

Base Menu Spreadsheet

Portion Values

Mar 1, 2019 thru Mar 29, 2019

Menu Name: High School Menu Breakfast

Include Cost: No

Site:

Report Style: Detailed

Friday - 03/01/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
000351 Breakfast Pizza Sausage & Gravy	brkf pizza	1	24.00
001226 Breakfast French Toast Stick with Cinnamon Glaze	3 sticks	1	28.00
000350 Breakfast Biscuit Sausage	brkf sandwich	1	23.00
000354 Breakfast Biscuit Chicken	brkf sandwich	1	32.00
000043 Vegetable Potato Tater Tot	1/2 cup	1	16.14
000875 Vegetable Veggie Bowl Variety	Each	1	3.08
000064 Fruit Apples Fresh Sliced	EACH	1	12.50
000068 Fruit Bananas	EACH	1	29.00
000086 Fruit Orange Whole Sliced	Each	1	21.00
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	17.21
001017 Juice Assorted	each	1	23.33
001021 Bottled Water 10oz	bottle	1	0.00
990113 Milk Chocolate 1%	half pint	1	26.00
000328 Milk Strawberry Fat Free	half pint	1	18.00
000230 Milk White 1%	half pint	1	12.00

Base Menu Spreadsheet

Portion Values

000222 Condiment Ketchup Packet	packet	1	3.00
000223 Condiment Mustard Packet	packet	1	0.00
Weighted Daily Average			288.27
% of Calories			57.4%
Weekly Nutrient Guideline			

Monday - 03/04/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
000668 Breakfast English Muffin Sausage Egg & Cheese HS	brkf sandwich	1	26.00
000351 Breakfast Pizza Sausage & Gravy	brkf pizza	1	24.00
000350 Breakfast Biscuit Sausage	brkf sandwich	1	23.00
000354 Breakfast Biscuit Chicken	brkf sandwich	1	32.00
000043 Vegetable Potato Tater Tot	1/2 cup	1	16.14
000875 Vegetable Veggie Bowl Variety	Each	1	3.08
000064 Fruit Apples Fresh Sliced	EACH	1	12.50
000068 Fruit Bananas	EACH	1	29.00
000086 Fruit Orange Whole Sliced	Each	1	21.00
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	17.21
001017 Juice Assorted	each	1	23.33

Base Menu Spreadsheet

Portion Values

001021 Bottled Water 10oz	bottle	1	0.00
990113 Milk Chocolate 1%	half pint	1	26.00
000328 Milk Strawberry Fat Free	half pint	1	18.00
000230 Milk White 1%	half pint	1	12.00
000222 Condiment Ketchup Packet	packet	1	3.00
000223 Condiment Mustard Packet	packet	1	0.00
Weighted Daily Average			286.27
% of Calories			52.5%
Weekly Nutrient Guideline			

Tuesday - 03/05/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
000766 Breakfast Burrito Sausage Egg & Cheese HS Only	burrito	1	21.00
000834 Breakfast Pancake Stick WG	each	1	19.00
000350 Breakfast Biscuit Sausage	brkf sandwich	1	23.00
000354 Breakfast Biscuit Chicken	brkf sandwich	1	32.00
000043 Vegetable Potato Tater Tot	1/2 cup	1	16.14
000875 Vegetable Veggie Bowl Variety	Each	1	3.08
000064 Fruit Apples Fresh Sliced	EACH	1	12.50
000068 Fruit Bananas	EACH	1	29.00

Base Menu Spreadsheet

Portion Values

000086 Fruit Orange Whole Sliced	Each	1	21.00
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	17.21
001017 Juice Assorted	each	1	23.33
001021 Bottled Water 10oz	bottle	1	0.00
990113 Milk Chocolate 1%	half pint	1	26.00
000328 Milk Strawberry Fat Free	half pint	1	18.00
000230 Milk White 1%	half pint	1	12.00
000222 Condiment Ketchup Packet	packet	1	3.00
000223 Condiment Mustard Packet	packet	1	0.00
Weighted Daily Average			276.27
% of Calories			49.3%
Weekly Nutrient Guideline			

Wednesday - 03/06/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
000668 Breakfast English Muffin Sausage Egg & Cheese HS	brkf sandwich	1	26.00
001226 Breakfast French Toast Stick with Cinnamon Glaze	3 sticks	1	28.00
000350 Breakfast Biscuit Sausage	brkf sandwich	1	23.00
000354 Breakfast Biscuit Chicken	brkf sandwich	1	32.00

Base Menu Spreadsheet

Portion Values

000043 Vegetable Potato Tater Tot	1/2 cup	1	16.14
000875 Vegetable Veggie Bowl Variety	Each	1	3.08
000064 Fruit Apples Fresh Sliced	EACH	1	12.50
000068 Fruit Bananas	EACH	1	29.00
000086 Fruit Orange Whole Sliced	Each	1	21.00
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	17.21
001017 Juice Assorted	each	1	23.33
001021 Bottled Water 10oz	bottle	1	0.00
990113 Milk Chocolate 1%	half pint	1	26.00
000328 Milk Strawberry Fat Free	half pint	1	18.00
000230 Milk White 1%	half pint	1	12.00
000222 Condiment Ketchup Packet	packet	1	3.00
000223 Condiment Mustard Packet	packet	1	0.00
Weighted Daily Average			290.27
% of Calories			53.0%
Weekly Nutrient Guideline			

Thursday - 03/07/2019

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Carb (g)
000766 Breakfast Burrito Sausage Egg & Cheese HS Only	burrito	1	21.00
000834 Breakfast Pancake Stick WG	each	1	19.00
000350 Breakfast Biscuit Sausage	brkf sandwich	1	23.00
000354 Breakfast Biscuit Chicken	brkf sandwich	1	32.00
000043 Vegetable Potato Tater Tot	1/2 cup	1	16.14
000875 Vegetable Veggie Bowl Variety	Each	1	3.08
000064 Fruit Apples Fresh Sliced	EACH	1	12.50
000068 Fruit Bananas	EACH	1	29.00
000086 Fruit Orange Whole Sliced	Each	1	21.00
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	17.21
001017 Juice Assorted	each	1	23.33
001021 Bottled Water 10oz	bottle	1	0.00
990113 Milk Chocolate 1%	half pint	1	26.00
000328 Milk Strawberry Fat Free	half pint	1	18.00
000230 Milk White 1%	half pint	1	12.00
000222 Condiment Ketchup Packet	packet	1	3.00

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Carb (g)
000223 Condiment Mustard Packet	packet	1	0.00
Weighted Daily Average			276.27
% of Calories			49.3%
Weekly Nutrient Guideline			

Friday - 03/08/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
000351 Breakfast Pizza Sausage & Gravy	brkf pizza	1	24.00
001226 Breakfast French Toast Stick with Cinnamon Glaze	3 sticks	1	28.00
000350 Breakfast Biscuit Sausage	brkf sandwich	1	23.00
000354 Breakfast Biscuit Chicken	brkf sandwich	1	32.00
000043 Vegetable Potato Tater Tot	1/2 cup	1	16.14
000875 Vegetable Veggie Bowl Variety	Each	1	3.08
000064 Fruit Apples Fresh Sliced	EACH	1	12.50
000068 Fruit Bananas	EACH	1	29.00
000086 Fruit Orange Whole Sliced	Each	1	21.00
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	17.21
001017 Juice Assorted	each	1	23.33

Base Menu Spreadsheet

Portion Values

001021 Bottled Water 10oz	bottle	1	0.00
990113 Milk Chocolate 1%	half pint	1	26.00
000328 Milk Strawberry Fat Free	half pint	1	18.00
000230 Milk White 1%	half pint	1	12.00
000222 Condiment Ketchup Packet	packet	1	3.00
000223 Condiment Mustard Packet	packet	1	0.00
Weighted Daily Average			288.27
% of Calories			57.4%
Weekly Nutrient Guideline			

Monday - 03/11/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
000668 Breakfast English Muffin Sausage Egg & Cheese HS	brkf sandwich	1	26.00
000351 Breakfast Pizza Sausage & Gravy	brkf pizza	1	24.00
000350 Breakfast Biscuit Sausage	brkf sandwich	1	23.00
000354 Breakfast Biscuit Chicken	brkf sandwich	1	32.00
000043 Vegetable Potato Tater Tot	1/2 cup	1	16.14
000875 Vegetable Veggie Bowl Variety	Each	1	3.08
000064 Fruit Apples Fresh Sliced	EACH	1	12.50
000068 Fruit Bananas	EACH	1	29.00

Base Menu Spreadsheet

Portion Values

000086 Fruit Orange Whole Sliced	Each	1	21.00
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	17.21
001017 Juice Assorted	each	1	23.33
001021 Bottled Water 10oz	bottle	1	0.00
990113 Milk Chocolate 1%	half pint	1	26.00
000328 Milk Strawberry Fat Free	half pint	1	18.00
000230 Milk White 1%	half pint	1	12.00
000222 Condiment Ketchup Packet	packet	1	3.00
000223 Condiment Mustard Packet	packet	1	0.00
Weighted Daily Average			286.27
% of Calories			52.5%
Weekly Nutrient Guideline			

Tuesday - 03/12/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
000766 Breakfast Burrito Sausage Egg & Cheese HS Only	burrito	1	21.00
000834 Breakfast Pancake Stick WG	each	1	19.00
000350 Breakfast Biscuit Sausage	brkf sandwich	1	23.00
000354 Breakfast Biscuit Chicken	brkf sandwich	1	32.00
000043 Vegetable Potato	1/2 cup	1	16.14

Base Menu Spreadsheet

Portion Values

Tater Tot			
000875 Vegetable Veggie Bowl Variety	Each	1	3.08
000064 Fruit Apples Fresh Sliced	EACH	1	12.50
000068 Fruit Bananas	EACH	1	29.00
000086 Fruit Orange Whole Sliced	Each	1	21.00
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	17.21
001017 Juice Assorted	each	1	23.33
001021 Bottled Water 10oz	bottle	1	0.00
990113 Milk Chocolate 1%	half pint	1	26.00
000328 Milk Strawberry Fat Free	half pint	1	18.00
000230 Milk White 1%	half pint	1	12.00
000222 Condiment Ketchup Packet	packet	1	3.00
000223 Condiment Mustard Packet	packet	1	0.00
Weighted Daily Average			276.27
% of Calories			49.3%
Weekly Nutrient Guideline			

Wednesday - 03/13/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
000668 Breakfast English Muffin Sausage Egg & Cheese HS	brkf sandwich	1	26.00

Base Menu Spreadsheet

Portion Values

001226 Breakfast French Toast Stick with Cinnamon Glaze	3 sticks	1	28.00
000350 Breakfast Biscuit Sausage	brkf sandwich	1	23.00
000354 Breakfast Biscuit Chicken	brkf sandwich	1	32.00
000043 Vegetable Potato Tater Tot	1/2 cup	1	16.14
000875 Vegetable Veggie Bowl Variety	Each	1	3.08
000064 Fruit Apples Fresh Sliced	EACH	1	12.50
000068 Fruit Bananas	EACH	1	29.00
000086 Fruit Orange Whole Sliced	Each	1	21.00
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	17.21
001017 Juice Assorted	each	1	23.33
001021 Bottled Water 10oz	bottle	1	0.00
990113 Milk Chocolate 1%	half pint	1	26.00
000328 Milk Strawberry Fat Free	half pint	1	18.00
000230 Milk White 1%	half pint	1	12.00
000222 Condiment Ketchup Packet	packet	1	3.00
000223 Condiment Mustard Packet	packet	1	0.00
Weighted Daily Average			290.27
% of Calories			53.0%
Weekly Nutrient Guideline			

Thursday - 03/14/2019

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Mar 1, 2019 thru Mar 29, 2019

	Portion Size	Reimb Qty	Carb (g)
000766 Breakfast Burrito Sausage Egg & Cheese HS Only	burrito	1	21.00
000834 Breakfast Pancake Stick WG	each	1	19.00
000350 Breakfast Biscuit Sausage	brkf sandwich	1	23.00
000354 Breakfast Biscuit Chicken	brkf sandwich	1	32.00
000043 Vegetable Potato Tater Tot	1/2 cup	1	16.14
000875 Vegetable Veggie Bowl Variety	Each	1	3.08
000064 Fruit Apples Fresh Sliced	EACH	1	12.50
000068 Fruit Bananas	EACH	1	29.00
000086 Fruit Orange Whole Sliced	Each	1	21.00
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	17.21
001017 Juice Assorted	each	1	23.33
001021 Bottled Water 10oz	bottle	1	0.00
990113 Milk Chocolate 1%	half pint	1	26.00
000328 Milk Strawberry Fat Free	half pint	1	18.00
000230 Milk White 1%	half pint	1	12.00
000222 Condiment Ketchup Packet	packet	1	3.00

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Carb (g)
000223 Condiment Mustard Packet	packet	1	0.00
Weighted Daily Average			276.27
% of Calories			49.3%
Weekly Nutrient Guideline			

Friday - 03/15/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
000351 Breakfast Pizza Sausage & Gravy	brkf pizza	1	24.00
001226 Breakfast French Toast Stick with Cinnamon Glaze	3 sticks	1	28.00
000350 Breakfast Biscuit Sausage	brkf sandwich	1	23.00
000354 Breakfast Biscuit Chicken	brkf sandwich	1	32.00
000043 Vegetable Potato Tater Tot	1/2 cup	1	16.14
000875 Vegetable Veggie Bowl Variety	Each	1	3.08
000064 Fruit Apples Fresh Sliced	EACH	1	12.50
000068 Fruit Bananas	EACH	1	29.00
000086 Fruit Orange Whole Sliced	Each	1	21.00
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	17.21
001017 Juice Assorted	each	1	23.33

Base Menu Spreadsheet

Portion Values

001021 Bottled Water 10oz	bottle	1	0.00
990113 Milk Chocolate 1%	half pint	1	26.00
000328 Milk Strawberry Fat Free	half pint	1	18.00
000230 Milk White 1%	half pint	1	12.00
000222 Condiment Ketchup Packet	packet	1	3.00
000223 Condiment Mustard Packet	packet	1	0.00
Weighted Daily Average			288.27
% of Calories			57.4%
Weekly Nutrient Guideline			

Monday - 03/25/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
000668 Breakfast English Muffin Sausage Egg & Cheese HS	brkf sandwich	1	26.00
000351 Breakfast Pizza Sausage & Gravy	brkf pizza	1	24.00
000350 Breakfast Biscuit Sausage	brkf sandwich	1	23.00
000354 Breakfast Biscuit Chicken	brkf sandwich	1	32.00
000043 Vegetable Potato Tater Tot	1/2 cup	1	16.14
000875 Vegetable Veggie Bowl Variety	Each	1	3.08
000064 Fruit Apples Fresh Sliced	EACH	1	12.50
000068 Fruit Bananas	EACH	1	29.00

Base Menu Spreadsheet

Portion Values

000086 Fruit Orange Whole Sliced	Each	1	21.00
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	17.21
001017 Juice Assorted	each	1	23.33
001021 Bottled Water 10oz	bottle	1	0.00
990113 Milk Chocolate 1%	half pint	1	26.00
000328 Milk Strawberry Fat Free	half pint	1	18.00
000230 Milk White 1%	half pint	1	12.00
000222 Condiment Ketchup Packet	packet	1	3.00
000223 Condiment Mustard Packet	packet	1	0.00
Weighted Daily Average			286.27
% of Calories			52.5%
Weekly Nutrient Guideline			

Tuesday - 03/26/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
000766 Breakfast Burrito Sausage Egg & Cheese HS Only	burrito	1	21.00
000834 Breakfast Pancake Stick WG	each	1	19.00
000350 Breakfast Biscuit Sausage	brkf sandwich	1	23.00
000354 Breakfast Biscuit Chicken	brkf sandwich	1	32.00
000043 Vegetable Potato	1/2 cup	1	16.14

Base Menu Spreadsheet

Portion Values

Tater Tot			
000875 Vegetable Veggie Bowl Variety	Each	1	3.08
000064 Fruit Apples Fresh Sliced	EACH	1	12.50
000068 Fruit Bananas	EACH	1	29.00
000086 Fruit Orange Whole Sliced	Each	1	21.00
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	17.21
001017 Juice Assorted	each	1	23.33
001021 Bottled Water 10oz	bottle	1	0.00
990113 Milk Chocolate 1%	half pint	1	26.00
000328 Milk Strawberry Fat Free	half pint	1	18.00
000230 Milk White 1%	half pint	1	12.00
000222 Condiment Ketchup Packet	packet	1	3.00
000223 Condiment Mustard Packet	packet	1	0.00
Weighted Daily Average			276.27
% of Calories			49.3%
Weekly Nutrient Guideline			

Wednesday - 03/27/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
000668 Breakfast English Muffin Sausage Egg & Cheese HS	brkf sandwich	1	26.00

Base Menu Spreadsheet

Portion Values

001226 Breakfast French Toast Stick with Cinnamon Glaze	3 sticks	1	28.00
000350 Breakfast Biscuit Sausage	brkf sandwich	1	23.00
000354 Breakfast Biscuit Chicken	brkf sandwich	1	32.00
000043 Vegetable Potato Tater Tot	1/2 cup	1	16.14
000875 Vegetable Veggie Bowl Variety	Each	1	3.08
000064 Fruit Apples Fresh Sliced	EACH	1	12.50
000068 Fruit Bananas	EACH	1	29.00
000086 Fruit Orange Whole Sliced	Each	1	21.00
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	17.21
001017 Juice Assorted	each	1	23.33
001021 Bottled Water 10oz	bottle	1	0.00
990113 Milk Chocolate 1%	half pint	1	26.00
000328 Milk Strawberry Fat Free	half pint	1	18.00
000230 Milk White 1%	half pint	1	12.00
000222 Condiment Ketchup Packet	packet	1	3.00
000223 Condiment Mustard Packet	packet	1	0.00
Weighted Daily Average			290.27
% of Calories			53.0%
Weekly Nutrient Guideline			

Thursday - 03/28/2019

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Carb (g)
000766 Breakfast Burrito Sausage Egg & Cheese HS Only	burrito	1	21.00
000834 Breakfast Pancake Stick WG	each	1	19.00
000350 Breakfast Biscuit Sausage	brkf sandwich	1	23.00
000354 Breakfast Biscuit Chicken	brkf sandwich	1	32.00
000043 Vegetable Potato Tater Tot	1/2 cup	1	16.14
000875 Vegetable Veggie Bowl Variety	Each	1	3.08
000064 Fruit Apples Fresh Sliced	EACH	1	12.50
000068 Fruit Bananas	EACH	1	29.00
000086 Fruit Orange Whole Sliced	Each	1	21.00
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	17.21
001017 Juice Assorted	each	1	23.33
001021 Bottled Water 10oz	bottle	1	0.00
990113 Milk Chocolate 1%	half pint	1	26.00
000328 Milk Strawberry Fat Free	half pint	1	18.00
000230 Milk White 1%	half pint	1	12.00
000222 Condiment Ketchup Packet	packet	1	3.00

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Carb (g)
000223 Condiment Mustard Packet	packet	1	0.00
Weighted Daily Average			276.27
% of Calories			49.3%
Weekly Nutrient Guideline			

Friday - 03/29/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
000351 Breakfast Pizza Sausage & Gravy	brkf pizza	1	24.00
001226 Breakfast French Toast Stick with Cinnamon Glaze	3 sticks	1	28.00
000350 Breakfast Biscuit Sausage	brkf sandwich	1	23.00
000354 Breakfast Biscuit Chicken	brkf sandwich	1	32.00
000043 Vegetable Potato Tater Tot	1/2 cup	1	16.14
000875 Vegetable Veggie Bowl Variety	Each	1	3.08
000064 Fruit Apples Fresh Sliced	EACH	1	12.50
000068 Fruit Bananas	EACH	1	29.00
000086 Fruit Orange Whole Sliced	Each	1	21.00
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	17.21
001017 Juice Assorted	each	1	23.33

Base Menu Spreadsheet

Portion Values

001021 Bottled Water 10oz	bottle	1	0.00
990113 Milk Chocolate 1%	half pint	1	26.00
000328 Milk Strawberry Fat Free	half pint	1	18.00
000230 Milk White 1%	half pint	1	12.00
000222 Condiment Ketchup Packet	packet	1	3.00
000223 Condiment Mustard Packet	packet	1	0.00
Weighted Daily Average			288.27
% of Calories			57.4%
Weekly Nutrient Guideline			

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

** - denotes combined nutrient totals with either missing or incomplete nutrient data*

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.