



Middle School Lunch Menu

January 2019

Monday	Tuesday	Wednesday	Thursday	Friday
<p align="center">Offered Daily</p> <p align="center">Variety of fresh fruits, small side salads, & raw vegetables</p> <p>Sandwiches PB&J Ham & Cheese Turkey & Cheese</p> <p>Rotating Signature Salads Chef Salad Caesar Salad Turkey Salad Asian Salad Chicken Popcorn Salad Garden Salad</p> <p>Beverages Apple & Eve 100% Juices Borden Milk: 1% Low-fat White & Chocolate & Fat Free Strawberry</p>			3	4
			Winter Break	
7	8	9	10	11
Turkey Pepperoni Hot Pocket Chicken Nuggets w/Homestyle Roll Hot Ham & Cheese Sub Oven Baked Fries Honey Glazed Carrots Green Beans	Pasta w/Meatballs Chicken Parmesan Breadstick Loaded Baked Potato Sugar Snap Peas Whole Kernel Corn Baked Apples	Mini Turkey Corn Dogs Grilled Cheese w/ Tomato Soup Hot Ham & Cheese Croissant Tater Tots Broccoli Mixed Blend Vegetables	Beef Nachos Popcorn Chicken w/Homestyle Roll Loaded Baked Potato Pinto Beans Mexicali Rice Whole Kernel Corn	Choice of Pizza: Cheese or Pepperoni BBQ Pork Sandwich Breaded Chicken Sandwich Baked Beans Peas & Carrots Mixed Blend Vegetables Friday Treat
14	15	16	17	18
Cheeseburger or Hamburger Chicken Nuggets w/Homestyle Roll Breaded Drumstick Cheesy Potatoes Whole Kernel Corn Broccoli	Meatball Sub Hot Ham & Cheese Croissant Loaded Baked Potato Roasted Brussel Sprouts Buttery Carrots Baked Apples	Hot Dog Breaded Chicken Sandwich Chili Dog Ranch Style Beans Mac & Cheese Mixed Blend Vegetables	Cheese Enchiladas Chicken Nuggets w/Homestyle Roll Loaded Baked Potato Refried Beans Buttery Carrots Mixed Blend Vegetables	Choice of Pizza: Cheese or Pepperoni Cheeseburger or Hamburger Fish w/ Hushpuppies Oven Baked Fries Green Beans Whole Kernel Corn Friday Treat
21	22	23	24	25
<i>Martin Luther King Jr. Day</i> School Closed	Beef Ravioli w/Breadstick Breaded Chicken Sandwich Loaded Baked Potato Sugar Snap Peas Whole Kernel Corn Baked Apples	Corn Dog Cheeseburger or Hamburger Cajun Chicken Pasta Tater Tots Broccoli Mixed Blend Vegetables	Beef & Cheese Burrito Popcorn Chicken w/Homestyle Roll Loaded Baked Potato Pinto Beans Broccoli Whole Kernel Corn	Choice of Pizza: Cheese or Pepperoni Fish Stick Basket Buffalo Popcorn Chicken Basket Baked Beans Peas & Carrots Mixed Blend Vegetables Friday Treat
28	29	30	31	
Salisbury Steak w/ Gravy Breaded Drumstick Beef Sticks w/ Gravy Biscuit Mashed Potatoes w/Gravy Whole Kernel Corn Broccoli	Chicken Alfredo w/Breadstick Mini Corn Dogs Loaded Baked Potato Roasted Brussel Sprouts Buttery Carrots Baked Apples	General Tso Popcorn Chicken Popcorn Chicken Teriyaki Meatballs Fried Rice Whole Kernel Corn Broccoli Oriental Blend Vegetables	Chili Cornbread Bowl Breaded Chicken Sandwich Loaded Baked Potato Refried Beans Buttery Carrots Mixed Blend Vegetables	