



Middle School Lunch Menu

February 2019

Monday	Tuesday	Wednesday	Thursday	Friday
Offered Daily				
Variety of fresh fruits, small side salads, & raw vegetables				
Sandwiches PB&J Ham & Cheese Turkey & Cheese	Rotating Signature Salads Chef Salad Caesar Salad Turkey Salad Asian Salad Chicken Popcorn Salad Garden Salad	Beverages Apple & Eve 100% Juices Borden Milk: 1% Low-fat White & Chocolate & Fat Free Strawberry		1 Choice of Pizza: Cheese or Pepperoni Crunchy Fish Pollock w/Hushpuppies Hamburger or Cheeseburger Oven Baked Fries Green Beans Mixed Blend Vegetables Friday Treat
4 Cheeseburger or Hamburger Chicken Nuggets w/ Homestyle Roll Sloppy Joe Sandwich Oven Baked Fries Honey Glazed Carrots Green Beans	5 Pasta w/Meat Sauce Chicken Parmesan Breadstick Loaded Baked Potato Green Peas Whole Kernel Corn Baked Apples	6 Mini Turkey Corn Dogs Grilled Cheese w/Tomato Soup Hot Ham & Cheese Croissant Tater Tots Broccoli Mixed Blend Vegetables	7 Beef Nachos Popcorn Chicken w/Homestyle Roll Loaded Baked Potato Pinto Beans Mexicali Rice Whole Kernel Corn	8 Choice of Pizza: Cheese or Pepperoni BBQ Pork Sandwich Breaded Chicken Sandwich Baked Beans Peas & Carrots Mixed Blend Vegetables Friday Treat
11 Turkey Pepperoni Hot Pocket Chicken Nuggets w/ Homestyle Roll Breaded Drumstick Cheesy Potatoes Whole Kernel Corn Broccoli	12 Meatball Sub Hot Ham & Cheese Croissant Loaded Baked Potato Spinach Buttery Carrots Baked Apples	13 Hot Dog Breaded Chicken Sandwich Chili Dog Ranch Style Beans Mac & Cheese Mixed Blend Vegetables	14 Cheese Enchiladas Chicken Nuggets w/Homestyle Roll Loaded Baked Potato Refried Beans Buttery Carrots Mixed Blend Vegetables Holiday Cookie	15 Choice of Pizza: Cheese or Pepperoni Cheeseburger or Hamburger BBQ Chicken Sandwich Oven Baked Fries Green Beans Whole Kernel Corn Friday Treat
18 President's Day No School	19 Beef Ravioli w/Breadstick Breaded Chicken Sandwich Loaded Baked Potato Green Peas Whole Kernel Corn Baked Apples	20 Corn Dog Cheeseburger or Hamburger Chicken Pot Pie Tater Tots Broccoli Mixed Blend Vegetables	21 Beef & Cheese Burrito Popcorn Chicken w/Homestyle Roll Loaded Baked Potato Pinto Beans Broccoli Whole Kernel Corn	22 Choice of Pizza: Cheese or Pepperoni Fish Stick Basket Buffalo Popcorn Chicken Basket Baked Beans Peas & Carrots Mixed Blend Vegetables Friday Treat
25 Salisbury Steak w/Gravy Breaded Drumstick Beef Sticks w/ Gravy Biscuit Mashed Potatoes w/Gravy Whole Kernel Corn Broccoli	26 Lasagna w/Breadstick Mini Corn Dogs Loaded Baked Potato Spinach Buttery Carrots Baked Apples	27 General Tso Popcorn Chicken Popcorn Chicken Teriyaki Meatballs Fried Rice Whole Kernel Corn Broccoli Oriental Blend Vegetables	28 Chicken Quesadilla Cheeseburger or Hamburger Loaded Baked Potato Refried Beans Buttery Carrots Mixed Blend Vegetables	