00	0	60.52	9.82	19.58
000765 Salad Asian Chicken	salads	1	419	8.25	742	16	19.99	0.00	65	37.38	4.78	23.70
000139 Salad Chef	salads	1	262	8.02	1719	5	13.32	0.00	70	11.46	2.96	26.89
000827 Salad Garden	salads	1	222	8.00	263	5	14.29	0.00	242	9.44	3.24	14.83
000539 Salad Chicken Caesar	salads	1	131	1.41	647	2	3.56	0.00	72	5.16	2.00	21.30
990041 Salad Popcorn Chicken	salads	1	265	7.50	465	2	15.73	0.00	65	14.56	4.06	18.03
000826 Salad Turkey	salads	1	221	6.50	600	3	10.77	0.00	65	7.41	2.96	25.66
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000993 Vegetable Beans Green Frozen	1/2 CUP	1	49	0.15	5	*2	2.15	0.00	0	6.16	2.05	2.05
000995 Vegetable Blend Dutch California	1/2 cup	1	27	0.00	27	*2	0.00	0.00	0	5.34	2.14	1.07
000465 Vegetable Carrots Honey Glaze	1/2 cup	1	72	0.97	88	9	2.37	0.00	0	12.09	3.20	1.08
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	47	0.38	115	4	2.00	0.00	1	6.73	2.67	0.25
000875 Vegetable Veggie Bowl Variety	Each	1	16	0.00	18	*2	0.08	*0.00	0	3.42	1.29	0.75
000300 Salad Tossed with Carrots	cups	1	64	0.38	86	4	2.52	0.00	1	9.09	5.22	3.27
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30
000086 Fruit Orange Whole Sliced	Each	1	62	*N/A*	0	12	0.16	0.00	0	15.40	3.14	1.23
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00
000222 Condiment Ketchup Packet	packet	1	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00
000223 Condiment Mustard Packet	packet	1	5	0.00	65	0	0.00	0.00	0	0.00	0.00	0.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	50	0.50	70	0	4.50	0.00	10	2.00	0.00	0.00

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	80	1.00	230	1	7.00	0.00	5	2.00	0.00	1.00
Weighted Daily Average			6706	*99.00	13717	*267	265.27	*0.00	1055	722.13	99.05	*403.28
% of Calories				*13.29%		*15.9%	35.6%	*0.0%		43.1%		*24.1%
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0					

Tuesday - 04/21/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000944 Calzone Cheese WG	calzone	1	291	2.00	778	10	5.00	0.00	10	41.26	6.06	20.38
000945 Calzone Meat WG	calzone	1	291	2.00	838	10	5.00	0.00	15	41.26	6.06	19.38
001012 Pasta Cajun Chicken Penne	servings	1	287	6.52	619	*1	13.57	0.00	48	24.11	0.93	17.91
001181 Pizza Nardone Cheese 4x6	slices	1	336	10.00	435	6	16.00	0.00	41	27.00	3.00	20.00
001191 Pizza Nardone Pepperoni Diced 4x6	slices	1	350	7.00	580	6	17.00	0.00	40	29.00	3.00	22.00
001152 Sandwich Chicken WG Breaded Regular	sandwich	1	340	2.00	640	3	12.00	0.00	35	42.00	6.00	21.00
000399 Sandwich Chicken WG Hot & Spicy Patty	sandwich	1	350	2.50	710	3	13.00	0.00	55	41.00	5.00	21.00
990051 Sandwich Cheeseburger	sandwich	1	300	4.50	760	4	11.50	0.00	48	31.00	5.00	22.50
990052 Sandwich Hamburger	sandwich	1	250	2.00	510	3	7.00	0.00	35	30.00	5.00	20.00
001048 Sandwich Ham & Cheese	sandwich	1	325	5.50	1132	8	12.56	0.00	55	35.89	4.60	21.36
990161 Sandwich Turkey and Cheese w/Jennie O Turkey	sandwich	1	291	3.00	931	7	8.01	0.00	48	33.19	4.13	25.58

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000029 Sandwich PB&J	sandwich	1	578	5.82	576	21	31.09	0.00	0	60.52	9.82	19.58
000765 Salad Asian Chicken	salads	1	419	8.25	742	16	19.99	0.00	65	37.38	4.78	23.70
000139 Salad Chef	salads	1	262	8.02	1719	5	13.32	0.00	70	11.46	2.96	26.89
000827 Salad Garden	salads	1	222	8.00	263	5	14.29	0.00	242	9.44	3.24	14.83
000539 Salad Chicken Caesar	salads	1	131	1.41	647	2	3.56	0.00	72	5.16	2.00	21.30
990041 Salad Popcorn Chicken	salads	1	265	7.50	465	2	15.73	0.00	65	14.56	4.06	18.03
000826 Salad Turkey	salads	1	221	6.50	600	3	10.77	0.00	65	7.41	2.96	25.66
001174 Salad Chicken Tender	EACH	1	320	5.00	521	6	16.79	0.00	60	19.94	5.24	25.33
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00
000258 Vegetable Broccoli Florets Frozen	1/2 cup	1	29	0.00	19	2	0.00	0.00	0	3.82	1.91	0.96
000908 Vegetable Blend Tuscan	1/2 Cup	1	30	0.00	15	*2	0.00	0.00	0	6.01	2.00	1.00
001237 Fruit Baked Apples	1/2 cup	1	91	0.00	16	19	0.00	0.00	0	23.03	1.62	0.00
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	47	0.38	115	4	2.00	0.00	1	6.73	2.67	0.25
000875 Vegetable Veggie Bowl Variety	Each	1	16	0.00	18	*2	0.08	*0.00	0	3.42	1.29	0.75
000300 Salad Tossed with Carrots	cups	1	64	0.38	86	4	2.52	0.00	1	9.09	5.22	3.27
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30
000086 Fruit Orange Whole Sliced	Each	1	62	*N/A*	0	12	0.16	0.00	0	15.40	3.14	1.23

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00
000222 Condiment Ketchup Packet	packet	1	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00
000223 Condiment Mustard Packet	packet	1	5	0.00	65	0	0.00	0.00	0	0.00	0.00	0.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	50	0.50	70	0	4.50	0.00	10	2.00	0.00	0.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	80	1.00	230	1	7.00	0.00	5	2.00	0.00	1.00
Weighted Daily Average			7140	*103.28	14816	*287	270.04	*0.00	1120	777.57	107.87	*444.05
% of Calories				*13.02%		*16.1%	34.0%	*0.0%		43.6%		*24.9%
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0					

Wednesday - 04/22/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
001101 Sandwich Chicken Italian Sub	sandwich	1	272	3.18	922	5	7.69	0.00	56	30.28	3.00	21.15
990047 Sandwich Chicken Popcorn Buffalo Wrap	wrap	1	583	13.87	3272	1	37.00	1.00	93	57.59	4.00	26.98

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
001181 Pizza Nardone Cheese 4x6	slices	1	336	10.00	435	6	16.00	0.00	41	27.00	3.00	20.00
001191 Pizza Nardone Pepperoni Diced 4x6	slices	1	350	7.00	580	6	17.00	0.00	40	29.00	3.00	22.00
001152 Sandwich Chicken WG Breaded Regular	sandwich	1	340	2.00	640	3	12.00	0.00	35	42.00	6.00	21.00
000399 Sandwich Chicken WG Hot & Spicy Patty	sandwich	1	350	2.50	710	3	13.00	0.00	55	41.00	5.00	21.00
990051 Sandwich Cheeseburger	sandwich	1	300	4.50	760	4	11.50	0.00	48	31.00	5.00	22.50
990052 Sandwich Hamburger	sandwich	1	250	2.00	510	3	7.00	0.00	35	30.00	5.00	20.00
001048 Sandwich Ham & Cheese	sandwich	1	325	5.50	1132	8	12.56	0.00	55	35.89	4.60	21.36
990161 Sandwich Turkey and Cheese w/Jennie O Turkey	sandwich	1	291	3.00	931	7	8.01	0.00	48	33.19	4.13	25.58
000029 Sandwich PB&J	sandwich	1	578	5.82	576	21	31.09	0.00	0	60.52	9.82	19.58
000765 Salad Asian Chicken	salads	1	419	8.25	742	16	19.99	0.00	65	37.38	4.78	23.70
000139 Salad Chef	salads	1	262	8.02	1719	5	13.32	0.00	70	11.46	2.96	26.89
000827 Salad Garden	salads	1	222	8.00	263	5	14.29	0.00	242	9.44	3.24	14.83
000539 Salad Chicken Caesar	salads	1	131	1.41	647	2	3.56	0.00	72	5.16	2.00	21.30
990041 Salad Popcorn Chicken	salads	1	265	7.50	465	2	15.73	0.00	65	14.56	4.06	18.03
000826 Salad Turkey	salads	1	221	6.50	600	3	10.77	0.00	65	7.41	2.96	25.66
001174 Salad Chicken Tender	EACH	1	320	5.00	521	6	16.79	0.00	60	19.94	5.24	25.33
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00
000602 Vegetable Beans Buttery Lima Frozen	1/2 CUP	1	159	0.54	73	1	1.32	0.00	0	28.02	6.67	9.34

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000529 Vegetable Broccoli & Cheese	1/2 cup	1	94	2.71	241	2	4.64	0.00	15	5.54	2.27	4.63
000052 Vegetable Summer Squash	1/2 cup	1	20	0.00	7	*3	0.00	0.00	0	3.90	0.00	0.00
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	47	0.38	115	4	2.00	0.00	1	6.73	2.67	0.25
000875 Vegetable Veggie Bowl Variety	Each	1	16	0.00	18	*2	0.08	*0.00	0	3.42	1.29	0.75
000300 Salad Tossed with Carrots	cups	1	64	0.38	86	4	2.52	0.00	1	9.09	5.22	3.27
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30
000086 Fruit Orange Whole Sliced	Each	1	62	*N/A*	0	12	0.16	0.00	0	15.40	3.14	1.23
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00
000222 Condiment Ketchup Packet	packet	1	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00
000223 Condiment Mustard Packet	packet	1	5	0.00	65	0	0.00	0.00	0	0.00	0.00	0.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	50	0.50	70	0	4.50	0.00	10	2.00	0.00	0.00

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	80	1.00	230	1	7.00	0.00	5	2.00	0.00	1.00
Weighted Daily Average			7248	*113.06	17045	*256	297.12	*1.00	1211	763.42	105.22	*446.53
% of Calories				*14.04%		*14.1%	36.9%	*0.1%		42.1%		*24.6%
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0					

Thursday - 04/23/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000724 Fajita Chicken MS & HS	2 fajita	1	409	8.48	1131	2	17.62	1.00	74	39.17	2.39	23.47
001170 Taco Beef Soft Shell	2 tacos	1	540	11.31	1296	*2	26.01	1.00	81	43.53	2.45	32.56
001181 Pizza Nardone Cheese 4x6	slices	1	336	10.00	435	6	16.00	0.00	41	27.00	3.00	20.00
001191 Pizza Nardone Pepperoni Diced 4x6	slices	1	350	7.00	580	6	17.00	0.00	40	29.00	3.00	22.00
001152 Sandwich Chicken WG Breaded Regular	sandwich	1	340	2.00	640	3	12.00	0.00	35	42.00	6.00	21.00
000399 Sandwich Chicken WG Hot & Spicy Patty	sandwich	1	350	2.50	710	3	13.00	0.00	55	41.00	5.00	21.00
990051 Sandwich Cheeseburger	sandwich	1	300	4.50	760	4	11.50	0.00	48	31.00	5.00	22.50
990052 Sandwich Hamburger	sandwich	1	250	2.00	510	3	7.00	0.00	35	30.00	5.00	20.00
001048 Sandwich Ham & Cheese	sandwich	1	325	5.50	1132	8	12.56	0.00	55	35.89	4.60	21.36
990161 Sandwich Turkey and Cheese w/Jennie O Turkey	sandwich	1	291	3.00	931	7	8.01	0.00	48	33.19	4.13	25.58
000029 Sandwich PB&J	sandwich	1	578	5.82	576	21	31.09	0.00	0	60.52	9.82	19.58

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000765 Salad Asian Chicken	salads	1	419	8.25	742	16	19.99	0.00	65	37.38	4.78	23.70
000139 Salad Chef	salads	1	262	8.02	1719	5	13.32	0.00	70	11.46	2.96	26.89
000827 Salad Garden	salads	1	222	8.00	263	5	14.29	0.00	242	9.44	3.24	14.83
000539 Salad Chicken Caesar	salads	1	131	1.41	647	2	3.56	0.00	72	5.16	2.00	21.30
990041 Salad Popcorn Chicken	salads	1	265	7.50	465	2	15.73	0.00	65	14.56	4.06	18.03
000826 Salad Turkey	salads	1	221	6.50	600	3	10.77	0.00	65	7.41	2.96	25.66
001174 Salad Chicken Tender	EACH	1	320	5.00	521	6	16.79	0.00	60	19.94	5.24	25.33
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00
000001 Grains Rice Mexican Fiesta	1/2 cup	1	116	0.70	339	*2	2.21	0.00	0	21.50	0.50	2.50
000736 Vegetable Beans Black	1/2 Cup	1	102	0.00	143	2	0.00	0.00	0	18.37	6.12	7.14
000271 Vegetable Corn Buttery	1/2 cup	1	74	0.17	4	3	0.91	0.00	0	15.96	2.00	2.00
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	47	0.38	115	4	2.00	0.00	1	6.73	2.67	0.25
000875 Vegetable Veggie Bowl Variety	Each	1	16	0.00	18	*2	0.08	*0.00	0	3.42	1.29	0.75
000300 Salad Tossed with Carrots	cups	1	64	0.38	86	4	2.52	0.00	1	9.09	5.22	3.27
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30
000086 Fruit Orange Whole Sliced	Each	1	62	*N/A*	0	12	0.16	0.00	0	15.40	3.14	1.23
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00
000222 Condiment Ketchup Packet	packet	1	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00
000223 Condiment Mustard Packet	packet	1	5	0.00	65	0	0.00	0.00	0	0.00	0.00	0.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	50	0.50	70	0	4.50	0.00	10	2.00	0.00	0.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	80	1.00	230	1	7.00	0.00	5	2.00	0.00	1.00
Weighted Daily Average			7361	*113.42	15444	*254	293.22	*2.00	1202	776.62	102.74	*452.10
% of Calories				*13.87%		*13.8%	35.9%	*0.2%		42.2%		*24.6%
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0					

Friday - 04/24/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000301 Sandwich BBQ Pulled Pork	sandwich	1	270	2.11	589	3	7.82	0.00	38	30.90	4.00	23.65
001104 Fish & Fry Basket High	basket	1	515	3.96	1056	5	25.78	0.00	35	57.38	3.95	13.95
001181 Pizza Nardone Cheese 4x6	slices	1	336	10.00	435	6	16.00	0.00	41	27.00	3.00	20.00

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
001191 Pizza Nardone Pepperoni Diced 4x6	slices	1	350	7.00	580	6	17.00	0.00	40	29.00	3.00	22.00
001152 Sandwich Chicken WG Breaded Regular	sandwich	1	340	2.00	640	3	12.00	0.00	35	42.00	6.00	21.00
000399 Sandwich Chicken WG Hot & Spicy Patty	sandwich	1	350	2.50	710	3	13.00	0.00	55	41.00	5.00	21.00
990051 Sandwich Cheeseburger	sandwich	1	300	4.50	760	4	11.50	0.00	48	31.00	5.00	22.50
990052 Sandwich Hamburger	sandwich	1	250	2.00	510	3	7.00	0.00	35	30.00	5.00	20.00
001048 Sandwich Ham & Cheese	sandwich	1	325	5.50	1132	8	12.56	0.00	55	35.89	4.60	21.36
990161 Sandwich Turkey and Cheese w/Jennie O Turkey	sandwich	1	291	3.00	931	7	8.01	0.00	48	33.19	4.13	25.58
000029 Sandwich PB&J	sandwich	1	578	5.82	576	21	31.09	0.00	0	60.52	9.82	19.58
000765 Salad Asian Chicken	salads	1	419	8.25	742	16	19.99	0.00	65	37.38	4.78	23.70
000139 Salad Chef	salads	1	262	8.02	1719	5	13.32	0.00	70	11.46	2.96	26.89
000827 Salad Garden	salads	1	222	8.00	263	5	14.29	0.00	242	9.44	3.24	14.83
000539 Salad Chicken Caesar	salads	1	131	1.41	647	2	3.56	0.00	72	5.16	2.00	21.30
990041 Salad Popcorn Chicken	salads	1	265	7.50	465	2	15.73	0.00	65	14.56	4.06	18.03
000826 Salad Turkey	salads	1	221	6.50	600	3	10.77	0.00	65	7.41	2.96	25.66
001174 Salad Chicken Tender	EACH	1	320	5.00	521	6	16.79	0.00	60	19.94	5.24	25.33
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00
990137 Vegetable Roasted Brussel Sprouts	1/2 cup	1	90	0.38	35	*3	5.75	0.00	0	6.02	4.01	4.01
000634 Vegetable Turnip Greens	1/2 cup	1	38	0.32	39	0	0.79	0.00	0	3.74	2.49	2.49

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000439 Vegetable Peas & Carrots Frozen	1/2 cup	1	60	0.00	93	*5	0.00	0.00	0	12.01	4.00	4.00
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	47	0.38	115	4	2.00	0.00	1	6.73	2.67	0.25
000875 Vegetable Veggie Bowl Variety	Each	1	16	0.00	18	*2	0.08	*0.00	0	3.42	1.29	0.75
000300 Salad Tossed with Carrots	cups	1	64	0.38	86	4	2.52	0.00	1	9.09	5.22	3.27
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30
000086 Fruit Orange Whole Sliced	Each	1	62	*N/A*	0	12	0.16	0.00	0	15.40	3.14	1.23
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00
000222 Condiment Ketchup Packet	packet	1	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00
000223 Condiment Mustard Packet	packet	1	5	0.00	65	0	0.00	0.00	0	0.00	0.00	0.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	50	0.50	70	0	4.50	0.00	10	2.00	0.00	0.00

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	80	1.00	230	1	7.00	0.00	5	2.00	0.00	1.00
Weighted Daily Average			7095	*99.53	14344	*260	286.60	*0.00	1120	748.14	107.74	*432.53
% of Calories				*12.63%		*14.7%	36.4%	*0.0%		42.2%		*24.4%
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0					

Monday - 04/27/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
001122 Chicken Nugget Breaded (Middle/High School)	6 nuggets	1	240	2.40	480	1	12.00	0.00	42	15.60	2.40	18.00
000730 Chicken Blazin Buffalo MS & HS	6 nuggets	1	290	4.64	1930	1	17.48	0.00	42	29.56	2.40	18.00
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00
001181 Pizza Nardone Cheese 4x6	slices	1	336	10.00	435	6	16.00	0.00	41	27.00	3.00	20.00
001191 Pizza Nardone Pepperoni Diced 4x6	slices	1	350	7.00	580	6	17.00	0.00	40	29.00	3.00	22.00
001152 Sandwich Chicken WG Breaded Regular	sandwich	1	340	2.00	640	3	12.00	0.00	35	42.00	6.00	21.00
000399 Sandwich Chicken WG Hot & Spicy Patty	sandwich	1	350	2.50	710	3	13.00	0.00	55	41.00	5.00	21.00
990051 Sandwich Cheeseburger	sandwich	1	300	4.50	760	4	11.50	0.00	48	31.00	5.00	22.50
990052 Sandwich Hamburger	sandwich	1	250	2.00	510	3	7.00	0.00	35	30.00	5.00	20.00
001048 Sandwich Ham & Cheese	sandwich	1	325	5.50	1132	8	12.56	0.00	55	35.89	4.60	21.36
990161 Sandwich Turkey and Cheese w/Jennie O Turkey	sandwich	1	291	3.00	931	7	8.01	0.00	48	33.19	4.13	25.58

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000029 Sandwich PB&J	sandwich	1	578	5.82	576	21	31.09	0.00	0	60.52	9.82	19.58
000765 Salad Asian Chicken	salads	1	419	8.25	742	16	19.99	0.00	65	37.38	4.78	23.70
000139 Salad Chef	salads	1	262	8.02	1719	5	13.32	0.00	70	11.46	2.96	26.89
000827 Salad Garden	salads	1	222	8.00	263	5	14.29	0.00	242	9.44	3.24	14.83
000539 Salad Chicken Caesar	salads	1	131	1.41	647	2	3.56	0.00	72	5.16	2.00	21.30
990041 Salad Popcorn Chicken	salads	1	265	7.50	465	2	15.73	0.00	65	14.56	4.06	18.03
000826 Salad Turkey	salads	1	221	6.50	600	3	10.77	0.00	65	7.41	2.96	25.66
001174 Salad Chicken Tender	EACH	1	320	5.00	521	6	16.79	0.00	60	19.94	5.24	25.33
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00
000986 Vegetable Potato Cottage Fries	1/2 cup	1	173	0.67	27	0	4.67	0.00	0	29.35	2.67	4.00
000993 Vegetable Beans Green Frozen	1/2 CUP	1	49	0.15	5	*2	2.15	0.00	0	6.16	2.05	2.05
000995 Vegetable Blend Dutch California	1/2 cup	1	27	0.00	27	*2	0.00	0.00	0	5.34	2.14	1.07
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	47	0.38	115	4	2.00	0.00	1	6.73	2.67	0.25
000875 Vegetable Veggie Bowl Variety	Each	1	16	0.00	18	*2	0.08	*0.00	0	3.42	1.29	0.75
000300 Salad Tossed with Carrots	cups	1	64	0.38	86	4	2.52	0.00	1	9.09	5.22	3.27
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30
000086 Fruit Orange Whole Sliced	Each	1	62	*N/A*	0	12	0.16	0.00	0	15.40	3.14	1.23

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00
000222 Condiment Ketchup Packet	packet	1	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00
000223 Condiment Mustard Packet	packet	1	5	0.00	65	0	0.00	0.00	0	0.00	0.00	0.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	50	0.50	70	0	4.50	0.00	10	2.00	0.00	0.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	80	1.00	230	1	7.00	0.00	5	2.00	0.00	1.00
Weighted Daily Average			7030	*101.13	15100	*256	284.78	*0.00	1135	748.09	100.94	*430.55
% of Calories				*12.95%		*14.6%	36.5%	*0.0%		42.6%		*24.5%
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0					

Tuesday - 04/28/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990043 Pasta Penne Meat Sauce - Rational	servings	1	362	2.12	655	*10	6.90	0.00	25	53.84	4.77	18.85
001123 Chicken Parmesan w/Penne	servings	1	610	5.16	1585	*18	16.28	0.00	51	80.27	9.69	32.18

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990148 Grains Garlic Toast	Each	1	90	0.00	160	0	2.50	0.00	0	15.00	1.00	3.00
001181 Pizza Nardone Cheese 4x6	slices	1	336	10.00	435	6	16.00	0.00	41	27.00	3.00	20.00
001191 Pizza Nardone Pepperoni Diced 4x6	slices	1	350	7.00	580	6	17.00	0.00	40	29.00	3.00	22.00
001152 Sandwich Chicken WG Breaded Regular	sandwich	1	340	2.00	640	3	12.00	0.00	35	42.00	6.00	21.00
000399 Sandwich Chicken WG Hot & Spicy Patty	sandwich	1	350	2.50	710	3	13.00	0.00	55	41.00	5.00	21.00
990051 Sandwich Cheeseburger	sandwich	1	300	4.50	760	4	11.50	0.00	48	31.00	5.00	22.50
990052 Sandwich Hamburger	sandwich	1	250	2.00	510	3	7.00	0.00	35	30.00	5.00	20.00
001048 Sandwich Ham & Cheese	sandwich	1	325	5.50	1132	8	12.56	0.00	55	35.89	4.60	21.36
990161 Sandwich Turkey and Cheese w/Jennie O Turkey	sandwich	1	291	3.00	931	7	8.01	0.00	48	33.19	4.13	25.58
000029 Sandwich PB&J	sandwich	1	578	5.82	576	21	31.09	0.00	0	60.52	9.82	19.58
000765 Salad Asian Chicken	salads	1	419	8.25	742	16	19.99	0.00	65	37.38	4.78	23.70
000139 Salad Chef	salads	1	262	8.02	1719	5	13.32	0.00	70	11.46	2.96	26.89
000827 Salad Garden	salads	1	222	8.00	263	5	14.29	0.00	242	9.44	3.24	14.83
000539 Salad Chicken Caesar	salads	1	131	1.41	647	2	3.56	0.00	72	5.16	2.00	21.30
990041 Salad Popcorn Chicken	salads	1	265	7.50	465	2	15.73	0.00	65	14.56	4.06	18.03
000826 Salad Turkey	salads	1	221	6.50	600	3	10.77	0.00	65	7.41	2.96	25.66
001174 Salad Chicken Tender	EACH	1	320	5.00	521	6	16.79	0.00	60	19.94	5.24	25.33
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000040 Vegetable Peas Green	1/2 cup	1	93	0.00	127	*7	0.00	0.00	0	16.01	5.34	5.34
000908 Vegetable Blend Tuscan	1/2 Cup	1	30	0.00	15	*2	0.00	0.00	0	6.01	2.00	1.00
000258 Vegetable Broccoli Florets Frozen	1/2 cup	1	29	0.00	19	2	0.00	0.00	0	3.82	1.91	0.96
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	47	0.38	115	4	2.00	0.00	1	6.73	2.67	0.25
000875 Vegetable Veggie Bowl Variety	Each	1	16	0.00	18	*2	0.08	*0.00	0	3.42	1.29	0.75
000300 Salad Tossed with Carrots	cups	1	64	0.38	86	4	2.52	0.00	1	9.09	5.22	3.27
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30
000086 Fruit Orange Whole Sliced	Each	1	62	*N/A*	0	12	0.16	0.00	0	15.40	3.14	1.23
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00
000222 Condiment Ketchup Packet	packet	1	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00
000223 Condiment Mustard Packet	packet	1	5	0.00	65	0	0.00	0.00	0	0.00	0.00	0.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	50	0.50	70	0	4.50	0.00	10	2.00	0.00	0.00

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	80	1.00	230	1	7.00	0.00	5	2.00	0.00	1.00
Weighted Daily Average			7335	*100.04	15092	*282	272.15	*0.00	1123	813.04	114.00	*445.75
% of Calories				*12.27%		*15.4%	33.4%	*0.0%		44.3%		*24.3%
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0					

Wednesday - 04/29/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
001220 Meatballs Spicy Teriyaki	servings	1	334	6.00	892	33	14.00	0.00	35	39.20	1.00	14.00
990135 Chicken General Tso Popcorn - (MS & HS)	4 oz spoodle	1	296	3.17	380	11	15.85	0.00	121	13.73	0.00	24.30
990132 Chicken Tangerine Popcorn	4 oz Spoodle	1	197	2.11	254	6	10.56	0.00	77	8.45	0.00	16.20
001181 Pizza Nardone Cheese 4x6	slices	1	336	10.00	435	6	16.00	0.00	41	27.00	3.00	20.00
001191 Pizza Nardone Pepperoni Diced 4x6	slices	1	350	7.00	580	6	17.00	0.00	40	29.00	3.00	22.00
001152 Sandwich Chicken WG Breaded Regular	sandwich	1	340	2.00	640	3	12.00	0.00	35	42.00	6.00	21.00
000399 Sandwich Chicken WG Hot & Spicy Patty	sandwich	1	350	2.50	710	3	13.00	0.00	55	41.00	5.00	21.00
990051 Sandwich Cheeseburger	sandwich	1	300	4.50	760	4	11.50	0.00	48	31.00	5.00	22.50
990052 Sandwich Hamburger	sandwich	1	250	2.00	510	3	7.00	0.00	35	30.00	5.00	20.00
001048 Sandwich Ham & Cheese	sandwich	1	325	5.50	1132	8	12.56	0.00	55	35.89	4.60	21.36
990161 Sandwich Turkey and Cheese w/Jennie O Turkey	sandwich	1	291	3.00	931	7	8.01	0.00	48	33.19	4.13	25.58

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000029 Sandwich PB&J	sandwich	1	578	5.82	576	21	31.09	0.00	0	60.52	9.82	19.58
000765 Salad Asian Chicken	salads	1	419	8.25	742	16	19.99	0.00	65	37.38	4.78	23.70
000139 Salad Chef	salads	1	262	8.02	1719	5	13.32	0.00	70	11.46	2.96	26.89
000827 Salad Garden	salads	1	222	8.00	263	5	14.29	0.00	242	9.44	3.24	14.83
000539 Salad Chicken Caesar	salads	1	131	1.41	647	2	3.56	0.00	72	5.16	2.00	21.30
990041 Salad Popcorn Chicken	salads	1	265	7.50	465	2	15.73	0.00	65	14.56	4.06	18.03
000826 Salad Turkey	salads	1	221	6.50	600	3	10.77	0.00	65	7.41	2.96	25.66
001174 Salad Chicken Tender	EACH	1	320	5.00	521	6	16.79	0.00	60	19.94	5.24	25.33
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00
001189 Grains Rice Fried MS & HS	Cup	1	270	0.00	441	3	2.50	0.00	0	54.08	4.01	6.01
990050 Grains Egg roll Vegetable WG	Each	1	140	1.00	150	4	3.50	0.00	0	22.00	4.00	4.00
000662 Vegetable Blend Oriental Stir Fry	1/2 cup	1	15	0.00	10	*2	0.00	0.00	0	2.52	1.01	1.01
000994 Vegetable Peas Sugar Snap	1/2 cup	1	44	0.00	0	*3	0.00	0.00	0	7.80	1.95	2.93
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	47	0.38	115	4	2.00	0.00	1	6.73	2.67	0.25
000875 Vegetable Veggie Bowl Variety	Each	1	16	0.00	18	*2	0.08	*0.00	0	3.42	1.29	0.75
000300 Salad Tossed with Carrots	cups	1	64	0.38	86	4	2.52	0.00	1	9.09	5.22	3.27
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000086 Fruit Orange Whole Sliced	Each	1	62	*N/A*	0	12	0.16	0.00	0	15.40	3.14	1.23
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00
000222 Condiment Ketchup Packet	packet	1	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00
000223 Condiment Mustard Packet	packet	1	5	0.00	65	0	0.00	0.00	0	0.00	0.00	0.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	50	0.50	70	0	4.50	0.00	10	2.00	0.00	0.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	80	1.00	230	1	7.00	0.00	5	2.00	0.00	1.00
Weighted Daily Average			7417	*105.05	14658	*304	292.89	*0.00	1281	785.89	101.25	*452.87
% of Calories				*12.75%		*16.4%	35.5%	*0.0%		42.4%		*24.4%
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0					

Thursday - 04/30/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000703 Enchilada Cheese Pepper Jack	2 enchiladas	1	390	12.20	716	1	21.69	0.00	52	32.31	2.06	17.37

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000774 Burrito Beef & Bean HS Only	burrito	1	389	8.80	1015	*1	18.35	1.00	56	32.84	3.33	23.29
001181 Pizza Nardone Cheese 4x6	slices	1	336	10.00	435	6	16.00	0.00	41	27.00	3.00	20.00
001191 Pizza Nardone Pepperoni Diced 4x6	slices	1	350	7.00	580	6	17.00	0.00	40	29.00	3.00	22.00
001152 Sandwich Chicken WG Breaded Regular	sandwich	1	340	2.00	640	3	12.00	0.00	35	42.00	6.00	21.00
000399 Sandwich Chicken WG Hot & Spicy Patty	sandwich	1	350	2.50	710	3	13.00	0.00	55	41.00	5.00	21.00
990051 Sandwich Cheeseburger	sandwich	1	300	4.50	760	4	11.50	0.00	48	31.00	5.00	22.50
990052 Sandwich Hamburger	sandwich	1	250	2.00	510	3	7.00	0.00	35	30.00	5.00	20.00
001048 Sandwich Ham & Cheese	sandwich	1	325	5.50	1132	8	12.56	0.00	55	35.89	4.60	21.36
990161 Sandwich Turkey and Cheese w/Jennie O Turkey	sandwich	1	291	3.00	931	7	8.01	0.00	48	33.19	4.13	25.58
000029 Sandwich PB&J	sandwich	1	578	5.82	576	21	31.09	0.00	0	60.52	9.82	19.58
000765 Salad Asian Chicken	salads	1	419	8.25	742	16	19.99	0.00	65	37.38	4.78	23.70
000139 Salad Chef	salads	1	262	8.02	1719	5	13.32	0.00	70	11.46	2.96	26.89
000827 Salad Garden	salads	1	222	8.00	263	5	14.29	0.00	242	9.44	3.24	14.83
000539 Salad Chicken Caesar	salads	1	131	1.41	647	2	3.56	0.00	72	5.16	2.00	21.30
990041 Salad Popcorn Chicken	salads	1	265	7.50	465	2	15.73	0.00	65	14.56	4.06	18.03
000826 Salad Turkey	salads	1	221	6.50	600	3	10.77	0.00	65	7.41	2.96	25.66
001174 Salad Chicken Tender	EACH	1	320	5.00	521	6	16.79	0.00	60	19.94	5.24	25.33
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000001 Grains Rice Mexican Fiesta	1/2 cup	1	116	0.70	339	*2	2.21	0.00	0	21.50	0.50	2.50
000736 Vegetable Beans Black	1/2 Cup	1	102	0.00	143	2	0.00	0.00	0	18.37	6.12	7.14
000271 Vegetable Corn Buttery	1/2 cup	1	74	0.17	4	3	0.91	0.00	0	15.96	2.00	2.00
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	47	0.38	115	4	2.00	0.00	1	6.73	2.67	0.25
000875 Vegetable Veggie Bowl Variety	Each	1	16	0.00	18	*2	0.08	*0.00	0	3.42	1.29	0.75
000300 Salad Tossed with Carrots	cups	1	64	0.38	86	4	2.52	0.00	1	9.09	5.22	3.27
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30
000086 Fruit Orange Whole Sliced	Each	1	62	*N/A*	0	12	0.16	0.00	0	15.40	3.14	1.23
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00
000222 Condiment Ketchup Packet	packet	1	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00
000223 Condiment Mustard Packet	packet	1	5	0.00	65	0	0.00	0.00	0	0.00	0.00	0.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	50	0.50	70	0	4.50	0.00	10	2.00	0.00	0.00

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	80	1.00	230	1	7.00	0.00	5	2.00	0.00	1.00
Weighted Daily Average			7191	*114.63	14748	*252	289.65	*1.00	1155	759.07	103.30	*436.73
% of Calories				*14.35%		*14.0%	36.3%	*0.1%		42.2%		*24.3%
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0					

			Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
Weighted Averages			7187	*106.37	14763	*270	285.48	*0.33	1169	763.74	104.65	*439.03
% of Calories				*13.32%		*15.0%	35.7%	*0.0%		42.5%		*24.4%

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.