

Base Menu Spreadsheet

Portion Values

Jan 7, 2019 thru Jan 31, 2019

Menu Name: Elementary School Lunch

Include Cost: No

Site:

Report Style: Detailed

Monday - 01/07/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
000515 Hot Pocket Turkey Pepperoni	each	1	32.00
001121 Chicken Nugget Breaded Elem	5 nuggets	1	9.50
000906 Grains Roll Homestyle	Each	1	24.00
001048 Sandwich Ham & Cheese	sandwich	1	29.49
001054 Sandwich Turkey and Cheese	sandwich	1	28.21
000029 Sandwich PB&J - homemade	sandwich	1	57.00
000765 Salad Asian Chicken	salads	1	47.81
000139 Salad Chef	salads	1	21.02
000827 Salad Garden	salads	1	22.25
000539 Salad Chicken Caesar	salads	1	19.23
990041 Salad Popcorn Chicken	salads	1	28.98
000826 Salad Turkey	salads	1	21.64
001013 Salad, Tossed Assorted	cup	1	9.49
000906 Grains Roll Homestyle	Each	1	24.00
000484 Vegetable Potato Crinkle Fries	1/2 cup	1	14.17

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Portion Values

000465 Vegetable Carrots Honey Glaze	1/2 cup	1	12.06
000424 Vegetable Beans Green LS Can	1/2 CUP	1	4.00
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	7.62
000848 Vegetable Carrots Baby Raw	1/2 cup	1	7.12
000875 Vegetable Veggie Bowl Variety	Each	1	3.08
000064 Fruit Apples Fresh Sliced	EACH	1	12.50
000068 Fruit Bananas	EACH	1	29.00
000086 Fruit Orange Whole Sliced	Each	1	21.00
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	17.21
000230 Milk White 1%	half pint	1	12.00
990113 Milk Chocolate 1%	half pint	1	26.00
000328 Milk Strawberry Fat Free	half pint	1	18.00
001017 Juice Assorted	each	1	23.33
001021 Bottled Water 10oz	bottle	1	0.00
000222 Condiment Ketchup Packet	packet	1	3.00
000223 Condiment Mustard Packet	packet	1	0.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	2.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	2.00
000542 Condiment Honey Mustard 1oz	1 oz cup	1	8.00
000119 Condiment Barbecue Sauce Cup	Packet	1	16.00

Base Menu Spreadsheet

Portion Values

Weighted Daily Average			612.70
% of Calories			47.4%
Weekly Nutrient Guideline			

Tuesday - 01/08/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
000579 Pasta Spaghetti & Meatballs	servings	1	41.89
001125 Chicken Parmesan	each	1	19.91
990129 Grain Breadstick Garlic WG	Breadstick	1	17.00
000044 Baked Potato Loaded	Potato	1	70.65
001048 Sandwich Ham & Cheese	sandwich	1	29.49
001054 Sandwich Turkey and Cheese	sandwich	1	28.21
000029 Sandwich PB&J - homemade	sandwich	1	57.00
000765 Salad Asian Chicken	salads	1	47.81
000139 Salad Chef	salads	1	21.02
000827 Salad Garden	salads	1	22.25
000539 Salad Chicken Caesar	salads	1	19.23
990041 Salad Popcorn Chicken	salads	1	28.98
000826 Salad Turkey	salads	1	21.64
001013 Salad, Tossed Assorted	cup	1	9.49

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000906 Grains Roll Homestyle	Each	1	24.00
000994 Vegetable Peas Sugar Snap	1/2 cup	1	7.80
000271 Vegetable Corn Buttery	1/2 cup	1	15.96
001237 Fruit Baked Apples	1/2 cup	1	25.59
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	7.62
000848 Vegetable Carrots Baby Raw	1/2 cup	1	7.12
000875 Vegetable Veggie Bowl Variety	Each	1	3.08
000064 Fruit Apples Fresh Sliced	EACH	1	12.50
000068 Fruit Bananas	EACH	1	29.00
000086 Fruit Orange Whole Sliced	Each	1	21.00
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	17.21
000230 Milk White 1%	half pint	1	12.00
990113 Milk Chocolate 1%	half pint	1	26.00
000328 Milk Strawberry Fat Free	half pint	1	18.00
001017 Juice Assorted	each	1	23.33
001021 Bottled Water 10oz	bottle	1	0.00
000222 Condiment Ketchup Packet	packet	1	3.00
000223 Condiment Mustard Packet	packet	1	0.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	2.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	2.00

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000542 Condiment Honey Mustard 1oz	1 oz cup	1	8.00
000119 Condiment Barbecue Sauce Cup	Packet	1	16.00
Weighted Daily Average			715.76
% of Calories			47.3%
Weekly Nutrient Guideline			

Wednesday - 01/09/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
000310 Corn Dog Mini Turkey WG	6 mini corn dog	1	31.00
000338 Sandwich Grilled Cheese	sandwich	1	28.00
001048 Sandwich Ham & Cheese	sandwich	1	29.49
001054 Sandwich Turkey and Cheese	sandwich	1	28.21
000029 Sandwich PB&J - homemade	sandwich	1	57.00
000765 Salad Asian Chicken	salads	1	47.81
000139 Salad Chef	salads	1	21.02
000827 Salad Garden	salads	1	22.25
000539 Salad Chicken Caesar	salads	1	19.23
990041 Salad Popcorn Chicken	salads	1	28.98
000826 Salad Turkey	salads	1	21.64
001013 Salad, Tossed Assorted	cup	1	9.49

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000906 Grains Roll Homestyle	Each	1	24.00
000339 Soup Tomato Healthy Request	1/2 cup	1	19.67
000043 Vegetable Potato Tater Tot	1/2 cup	1	16.14
000258 Vegetable Broccoli Florets Frozen	1/2 cup	1	4.49
000908 Vegetable Blend Tuscan	1/2 Cup	1	6.01
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	7.62
000848 Vegetable Carrots Baby Raw	1/2 cup	1	7.12
000875 Vegetable Veggie Bowl Variety	Each	1	3.08
000064 Fruit Apples Fresh Sliced	EACH	1	12.50
000068 Fruit Bananas	EACH	1	29.00
000086 Fruit Orange Whole Sliced	Each	1	21.00
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	17.21
000230 Milk White 1%	half pint	1	12.00
000328 Milk Strawberry Fat Free	half pint	1	18.00
990113 Milk Chocolate 1%	half pint	1	26.00
001017 Juice Assorted	each	1	23.33
001021 Bottled Water 10oz	bottle	1	0.00
000222 Condiment Ketchup Packet	packet	1	3.00
000223 Condiment Mustard Packet	packet	1	0.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	2.00

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000893 Condiment Ranch Lite 1 oz	1 oz cup	1	2.00
000542 Condiment Honey Mustard 1oz	1 oz cup	1	8.00
000119 Condiment Barbecue Sauce Cup	Packet	1	16.00
Weighted Daily Average			622.28
% of Calories			46.4%
Weekly Nutrient Guideline			

Thursday - 01/10/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
001136 Nachos with Beef	EACH	1	44.70
990136 Chicken Popcorn	10 popcorn	1	20.00
000906 Grains Roll Homestyle	Each	1	24.00
000044 Baked Potato Loaded	Potato	1	70.65
001048 Sandwich Ham & Cheese	sandwich	1	29.49
001054 Sandwich Turkey and Cheese	sandwich	1	28.21
000029 Sandwich PB&J - homemade	sandwich	1	57.00
000765 Salad Asian Chicken	salads	1	47.81
000139 Salad Chef	salads	1	21.02
000827 Salad Garden	salads	1	22.25
000539 Salad Chicken Caesar	salads	1	19.23

Base Menu Spreadsheet

Portion Values

990041 Salad Popcorn Chicken	salads	1	28.98
000826 Salad Turkey	salads	1	21.64
001013 Salad, Tossed Assorted	cup	1	9.49
000906 Grains Roll Homestyle	Each	1	24.00
000007 Vegetable Beans Pinto	1/2 cup	1	21.00
000001 Grains Rice Mexican Fiesta	1/2 cup	1	21.50
000271 Vegetable Corn Buttery	1/2 cup	1	15.96
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	7.62
000848 Vegetable Carrots Baby Raw	1/2 cup	1	7.12
000875 Vegetable Veggie Bowl Variety	Each	1	3.08
000064 Fruit Apples Fresh Sliced	EACH	1	12.50
000068 Fruit Bananas	EACH	1	29.00
000086 Fruit Orange Whole Sliced	Each	1	21.00
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	17.21
000230 Milk White 1%	half pint	1	12.00
990113 Milk Chocolate 1%	half pint	1	26.00
000328 Milk Strawberry Fat Free	half pint	1	18.00
001017 Juice Assorted	each	1	23.33
001021 Bottled Water 10oz	bottle	1	0.00
000222 Condiment Ketchup Packet	packet	1	3.00

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000223 Condiment Mustard Packet	packet	1	0.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	2.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	2.00
000542 Condiment Honey Mustard 1oz	1 oz cup	1	8.00
000119 Condiment Barbecue Sauce Cup	Packet	1	16.00
Weighted Daily Average			734.77
% of Calories			47.0%
Weekly Nutrient Guideline			

Friday - 01/11/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
001181 Pizza Nardone Cheese 4x6	slices	1	30.00
001191 Pizza Nardone Pepperoni Diced 4x6	slices	1	29.00
000301 Sandwich BBQ Pulled Pork	sandwich	1	37.97
001048 Sandwich Ham & Cheese	sandwich	1	29.49
001054 Sandwich Turkey and Cheese	sandwich	1	28.21
000029 Sandwich PB&J - homemade	sandwich	1	57.00
000765 Salad Asian Chicken	salads	1	47.81
000139 Salad Chef	salads	1	21.02
000827 Salad Garden	salads	1	22.25

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000539 Salad Chicken Caesar	salads	1	19.23
990041 Salad Popcorn Chicken	salads	1	28.98
000826 Salad Turkey	salads	1	21.64
001013 Salad, Tossed Assorted	cup	1	9.49
000906 Grains Roll Homestyle	Each	1	24.00
000299 Vegetable Beans Baked	1/2 cup	1	30.00
000439 Vegetable Peas & Carrots Frozen	1/2 cup	1	12.01
000680 Vegetable Blend Spring	1/2 cup	1	5.12
990133 Dessert Cookie Chocolate Chip 1 oz	Cookies	1	17.00
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	7.62
000848 Vegetable Carrots Baby Raw	1/2 cup	1	7.12
000875 Vegetable Veggie Bowl Variety	Each	1	3.08
000064 Fruit Apples Fresh Sliced	EACH	1	12.50
000068 Fruit Bananas	EACH	1	29.00
000086 Fruit Orange Whole Sliced	Each	1	21.00
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	17.21
000230 Milk White 1%	half pint	1	12.00
990113 Milk Chocolate 1%	half pint	1	26.00
000328 Milk Strawberry Fat Free	half pint	1	18.00
001017 Juice Assorted	each	1	23.33

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001021 Bottled Water 10oz	bottle	1	0.00
000222 Condiment Ketchup Packet	packet	1	3.00
000223 Condiment Mustard Packet	packet	1	0.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	2.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	2.00
000542 Condiment Honey Mustard 1oz	1 oz cup	1	8.00
000119 Condiment Barbecue Sauce Cup	Packet	1	16.00
Weighted Daily Average			678.06
% of Calories			47.1%
Weekly Nutrient Guideline			

Monday - 01/14/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
990051 Sandwich Cheeseburger	sandwich	1	31.00
990052 Sandwich Hamburger	sandwich	1	31.00
000966 Chicken Breaded Drumstick	drumstick	1	5.00
000906 Grains Roll Homestyle	Each	1	24.00
001048 Sandwich Ham & Cheese	sandwich	1	29.49
001054 Sandwich Turkey and Cheese	sandwich	1	28.21
000029 Sandwich PB&J - homemade	sandwich	1	57.00

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Portion Values

000765 Salad Asian Chicken	salads	1	47.81
000139 Salad Chef	salads	1	21.02
000827 Salad Garden	salads	1	22.25
000539 Salad Chicken Caesar	salads	1	19.23
990041 Salad Popcorn Chicken	salads	1	28.98
000826 Salad Turkey	salads	1	21.64
001013 Salad, Tossed Assorted	cup	1	9.49
000906 Grains Roll Homestyle	Each	1	24.00
000329 Vegetable Potato Au Gratin	1/2 cup	1	25.00
000271 Vegetable Corn Buttery	1/2 cup	1	15.96
000258 Vegetable Broccoli Florets Frozen	1/2 cup	1	4.49
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	7.62
000848 Vegetable Carrots Baby Raw	1/2 cup	1	7.12
000875 Vegetable Veggie Bowl Variety	Each	1	3.08
000064 Fruit Apples Fresh Sliced	EACH	1	12.50
000068 Fruit Bananas	EACH	1	29.00
000086 Fruit Orange Whole Sliced	Each	1	21.00
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	17.21
000230 Milk White 1%	half pint	1	12.00
990113 Milk Chocolate 1%	half pint	1	26.00

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000328 Milk Strawberry Fat Free	half pint	1	18.00
001017 Juice Assorted	each	1	23.33
001021 Bottled Water 10oz	bottle	1	0.00
000222 Condiment Ketchup Packet	packet	1	3.00
000223 Condiment Mustard Packet	packet	1	0.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	2.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	2.00
000542 Condiment Honey Mustard 1oz	1 oz cup	1	8.00
000119 Condiment Barbecue Sauce Cup	Packet	1	16.00
Weighted Daily Average			653.42
% of Calories			46.9%
Weekly Nutrient Guideline			

Tuesday - 01/15/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
000082 Sandwich Meatball Sub	sandwich	1	37.84
000771 Sandwich Hot Ham & Cheese Croissant	sandwich	1	26.50
000044 Baked Potato Loaded	Potato	1	70.65
001048 Sandwich Ham & Cheese	sandwich	1	29.49
001054 Sandwich Turkey and Cheese	sandwich	1	28.21

Base Menu Spreadsheet

Portion Values

000029 Sandwich PB&J - homemade	sandwich	1	57.00
000765 Salad Asian Chicken	salads	1	47.81
000139 Salad Chef	salads	1	21.02
000827 Salad Garden	salads	1	22.25
000539 Salad Chicken Caesar	salads	1	19.23
990041 Salad Popcorn Chicken	salads	1	28.98
000826 Salad Turkey	salads	1	21.64
001013 Salad, Tossed Assorted	cup	1	9.49
000906 Grains Roll Homestyle	Each	1	24.00
000754 Vegetable Buttery Brussel Sprouts	1/2 cup	1	6.02
000261 Vegetable Carrots Buttery	1/2 cup	1	7.47
001237 Fruit Baked Apples	1/2 cup	1	25.59
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	7.62
000848 Vegetable Carrots Baby Raw	1/2 cup	1	7.12
000875 Vegetable Veggie Bowl Variety	Each	1	3.08
000064 Fruit Apples Fresh Sliced	EACH	1	12.50
000068 Fruit Bananas	EACH	1	29.00
000086 Fruit Orange Whole Sliced	Each	1	21.00
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	17.21
000230 Milk White 1%	half pint	1	12.00

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Portion Values

990113 Milk Chocolate 1%	half pint	1	26.00
000328 Milk Strawberry Fat Free	half pint	1	18.00
001017 Juice Assorted	each	1	23.33
001021 Bottled Water 10oz	bottle	1	0.00
000222 Condiment Ketchup Packet	packet	1	3.00
000223 Condiment Mustard Packet	packet	1	0.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	2.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	2.00
000542 Condiment Honey Mustard 1oz	1 oz cup	1	8.00
000119 Condiment Barbecue Sauce Cup	Packet	1	16.00
Weighted Daily Average			691.04
% of Calories			45.9%
Weekly Nutrient Guideline			

Wednesday - 01/16/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
000719 Sandwich Hot Dog	sandwich	1	31.99
001152 Sandwich Chicken WG Breaded Regular	sandwich	1	44.00
001048 Sandwich Ham & Cheese	sandwich	1	29.49
001054 Sandwich Turkey and Cheese	sandwich	1	28.21

Base Menu Spreadsheet

Portion Values

000029 Sandwich PB&J - homemade	sandwich	1	57.00
000765 Salad Asian Chicken	salads	1	47.81
000139 Salad Chef	salads	1	21.02
000827 Salad Garden	salads	1	22.25
000539 Salad Chicken Caesar	salads	1	19.23
990041 Salad Popcorn Chicken	salads	1	28.98
000826 Salad Turkey	salads	1	21.64
001013 Salad, Tossed Assorted	cup	1	9.49
000906 Grains Roll Homestyle	Each	1	24.00
000335 Vegetable Beans Ranch Style	1/2 cup	1	18.32
990119 Grains Mac & Cheese Side item - Tilt Skillet	1/2 cup	1	21.37
000908 Vegetable Blend Tuscan	1/2 Cup	1	6.01
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	7.62
000848 Vegetable Carrots Baby Raw	1/2 cup	1	7.12
000875 Vegetable Veggie Bowl Variety	Each	1	3.08
000064 Fruit Apples Fresh Sliced	EACH	1	12.50
000068 Fruit Bananas	EACH	1	29.00
000086 Fruit Orange Whole Sliced	Each	1	21.00
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	17.21
000230 Milk White 1%	half pint	1	12.00

Base Menu Spreadsheet

Portion Values

990113 Milk Chocolate 1%	half pint	1	26.00
000328 Milk Strawberry Fat Free	half pint	1	18.00
001017 Juice Assorted	each	1	23.33
001021 Bottled Water 10oz	bottle	1	0.00
000222 Condiment Ketchup Packet	packet	1	3.00
000223 Condiment Mustard Packet	packet	1	0.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	2.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	2.00
000542 Condiment Honey Mustard 1oz	1 oz cup	1	8.00
000119 Condiment Barbecue Sauce Cup	Packet	1	16.00
Weighted Daily Average			638.65
% of Calories			46.5%
Weekly Nutrient Guideline			

Thursday - 01/17/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
000703 Enchilada Cheese Pepper Jack	2 enchiladas	1	31.98
001121 Chicken Nugget Breaded Elem	5 nuggets	1	9.50
000906 Grains Roll Homestyle	Each	1	24.00
000044 Baked Potato Loaded	Potato	1	70.65

Base Menu Spreadsheet

Portion Values

001048 Sandwich Ham & Cheese	sandwich	1	29.49
001054 Sandwich Turkey and Cheese	sandwich	1	28.21
000029 Sandwich PB&J - homemade	sandwich	1	57.00
000765 Salad Asian Chicken	salads	1	47.81
000139 Salad Chef	salads	1	21.02
000827 Salad Garden	salads	1	22.25
000539 Salad Chicken Caesar	salads	1	19.23
990041 Salad Popcorn Chicken	salads	1	28.98
000826 Salad Turkey	salads	1	21.64
001013 Salad, Tossed Assorted	cup	1	9.49
000906 Grains Roll Homestyle	Each	1	24.00
000650 Vegetable Beans Refried Cheesy	1/2 cup	1	31.62
000261 Vegetable Carrots Buttery	1/2 cup	1	7.47
000995 Vegetable Blend Dutch California	1/2 cup	1	5.34
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	7.62
000848 Vegetable Carrots Baby Raw	1/2 cup	1	7.12
000875 Vegetable Veggie Bowl Variety	Each	1	3.08
000064 Fruit Apples Fresh Sliced	EACH	1	12.50
000068 Fruit Bananas	EACH	1	29.00
000086 Fruit Orange Whole Sliced	Each	1	21.00

Base Menu Spreadsheet

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000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	17.21
000230 Milk White 1%	half pint	1	12.00
990113 Milk Chocolate 1%	half pint	1	26.00
000328 Milk Strawberry Fat Free	half pint	1	18.00
001017 Juice Assorted	each	1	23.33
001021 Bottled Water 10oz	bottle	1	0.00
000222 Condiment Ketchup Packet	packet	1	3.00
000223 Condiment Mustard Packet	packet	1	0.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	2.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	2.00
000542 Condiment Honey Mustard 1oz	1 oz cup	1	8.00
000119 Condiment Barbecue Sauce Cup	Packet	1	16.00
Weighted Daily Average			697.51
% of Calories			46.1%
Weekly Nutrient Guideline			

Friday - 01/18/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
001181 Pizza Nardone Cheese 4x6	slices	1	30.00
001191 Pizza Nardone Pepperoni Diced 4x6	slices	1	29.00

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Portion Values

990051 Sandwich Cheeseburger	sandwich	1	31.00
990052 Sandwich Hamburger	sandwich	1	31.00
001054 Sandwich Turkey and Cheese	sandwich	1	28.21
000029 Sandwich PB&J - homemade	sandwich	1	57.00
000765 Salad Asian Chicken	salads	1	47.81
000139 Salad Chef	salads	1	21.02
000827 Salad Garden	salads	1	22.25
000539 Salad Chicken Caesar	salads	1	19.23
990041 Salad Popcorn Chicken	salads	1	28.98
000826 Salad Turkey	salads	1	21.64
001013 Salad, Tossed Assorted	cup	1	9.49
000906 Grains Roll Homestyle	Each	1	24.00
000484 Vegetable Potato Crinkle Fries	1/2 cup	1	14.17
000424 Vegetable Beans Green LS Can	1/2 CUP	1	4.00
000271 Vegetable Corn Buttery	1/2 cup	1	15.96
990133 Dessert Cookie Chocolate Chip 1 oz	Cookies	1	17.00
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	7.62
000848 Vegetable Carrots Baby Raw	1/2 cup	1	7.12
000875 Vegetable Veggie Bowl Variety	Each	1	3.08
000064 Fruit Apples Fresh Sliced	EACH	1	12.50

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000068 Fruit Bananas	EACH	1	29.00
000086 Fruit Orange Whole Sliced	Each	1	21.00
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	17.21
000230 Milk White 1%	half pint	1	12.00
990113 Milk Chocolate 1%	half pint	1	26.00
000328 Milk Strawberry Fat Free	half pint	1	18.00
001017 Juice Assorted	each	1	23.33
001021 Bottled Water 10oz	bottle	1	0.00
000222 Condiment Ketchup Packet	packet	1	3.00
000223 Condiment Mustard Packet	packet	1	0.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	2.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	2.00
000542 Condiment Honey Mustard 1oz	1 oz cup	1	8.00
000119 Condiment Barbecue Sauce Cup	Packet	1	16.00
Weighted Daily Average			659.61
% of Calories			46.7%
Weekly Nutrient Guideline			

Tuesday - 01/22/2019

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Carb (g)
000006 Pasta Ravioli Beef Special	Cup	1	36.02
990129 Grain Breadstick Garlic WG	Breadstick	1	17.00
001152 Sandwich Chicken WG Breaded Regular	sandwich	1	44.00
000044 Baked Potato Loaded	Potato	1	70.65
001048 Sandwich Ham & Cheese	sandwich	1	29.49
001054 Sandwich Turkey and Cheese	sandwich	1	28.21
000029 Sandwich PB&J - homemade	sandwich	1	57.00
000765 Salad Asian Chicken	salads	1	47.81
000139 Salad Chef	salads	1	21.02
000827 Salad Garden	salads	1	22.25
000539 Salad Chicken Caesar	salads	1	19.23
990041 Salad Popcorn Chicken	salads	1	28.98
000826 Salad Turkey	salads	1	21.64
001013 Salad, Tossed Assorted	cup	1	9.49
000906 Grains Roll Homestyle	Each	1	24.00
000994 Vegetable Peas Sugar Snap	1/2 cup	1	7.80
000271 Vegetable Corn Buttery	1/2 cup	1	15.96
001237 Fruit Baked Apples	1/2 cup	1	25.59
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	7.62

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000848 Vegetable Carrots Baby Raw	1/2 cup	1	7.12
000875 Vegetable Veggie Bowl Variety	Each	1	3.08
000064 Fruit Apples Fresh Sliced	EACH	1	12.50
000068 Fruit Bananas	EACH	1	29.00
000086 Fruit Orange Whole Sliced	Each	1	21.00
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	17.21
000230 Milk White 1%	half pint	1	12.00
990113 Milk Chocolate 1%	half pint	1	26.00
000328 Milk Strawberry Fat Free	half pint	1	18.00
001017 Juice Assorted	each	1	23.33
001021 Bottled Water 10oz	bottle	1	0.00
000222 Condiment Ketchup Packet	packet	1	3.00
000223 Condiment Mustard Packet	packet	1	0.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	2.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	2.00
000542 Condiment Honey Mustard 1oz	1 oz cup	1	8.00

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Carb (g)
000119 Condiment Barbecue Sauce Cup	Packet	1	16.00
Weighted Daily Average			733.99
% of Calories			49.2%
Weekly Nutrient Guideline			

Wednesday - 01/23/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
000712 Corn Dog Chicken	corndogs	1	30.00
990051 Sandwich Cheeseburger	sandwich	1	31.00
990052 Sandwich Hamburger	sandwich	1	31.00
001048 Sandwich Ham & Cheese	sandwich	1	29.49
001054 Sandwich Turkey and Cheese	sandwich	1	28.21
000029 Sandwich PB&J - homemade	sandwich	1	57.00
000765 Salad Asian Chicken	salads	1	47.81
000139 Salad Chef	salads	1	21.02
000827 Salad Garden	salads	1	22.25
000539 Salad Chicken Caesar	salads	1	19.23
990041 Salad Popcorn Chicken	salads	1	28.98
000826 Salad Turkey	salads	1	21.64

Base Menu Spreadsheet

Portion Values

001013 Salad, Tossed Assorted	cup	1	9.49
000906 Grains Roll Homestyle	Each	1	24.00
000043 Vegetable Potato Tater Tot	1/2 cup	1	16.14
000258 Vegetable Broccoli Florets Frozen	1/2 cup	1	4.49
000908 Vegetable Blend Tuscan	1/2 Cup	1	6.01
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	7.62
000848 Vegetable Carrots Baby Raw	1/2 cup	1	7.12
000875 Vegetable Veggie Bowl Variety	Each	1	3.08
000064 Fruit Apples Fresh Sliced	EACH	1	12.50
000068 Fruit Bananas	EACH	1	29.00
000086 Fruit Orange Whole Sliced	Each	1	21.00
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	17.21
000230 Milk White 1%	half pint	1	12.00
000328 Milk Strawberry Fat Free	half pint	1	18.00
990113 Milk Chocolate 1%	half pint	1	26.00
001017 Juice Assorted	each	1	23.33
001021 Bottled Water 10oz	bottle	1	0.00
000222 Condiment Ketchup Packet	packet	1	3.00
000223 Condiment Mustard Packet	packet	1	0.00
000892 Condiment	Packet	1	2.00

Base Menu Spreadsheet

Portion Values

Mayonnaise Lite Packet			
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	2.00
000542 Condiment Honey Mustard 1oz	1 oz cup	1	8.00
000119 Condiment Barbecue Sauce Cup	Packet	1	16.00
Weighted Daily Average			635.61
% of Calories			46.9%
Weekly Nutrient Guideline			

Thursday - 01/24/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
000304 Burrito Beef & Cheese Homemade	burrito	1	25.23
990136 Chicken Popcorn	10 popcorn	1	20.00
000906 Grains Roll Homestyle	Each	1	24.00
000044 Baked Potato Loaded	Potato	1	70.65
001048 Sandwich Ham & Cheese	sandwich	1	29.49
001054 Sandwich Turkey and Cheese	sandwich	1	28.21
000029 Sandwich PB&J - homemade	sandwich	1	57.00
000765 Salad Asian Chicken	salads	1	47.81
000139 Salad Chef	salads	1	21.02
000827 Salad Garden	salads	1	22.25

Base Menu Spreadsheet

Portion Values

000539 Salad Chicken Caesar	salads	1	19.23
990041 Salad Popcorn Chicken	salads	1	28.98
000826 Salad Turkey	salads	1	21.64
001013 Salad, Tossed Assorted	cup	1	9.49
000906 Grains Roll Homestyle	Each	1	24.00
000007 Vegetable Beans Pinto	1/2 cup	1	21.00
000258 Vegetable Broccoli Florets Frozen	1/2 cup	1	4.49
000271 Vegetable Corn Buttery	1/2 cup	1	15.96
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	7.62
000848 Vegetable Carrots Baby Raw	1/2 cup	1	7.12
000875 Vegetable Veggie Bowl Variety	Each	1	3.08
000064 Fruit Apples Fresh Sliced	EACH	1	12.50
000068 Fruit Bananas	EACH	1	29.00
000086 Fruit Orange Whole Sliced	Each	1	21.00
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	17.21
000230 Milk White 1%	half pint	1	12.00
990113 Milk Chocolate 1%	half pint	1	26.00
000328 Milk Strawberry Fat Free	half pint	1	18.00
001017 Juice Assorted	each	1	23.33
001021 Bottled Water 10oz	bottle	1	0.00

Base Menu Spreadsheet

Portion Values

000222 Condiment Ketchup Packet	packet	1	3.00
000223 Condiment Mustard Packet	packet	1	0.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	2.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	2.00
000542 Condiment Honey Mustard 1oz	1 oz cup	1	8.00
000119 Condiment Barbecue Sauce Cup	Packet	1	16.00
Weighted Daily Average			698.29
% of Calories			46.1%
Weekly Nutrient Guideline			

Friday - 01/25/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
001181 Pizza Nardone Cheese 4x6	slices	1	30.00
001191 Pizza Nardone Pepperoni Diced 4x6	slices	1	29.00
001184 Fish Stick Pollock Basket ESMS	basket	1	63.37
001048 Sandwich Ham & Cheese	sandwich	1	29.49
001054 Sandwich Turkey and Cheese	sandwich	1	28.21
000029 Sandwich PB&J - homemade	sandwich	1	57.00
000765 Salad Asian Chicken	salads	1	47.81
000139 Salad Chef	salads	1	21.02

Base Menu Spreadsheet

Portion Values

000827 Salad Garden	salads	1	22.25
000539 Salad Chicken Caesar	salads	1	19.23
990041 Salad Popcorn Chicken	salads	1	28.98
000826 Salad Turkey	salads	1	21.64
001013 Salad, Tossed Assorted	cup	1	9.49
000906 Grains Roll Homestyle	Each	1	24.00
000299 Vegetable Beans Baked	1/2 cup	1	30.00
000439 Vegetable Peas & Carrots Frozen	1/2 cup	1	12.01
000995 Vegetable Blend Dutch California	1/2 cup	1	5.34
990133 Dessert Cookie Chocolate Chip 1 oz	Cookies	1	17.00
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	7.62
000848 Vegetable Carrots Baby Raw	1/2 cup	1	7.12
000875 Vegetable Veggie Bowl Variety	Each	1	3.08
000064 Fruit Apples Fresh Sliced	EACH	1	12.50
000068 Fruit Bananas	EACH	1	29.00
000086 Fruit Orange Whole Sliced	Each	1	21.00
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	17.21
000230 Milk White 1%	half pint	1	12.00
990113 Milk Chocolate 1%	half pint	1	26.00
000328 Milk Strawberry Fat Free	half pint	1	18.00

Base Menu Spreadsheet

Portion Values

001017 Juice Assorted	each	1	23.33
001021 Bottled Water 10oz	bottle	1	0.00
000222 Condiment Ketchup Packet	packet	1	3.00
000223 Condiment Mustard Packet	packet	1	0.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	2.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	2.00
000542 Condiment Honey Mustard 1oz	1 oz cup	1	8.00
000119 Condiment Barbecue Sauce Cup	Packet	1	16.00
Weighted Daily Average			703.67
% of Calories			47.4%
Weekly Nutrient Guideline			

Monday - 01/28/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
000327 Salisbury Steak w/Gravy	steaks	1	7.24
000966 Chicken Breaded Drumstick	drumstick	1	5.00
000899 Breakfast Biscuit White	biscuit	1	23.00
001048 Sandwich Ham & Cheese	sandwich	1	29.49
001054 Sandwich Turkey and Cheese	sandwich	1	28.21
000029 Sandwich PB&J - homemade	sandwich	1	57.00

Base Menu Spreadsheet

Portion Values

000765 Salad Asian Chicken	salads	1	47.81
000139 Salad Chef	salads	1	21.02
000827 Salad Garden	salads	1	22.25
000539 Salad Chicken Caesar	salads	1	19.23
990041 Salad Popcorn Chicken	salads	1	28.98
000826 Salad Turkey	salads	1	21.64
001013 Salad, Tossed Assorted	cup	1	9.49
000906 Grains Roll Homestyle	Each	1	24.00
001067 Vegetable Potato Mashed with Brown Gravy	1/2 CUP	1	16.21
000271 Vegetable Corn Buttery	1/2 cup	1	15.96
000258 Vegetable Broccoli Florets Frozen	1/2 cup	1	4.49
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	7.62
000848 Vegetable Carrots Baby Raw	1/2 cup	1	7.12
000875 Vegetable Veggie Bowl Variety	Each	1	3.08
000064 Fruit Apples Fresh Sliced	EACH	1	12.50
000068 Fruit Bananas	EACH	1	29.00
000086 Fruit Orange Whole Sliced	Each	1	21.00
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	17.21
000230 Milk White 1%	half pint	1	12.00
990113 Milk Chocolate 1%	half pint	1	26.00

Base Menu Spreadsheet

Portion Values

000328 Milk Strawberry Fat Free	half pint	1	18.00
001017 Juice Assorted	each	1	23.33
001021 Bottled Water 10oz	bottle	1	0.00
000222 Condiment Ketchup Packet	packet	1	3.00
000223 Condiment Mustard Packet	packet	1	0.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	2.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	2.00
000542 Condiment Honey Mustard 1oz	1 oz cup	1	8.00
000119 Condiment Barbecue Sauce Cup	Packet	1	16.00
Weighted Daily Average			588.87
% of Calories			45.9%
Weekly Nutrient Guideline			

Tuesday - 01/29/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
001023 Pasta Chicken Rotini Alfredo	servings	1	45.14
990129 Grain Breadstick Garlic WG	Breadstick	1	17.00
000310 Corn Dog Mini Turkey WG	6 mini corn dog	1	31.00
000044 Baked Potato Loaded	Potato	1	70.65
001048 Sandwich Ham & Cheese	sandwich	1	29.49

Base Menu Spreadsheet

Portion Values

001054 Sandwich Turkey and Cheese	sandwich	1	28.21
000029 Sandwich PB&J - homemade	sandwich	1	57.00
000765 Salad Asian Chicken	salads	1	47.81
000139 Salad Chef	salads	1	21.02
000827 Salad Garden	salads	1	22.25
000539 Salad Chicken Caesar	salads	1	19.23
990041 Salad Popcorn Chicken	salads	1	28.98
000826 Salad Turkey	salads	1	21.64
001013 Salad, Tossed Assorted	cup	1	9.49
000906 Grains Roll Homestyle	Each	1	24.00
000754 Vegetable Buttery Brussel Sprouts	1/2 cup	1	6.02
000261 Vegetable Carrots Buttery	1/2 cup	1	7.47
001237 Fruit Baked Apples	1/2 cup	1	25.59
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	7.62
000848 Vegetable Carrots Baby Raw	1/2 cup	1	7.12
000875 Vegetable Veggie Bowl Variety	Each	1	3.08
000064 Fruit Apples Fresh Sliced	EACH	1	12.50
000068 Fruit Bananas	EACH	1	29.00
000086 Fruit Orange Whole Sliced	Each	1	21.00
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	17.21

Base Menu Spreadsheet

Portion Values

000230 Milk White 1%	half pint	1	12.00
990113 Milk Chocolate 1%	half pint	1	26.00
000328 Milk Strawberry Fat Free	half pint	1	18.00
001017 Juice Assorted	each	1	23.33
001021 Bottled Water 10oz	bottle	1	0.00
000222 Condiment Ketchup Packet	packet	1	3.00
000223 Condiment Mustard Packet	packet	1	0.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	2.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	2.00
000542 Condiment Honey Mustard 1oz	1 oz cup	1	8.00
000119 Condiment Barbecue Sauce Cup	Packet	1	16.00
Weighted Daily Average			719.84
% of Calories			47.6%
Weekly Nutrient Guideline			

Wednesday - 01/30/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
990132 Chicken Tangerine Popcorn	8 popcorn	1	9.56
990136 Chicken Popcorn	10 popcorn	1	20.00
001048 Sandwich Ham & Cheese	sandwich	1	29.49

Base Menu Spreadsheet

Portion Values

001054 Sandwich Turkey and Cheese	sandwich	1	28.21
000029 Sandwich PB&J - homemade	sandwich	1	57.00
000765 Salad Asian Chicken	salads	1	47.81
000139 Salad Chef	salads	1	21.02
000827 Salad Garden	salads	1	22.25
000539 Salad Chicken Caesar	salads	1	19.23
990041 Salad Popcorn Chicken	salads	1	28.98
000826 Salad Turkey	salads	1	21.64
001013 Salad, Tossed Assorted	cup	1	9.49
000906 Grains Roll Homestyle	Each	1	24.00
000659 Grains Rice Fried Elementary	1/2 cup	1	27.04
000271 Vegetable Corn Buttery	1/2 cup	1	15.96
000258 Vegetable Broccoli Florets Frozen	1/2 cup	1	4.49
000662 Vegetable Blend Oriental Stir Fry	1/2 cup	1	2.52
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	7.62
000848 Vegetable Carrots Baby Raw	1/2 cup	1	7.12
000875 Vegetable Veggie Bowl Variety	Each	1	3.08
000064 Fruit Apples Fresh Sliced	EACH	1	12.50
000068 Fruit Bananas	EACH	1	29.00
000086 Fruit Orange Whole Sliced	Each	1	21.00

Base Menu Spreadsheet

Portion Values

000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	17.21
000230 Milk White 1%	half pint	1	12.00
990113 Milk Chocolate 1%	half pint	1	26.00
000328 Milk Strawberry Fat Free	half pint	1	18.00
001017 Juice Assorted	each	1	23.33
001021 Bottled Water 10oz	bottle	1	0.00
000222 Condiment Ketchup Packet	packet	1	3.00
000223 Condiment Mustard Packet	packet	1	0.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	2.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	2.00
000542 Condiment Honey Mustard 1oz	1 oz cup	1	8.00
000119 Condiment Barbecue Sauce Cup	Packet	1	16.00
Weighted Daily Average			596.54
% of Calories			46.3%
Weekly Nutrient Guideline			

Thursday - 01/31/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
990128 Chili Cornbread Bowl	Bowls	1	46.13
001152 Sandwich Chicken WG Breaded Regular	sandwich	1	44.00

Base Menu Spreadsheet

Portion Values

000044 Baked Potato Loaded	Potato	1	70.65
001048 Sandwich Ham & Cheese	sandwich	1	29.49
001054 Sandwich Turkey and Cheese	sandwich	1	28.21
000029 Sandwich PB&J - homemade	sandwich	1	57.00
000765 Salad Asian Chicken	salads	1	47.81
000139 Salad Chef	salads	1	21.02
000827 Salad Garden	salads	1	22.25
000539 Salad Chicken Caesar	salads	1	19.23
990041 Salad Popcorn Chicken	salads	1	28.98
000826 Salad Turkey	salads	1	21.64
001013 Salad, Tossed Assorted	cup	1	9.49
000906 Grains Roll Homestyle	Each	1	24.00
000650 Vegetable Beans Refried Cheesy	1/2 cup	1	31.62
000261 Vegetable Carrots Buttery	1/2 cup	1	7.47
000907 Vegetable Blend Provence	1/2 Cup	1	3.99
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	7.62
000848 Vegetable Carrots Baby Raw	1/2 cup	1	7.12
000875 Vegetable Veggie Bowl Variety	Each	1	3.08
000064 Fruit Apples Fresh Sliced	EACH	1	12.50
000068 Fruit Bananas	EACH	1	29.00

Base Menu Spreadsheet

Portion Values

000086 Fruit Orange Whole Sliced	Each	1	21.00
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	17.21
000230 Milk White 1%	half pint	1	12.00
990113 Milk Chocolate 1%	half pint	1	26.00
000328 Milk Strawberry Fat Free	half pint	1	18.00
001017 Juice Assorted	each	1	23.33
001021 Bottled Water 10oz	bottle	1	0.00
000222 Condiment Ketchup Packet	packet	1	3.00
000223 Condiment Mustard Packet	packet	1	0.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	2.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	2.00
000542 Condiment Honey Mustard 1oz	1 oz cup	1	8.00
000119 Condiment Barbecue Sauce Cup	Packet	1	16.00
Weighted Daily Average			720.81
% of Calories			47.1%
Weekly Nutrient Guideline			

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

** - denotes combined nutrient totals with either missing or incomplete nutrient data*

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.