



# High School Lunch Menu

# January 2019

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b><u>Offered Daily</u></b></p> <p>In addition to the daily menu: Pizza, Hamburgers, Cheeseburgers, Chicken Sandwiches, Hot and Spicy Chicken Sandwiches, PB&amp;J, a selection of deli sandwiches, freshly prepared Specialty Salads, fresh tossed side salads, and assorted fresh and chilled fruits will be available daily.</p>			<p>3</p> <p><b>W i n t e r</b></p>	<p>4</p> <p><b>B r e a k</b></p>
<p>7</p> <p>Chicken Nuggets Blazin Chicken Nuggets Homestyle Roll Mashed Potatoes &amp; Gravy Mixed Blend Veggies Green Beans</p>	<p>8</p> <p>Penne Pasta w/ Meat Sauce Chicken Parmesian w/ Penne Sweet Potato Casserole Tuscan Blend Veggies Broccoli</p>	<p>9</p> <p>Corn Dog Chicken Pot Pie Roasted Red Potatoes Provence Blend Veggies Brussel Sprouts</p>	<p>10</p> <p>Soft Beef Tacos Chicken Fajitas Spanish Rice Refried Beans Corn</p>	<p>11</p> <p>Sloppy Joe BBQ Sandwich Loaded Baked Potato White Beans Turnip Greens Mixed Veggies Cole Slaw</p>
<p>14</p> <p>Chicken Nuggets Beef Sticks Homestyle Roll Mashed Potatoes &amp; Gravy Mixed Blend Veggies Carrots</p>	<p>15</p> <p>Chicken &amp; Broccoli Alfredo Cheese or 3 Meat Calzone Mixed Blend Veggies Broccoli Baked Apples</p>	<p>16</p> <p>Spicy Teriyaki Meatballs General Tso Chicken Fried Rice Eggroll Stir Fry Veggies Sugar Snap Peas</p>	<p>17</p> <p>Cheese Enchiladas Bean &amp; Beef Burrito Spanish Rice Black Beans Corn</p>	<p>18</p> <p>Grilled Cheese BBQ Chicken Sandwich Loaded Baked Potato Tomato Soup Carrots Choice of Potato</p>
<p>21</p> <p><i>Martin Luther King Jr. Day</i></p> <p><b>School Closed</b></p>	<p>22</p> <p>Penne Pasta w/ Meatballs Cajun Chicken Pasta Sweet Potato Casserole Mixed Blend Veggies Broccoli</p>	<p>23</p> <p>Hot Pockets Mini Corn Dogs Squash Casserole Green Beans Carrots</p>	<p>24</p> <p>Pulled Chicken Quesadilla Beef Nachos Beef Soft Tacos Spanish Rice Black Beans Corn</p>	<p>25</p> <p>Chicken Drumstick w/ Roll Ham &amp; Cheese Croissants Loaded Baked Potato Mac &amp; Cheese Baked Beans Peas &amp; Carrots</p>
<p>28</p> <p>Chicken Nuggets Salisbury Steak w/ Gravy Homestyle Roll Mashed Potatoes &amp; Gravy Mixed Blend Veggies Green Beans</p>	<p>29</p> <p>Penne Pasta w/ Meat Sauce Chicken Parmesian w/ Penne Sweet Potato Casserole Tuscan Blend Veggies Broccoli</p>	<p>30</p> <p>Corn Dog Chicken Pot Pie Roasted Red Potatoes Provence Blend Veggies Brussel Sprouts</p>	<p>31</p> <p>Soft Beef Tacos Chicken Fajitas Spanish Rice Refried Beans Corn</p>	