

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

Menu Name: K-8 School Breakfast

Include Cost: No

Site:

Report Style: Detailed

Wednesday - 04/01/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000351 Breakfast Pizza Sausage & Gravy	brkf pizza	1	200	2.00	440	9	7.00	0.00	15	24.00	2.00	10.00
000829 Breakfast Muffin Blueberry WG	muffin	1	200	1.50	140	16	7.00	0.00	15	32.00	2.00	2.00
000830 Breakfast Muffin Double Chocolate WG	muffin	1	220	2.50	135	17	9.00	0.00	15	32.00	1.00	3.00
000354 Breakfast Biscuit Chicken	brkf sandwich	1	300	7.00	880	2	15.00	0.00	20	30.00	0.68	11.00
000350 Breakfast Biscuit Sausage	brkf sandwich	1	332	10.00	980	2	20.00	0.00	35	23.00	0.68	11.00
000348 Breakfast, Cereal Variety	Each	1	110	0.25	168	8	1.25	0.00	0	23.00	2.25	2.00
990169 Bread Pullman WG Slice	Slice	1	102	0.75	178	3	3.50	0.00	0	16.00	2.00	3.00
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29
000086 Fruit Orange Whole Sliced	Each	1	62	*N/A*	0	12	0.16	0.00	0	15.40	3.14	1.23
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30
000651 Salad Tossed with Tomatoes	cups	1	62	0.38	78	4	2.48	0.00	1	8.42	5.05	3.26
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	47	0.38	115	4	2.00	0.00	1	6.73	2.67	0.25
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33
Weighted Daily Average			2281	*27.76	3644	*180	72.98	0.00	132	335.53	25.65	*72.66
% of Calories				*10.95%		*31.6%	28.8%	0.0%		58.8%		*12.7%
Weekly Nutrient Guideline			400 - 500	<10	540		<=0					

Thursday - 04/02/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000371 Breakfast Biscuit Egg & Cheese	brkf sandwich	1	300	9.50	1020	2	17.50	0.00	108	25.00	0.68	8.50
000963 Breakfast Banana Bread Slice	Slice	1	280	2.00	220	25	10.00	0.00	0	44.00	2.00	5.00
000354 Breakfast Biscuit Chicken	brkf sandwich	1	300	7.00	880	2	15.00	0.00	20	30.00	0.68	11.00
000350 Breakfast Biscuit Sausage	brkf sandwich	1	332	10.00	980	2	20.00	0.00	35	23.00	0.68	11.00
000043 Vegetable Potato Tater Tot	1/2 cup	1	141	1.01	282	0	8.07	0.00	0	16.14	2.02	1.01
000348 Breakfast, Cereal Variety	Each	1	110	0.25	168	8	1.25	0.00	0	23.00	2.25	2.00
990169 Bread Pullman WG Slice	Slice	1	102	0.75	178	3	3.50	0.00	0	16.00	2.00	3.00
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29
000086 Fruit Orange Whole Sliced	Each	1	62	*N/A*	0	12	0.16	0.00	0	15.40	3.14	1.23

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30
000651 Salad Tossed with Tomatoes	cups	1	62	0.38	78	4	2.48	0.00	1	8.42	5.05	3.26
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	47	0.38	115	4	2.00	0.00	1	6.73	2.67	0.25
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33
Weighted Daily Average			2382	*34.27	4452	*166	85.55	0.00	195	332.67	25.34	*72.17
% of Calories				*12.95%		*27.9%	32.3%	0.0%		55.9%		*12.1%
Weekly Nutrient Guideline			400 - 500	<10	540		<=0					

Friday - 04/03/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000923 Breakfast Cinnamon Roll with Icing	roll	1	298	3.52	461	19	11.03	2.00	20	45.51	1.00	6.04
000829 Breakfast Muffin Blueberry WG	muffin	1	200	1.50	140	16	7.00	0.00	15	32.00	2.00	2.00
000830 Breakfast Muffin Double Chocolate WG	muffin	1	220	2.50	135	17	9.00	0.00	15	32.00	1.00	3.00
000354 Breakfast Biscuit Chicken	brkfc sandwich	1	300	7.00	880	2	15.00	0.00	20	30.00	0.68	11.00

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000350 Breakfast Biscuit Sausage	brkf sandwich	1	332	10.00	980	2	20.00	0.00	35	23.00	0.68	11.00
000348 Breakfast, Cereal Variety	Each	1	110	0.25	168	8	1.25	0.00	0	23.00	2.25	2.00
990169 Bread Pullman WG Slice	Slice	1	102	0.75	178	3	3.50	0.00	0	16.00	2.00	3.00
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29
000086 Fruit Orange Whole Sliced	Each	1	62	*N/A*	0	12	0.16	0.00	0	15.40	3.14	1.23
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30
000651 Salad Tossed with Tomatoes	cups	1	62	0.38	78	4	2.48	0.00	1	8.42	5.05	3.26
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	47	0.38	115	4	2.00	0.00	1	6.73	2.67	0.25
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33
Weighted Daily Average			2380	*29.27	3665	*191	77.00	2.00	138	357.05	24.65	*68.70
% of Calories				*11.07%		*32.1%	29.1%	0.8%		60.0%		*11.5%
Weekly Nutrient Guideline			400 - 500	<10	540		<=0					

Monday - 04/06/2020

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000361 Breakfast Pancakes WG	2 pancakes	1	140	0.00	270	4	3.00	0.00	0	26.00	2.00	4.00
000829 Breakfast Muffin Blueberry WG	muffin	1	200	1.50	140	16	7.00	0.00	15	32.00	2.00	2.00
000830 Breakfast Muffin Double Chocolate WG	muffin	1	220	2.50	135	17	9.00	0.00	15	32.00	1.00	3.00
000354 Breakfast Biscuit Chicken	brkf sandwich	1	300	7.00	880	2	15.00	0.00	20	30.00	0.68	11.00
000350 Breakfast Biscuit Sausage	brkf sandwich	1	332	10.00	980	2	20.00	0.00	35	23.00	0.68	11.00
000348 Breakfast, Cereal Variety	Each	1	110	0.25	168	8	1.25	0.00	0	23.00	2.25	2.00
990169 Bread Pullman WG Slice	Slice	1	102	0.75	178	3	3.50	0.00	0	16.00	2.00	3.00
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29
000086 Fruit Orange Whole Sliced	Each	1	62	*N/A*	0	12	0.16	0.00	0	15.40	3.14	1.23
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30
000651 Salad Tossed with Tomatoes	cups	1	62	0.38	78	4	2.48	0.00	1	8.42	5.05	3.26
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	47	0.38	115	4	2.00	0.00	1	6.73	2.67	0.25
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33
Weighted Daily Average			2221	*25.76	3474	*175	68.98	0.00	118	337.53	25.65	*66.66
% of Calories				*10.44%		*31.5%	28.0%	0.0%		60.8%		*12.0%
Weekly Nutrient Guideline			400 - 500	<10	540		<=0					

Tuesday - 04/07/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000363 Breakfast Egg Scrambled w/Toast	Serving	1	280	4.12	317	12	13.28	0.11	423	27.22	2.00	15.10
000963 Breakfast Banana Bread Slice	Slice	1	280	2.00	220	25	10.00	0.00	0	44.00	2.00	5.00
000354 Breakfast Biscuit Chicken	brkf sandwich	1	300	7.00	880	2	15.00	0.00	20	30.00	0.68	11.00
000350 Breakfast Biscuit Sausage	brkf sandwich	1	332	10.00	980	2	20.00	0.00	35	23.00	0.68	11.00
000043 Vegetable Potato Tater Tot	1/2 cup	1	141	1.01	282	0	8.07	0.00	0	16.14	2.02	1.01
000348 Breakfast, Cereal Variety	Each	1	110	0.25	168	8	1.25	0.00	0	23.00	2.25	2.00
990169 Bread Pullman WG Slice	Slice	1	102	0.75	178	3	3.50	0.00	0	16.00	2.00	3.00
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29
000086 Fruit Orange Whole Sliced	Each	1	62	*N/A*	0	12	0.16	0.00	0	15.40	3.14	1.23
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30
000651 Salad Tossed with Tomatoes	cups	1	62	0.38	78	4	2.48	0.00	1	8.42	5.05	3.26

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	47	0.38	115	4	2.00	0.00	1	6.73	2.67	0.25
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33
Weighted Daily Average			2363	*28.88	3748	*175	81.32	0.11	511	334.89	26.66	*78.77
% of Calories				*11.00%		*29.6%	31.0%	0.0%		56.7%		*13.3%
Weekly Nutrient Guideline			400 - 500	<10	540		<=0					

Wednesday - 04/08/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
001228 Breakfast Croissant Ham Egg & Cheese	brkf sandwich	1	250	5.75	685	2	13.75	0.00	122	17.50	1.00	13.50
000829 Breakfast Muffin Blueberry WG	muffin	1	200	1.50	140	16	7.00	0.00	15	32.00	2.00	2.00
000830 Breakfast Muffin Double Chocolate WG	muffin	1	220	2.50	135	17	9.00	0.00	15	32.00	1.00	3.00
000354 Breakfast Biscuit Chicken	brkf sandwich	1	300	7.00	880	2	15.00	0.00	20	30.00	0.68	11.00
000350 Breakfast Biscuit Sausage	brkf sandwich	1	332	10.00	980	2	20.00	0.00	35	23.00	0.68	11.00
000348 Breakfast, Cereal Variety	Each	1	110	0.25	168	8	1.25	0.00	0	23.00	2.25	2.00

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990169 Bread Pullman WG Slice	Slice	1	102	0.75	178	3	3.50	0.00	0	16.00	2.00	3.00
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29
000086 Fruit Orange Whole Sliced	Each	1	62	*N/A*	0	12	0.16	0.00	0	15.40	3.14	1.23
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30
000651 Salad Tossed with Tomatoes	cups	1	62	0.38	78	4	2.48	0.00	1	8.42	5.05	3.26
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	47	0.38	115	4	2.00	0.00	1	6.73	2.67	0.25
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33
Weighted Daily Average			2331	*31.51	3889	*173	79.73	0.00	240	329.03	24.65	*76.16
% of Calories				*12.17%		*29.7%	30.8%	0.0%		56.5%		*13.1%
Weekly Nutrient Guideline			400 - 500	<10	540		<=0					

Thursday - 04/09/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990146 Breakfast Eggs Scrambled with Cheese	Serving	1	386	16.70	531	1	29.78	0.11	490	4.44	0.00	27.65

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000963 Breakfast Banana Bread Slice	Slice	1	280	2.00	220	25	10.00	0.00	0	44.00	2.00	5.00
000354 Breakfast Biscuit Chicken	brkf sandwich	1	300	7.00	880	2	15.00	0.00	20	30.00	0.68	11.00
000350 Breakfast Biscuit Sausage	brkf sandwich	1	332	10.00	980	2	20.00	0.00	35	23.00	0.68	11.00
000043 Vegetable Potato Tater Tot	1/2 cup	1	141	1.01	282	0	8.07	0.00	0	16.14	2.02	1.01
000348 Breakfast, Cereal Variety	Each	1	110	0.25	168	8	1.25	0.00	0	23.00	2.25	2.00
990169 Bread Pullman WG Slice	Slice	1	102	0.75	178	3	3.50	0.00	0	16.00	2.00	3.00
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29
000086 Fruit Orange Whole Sliced	Each	1	62	*N/A*	0	12	0.16	0.00	0	15.40	3.14	1.23
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30
000651 Salad Tossed with Tomatoes	cups	1	62	0.38	78	4	2.48	0.00	1	8.42	5.05	3.26
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	47	0.38	115	4	2.00	0.00	1	6.73	2.67	0.25
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33
Weighted Daily Average			2468	*41.47	3963	*164	97.82	0.11	578	312.11	24.66	*91.32
% of Calories				*15.12%		*26.6%	35.7%	0.0%		50.6%		*14.8%
Weekly Nutrient Guideline			400 - 500	<10	540		<=0					

Friday - 04/10/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000066 LEAVE BLANK, DO NOT USE												
Weighted Daily Average			0	0.00	0	0	0.00	0.00	0	0.00	0.00	0.00
% of Calories				0%		0%	0%	0%		0%		0%
Weekly Nutrient Guideline			400 - 500	<10	540		<=0					

Monday - 04/13/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
001226 Breakfast French Toast Stick with Cinnamon Glaze	3 sticks	1	210	2.00	320	8	7.00	0.00	125	28.00	2.00	8.00
000829 Breakfast Muffin Blueberry WG	muffin	1	200	1.50	140	16	7.00	0.00	15	32.00	2.00	2.00
000830 Breakfast Muffin Double Chocolate WG	muffin	1	220	2.50	135	17	9.00	0.00	15	32.00	1.00	3.00

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000354 Breakfast Biscuit Chicken	brkf sandwich	1	300	7.00	880	2	15.00	0.00	20	30.00	0.68	11.00
000350 Breakfast Biscuit Sausage	brkf sandwich	1	332	10.00	980	2	20.00	0.00	35	23.00	0.68	11.00
000348 Breakfast, Cereal Variety	Each	1	110	0.25	168	8	1.25	0.00	0	23.00	2.25	2.00
990169 Bread Pullman WG Slice	Slice	1	102	0.75	178	3	3.50	0.00	0	16.00	2.00	3.00
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29
000086 Fruit Orange Whole Sliced	Each	1	62	*N/A*	0	12	0.16	0.00	0	15.40	3.14	1.23
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30
000651 Salad Tossed with Tomatoes	cups	1	62	0.38	78	4	2.48	0.00	1	8.42	5.05	3.26
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	47	0.38	115	4	2.00	0.00	1	6.73	2.67	0.25
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33
Weighted Daily Average			2291	*27.76	3524	*179	72.98	0.00	242	339.53	25.65	*70.66
% of Calories				*10.91%		*31.3%	28.7%	0.0%		59.3%		*12.3%
Weekly Nutrient Guideline			400 - 500	<10	540		<=0					

Tuesday - 04/14/2020

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
001228 Breakfast Croissant Ham Egg & Cheese	brkfst sandwich	1	250	5.75	685	2	13.75	0.00	122	17.50	1.00	13.50
000963 Breakfast Banana Bread Slice	Slice	1	280	2.00	220	25	10.00	0.00	0	44.00	2.00	5.00
000354 Breakfast Biscuit Chicken	brkfst sandwich	1	300	7.00	880	2	15.00	0.00	20	30.00	0.68	11.00
000350 Breakfast Biscuit Sausage	brkfst sandwich	1	332	10.00	980	2	20.00	0.00	35	23.00	0.68	11.00
000043 Vegetable Potato Tater Tot	1/2 cup	1	141	1.01	282	0	8.07	0.00	0	16.14	2.02	1.01
000348 Breakfast, Cereal Variety	Each	1	110	0.25	168	8	1.25	0.00	0	23.00	2.25	2.00
990169 Bread Pullman WG Slice	Slice	1	102	0.75	178	3	3.50	0.00	0	16.00	2.00	3.00
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29
000086 Fruit Orange Whole Sliced	Each	1	62	*N/A*	0	12	0.16	0.00	0	15.40	3.14	1.23
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30
000651 Salad Tossed with Tomatoes	cups	1	62	0.38	78	4	2.48	0.00	1	8.42	5.05	3.26
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	47	0.38	115	4	2.00	0.00	1	6.73	2.67	0.25
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33
Weighted Daily Average			2332	*30.52	4117	*165	81.80	0.00	210	325.17	25.66	*77.17
% of Calories				*11.78%		*28.3%	31.6%	0.0%		55.8%		*13.2%
Weekly Nutrient Guideline			400 - 500	<10	540		<=0					

Wednesday - 04/15/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000351 Breakfast Pizza Sausage & Gravy	brkf pizza	1	200	2.00	440	9	7.00	0.00	15	24.00	2.00	10.00
000829 Breakfast Muffin Blueberry WG	muffin	1	200	1.50	140	16	7.00	0.00	15	32.00	2.00	2.00
000830 Breakfast Muffin Double Chocolate WG	muffin	1	220	2.50	135	17	9.00	0.00	15	32.00	1.00	3.00
000354 Breakfast Biscuit Chicken	brkf sandwich	1	300	7.00	880	2	15.00	0.00	20	30.00	0.68	11.00
000350 Breakfast Biscuit Sausage	brkf sandwich	1	332	10.00	980	2	20.00	0.00	35	23.00	0.68	11.00
000348 Breakfast, Cereal Variety	Each	1	110	0.25	168	8	1.25	0.00	0	23.00	2.25	2.00
990169 Bread Pullman WG Slice	Slice	1	102	0.75	178	3	3.50	0.00	0	16.00	2.00	3.00
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29
000086 Fruit Orange Whole Sliced	Each	1	62	*N/A*	0	12	0.16	0.00	0	15.40	3.14	1.23
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30
000651 Salad Tossed with Tomatoes	cups	1	62	0.38	78	4	2.48	0.00	1	8.42	5.05	3.26

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	47	0.38	115	4	2.00	0.00	1	6.73	2.67	0.25
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33
Weighted Daily Average			2281	*27.76	3644	*180	72.98	0.00	132	335.53	25.65	*72.66
% of Calories				*10.95%		*31.6%	28.8%	0.0%		58.8%		*12.7%
Weekly Nutrient Guideline			400 - 500	<10	540		<=0					

Thursday - 04/16/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000371 Breakfast Biscuit Egg & Cheese	brkf sandwich	1	300	9.50	1020	2	17.50	0.00	108	25.00	0.68	8.50
000963 Breakfast Banana Bread Slice	Slice	1	280	2.00	220	25	10.00	0.00	0	44.00	2.00	5.00
000354 Breakfast Biscuit Chicken	brkf sandwich	1	300	7.00	880	2	15.00	0.00	20	30.00	0.68	11.00
000350 Breakfast Biscuit Sausage	brkf sandwich	1	332	10.00	980	2	20.00	0.00	35	23.00	0.68	11.00
000043 Vegetable Potato Tater Tot	1/2 cup	1	141	1.01	282	0	8.07	0.00	0	16.14	2.02	1.01
000348 Breakfast, Cereal Variety	Each	1	110	0.25	168	8	1.25	0.00	0	23.00	2.25	2.00

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990169 Bread Pullman WG Slice	Slice	1	102	0.75	178	3	3.50	0.00	0	16.00	2.00	3.00
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29
000086 Fruit Orange Whole Sliced	Each	1	62	*N/A*	0	12	0.16	0.00	0	15.40	3.14	1.23
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30
000651 Salad Tossed with Tomatoes	cups	1	62	0.38	78	4	2.48	0.00	1	8.42	5.05	3.26
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	47	0.38	115	4	2.00	0.00	1	6.73	2.67	0.25
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33
Weighted Daily Average			2382	*34.27	4452	*166	85.55	0.00	195	332.67	25.34	*72.17
% of Calories				*12.95%		*27.9%	32.3%	0.0%		55.9%		*12.1%
Weekly Nutrient Guideline			400 - 500	<10	540		<=0					

Friday - 04/17/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000923 Breakfast Cinnamon Roll with Icing	roll	1	298	3.52	461	19	11.03	2.00	20	45.51	1.00	6.04

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000829 Breakfast Muffin Blueberry WG	muffin	1	200	1.50	140	16	7.00	0.00	15	32.00	2.00	2.00
000830 Breakfast Muffin Double Chocolate WG	muffin	1	220	2.50	135	17	9.00	0.00	15	32.00	1.00	3.00
000354 Breakfast Biscuit Chicken	brkf sandwich	1	300	7.00	880	2	15.00	0.00	20	30.00	0.68	11.00
000350 Breakfast Biscuit Sausage	brkf sandwich	1	332	10.00	980	2	20.00	0.00	35	23.00	0.68	11.00
000348 Breakfast, Cereal Variety	Each	1	110	0.25	168	8	1.25	0.00	0	23.00	2.25	2.00
990169 Bread Pullman WG Slice	Slice	1	102	0.75	178	3	3.50	0.00	0	16.00	2.00	3.00
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29
000086 Fruit Orange Whole Sliced	Each	1	62	*N/A*	0	12	0.16	0.00	0	15.40	3.14	1.23
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30
000651 Salad Tossed with Tomatoes	cups	1	62	0.38	78	4	2.48	0.00	1	8.42	5.05	3.26
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	47	0.38	115	4	2.00	0.00	1	6.73	2.67	0.25
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33
Weighted Daily Average			2380	*29.27	3665	*191	77.00	2.00	138	357.05	24.65	*68.70
% of Calories				*11.07%		*32.1%	29.1%	0.8%		60.0%		*11.5%
Weekly Nutrient Guideline			400 - 500	<10	540		<=0					

Monday - 04/20/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000361 Breakfast Pancakes WG	2 pancakes	1	140	0.00	270	4	3.00	0.00	0	26.00	2.00	4.00
000829 Breakfast Muffin Blueberry WG	muffin	1	200	1.50	140	16	7.00	0.00	15	32.00	2.00	2.00
000830 Breakfast Muffin Double Chocolate WG	muffin	1	220	2.50	135	17	9.00	0.00	15	32.00	1.00	3.00
000354 Breakfast Biscuit Chicken	brkf sandwich	1	300	7.00	880	2	15.00	0.00	20	30.00	0.68	11.00
000350 Breakfast Biscuit Sausage	brkf sandwich	1	332	10.00	980	2	20.00	0.00	35	23.00	0.68	11.00
000348 Breakfast, Cereal Variety	Each	1	110	0.25	168	8	1.25	0.00	0	23.00	2.25	2.00
990169 Bread Pullman WG Slice	Slice	1	102	0.75	178	3	3.50	0.00	0	16.00	2.00	3.00
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29
000086 Fruit Orange Whole Sliced	Each	1	62	*N/A*	0	12	0.16	0.00	0	15.40	3.14	1.23
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30
000651 Salad Tossed with Tomatoes	cups	1	62	0.38	78	4	2.48	0.00	1	8.42	5.05	3.26

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	47	0.38	115	4	2.00	0.00	1	6.73	2.67	0.25
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33
Weighted Daily Average			2221	*25.76	3474	*175	68.98	0.00	118	337.53	25.65	*66.66
% of Calories				*10.44%		*31.5%	28.0%	0.0%		60.8%		*12.0%
Weekly Nutrient Guideline			400 - 500	<10	540		<=0					

Tuesday - 04/21/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000363 Breakfast Egg Scrambled w/Toast	Serving	1	280	4.12	317	12	13.28	0.11	423	27.22	2.00	15.10
000963 Breakfast Banana Bread Slice	Slice	1	280	2.00	220	25	10.00	0.00	0	44.00	2.00	5.00
000354 Breakfast Biscuit Chicken	brkf sandwich	1	300	7.00	880	2	15.00	0.00	20	30.00	0.68	11.00
000350 Breakfast Biscuit Sausage	brkf sandwich	1	332	10.00	980	2	20.00	0.00	35	23.00	0.68	11.00
000043 Vegetable Potato Tater Tot	1/2 cup	1	141	1.01	282	0	8.07	0.00	0	16.14	2.02	1.01
000348 Breakfast, Cereal Variety	Each	1	110	0.25	168	8	1.25	0.00	0	23.00	2.25	2.00

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990169 Bread Pullman WG Slice	Slice	1	102	0.75	178	3	3.50	0.00	0	16.00	2.00	3.00
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29
000086 Fruit Orange Whole Sliced	Each	1	62	*N/A*	0	12	0.16	0.00	0	15.40	3.14	1.23
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30
000651 Salad Tossed with Tomatoes	cups	1	62	0.38	78	4	2.48	0.00	1	8.42	5.05	3.26
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	47	0.38	115	4	2.00	0.00	1	6.73	2.67	0.25
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33
Weighted Daily Average			2363	*28.88	3748	*175	81.32	0.11	511	334.89	26.66	*78.77
% of Calories				*11.00%		*29.6%	31.0%	0.0%		56.7%		*13.3%
Weekly Nutrient Guideline			400 - 500	<10	540		<=0					

Wednesday - 04/22/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
001228 Breakfast Croissant Ham Egg & Cheese	brkfst sandwich	1	250	5.75	685	2	13.75	0.00	122	17.50	1.00	13.50

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000829 Breakfast Muffin Blueberry WG	muffin	1	200	1.50	140	16	7.00	0.00	15	32.00	2.00	2.00
000830 Breakfast Muffin Double Chocolate WG	muffin	1	220	2.50	135	17	9.00	0.00	15	32.00	1.00	3.00
000354 Breakfast Biscuit Chicken	brkf sandwich	1	300	7.00	880	2	15.00	0.00	20	30.00	0.68	11.00
000350 Breakfast Biscuit Sausage	brkf sandwich	1	332	10.00	980	2	20.00	0.00	35	23.00	0.68	11.00
000348 Breakfast, Cereal Variety	Each	1	110	0.25	168	8	1.25	0.00	0	23.00	2.25	2.00
990169 Bread Pullman WG Slice	Slice	1	102	0.75	178	3	3.50	0.00	0	16.00	2.00	3.00
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29
000086 Fruit Orange Whole Sliced	Each	1	62	*N/A*	0	12	0.16	0.00	0	15.40	3.14	1.23
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30
000651 Salad Tossed with Tomatoes	cups	1	62	0.38	78	4	2.48	0.00	1	8.42	5.05	3.26
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	47	0.38	115	4	2.00	0.00	1	6.73	2.67	0.25
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33
Weighted Daily Average			2331	*31.51	3889	*173	79.73	0.00	240	329.03	24.65	*76.16
% of Calories				*12.17%		*29.7%	30.8%	0.0%		56.5%		*13.1%
Weekly Nutrient Guideline			400 - 500	<10	540		<=0					

Thursday - 04/23/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990146 Breakfast Eggs Scrambled with Cheese	Serving	1	386	16.70	531	1	29.78	0.11	490	4.44	0.00	27.65
000963 Breakfast Banana Bread Slice	Slice	1	280	2.00	220	25	10.00	0.00	0	44.00	2.00	5.00
000354 Breakfast Biscuit Chicken	brkf sandwich	1	300	7.00	880	2	15.00	0.00	20	30.00	0.68	11.00
000350 Breakfast Biscuit Sausage	brkf sandwich	1	332	10.00	980	2	20.00	0.00	35	23.00	0.68	11.00
000043 Vegetable Potato Tater Tot	1/2 cup	1	141	1.01	282	0	8.07	0.00	0	16.14	2.02	1.01
000348 Breakfast, Cereal Variety	Each	1	110	0.25	168	8	1.25	0.00	0	23.00	2.25	2.00
990169 Bread Pullman WG Slice	Slice	1	102	0.75	178	3	3.50	0.00	0	16.00	2.00	3.00
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29
000086 Fruit Orange Whole Sliced	Each	1	62	*N/A*	0	12	0.16	0.00	0	15.40	3.14	1.23
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30
000651 Salad Tossed with Tomatoes	cups	1	62	0.38	78	4	2.48	0.00	1	8.42	5.05	3.26

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	47	0.38	115	4	2.00	0.00	1	6.73	2.67	0.25
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33
Weighted Daily Average			2468	*41.47	3963	*164	97.82	0.11	578	312.11	24.66	*91.32
% of Calories				*15.12%		*26.6%	35.7%	0.0%		50.6%		*14.8%
Weekly Nutrient Guideline			400 - 500	<10	540		<=0					

Friday - 04/24/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000923 Breakfast Cinnamon Roll with Icing	roll	1	298	3.52	461	19	11.03	2.00	20	45.51	1.00	6.04
000829 Breakfast Muffin Blueberry WG	muffin	1	200	1.50	140	16	7.00	0.00	15	32.00	2.00	2.00
000830 Breakfast Muffin Double Chocolate WG	muffin	1	220	2.50	135	17	9.00	0.00	15	32.00	1.00	3.00
000354 Breakfast Biscuit Chicken	brkf sandwich	1	300	7.00	880	2	15.00	0.00	20	30.00	0.68	11.00
000350 Breakfast Biscuit Sausage	brkf sandwich	1	332	10.00	980	2	20.00	0.00	35	23.00	0.68	11.00
000348 Breakfast, Cereal Variety	Each	1	110	0.25	168	8	1.25	0.00	0	23.00	2.25	2.00

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990169 Bread Pullman WG Slice	Slice	1	102	0.75	178	3	3.50	0.00	0	16.00	2.00	3.00
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29
000086 Fruit Orange Whole Sliced	Each	1	62	*N/A*	0	12	0.16	0.00	0	15.40	3.14	1.23
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30
000651 Salad Tossed with Tomatoes	cups	1	62	0.38	78	4	2.48	0.00	1	8.42	5.05	3.26
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	47	0.38	115	4	2.00	0.00	1	6.73	2.67	0.25
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33
Weighted Daily Average			2380	*29.27	3665	*191	77.00	2.00	138	357.05	24.65	*68.70
% of Calories				*11.07%		*32.1%	29.1%	0.8%		60.0%		*11.5%
Weekly Nutrient Guideline			400 - 500	<10	540		<=0					

Monday - 04/27/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
001226 Breakfast French Toast Stick with Cinnamon Glaze	3 sticks	1	210	2.00	320	8	7.00	0.00	125	28.00	2.00	8.00

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000829 Breakfast Muffin Blueberry WG	muffin	1	200	1.50	140	16	7.00	0.00	15	32.00	2.00	2.00
000830 Breakfast Muffin Double Chocolate WG	muffin	1	220	2.50	135	17	9.00	0.00	15	32.00	1.00	3.00
000354 Breakfast Biscuit Chicken	brkf sandwich	1	300	7.00	880	2	15.00	0.00	20	30.00	0.68	11.00
000350 Breakfast Biscuit Sausage	brkf sandwich	1	332	10.00	980	2	20.00	0.00	35	23.00	0.68	11.00
000348 Breakfast, Cereal Variety	Each	1	110	0.25	168	8	1.25	0.00	0	23.00	2.25	2.00
990169 Bread Pullman WG Slice	Slice	1	102	0.75	178	3	3.50	0.00	0	16.00	2.00	3.00
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29
000086 Fruit Orange Whole Sliced	Each	1	62	*N/A*	0	12	0.16	0.00	0	15.40	3.14	1.23
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30
000651 Salad Tossed with Tomatoes	cups	1	62	0.38	78	4	2.48	0.00	1	8.42	5.05	3.26
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	47	0.38	115	4	2.00	0.00	1	6.73	2.67	0.25
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33
Weighted Daily Average			2291	*27.76	3524	*179	72.98	0.00	242	339.53	25.65	*70.66
% of Calories				*10.91%		*31.3%	28.7%	0.0%		59.3%		*12.3%
Weekly Nutrient Guideline			400 - 500	<10	540		<=0					

Tuesday - 04/28/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
001228 Breakfast Croissant Ham Egg & Cheese	brkf sandwich	1	250	5.75	685	2	13.75	0.00	122	17.50	1.00	13.50
000963 Breakfast Banana Bread Slice	Slice	1	280	2.00	220	25	10.00	0.00	0	44.00	2.00	5.00
000354 Breakfast Biscuit Chicken	brkf sandwich	1	300	7.00	880	2	15.00	0.00	20	30.00	0.68	11.00
000350 Breakfast Biscuit Sausage	brkf sandwich	1	332	10.00	980	2	20.00	0.00	35	23.00	0.68	11.00
000043 Vegetable Potato Tater Tot	1/2 cup	1	141	1.01	282	0	8.07	0.00	0	16.14	2.02	1.01
000348 Breakfast, Cereal Variety	Each	1	110	0.25	168	8	1.25	0.00	0	23.00	2.25	2.00
990169 Bread Pullman WG Slice	Slice	1	102	0.75	178	3	3.50	0.00	0	16.00	2.00	3.00
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29
000086 Fruit Orange Whole Sliced	Each	1	62	*N/A*	0	12	0.16	0.00	0	15.40	3.14	1.23
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30
000651 Salad Tossed with Tomatoes	cups	1	62	0.38	78	4	2.48	0.00	1	8.42	5.05	3.26

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	47	0.38	115	4	2.00	0.00	1	6.73	2.67	0.25
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33
Weighted Daily Average			2332	*30.52	4117	*165	81.80	0.00	210	325.17	25.66	*77.17
% of Calories				*11.78%		*28.3%	31.6%	0.0%		55.8%		*13.2%
Weekly Nutrient Guideline			400 - 500	<10	540		<=0					

Wednesday - 04/29/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000351 Breakfast Pizza Sausage & Gravy	brkf pizza	1	200	2.00	440	9	7.00	0.00	15	24.00	2.00	10.00
000829 Breakfast Muffin Blueberry WG	muffin	1	200	1.50	140	16	7.00	0.00	15	32.00	2.00	2.00
000830 Breakfast Muffin Double Chocolate WG	muffin	1	220	2.50	135	17	9.00	0.00	15	32.00	1.00	3.00
000354 Breakfast Biscuit Chicken	brkf sandwich	1	300	7.00	880	2	15.00	0.00	20	30.00	0.68	11.00
000350 Breakfast Biscuit Sausage	brkf sandwich	1	332	10.00	980	2	20.00	0.00	35	23.00	0.68	11.00
000348 Breakfast, Cereal Variety	Each	1	110	0.25	168	8	1.25	0.00	0	23.00	2.25	2.00

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990169 Bread Pullman WG Slice	Slice	1	102	0.75	178	3	3.50	0.00	0	16.00	2.00	3.00
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29
000086 Fruit Orange Whole Sliced	Each	1	62	*N/A*	0	12	0.16	0.00	0	15.40	3.14	1.23
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30
000651 Salad Tossed with Tomatoes	cups	1	62	0.38	78	4	2.48	0.00	1	8.42	5.05	3.26
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	47	0.38	115	4	2.00	0.00	1	6.73	2.67	0.25
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33
Weighted Daily Average			2281	*27.76	3644	*180	72.98	0.00	132	335.53	25.65	*72.66
% of Calories				*10.95%		*31.6%	28.8%	0.0%		58.8%		*12.7%
Weekly Nutrient Guideline			400 - 500	<10	540		<=0					

Thursday - 04/30/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000371 Breakfast Biscuit Egg & Cheese	brkf sandwich	1	300	9.50	1020	2	17.50	0.00	108	25.00	0.68	8.50

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000963 Breakfast Banana Bread Slice	Slice	1	280	2.00	220	25	10.00	0.00	0	44.00	2.00	5.00
000354 Breakfast Biscuit Chicken	brkf sandwich	1	300	7.00	880	2	15.00	0.00	20	30.00	0.68	11.00
000350 Breakfast Biscuit Sausage	brkf sandwich	1	332	10.00	980	2	20.00	0.00	35	23.00	0.68	11.00
000043 Vegetable Potato Tater Tot	1/2 cup	1	141	1.01	282	0	8.07	0.00	0	16.14	2.02	1.01
000348 Breakfast, Cereal Variety	Each	1	110	0.25	168	8	1.25	0.00	0	23.00	2.25	2.00
990169 Bread Pullman WG Slice	Slice	1	102	0.75	178	3	3.50	0.00	0	16.00	2.00	3.00
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29
000086 Fruit Orange Whole Sliced	Each	1	62	*N/A*	0	12	0.16	0.00	0	15.40	3.14	1.23
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30
000651 Salad Tossed with Tomatoes	cups	1	62	0.38	78	4	2.48	0.00	1	8.42	5.05	3.26
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	47	0.38	115	4	2.00	0.00	1	6.73	2.67	0.25
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00

Base Menu Spreadsheet

Portion Values

Apr 1, 2020 thru Apr 30, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33
Weighted Daily Average			2382	*34.27	4452	*166	85.55	0.00	195	332.67	25.34	*72.17
% of Calories				*12.95%		*27.9%	32.3%	0.0%		55.9%		*12.1%
Weekly Nutrient Guideline			400 - 500	<10	540		<=0					

	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
Weighted Averages	2340	*30.75	3843	*175	79.61	0.31	247	334.87	25.37	*74.38
% of Calories		*11.83%		*29.9%	30.6%	0.1%		57.2%		*12.7%

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.