

Base Menu Spreadsheet

Portion Values

Dec 3, 2018 thru Dec 20, 2018

Menu Name: High School Menu Lunch

Include Cost: No

Site:

Report Style: Detailed

Monday - 12/03/2018

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
001122 Chicken Nugget Breaded MS&HS	6 nuggets	1	11.40
000730 Chicken Blazin Buffalo MS & HS	6 nuggets	1	25.36
001181 Pizza Nardone Cheese 4x6	slices	1	30.00
001191 Pizza Nardone Pepperoni Diced 4x6	slices	1	29.00
001152 Sandwich Chicken WG Breaded Regular	sandwich	1	44.00
000399 Sandwich Chicken WG Hot & Spicy	sandwich	1	48.00
990052 Sandwich Hamburger	sandwich	1	31.00
990051 Sandwich Cheeseburger	sandwich	1	31.00
001054 Sandwich Turkey and Cheese	sandwich	1	28.21
001048 Sandwich Ham & Cheese	sandwich	1	29.49
000029 Sandwich PB&J - homemade	sandwich	1	57.00
000765 Salad Asian Chicken	salads	1	47.81
000139 Salad Chef	salads	1	21.02
000539 Salad Chicken Caesar	salads	1	19.23
000827 Salad Garden	salads	1	22.25

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990041 Salad Popcorn Chicken	salads	1	28.98
000826 Salad Turkey	salads	1	21.64
000906 Grains Roll Homestyle	Each	1	24.00
001067 Vegetable Potato Mashed with Brown Gravy	1/2 CUP	1	16.21
000993 Vegetable Beans Green Frozen	1/2 CUP	1	6.16
000995 Vegetable Blend Dutch California	1/2 cup	1	5.34
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	7.62
000300 Salad Tossed with Carrots	cups	1	9.83
000651 Salad Tossed with Tomatoes	1 cup	1	9.14
000933 Fruit Applesauce Sweetened	1/2 cup	1	25.00
000422 Fruit Grapes Fresh Red Seedless	1/2 cup	1	20.00
000387 Fruit Mandarin Oranges	1/2 cup	1	23.00
000086 Fruit Orange Whole Sliced	Each	1	21.00
000437 Fruit Peach Slices Canned	1/2 cup	1	16.89
000969 Fruit Pears Diced Canned	1/2 cups	1	20.00
000092 Fruit Pineapple Chunks	1/2 cup	1	22.00
000997 Fruit Strawberry Fresh	1/2 cup	1	12.00
000903 Juice Apple	each	1	21.00
000902 Juice Orange Tangerine	each	1	25.00
001008 Juice Fruit Punch	each	1	24.00

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001021 Bottled Water 10oz	bottle	1	0.00
000230 Milk White 1%	half pint	1	12.00
990113 Milk Chocolate 1%	half pint	1	26.00
000328 Milk Strawberry Fat Free	half pint	1	18.00
000222 Condiment Ketchup Packet	packet	1	3.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	2.00
000223 Condiment Mustard Packet	packet	1	0.00
000119 Condiment Barbecue Sauce Cup	Packet	1	16.00
001183 Condiment HoneyMustard 1.5oz HS	PC cup	1	8.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	2.00
Weighted Daily Average			920.56
% of Calories			48.5%
Weekly Nutrient Guideline			

Tuesday - 12/04/2018

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
001147 Pasta Penne Meat Sauce - Stove Top/Oven	servings	1	40.20
001123 Chicken Parm w/Penne	servings	1	79.79
001181 Pizza Nardone Cheese 4x6	slices	1	30.00
001191 Pizza Nardone Pepperoni Diced 4x6	slices	1	29.00

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001152 Sandwich Chicken WG Breaded Regular	sandwich	1	44.00
000399 Sandwich Chicken WG Hot & Spicy	sandwich	1	48.00
990052 Sandwich Hamburger	sandwich	1	31.00
990051 Sandwich Cheeseburger	sandwich	1	31.00
001054 Sandwich Turkey and Cheese	sandwich	1	28.21
001048 Sandwich Ham & Cheese	sandwich	1	29.49
000029 Sandwich PB&J - homemade	sandwich	1	57.00
000765 Salad Asian Chicken	salads	1	47.81
000139 Salad Chef	salads	1	21.02
000539 Salad Chicken Caesar	salads	1	19.23
000827 Salad Garden	salads	1	22.25
990041 Salad Popcorn Chicken	salads	1	28.98
000826 Salad Turkey	salads	1	21.64
000906 Grains Roll Homestyle	Each	1	24.00
000674 Vegetable Potato Sweet Casserole	1/2 CUP	1	42.34
000908 Vegetable Blend Tuscan	1/2 Cup	1	6.01
000258 Vegetable Broccoli Florets Frozen	1/2 cup	1	4.49
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	7.62
000300 Salad Tossed with Carrots	cups	1	9.83
000651 Salad Tossed with Tomatoes	1 cup	1	9.14

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000933 Fruit Applesauce Sweetened	1/2 cup	1	25.00
000422 Fruit Grapes Fresh Red Seedless	1/2 cup	1	20.00
000387 Fruit Mandarin Oranges	1/2 cup	1	23.00
000086 Fruit Orange Whole Sliced	Each	1	21.00
000437 Fruit Peach Slices Canned	1/2 cup	1	16.89
000969 Fruit Pears Diced Canned	1/2 cups	1	20.00
000092 Fruit Pineapple Chunks	1/2 cup	1	22.00
000997 Fruit Strawberry Fresh	1/2 cup	1	12.00
000903 Juice Apple	each	1	21.00
000902 Juice Orange Tangerine	each	1	25.00
001008 Juice Fruit Punch	each	1	24.00
001021 Bottled Water 10oz	bottle	1	0.00
000230 Milk White 1%	half pint	1	12.00
990113 Milk Chocolate 1%	half pint	1	26.00
000328 Milk Strawberry Fat Free	half pint	1	18.00
000222 Condiment Ketchup Packet	packet	1	3.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	2.00
000223 Condiment Mustard Packet	packet	1	0.00
000119 Condiment Barbecue Sauce Cup	Packet	1	16.00
001183 Condiment HoneyMustard 1.5oz HS	PC cup	1	8.00

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000893 Condiment Ranch Lite 1 oz	1 oz cup	1	2.00
Weighted Daily Average			1028.94
% of Calories			51.1%
Weekly Nutrient Guideline			

Wednesday - 12/05/2018

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
000712 Corn Dog Chicken	corndogs	1	30.00
000601 Chicken Pot Pie MS&HS	servings	1	39.34
001181 Pizza Nardone Cheese 4x6	slices	1	30.00
001191 Pizza Nardone Pepperoni Diced 4x6	slices	1	29.00
001152 Sandwich Chicken WG Breaded Regular	sandwich	1	44.00
000399 Sandwich Chicken WG Hot & Spicy	sandwich	1	48.00
990052 Sandwich Hamburger	sandwich	1	31.00
990051 Sandwich Cheeseburger	sandwich	1	31.00
001054 Sandwich Turkey and Cheese	sandwich	1	28.21
001048 Sandwich Ham & Cheese	sandwich	1	29.49
000029 Sandwich PB&J - homemade	sandwich	1	57.00
000765 Salad Asian Chicken	salads	1	47.81
000139 Salad Chef	salads	1	21.02

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000539 Salad Chicken Caesar	salads	1	19.23
000827 Salad Garden	salads	1	22.25
990041 Salad Popcorn Chicken	salads	1	28.98
000826 Salad Turkey	salads	1	21.64
000906 Grains Roll Homestyle	Each	1	24.00
000911 Vegetable Potato Deli Roaster	1/2 cup	1	25.48
000907 Vegetable Blend Provence	1/2 Cup	1	3.99
000754 Vegetable Buttery Brussel Sprouts	1/2 cup	1	6.02
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	7.62
000300 Salad Tossed with Carrots	cups	1	9.83
000651 Salad Tossed with Tomatoes	1 cup	1	9.14
000933 Fruit Applesauce Sweetened	1/2 cup	1	25.00
000422 Fruit Grapes Fresh Red Seedless	1/2 cup	1	20.00
000387 Fruit Mandarin Oranges	1/2 cup	1	23.00
000086 Fruit Orange Whole Sliced	Each	1	21.00
000437 Fruit Peach Slices Canned	1/2 cup	1	16.89
000969 Fruit Pears Diced Canned	1/2 cups	1	20.00
000092 Fruit Pineapple Chunks	1/2 cup	1	22.00
000997 Fruit Strawberry Fresh	1/2 cup	1	12.00
000903 Juice Apple	each	1	21.00

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000902 Juice Orange Tangerine	each	1	25.00
001008 Juice Fruit Punch	each	1	24.00
001021 Bottled Water 10oz	bottle	1	0.00
000230 Milk White 1%	half pint	1	12.00
990113 Milk Chocolate 1%	half pint	1	26.00
000328 Milk Strawberry Fat Free	half pint	1	18.00
000222 Condiment Ketchup Packet	packet	1	3.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	2.00
000223 Condiment Mustard Packet	packet	1	0.00
000119 Condiment Barbecue Sauce Cup	Packet	1	16.00
001183 Condiment HoneyMustard 1.5oz HS	PC cup	1	8.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	2.00
Weighted Daily Average			960.93
% of Calories			49.3%
Weekly Nutrient Guideline			

Thursday - 12/06/2018

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
000725 Fajita Beef MS & HS	2 fajita	1	43.81
000724 Fajita Chicken MS & HS	2 fajita	1	38.22

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001181 Pizza Nardone Cheese 4x6	slices	1	30.00
001191 Pizza Nardone Pepperoni Diced 4x6	slices	1	29.00
001152 Sandwich Chicken WG Breaded Regular	sandwich	1	44.00
000399 Sandwich Chicken WG Hot & Spicy	sandwich	1	48.00
990052 Sandwich Hamburger	sandwich	1	31.00
990051 Sandwich Cheeseburger	sandwich	1	31.00
001054 Sandwich Turkey and Cheese	sandwich	1	28.21
001048 Sandwich Ham & Cheese	sandwich	1	29.49
000029 Sandwich PB&J - homemade	sandwich	1	57.00
000765 Salad Asian Chicken	salads	1	47.81
000139 Salad Chef	salads	1	21.02
000539 Salad Chicken Caesar	salads	1	19.23
000827 Salad Garden	salads	1	22.25
990041 Salad Popcorn Chicken	salads	1	28.98
000826 Salad Turkey	salads	1	21.64
000906 Grains Roll Homestyle	Each	1	24.00
000001 Grains Rice Mexican Fiesta	1/2 cup	1	21.50
000650 Vegetable Beans Refried Cheesy	1/2 cup	1	31.62
000271 Vegetable Corn Buttery	1/2 cup	1	15.96
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	7.62

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000300 Salad Tossed with Carrots	cups	1	9.83
000651 Salad Tossed with Tomatoes	1 cup	1	9.14
000933 Fruit Applesauce Sweetened	1/2 cup	1	25.00
000422 Fruit Grapes Fresh Red Seedless	1/2 cup	1	20.00
000387 Fruit Mandarin Oranges	1/2 cup	1	23.00
000086 Fruit Orange Whole Sliced	Each	1	21.00
000437 Fruit Peach Slices Canned	1/2 cup	1	16.89
000969 Fruit Pears Diced Canned	1/2 cups	1	20.00
000092 Fruit Pineapple Chunks	1/2 cup	1	22.00
000997 Fruit Strawberry Fresh	1/2 cup	1	12.00
000903 Juice Apple	each	1	21.00
000902 Juice Orange Tangerine	each	1	25.00
001008 Juice Fruit Punch	each	1	24.00
001021 Bottled Water 10oz	bottle	1	0.00
000230 Milk White 1%	half pint	1	12.00
990113 Milk Chocolate 1%	half pint	1	26.00
000328 Milk Strawberry Fat Free	half pint	1	18.00
000222 Condiment Ketchup Packet	packet	1	3.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	2.00
000223 Condiment Mustard Packet	packet	1	0.00

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000119 Condiment Barbecue Sauce Cup	Packet	1	16.00
001183 Condiment HoneyMustard 1.5oz HS	PC cup	1	8.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	2.00
Weighted Daily Average			1007.21
% of Calories			49.2%
Weekly Nutrient Guideline			

Friday - 12/07/2018

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
001159 Sandwich Sloppy Joes	sandwich	1	45.35
000301 Sandwich BBQ Pulled Pork	sandwich	1	37.97
001181 Pizza Nardone Cheese 4x6	slices	1	30.00
001191 Pizza Nardone Pepperoni Diced 4x6	slices	1	29.00
001152 Sandwich Chicken WG Breaded Regular	sandwich	1	44.00
000399 Sandwich Chicken WG Hot & Spicy	sandwich	1	48.00
990052 Sandwich Hamburger	sandwich	1	31.00
990051 Sandwich Cheeseburger	sandwich	1	31.00
001054 Sandwich Turkey and Cheese	sandwich	1	28.21
001048 Sandwich Ham & Cheese	sandwich	1	29.49
000029 Sandwich PB&J - homemade	sandwich	1	57.00

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Portion Values

000765 Salad Asian Chicken	salads	1	47.81
000139 Salad Chef	salads	1	21.02
000539 Salad Chicken Caesar	salads	1	19.23
000827 Salad Garden	salads	1	22.25
990041 Salad Popcorn Chicken	salads	1	28.98
000826 Salad Turkey	salads	1	21.64
000906 Grains Roll Homestyle	Each	1	24.00
000527 Vegetable Beans White	1/2 cup	1	21.67
000634 Vegetable Turnip Greens	1/2 cup	1	3.74
000995 Vegetable Blend Dutch California	1/2 cup	1	5.34
000468 Salad, Coleslaw	1/4 cup	1	3.22
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	7.62
000300 Salad Tossed with Carrots	cups	1	9.83
000651 Salad Tossed with Tomatoes	1 cup	1	9.14
000933 Fruit Applesauce Sweetened	1/2 cup	1	25.00
000422 Fruit Grapes Fresh Red Seedless	1/2 cup	1	20.00
000387 Fruit Mandarin Oranges	1/2 cup	1	23.00
000086 Fruit Orange Whole Sliced	Each	1	21.00
000437 Fruit Peach Slices Canned	1/2 cup	1	16.89
000969 Fruit Pears Diced Canned	1/2 cups	1	20.00

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000092 Fruit Pineapple Chunks	1/2 cup	1	22.00
000997 Fruit Strawberry Fresh	1/2 cup	1	12.00
000903 Juice Apple	each	1	21.00
000902 Juice Orange Tangerine	each	1	25.00
001008 Juice Fruit Punch	each	1	24.00
001021 Bottled Water 10oz	bottle	1	0.00
000230 Milk White 1%	half pint	1	12.00
990113 Milk Chocolate 1%	half pint	1	26.00
000328 Milk Strawberry Fat Free	half pint	1	18.00
000222 Condiment Ketchup Packet	packet	1	3.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	2.00
000223 Condiment Mustard Packet	packet	1	0.00
000119 Condiment Barbecue Sauce Cup	Packet	1	16.00
001183 Condiment HoneyMustard 1.5oz HS	PC cup	1	8.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	2.00
Weighted Daily Average			973.38
% of Calories			49.4%
Weekly Nutrient Guideline			

Monday - 12/10/2018

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Carb (g)
001122 Chicken Nugget Breaded MS&HS	6 nuggets	1	11.40
000706 Beef Sticks w/Brown Gravy	4 Sticks	1	10.89
001181 Pizza Nardone Cheese 4x6	slices	1	30.00
001191 Pizza Nardone Pepperoni Diced 4x6	slices	1	29.00
001152 Sandwich Chicken WG Breaded Regular	sandwich	1	44.00
000399 Sandwich Chicken WG Hot & Spicy	sandwich	1	48.00
990052 Sandwich Hamburger	sandwich	1	31.00
990051 Sandwich Cheeseburger	sandwich	1	31.00
001054 Sandwich Turkey and Cheese	sandwich	1	28.21
001048 Sandwich Ham & Cheese	sandwich	1	29.49
000029 Sandwich PB&J - homemade	sandwich	1	57.00
000765 Salad Asian Chicken	salads	1	47.81
000139 Salad Chef	salads	1	21.02
000539 Salad Chicken Caesar	salads	1	19.23
000827 Salad Garden	salads	1	22.25
990041 Salad Popcorn Chicken	salads	1	28.98
000826 Salad Turkey	salads	1	21.64
000906 Grains Roll Homestyle	Each	1	24.00
001067 Vegetable Potato Mashed with Brown Gravy	1/2 CUP	1	16.21

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Portion Values

000261 Vegetable Carrots Buttery	1/2 cup	1	7.47
000995 Vegetable Blend Dutch California	1/2 cup	1	5.34
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	7.62
000300 Salad Tossed with Carrots	cups	1	9.83
000651 Salad Tossed with Tomatoes	1 cup	1	9.14
000933 Fruit Applesauce Sweetened	1/2 cup	1	25.00
000422 Fruit Grapes Fresh Red Seedless	1/2 cup	1	20.00
000387 Fruit Mandarin Oranges	1/2 cup	1	23.00
000086 Fruit Orange Whole Sliced	Each	1	21.00
000437 Fruit Peach Slices Canned	1/2 cup	1	16.89
000969 Fruit Pears Diced Canned	1/2 cups	1	20.00
000092 Fruit Pineapple Chunks	1/2 cup	1	22.00
000997 Fruit Strawberry Fresh	1/2 cup	1	12.00
000903 Juice Apple	each	1	21.00
000902 Juice Orange Tangerine	each	1	25.00
001008 Juice Fruit Punch	each	1	24.00
001021 Bottled Water 10oz	bottle	1	0.00
000230 Milk White 1%	half pint	1	12.00
990113 Milk Chocolate 1%	half pint	1	26.00
000328 Milk Strawberry Fat Free	half pint	1	18.00

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000222 Condiment Ketchup Packet	packet	1	3.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	2.00
000223 Condiment Mustard Packet	packet	1	0.00
000119 Condiment Barbecue Sauce Cup	Packet	1	16.00
001183 Condiment HoneyMustard 1.5oz HS	PC cup	1	8.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	2.00
Weighted Daily Average			907.41
% of Calories			48.6%
Weekly Nutrient Guideline			

Tuesday - 12/11/2018

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
000956 Pasta Chicken Broccoli Alfredo Penne	servings	1	38.14
000944 Calzone Cheese WG	calzone	1	41.26
000945 Calzone Meat WG	calzone	1	41.26
001181 Pizza Nardone Cheese 4x6	slices	1	30.00
001191 Pizza Nardone Pepperoni Diced 4x6	slices	1	29.00
001152 Sandwich Chicken WG Breaded Regular	sandwich	1	44.00
000399 Sandwich Chicken WG Hot & Spicy	sandwich	1	48.00
990052 Sandwich Hamburger	sandwich	1	31.00

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Portion Values

990051 Sandwich Cheeseburger	sandwich	1	31.00
001054 Sandwich Turkey and Cheese	sandwich	1	28.21
001048 Sandwich Ham & Cheese	sandwich	1	29.49
000029 Sandwich PB&J - homemade	sandwich	1	57.00
000765 Salad Asian Chicken	salads	1	47.81
000139 Salad Chef	salads	1	21.02
000539 Salad Chicken Caesar	salads	1	19.23
000827 Salad Garden	salads	1	22.25
990041 Salad Popcorn Chicken	salads	1	28.98
000826 Salad Turkey	salads	1	21.64
000906 Grains Roll Homestyle	Each	1	24.00
000258 Vegetable Broccoli Florets Frozen	1/2 cup	1	4.49
000995 Vegetable Blend Dutch California	1/2 cup	1	5.34
001237 Fruit Baked Apples	1/2 cup	1	25.59
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	7.62
000300 Salad Tossed with Carrots	cups	1	9.83
000651 Salad Tossed with Tomatoes	1 cup	1	9.14
000933 Fruit Applesauce Sweetened	1/2 cup	1	25.00
000422 Fruit Grapes Fresh Red Seedless	1/2 cup	1	20.00
000387 Fruit Mandarin Oranges	1/2 cup	1	23.00

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000086 Fruit Orange Whole Sliced	Each	1	21.00
000437 Fruit Peach Slices Canned	1/2 cup	1	16.89
000969 Fruit Pears Diced Canned	1/2 cups	1	20.00
000092 Fruit Pineapple Chunks	1/2 cup	1	22.00
000997 Fruit Strawberry Fresh	1/2 cup	1	12.00
000903 Juice Apple	each	1	21.00
000902 Juice Orange Tangerine	each	1	25.00
001008 Juice Fruit Punch	each	1	24.00
001021 Bottled Water 10oz	bottle	1	0.00
000230 Milk White 1%	half pint	1	12.00
990113 Milk Chocolate 1%	half pint	1	26.00
000328 Milk Strawberry Fat Free	half pint	1	18.00
000222 Condiment Ketchup Packet	packet	1	3.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	2.00
000223 Condiment Mustard Packet	packet	1	0.00
000119 Condiment Barbecue Sauce Cup	Packet	1	16.00
001183 Condiment HoneyMustard 1.5oz HS	PC cup	1	8.00

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Carb (g)
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	2.00
Weighted Daily Average			1012.17
% of Calories			50.1%
Weekly Nutrient Guideline			

Wednesday - 12/12/2018

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
001220 Meatballs Spicy Teriyaki	servings	1	39.25
000310 Corn Dog Mini Turkey WG	6 mini corn dog	1	31.00
001181 Pizza Nardone Cheese 4x6	slices	1	30.00
001191 Pizza Nardone Pepperoni Diced 4x6	slices	1	29.00
001152 Sandwich Chicken WG Breaded Regular	sandwich	1	44.00
000399 Sandwich Chicken WG Hot & Spicy	sandwich	1	48.00
990052 Sandwich Hamburger	sandwich	1	31.00
990051 Sandwich Cheeseburger	sandwich	1	31.00
001054 Sandwich Turkey and Cheese	sandwich	1	28.21
001048 Sandwich Ham & Cheese	sandwich	1	29.49
000029 Sandwich PB&J - homemade	sandwich	1	57.00
000765 Salad Asian	salads	1	47.81

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Chicken			
000139 Salad Chef	salads	1	21.02
000539 Salad Chicken Caesar	salads	1	19.23
000827 Salad Garden	salads	1	22.25
990041 Salad Popcorn Chicken	salads	1	28.98
000826 Salad Turkey	salads	1	21.64
000906 Grains Roll Homestyle	Each	1	24.00
001189 Grains Rice Fried MS & HS	Cup	1	54.08
000662 Vegetable Blend Oriental Stir Fry	1/2 cup	1	2.52
000994 Vegetable Peas Sugar Snap	1/2 cup	1	7.80
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	7.62
000300 Salad Tossed with Carrots	cups	1	9.83
000651 Salad Tossed with Tomatoes	1 cup	1	9.14
000933 Fruit Applesauce Sweetened	1/2 cup	1	25.00
000422 Fruit Grapes Fresh Red Seedless	1/2 cup	1	20.00
000387 Fruit Mandarin Oranges	1/2 cup	1	23.00
000086 Fruit Orange Whole Sliced	Each	1	21.00
000437 Fruit Peach Slices Canned	1/2 cup	1	16.89
000969 Fruit Pears Diced Canned	1/2 cups	1	20.00
000092 Fruit Pineapple Chunks	1/2 cup	1	22.00
000997 Fruit Strawberry	1/2 cup	1	12.00

Base Menu Spreadsheet

Portion Values

Fresh			
000903 Juice Apple	each	1	21.00
000902 Juice Orange Tangerine	each	1	25.00
001008 Juice Fruit Punch	each	1	24.00
001021 Bottled Water 10oz	bottle	1	0.00
000230 Milk White 1%	half pint	1	12.00
990113 Milk Chocolate 1%	half pint	1	26.00
000328 Milk Strawberry Fat Free	half pint	1	18.00
000222 Condiment Ketchup Packet	packet	1	3.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	2.00
000223 Condiment Mustard Packet	packet	1	0.00
000119 Condiment Barbecue Sauce Cup	Packet	1	16.00
001183 Condiment HoneyMustard 1.5oz HS	PC cup	1	8.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	2.00
Weighted Daily Average			990.76
% of Calories			50.4%
Weekly Nutrient Guideline			

Thursday - 12/13/2018

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Dec 3, 2018 thru Dec 20, 2018

	Portion Size	Reimb Qty	Carb (g)
000703 Enchilada Cheese Pepper Jack	2 enchiladas	1	31.98
000774 Burrito Beef & Bean HS Only	burrito	1	47.01
001181 Pizza Nardone Cheese 4x6	slices	1	30.00
001191 Pizza Nardone Pepperoni Diced 4x6	slices	1	29.00
001152 Sandwich Chicken WG Breaded Regular	sandwich	1	44.00
000399 Sandwich Chicken WG Hot & Spicy	sandwich	1	48.00
990052 Sandwich Hamburger	sandwich	1	31.00
990051 Sandwich Cheeseburger	sandwich	1	31.00
001054 Sandwich Turkey and Cheese	sandwich	1	28.21
001048 Sandwich Ham & Cheese	sandwich	1	29.49
000029 Sandwich PB&J - homemade	sandwich	1	57.00
000765 Salad Asian Chicken	salads	1	47.81
000139 Salad Chef	salads	1	21.02
000539 Salad Chicken Caesar	salads	1	19.23
000827 Salad Garden	salads	1	22.25
990041 Salad Popcorn Chicken	salads	1	28.98
000826 Salad Turkey	salads	1	21.64
000906 Grains Roll Homestyle	Each	1	24.00
000001 Grains Rice Mexican Fiesta	1/2 cup	1	21.50

Base Menu Spreadsheet

Portion Values

000736 Vegetable Beans Black	1/2 Cup	1	23.39
000271 Vegetable Corn Buttery	1/2 cup	1	15.96
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	7.62
000300 Salad Tossed with Carrots	cups	1	9.83
000651 Salad Tossed with Tomatoes	1 cup	1	9.14
000933 Fruit Applesauce Sweetened	1/2 cup	1	25.00
000422 Fruit Grapes Fresh Red Seedless	1/2 cup	1	20.00
000387 Fruit Mandarin Oranges	1/2 cup	1	23.00
000086 Fruit Orange Whole Sliced	Each	1	21.00
000437 Fruit Peach Slices Canned	1/2 cup	1	16.89
000969 Fruit Pears Diced Canned	1/2 cups	1	20.00
000092 Fruit Pineapple Chunks	1/2 cup	1	22.00
000997 Fruit Strawberry Fresh	1/2 cup	1	12.00
000903 Juice Apple	each	1	21.00
000902 Juice Orange Tangerine	each	1	25.00
001008 Juice Fruit Punch	each	1	24.00
001021 Bottled Water 10oz	bottle	1	0.00
000230 Milk White 1%	half pint	1	12.00
990113 Milk Chocolate 1%	half pint	1	26.00
000328 Milk Strawberry Fat Free	half pint	1	18.00

Base Menu Spreadsheet

Portion Values

000222 Condiment Ketchup Packet	packet	1	3.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	2.00
000223 Condiment Mustard Packet	packet	1	0.00
000119 Condiment Barbecue Sauce Cup	Packet	1	16.00
001183 Condiment HoneyMustard 1.5oz HS	PC cup	1	8.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	2.00
Weighted Daily Average			995.94
% of Calories			49.0%
Weekly Nutrient Guideline			

Friday - 12/14/2018

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
000338 Sandwich Grilled Cheese	sandwich	1	28.00
001151 Sandwich BBQ Chicken	sandwich	1	38.96
000339 Soup Tomato Healthy Request	1/2 cup	1	19.67
001181 Pizza Nardone Cheese 4x6	slices	1	30.00
001191 Pizza Nardone Pepperoni Diced 4x6	slices	1	29.00
001152 Sandwich Chicken WG Breaded Regular	sandwich	1	44.00
000399 Sandwich Chicken WG Hot & Spicy	sandwich	1	48.00
990052 Sandwich Hamburger	sandwich	1	31.00

Base Menu Spreadsheet

Portion Values

990051 Sandwich Cheeseburger	sandwich	1	31.00
001054 Sandwich Turkey and Cheese	sandwich	1	28.21
001048 Sandwich Ham & Cheese	sandwich	1	29.49
000029 Sandwich PB&J - homemade	sandwich	1	57.00
000765 Salad Asian Chicken	salads	1	47.81
000139 Salad Chef	salads	1	21.02
000539 Salad Chicken Caesar	salads	1	19.23
000827 Salad Garden	salads	1	22.25
990041 Salad Popcorn Chicken	salads	1	28.98
000826 Salad Turkey	salads	1	21.64
000906 Grains Roll Homestyle	Each	1	24.00
000261 Vegetable Carrots Buttery	1/2 cup	1	7.47
000484 Vegetable Potato Crinkle Fries	1/2 cup	1	14.17
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	7.62
000300 Salad Tossed with Carrots	cups	1	9.83
000651 Salad Tossed with Tomatoes	1 cup	1	9.14
000933 Fruit Applesauce Sweetened	1/2 cup	1	25.00
000422 Fruit Grapes Fresh Red Seedless	1/2 cup	1	20.00
000387 Fruit Mandarin Oranges	1/2 cup	1	23.00
000086 Fruit Orange Whole Sliced	Each	1	21.00

Base Menu Spreadsheet

Portion Values

000437 Fruit Peach Slices Canned	1/2 cup	1	16.89
000969 Fruit Pears Diced Canned	1/2 cups	1	20.00
000092 Fruit Pineapple Chunks	1/2 cup	1	22.00
000997 Fruit Strawberry Fresh	1/2 cup	1	12.00
000903 Juice Apple	each	1	21.00
000902 Juice Orange Tangerine	each	1	25.00
001008 Juice Fruit Punch	each	1	24.00
001021 Bottled Water 10oz	bottle	1	0.00
000230 Milk White 1%	half pint	1	12.00
990113 Milk Chocolate 1%	half pint	1	26.00
000328 Milk Strawberry Fat Free	half pint	1	18.00
000222 Condiment Ketchup Packet	packet	1	3.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	2.00
000223 Condiment Mustard Packet	packet	1	0.00
000119 Condiment Barbecue Sauce Cup	Packet	1	16.00
001183 Condiment HoneyMustard 1.5oz HS	PC cup	1	8.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	2.00
Weighted Daily Average			964.37
% of Calories			48.9%
Weekly Nutrient Guideline			

Base Menu Spreadsheet

Portion Values

Dec 3, 2018 thru Dec 20, 2018

Monday - 12/17/2018

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
001122 Chicken Nugget Breaded MS&HS	6 nuggets	1	11.40
000327 Salisbury Steak w/Gravy	steaks	1	7.24
001181 Pizza Nardone Cheese 4x6	slices	1	30.00
001191 Pizza Nardone Pepperoni Diced 4x6	slices	1	29.00
001152 Sandwich Chicken WG Breaded Regular	sandwich	1	44.00
000399 Sandwich Chicken WG Hot & Spicy	sandwich	1	48.00
990052 Sandwich Hamburger	sandwich	1	31.00
990051 Sandwich Cheeseburger	sandwich	1	31.00
001054 Sandwich Turkey and Cheese	sandwich	1	28.21
001048 Sandwich Ham & Cheese	sandwich	1	29.49
000029 Sandwich PB&J - homemade	sandwich	1	57.00
000765 Salad Asian Chicken	salads	1	47.81
000139 Salad Chef	salads	1	21.02
000539 Salad Chicken Caesar	salads	1	19.23
000827 Salad Garden	salads	1	22.25
990041 Salad Popcorn Chicken	salads	1	28.98
000826 Salad Turkey	salads	1	21.64

Base Menu Spreadsheet

Portion Values

000906 Grains Roll Homestyle	Each	1	24.00
001067 Vegetable Potato Mashed with Brown Gravy	1/2 CUP	1	16.21
000993 Vegetable Beans Green Frozen	1/2 CUP	1	6.16
001237 Fruit Baked Apples	1/2 cup	1	25.59
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	7.62
000300 Salad Tossed with Carrots	cups	1	9.83
000651 Salad Tossed with Tomatoes	1 cup	1	9.14
000933 Fruit Applesauce Sweetened	1/2 cup	1	25.00
000422 Fruit Grapes Fresh Red Seedless	1/2 cup	1	20.00
000387 Fruit Mandarin Oranges	1/2 cup	1	23.00
000086 Fruit Orange Whole Sliced	Each	1	21.00
000437 Fruit Peach Slices Canned	1/2 cup	1	16.89
000969 Fruit Pears Diced Canned	1/2 cups	1	20.00
000092 Fruit Pineapple Chunks	1/2 cup	1	22.00
000997 Fruit Strawberry Fresh	1/2 cup	1	12.00
000903 Juice Apple	each	1	21.00
000902 Juice Orange Tangerine	each	1	25.00
001008 Juice Fruit Punch	each	1	24.00
001021 Bottled Water 10oz	bottle	1	0.00
000230 Milk White 1%	half pint	1	12.00

Base Menu Spreadsheet

Portion Values

990113 Milk Chocolate 1%	half pint	1	26.00
000328 Milk Strawberry Fat Free	half pint	1	18.00
000222 Condiment Ketchup Packet	packet	1	3.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	2.00
000223 Condiment Mustard Packet	packet	1	0.00
000119 Condiment Barbecue Sauce Cup	Packet	1	16.00
001183 Condiment HoneyMustard 1.5oz HS	PC cup	1	8.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	2.00
Weighted Daily Average			922.70
% of Calories			48.8%
Weekly Nutrient Guideline			

Tuesday - 12/18/2018

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
000749 Pasta Penne & Meatballs HS	servings	1	69.22
001012 Pasta Cajun Chicken Penne	servings	1	22.46
001181 Pizza Nardone Cheese 4x6	slices	1	30.00
001191 Pizza Nardone Pepperoni Diced 4x6	slices	1	29.00
001152 Sandwich Chicken WG Breaded Regular	sandwich	1	44.00
000399 Sandwich Chicken WG Hot & Spicy	sandwich	1	48.00

Base Menu Spreadsheet

Portion Values

990052 Sandwich Hamburger	sandwich	1	31.00
990051 Sandwich Cheeseburger	sandwich	1	31.00
001054 Sandwich Turkey and Cheese	sandwich	1	28.21
001048 Sandwich Ham & Cheese	sandwich	1	29.49
000029 Sandwich PB&J - homemade	sandwich	1	57.00
000765 Salad Asian Chicken	salads	1	47.81
000139 Salad Chef	salads	1	21.02
000539 Salad Chicken Caesar	salads	1	19.23
000827 Salad Garden	salads	1	22.25
990041 Salad Popcorn Chicken	salads	1	28.98
000826 Salad Turkey	salads	1	21.64
000906 Grains Roll Homestyle	Each	1	24.00
000674 Vegetable Potato Sweet Casserole	1/2 CUP	1	42.34
000908 Vegetable Blend Tuscan	1/2 Cup	1	6.01
000258 Vegetable Broccoli Florets Frozen	1/2 cup	1	4.49
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	7.62
000300 Salad Tossed with Carrots	cups	1	9.83
000651 Salad Tossed with Tomatoes	1 cup	1	9.14
000933 Fruit Applesauce Sweetened	1/2 cup	1	25.00
000422 Fruit Grapes Fresh Red Seedless	1/2 cup	1	20.00

Base Menu Spreadsheet

Portion Values

000387 Fruit Mandarin Oranges	1/2 cup	1	23.00
000086 Fruit Orange Whole Sliced	Each	1	21.00
000437 Fruit Peach Slices Canned	1/2 cup	1	16.89
000969 Fruit Pears Diced Canned	1/2 cups	1	20.00
000092 Fruit Pineapple Chunks	1/2 cup	1	22.00
000997 Fruit Strawberry Fresh	1/2 cup	1	12.00
000903 Juice Apple	each	1	21.00
000902 Juice Orange Tangerine	each	1	25.00
001008 Juice Fruit Punch	each	1	24.00
001021 Bottled Water 10oz	bottle	1	0.00
000230 Milk White 1%	half pint	1	12.00
990113 Milk Chocolate 1%	half pint	1	26.00
000328 Milk Strawberry Fat Free	half pint	1	18.00
000222 Condiment Ketchup Packet	packet	1	3.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	2.00
000223 Condiment Mustard Packet	packet	1	0.00
000119 Condiment Barbecue Sauce Cup	Packet	1	16.00
001183 Condiment HoneyMustard 1.5oz HS	PC cup	1	8.00

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Carb (g)
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	2.00
Weighted Daily Average			1000.63
% of Calories			50.3%
Weekly Nutrient Guideline			

Wednesday - 12/19/2018

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
000515 Hot Pocket Turkey Pepperoni	each	1	32.00
000310 Corn Dog Mini Turkey WG	6 mini corn dog	1	31.00
001181 Pizza Nardone Cheese 4x6	slices	1	30.00
001191 Pizza Nardone Pepperoni Diced 4x6	slices	1	29.00
001152 Sandwich Chicken WG Breaded Regular	sandwich	1	44.00
000399 Sandwich Chicken WG Hot & Spicy	sandwich	1	48.00
990052 Sandwich Hamburger	sandwich	1	31.00
990051 Sandwich Cheeseburger	sandwich	1	31.00
001054 Sandwich Turkey and Cheese	sandwich	1	28.21
001048 Sandwich Ham & Cheese	sandwich	1	29.49
000029 Sandwich PB&J - homemade	sandwich	1	57.00
000765 Salad Asian	salads	1	47.81

Base Menu Spreadsheet

Portion Values

Chicken			
000139 Salad Chef	salads	1	21.02
000539 Salad Chicken Caesar	salads	1	19.23
000827 Salad Garden	salads	1	22.25
990041 Salad Popcorn Chicken	salads	1	28.98
000826 Salad Turkey	salads	1	21.64
000906 Grains Roll Homestyle	Each	1	24.00
990040 Vegetable Squash Casserole	1/2 cup	1	18.68
000993 Vegetable Beans Green Frozen	1/2 CUP	1	6.16
000261 Vegetable Carrots Buttery	1/2 cup	1	7.47
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	7.62
000300 Salad Tossed with Carrots	cups	1	9.83
000651 Salad Tossed with Tomatoes	1 cup	1	9.14
000933 Fruit Applesauce Sweetened	1/2 cup	1	25.00
000422 Fruit Grapes Fresh Red Seedless	1/2 cup	1	20.00
000387 Fruit Mandarin Oranges	1/2 cup	1	23.00
000086 Fruit Orange Whole Sliced	Each	1	21.00
000437 Fruit Peach Slices Canned	1/2 cup	1	16.89
000969 Fruit Pears Diced Canned	1/2 cups	1	20.00
000092 Fruit Pineapple Chunks	1/2 cup	1	22.00
000997 Fruit Strawberry	1/2 cup	1	12.00

Base Menu Spreadsheet

Portion Values

Fresh			
000903 Juice Apple	each	1	21.00
000902 Juice Orange Tangerine	each	1	25.00
001008 Juice Fruit Punch	each	1	24.00
001021 Bottled Water 10oz	bottle	1	0.00
000230 Milk White 1%	half pint	1	12.00
990113 Milk Chocolate 1%	half pint	1	26.00
000328 Milk Strawberry Fat Free	half pint	1	18.00
000222 Condiment Ketchup Packet	packet	1	3.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	2.00
000223 Condiment Mustard Packet	packet	1	0.00
000119 Condiment Barbecue Sauce Cup	Packet	1	16.00
001183 Condiment HoneyMustard 1.5oz HS	PC cup	1	8.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	2.00
Weighted Daily Average			951.41
% of Calories			49.6%
Weekly Nutrient Guideline			

Thursday - 12/20/2018

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Carb (g)
000745 Quesadilla Cheese	each	1	29.78
001136 Nachos with Beef	EACH	1	44.70
001170 Taco Beef Soft Shell	2 tacos	1	42.54
001181 Pizza Nardone Cheese 4x6	slices	1	30.00
001191 Pizza Nardone Pepperoni Diced 4x6	slices	1	29.00
001152 Sandwich Chicken WG Breaded Regular	sandwich	1	44.00
000399 Sandwich Chicken WG Hot & Spicy	sandwich	1	48.00
990052 Sandwich Hamburger	sandwich	1	31.00
990051 Sandwich Cheeseburger	sandwich	1	31.00
001054 Sandwich Turkey and Cheese	sandwich	1	28.21
001048 Sandwich Ham & Cheese	sandwich	1	29.49
000029 Sandwich PB&J - homemade	sandwich	1	57.00
000765 Salad Asian Chicken	salads	1	47.81
000139 Salad Chef	salads	1	21.02
000539 Salad Chicken Caesar	salads	1	19.23
000827 Salad Garden	salads	1	22.25
990041 Salad Popcorn Chicken	salads	1	28.98
000826 Salad Turkey	salads	1	21.64
000906 Grains Roll Homestyle	Each	1	24.00

Base Menu Spreadsheet

Portion Values

000001 Grains Rice Mexican Fiesta	1/2 cup	1	21.50
000736 Vegetable Beans Black	1/2 Cup	1	23.39
000271 Vegetable Corn Buttery	1/2 cup	1	15.96
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	7.62
000300 Salad Tossed with Carrots	cups	1	9.83
000651 Salad Tossed with Tomatoes	1 cup	1	9.14
000933 Fruit Applesauce Sweetened	1/2 cup	1	25.00
000422 Fruit Grapes Fresh Red Seedless	1/2 cup	1	20.00
000387 Fruit Mandarin Oranges	1/2 cup	1	23.00
000086 Fruit Orange Whole Sliced	Each	1	21.00
000437 Fruit Peach Slices Canned	1/2 cup	1	16.89
000969 Fruit Pears Diced Canned	1/2 cups	1	20.00
000092 Fruit Pineapple Chunks	1/2 cup	1	22.00
000997 Fruit Strawberry Fresh	1/2 cup	1	12.00
000903 Juice Apple	each	1	21.00
000902 Juice Orange Tangerine	each	1	25.00
001008 Juice Fruit Punch	each	1	24.00
001021 Bottled Water 10oz	bottle	1	0.00
000230 Milk White 1%	half pint	1	12.00
990113 Milk Chocolate 1%	half pint	1	26.00

Base Menu Spreadsheet

Portion Values

000328 Milk Strawberry Fat Free	half pint	1	18.00
000222 Condiment Ketchup Packet	packet	1	3.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	2.00
000223 Condiment Mustard Packet	packet	1	0.00
000119 Condiment Barbecue Sauce Cup	Packet	1	16.00
001183 Condiment HoneyMustard 1.5oz HS	PC cup	1	8.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	2.00
Weighted Daily Average			1033.97
% of Calories			47.8%
Weekly Nutrient Guideline			

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

** - denotes combined nutrient totals with either missing or incomplete nutrient data*

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.