

Base Menu Spreadsheet

Portion Values

Mar 1, 2019 thru Mar 29, 2019

Menu Name: High School Menu Lunch

Include Cost: No

Site:

Report Style: Detailed

Friday - 03/01/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
000338 Sandwich Grilled Cheese	sandwich	1	28.00
001151 Sandwich BBQ Chicken	sandwich	1	38.96
000044 Baked Potato Loaded	Potato	1	70.65
001181 Pizza Nardone Cheese 4x6	slices	1	30.00
001191 Pizza Nardone Pepperoni Diced 4x6	slices	1	29.00
001152 Sandwich Chicken WG Breaded Regular	sandwich	1	44.00
000399 Sandwich Chicken WG Hot & Spicy	sandwich	1	48.00
990052 Sandwich Hamburger	sandwich	1	31.00
990051 Sandwich Cheeseburger	sandwich	1	31.00
990138 Sandwich Turkey and Cheese - SFG	sandwich	1	30.21
990139 Sandwich Ham & Cheese - Hormel	sandwich	1	29.99
000029 Sandwich PB&J - homemade	sandwich	1	57.00
000765 Salad Asian Chicken	salads	1	47.81
000139 Salad Chef	salads	1	22.47
000539 Salad Chicken Caesar	salads	1	19.23

Base Menu Spreadsheet

Portion Values

000827 Salad Garden	salads	1	22.25
990041 Salad Popcorn Chicken	salads	1	28.98
990140 Salad Turkey - SFG Turkey	salads	1	22.31
000906 Grains Roll Homestyle	Each	1	24.00
000339 Soup Tomato Healthy Request	1/2 cup	1	19.67
000261 Vegetable Carrots Buttery	1/2 cup	1	7.47
000484 Vegetable Potato Crinkle Fries	1/2 cup	1	14.17
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	7.62
000848 Vegetable Carrots Baby Raw	1/2 cup	1	7.12
000875 Vegetable Veggie Bowl Variety	Each	1	3.08
000064 Fruit Apples Fresh Sliced	EACH	1	12.50
000068 Fruit Bananas	EACH	1	29.00
000086 Fruit Orange Whole Sliced	Each	1	21.00
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	17.21
001017 Juice Assorted	each	1	23.33
001021 Bottled Water 10oz	bottle	1	0.00
000230 Milk White 1%	half pint	1	12.00
990113 Milk Chocolate 1%	half pint	1	26.00
000328 Milk Strawberry Fat Free	half pint	1	18.00
000222 Condiment Ketchup Packet	packet	1	3.00

Base Menu Spreadsheet

Portion Values

000892 Condiment Mayonnaise Lite Packet	Packet	1	2.00
000223 Condiment Mustard Packet	packet	1	0.00
000119 Condiment Barbecue Sauce Cup	Packet	1	16.00
001183 Condiment HoneyMustard 1.5oz HS	PC cup	1	8.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	2.00
Weighted Daily Average			904.01
% of Calories			45.3%
Weekly Nutrient Guideline			

Monday - 03/04/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
000966 Chicken Breaded Drumstick	drumstick	1	5.00
000327 Salisbury Steak w/Gravy	steaks	1	7.24
000906 Grains Roll Homestyle	Each	1	24.00
001181 Pizza Nardone Cheese 4x6	slices	1	30.00
001191 Pizza Nardone Pepperoni Diced 4x6	slices	1	29.00
001152 Sandwich Chicken WG Breaded Regular	sandwich	1	44.00
000399 Sandwich Chicken WG Hot & Spicy	sandwich	1	48.00
990052 Sandwich Hamburger	sandwich	1	31.00
990051 Sandwich Cheeseburger	sandwich	1	31.00

Base Menu Spreadsheet

Portion Values

990138 Sandwich Turkey and Cheese - SFG	sandwich	1	30.21
990139 Sandwich Ham & Cheese - Hormel	sandwich	1	29.99
000029 Sandwich PB&J - homemade	sandwich	1	57.00
000765 Salad Asian Chicken	salads	1	47.81
000139 Salad Chef	salads	1	22.47
000539 Salad Chicken Caesar	salads	1	19.23
000827 Salad Garden	salads	1	22.25
990041 Salad Popcorn Chicken	salads	1	28.98
990140 Salad Turkey - SFG Turkey	salads	1	22.31
000906 Grains Roll Homestyle	Each	1	24.00
001067 Vegetable Potato Mashed with Brown Gravy	1/2 CUP	1	16.21
000993 Vegetable Beans Green Frozen	1/2 CUP	1	6.16
001237 Fruit Baked Apples	1/2 cup	1	25.59
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	7.62
000848 Vegetable Carrots Baby Raw	1/2 cup	1	7.12
000875 Vegetable Veggie Bowl Variety	Each	1	3.08
000064 Fruit Apples Fresh Sliced	EACH	1	12.50
000068 Fruit Bananas	EACH	1	29.00
000086 Fruit Orange Whole Sliced	Each	1	21.00
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	17.21

Base Menu Spreadsheet

Portion Values

001017 Juice Assorted	each	1	23.33
001021 Bottled Water 10oz	bottle	1	0.00
000230 Milk White 1%	half pint	1	12.00
990113 Milk Chocolate 1%	half pint	1	26.00
000328 Milk Strawberry Fat Free	half pint	1	18.00
000222 Condiment Ketchup Packet	packet	1	3.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	2.00
000223 Condiment Mustard Packet	packet	1	0.00
000119 Condiment Barbecue Sauce Cup	Packet	1	16.00
001183 Condiment HoneyMustard 1.5oz HS	PC cup	1	8.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	2.00
Weighted Daily Average			809.30
% of Calories			45.8%
Weekly Nutrient Guideline			

Tuesday - 03/05/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
000749 Pasta Penne & Meatballs HS	servings	1	69.22
001012 Pasta Cajun Chicken Penne	servings	1	23.98
001181 Pizza Nardone Cheese 4x6	slices	1	30.00

Base Menu Spreadsheet

Portion Values

001191 Pizza Nardone Pepperoni Diced 4x6	slices	1	29.00
001152 Sandwich Chicken WG Breaded Regular	sandwich	1	44.00
000399 Sandwich Chicken WG Hot & Spicy	sandwich	1	48.00
990052 Sandwich Hamburger	sandwich	1	31.00
990051 Sandwich Cheeseburger	sandwich	1	31.00
990138 Sandwich Turkey and Cheese - SFG	sandwich	1	30.21
990139 Sandwich Ham & Cheese - Hormel	sandwich	1	29.99
000029 Sandwich PB&J - homemade	sandwich	1	57.00
000765 Salad Asian Chicken	salads	1	47.81
000139 Salad Chef	salads	1	22.47
000539 Salad Chicken Caesar	salads	1	19.23
000827 Salad Garden	salads	1	22.25
990041 Salad Popcorn Chicken	salads	1	28.98
990140 Salad Turkey - SFG Turkey	salads	1	22.31
000906 Grains Roll Homestyle	Each	1	24.00
000674 Vegetable Potato Sweet Casserole	1/2 CUP	1	42.34
000908 Vegetable Blend Tuscan	1/2 Cup	1	6.01
000258 Vegetable Broccoli Florets Frozen	1/2 cup	1	4.49
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	7.62
000848 Vegetable Carrots Baby Raw	1/2 cup	1	7.12

Base Menu Spreadsheet

Portion Values

000875 Vegetable Veggie Bowl Variety	Each	1	3.08
000064 Fruit Apples Fresh Sliced	EACH	1	12.50
000068 Fruit Bananas	EACH	1	29.00
000086 Fruit Orange Whole Sliced	Each	1	21.00
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	17.21
001017 Juice Assorted	each	1	23.33
001021 Bottled Water 10oz	bottle	1	0.00
000230 Milk White 1%	half pint	1	12.00
990113 Milk Chocolate 1%	half pint	1	26.00
000328 Milk Strawberry Fat Free	half pint	1	18.00
000222 Condiment Ketchup Packet	packet	1	3.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	2.00
000223 Condiment Mustard Packet	packet	1	0.00
000119 Condiment Barbecue Sauce Cup	Packet	1	16.00
001183 Condiment HoneyMustard 1.5oz HS	PC cup	1	8.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	2.00
Weighted Daily Average			871.14
% of Calories			46.9%
Weekly Nutrient Guideline			

Wednesday - 03/06/2019

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Carb (g)
000515 Hot Pocket Turkey Pepperoni	each	1	32.00
000310 Corn Dog Mini Turkey WG	6 mini corn dog	1	31.00
001181 Pizza Nardone Cheese 4x6	slices	1	30.00
001191 Pizza Nardone Pepperoni Diced 4x6	slices	1	29.00
001152 Sandwich Chicken WG Breaded Regular	sandwich	1	44.00
000399 Sandwich Chicken WG Hot & Spicy	sandwich	1	48.00
990052 Sandwich Hamburger	sandwich	1	31.00
990051 Sandwich Cheeseburger	sandwich	1	31.00
990138 Sandwich Turkey and Cheese - SFG	sandwich	1	30.21
990139 Sandwich Ham & Cheese - Hormel	sandwich	1	29.99
000029 Sandwich PB&J - homemade	sandwich	1	57.00
000765 Salad Asian Chicken	salads	1	47.81
000139 Salad Chef	salads	1	22.47
000539 Salad Chicken Caesar	salads	1	19.23
000827 Salad Garden	salads	1	22.25
990041 Salad Popcorn Chicken	salads	1	28.98
990140 Salad Turkey - SFG Turkey	salads	1	22.31
000906 Grains Roll Homestyle	Each	1	24.00

Base Menu Spreadsheet

Portion Values

990040 Vegetable Squash Casserole	1/2 cup	1	18.68
000993 Vegetable Beans Green Frozen	1/2 CUP	1	6.16
000261 Vegetable Carrots Buttery	1/2 cup	1	7.47
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	7.62
000848 Vegetable Carrots Baby Raw	1/2 cup	1	7.12
000875 Vegetable Veggie Bowl Variety	Each	1	3.08
000064 Fruit Apples Fresh Sliced	EACH	1	12.50
000068 Fruit Bananas	EACH	1	29.00
000086 Fruit Orange Whole Sliced	Each	1	21.00
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	17.21
001017 Juice Assorted	each	1	23.33
001021 Bottled Water 10oz	bottle	1	0.00
000230 Milk White 1%	half pint	1	12.00
990113 Milk Chocolate 1%	half pint	1	26.00
000328 Milk Strawberry Fat Free	half pint	1	18.00
000222 Condiment Ketchup Packet	packet	1	3.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	2.00
000223 Condiment Mustard Packet	packet	1	0.00
000119 Condiment Barbecue Sauce Cup	Packet	1	16.00
001183 Condiment HoneyMustard 1.5oz HS	PC cup	1	8.00

Base Menu Spreadsheet

Portion Values

000893 Condiment Ranch Lite 1 oz	1 oz cup	1	2.00
Weighted Daily Average			820.40
% of Calories			46.4%
Weekly Nutrient Guideline			

Thursday - 03/07/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
001149 Quesadilla Chicken	each	1	29.64
001136 Nachos with Beef	EACH	1	44.70
001170 Taco Beef Soft Shell	2 tacos	1	42.54
001181 Pizza Nardone Cheese 4x6	slices	1	30.00
001191 Pizza Nardone Pepperoni Diced 4x6	slices	1	29.00
001152 Sandwich Chicken WG Breaded Regular	sandwich	1	44.00
000399 Sandwich Chicken WG Hot & Spicy	sandwich	1	48.00
990052 Sandwich Hamburger	sandwich	1	31.00
990051 Sandwich Cheeseburger	sandwich	1	31.00
990138 Sandwich Turkey and Cheese - SFG	sandwich	1	30.21
990139 Sandwich Ham & Cheese - Hormel	sandwich	1	29.99
000029 Sandwich PB&J - homemade	sandwich	1	57.00
000765 Salad Asian Chicken	salads	1	47.81

Base Menu Spreadsheet

Portion Values

000139 Salad Chef	salads	1	22.47
000539 Salad Chicken Caesar	salads	1	19.23
000827 Salad Garden	salads	1	22.25
990041 Salad Popcorn Chicken	salads	1	28.98
990140 Salad Turkey - SFG Turkey	salads	1	22.31
000906 Grains Roll Homestyle	Each	1	24.00
000001 Grains Rice Mexican Fiesta	1/2 cup	1	21.50
000736 Vegetable Beans Black	1/2 Cup	1	23.39
000271 Vegetable Corn Buttery	1/2 cup	1	15.96
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	7.62
000848 Vegetable Carrots Baby Raw	1/2 cup	1	7.12
000875 Vegetable Veggie Bowl Variety	Each	1	3.08
000064 Fruit Apples Fresh Sliced	EACH	1	12.50
000068 Fruit Bananas	EACH	1	29.00
000086 Fruit Orange Whole Sliced	Each	1	21.00
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	17.21
001017 Juice Assorted	each	1	23.33
001021 Bottled Water 10oz	bottle	1	0.00
000230 Milk White 1%	half pint	1	12.00
990113 Milk Chocolate 1%	half pint	1	26.00

Base Menu Spreadsheet

Portion Values

000328 Milk Strawberry Fat Free	half pint	1	18.00
000222 Condiment Ketchup Packet	packet	1	3.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	2.00
000223 Condiment Mustard Packet	packet	1	0.00
000119 Condiment Barbecue Sauce Cup	Packet	1	16.00
001183 Condiment HoneyMustard 1.5oz HS	PC cup	1	8.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	2.00
Weighted Daily Average			902.82
% of Calories			45.3%
Weekly Nutrient Guideline			

Friday - 03/08/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
000966 Chicken Breaded Drumstick	drumstick	1	5.00
000906 Grains Roll Homestyle	Each	1	24.00
000771 Sandwich Hot Ham & Cheese Croissant	sandwich	1	26.50
000044 Baked Potato Loaded	Potato	1	70.65
001181 Pizza Nardone Cheese 4x6	slices	1	30.00
001191 Pizza Nardone Pepperoni Diced 4x6	slices	1	29.00
001152 Sandwich Chicken WG Breaded Regular	sandwich	1	44.00

Base Menu Spreadsheet

Portion Values

000399 Sandwich Chicken WG Hot & Spicy	sandwich	1	48.00
990052 Sandwich Hamburger	sandwich	1	31.00
990051 Sandwich Cheeseburger	sandwich	1	31.00
990138 Sandwich Turkey and Cheese - SFG	sandwich	1	30.21
990139 Sandwich Ham & Cheese - Hormel	sandwich	1	29.99
000029 Sandwich PB&J - homemade	sandwich	1	57.00
000765 Salad Asian Chicken	salads	1	47.81
000139 Salad Chef	salads	1	22.47
000539 Salad Chicken Caesar	salads	1	19.23
000827 Salad Garden	salads	1	22.25
990041 Salad Popcorn Chicken	salads	1	28.98
990140 Salad Turkey - SFG Turkey	salads	1	22.31
000906 Grains Roll Homestyle	Each	1	24.00
990119 Grains Mac & Cheese Side item - Tilt Skillet	1/2 cup	1	21.37
000299 Vegetable Beans Baked	1/2 cup	1	30.00
000439 Vegetable Peas & Carrots Frozen	1/2 cup	1	12.01
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	7.62
000848 Vegetable Carrots Baby Raw	1/2 cup	1	7.12
000875 Vegetable Veggie Bowl Variety	Each	1	3.08
000064 Fruit Apples Fresh Sliced	EACH	1	12.50

Base Menu Spreadsheet

Portion Values

000068 Fruit Bananas	EACH	1	29.00
000086 Fruit Orange Whole Sliced	Each	1	21.00
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	17.21
001017 Juice Assorted	each	1	23.33
001021 Bottled Water 10oz	bottle	1	0.00
000230 Milk White 1%	half pint	1	12.00
990113 Milk Chocolate 1%	half pint	1	26.00
000328 Milk Strawberry Fat Free	half pint	1	18.00
000222 Condiment Ketchup Packet	packet	1	3.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	2.00
000223 Condiment Mustard Packet	packet	1	0.00
000119 Condiment Barbecue Sauce Cup	Packet	1	16.00
001183 Condiment HoneyMustard 1.5oz HS	PC cup	1	8.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	2.00
Weighted Daily Average			914.61
% of Calories			44.7%
Weekly Nutrient Guideline			

Monday - 03/11/2019

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Carb (g)
001122 Chicken Nugget Breaded MS&HS	6 nuggets	1	11.40
000730 Chicken Blazin Buffalo MS & HS	6 nuggets	1	25.36
000906 Grains Roll Homestyle	Each	1	24.00
001181 Pizza Nardone Cheese 4x6	slices	1	30.00
001191 Pizza Nardone Pepperoni Diced 4x6	slices	1	29.00
001152 Sandwich Chicken WG Breaded Regular	sandwich	1	44.00
000399 Sandwich Chicken WG Hot & Spicy	sandwich	1	48.00
990052 Sandwich Hamburger	sandwich	1	31.00
990051 Sandwich Cheeseburger	sandwich	1	31.00
990138 Sandwich Turkey and Cheese - SFG	sandwich	1	30.21
990139 Sandwich Ham & Cheese - Hormel	sandwich	1	29.99
000029 Sandwich PB&J - homemade	sandwich	1	57.00
000765 Salad Asian Chicken	salads	1	47.81
000139 Salad Chef	salads	1	22.47
000539 Salad Chicken Caesar	salads	1	19.23
000827 Salad Garden	salads	1	22.25
990041 Salad Popcorn Chicken	salads	1	28.98
990140 Salad Turkey - SFG Turkey	salads	1	22.31
000906 Grains Roll Homestvle	Each	1	24.00

Base Menu Spreadsheet

Portion Values

001067 Vegetable Potato Mashed with Brown Gravy	1/2 CUP	1	16.21
000995 Vegetable Blend Dutch California	1/2 cup	1	5.34
000993 Vegetable Beans Green Frozen	1/2 CUP	1	6.16
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	7.62
000848 Vegetable Carrots Baby Raw	1/2 cup	1	7.12
000875 Vegetable Veggie Bowl Variety	Each	1	3.08
000064 Fruit Apples Fresh Sliced	EACH	1	12.50
000068 Fruit Bananas	EACH	1	29.00
000086 Fruit Orange Whole Sliced	Each	1	21.00
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	17.21
001017 Juice Assorted	each	1	23.33
001021 Bottled Water 10oz	bottle	1	0.00
000230 Milk White 1%	half pint	1	12.00
990113 Milk Chocolate 1%	half pint	1	26.00
000328 Milk Strawberry Fat Free	half pint	1	18.00
000222 Condiment Ketchup Packet	packet	1	3.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	2.00
000223 Condiment Mustard Packet	packet	1	0.00
000119 Condiment Barbecue Sauce Cup	Packet	1	16.00
001183 Condiment HoneyMustard 1.5oz HS	PC cup	1	8.00

Base Menu Spreadsheet

Portion Values

000893 Condiment Ranch Lite 1 oz	1 oz cup	1	2.00
Weighted Daily Average			813.56
% of Calories			45.7%
Weekly Nutrient Guideline			

Tuesday - 03/12/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
001147 Pasta Penne Meat Sauce - Stove Top/Oven	servings	1	40.20
001123 Chicken Parm w/Penne	servings	1	79.79
001181 Pizza Nardone Cheese 4x6	slices	1	30.00
001191 Pizza Nardone Pepperoni Diced 4x6	slices	1	29.00
001152 Sandwich Chicken WG Breaded Regular	sandwich	1	44.00
000399 Sandwich Chicken WG Hot & Spicy	sandwich	1	48.00
990052 Sandwich Hamburger	sandwich	1	31.00
990051 Sandwich Cheeseburger	sandwich	1	31.00
990138 Sandwich Turkey and Cheese - SFG	sandwich	1	30.21
990139 Sandwich Ham & Cheese - Hormel	sandwich	1	29.99
000029 Sandwich PB&J - homemade	sandwich	1	57.00
000765 Salad Asian Chicken	salads	1	47.81
000139 Salad Chef	salads	1	22.47

Base Menu Spreadsheet

Portion Values

000539 Salad Chicken Caesar	salads	1	19.23
000827 Salad Garden	salads	1	22.25
990041 Salad Popcorn Chicken	salads	1	28.98
990140 Salad Turkey - SFG Turkey	salads	1	22.31
000906 Grains Roll Homestyle	Each	1	24.00
000674 Vegetable Potato Sweet Casserole	1/2 CUP	1	42.34
000908 Vegetable Blend Tuscan	1/2 Cup	1	6.01
000258 Vegetable Broccoli Florets Frozen	1/2 cup	1	4.49
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	7.62
000848 Vegetable Carrots Baby Raw	1/2 cup	1	7.12
000875 Vegetable Veggie Bowl Variety	Each	1	3.08
000064 Fruit Apples Fresh Sliced	EACH	1	12.50
000068 Fruit Bananas	EACH	1	29.00
000086 Fruit Orange Whole Sliced	Each	1	21.00
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	17.21
001017 Juice Assorted	each	1	23.33
001021 Bottled Water 10oz	bottle	1	0.00
000230 Milk White 1%	half pint	1	12.00
990113 Milk Chocolate 1%	half pint	1	26.00
000328 Milk Strawberry Fat Free	half pint	1	18.00

Base Menu Spreadsheet

Portion Values

000222 Condiment Ketchup Packet	packet	1	3.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	2.00
000223 Condiment Mustard Packet	packet	1	0.00
000119 Condiment Barbecue Sauce Cup	Packet	1	16.00
001183 Condiment HoneyMustard 1.5oz HS	PC cup	1	8.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	2.00
Weighted Daily Average			897.93
% of Calories			48.2%
Weekly Nutrient Guideline			

Wednesday - 03/13/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
000712 Corn Dog Chicken	corndogs	1	30.00
000601 Chicken Pot Pie MS&HS	servings	1	44.78
001181 Pizza Nardone Cheese 4x6	slices	1	30.00
001191 Pizza Nardone Pepperoni Diced 4x6	slices	1	29.00
001152 Sandwich Chicken WG Breaded Regular	sandwich	1	44.00
000399 Sandwich Chicken WG Hot & Spicy	sandwich	1	48.00
990052 Sandwich Hamburger	sandwich	1	31.00
990051 Sandwich Cheeseburger	sandwich	1	31.00

Base Menu Spreadsheet

Portion Values

990138 Sandwich Turkey and Cheese - SFG	sandwich	1	30.21
990139 Sandwich Ham & Cheese - Hormel	sandwich	1	29.99
000029 Sandwich PB&J - homemade	sandwich	1	57.00
000765 Salad Asian Chicken	salads	1	47.81
000139 Salad Chef	salads	1	22.47
000539 Salad Chicken Caesar	salads	1	19.23
000827 Salad Garden	salads	1	22.25
990041 Salad Popcorn Chicken	salads	1	28.98
990140 Salad Turkey - SFG Turkey	salads	1	22.31
000906 Grains Roll Homestyle	Each	1	24.00
000911 Vegetable Potato Deli Roaster	1/2 cup	1	25.48
000907 Vegetable Blend Provence	1/2 Cup	1	3.99
000754 Vegetable Buttery Brussel Sprouts	1/2 cup	1	6.02
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	7.62
000848 Vegetable Carrots Baby Raw	1/2 cup	1	7.12
000875 Vegetable Veggie Bowl Variety	Each	1	3.08
000064 Fruit Apples Fresh Sliced	EACH	1	12.50
000068 Fruit Bananas	EACH	1	29.00
000086 Fruit Orange Whole Sliced	Each	1	21.00
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	17.21

Base Menu Spreadsheet

Portion Values

001017 Juice Assorted	each	1	23.33
001021 Bottled Water 10oz	bottle	1	0.00
000230 Milk White 1%	half pint	1	12.00
990113 Milk Chocolate 1%	half pint	1	26.00
000328 Milk Strawberry Fat Free	half pint	1	18.00
000222 Condiment Ketchup Packet	packet	1	3.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	2.00
000223 Condiment Mustard Packet	packet	1	0.00
000119 Condiment Barbecue Sauce Cup	Packet	1	16.00
001183 Condiment HoneyMustard 1.5oz HS	PC cup	1	8.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	2.00
Weighted Daily Average			835.37
% of Calories			46.0%
Weekly Nutrient Guideline			

Thursday - 03/14/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
001170 Taco Beef Soft Shell	2 tacos	1	42.54
000724 Fajita Chicken MS & HS	2 fajita	1	38.22
001181 Pizza Nardone Cheese 4x6	slices	1	30.00

Base Menu Spreadsheet

Portion Values

001191 Pizza Nardone Pepperoni Diced 4x6	slices	1	29.00
001152 Sandwich Chicken WG Breaded Regular	sandwich	1	44.00
000399 Sandwich Chicken WG Hot & Spicy	sandwich	1	48.00
990052 Sandwich Hamburger	sandwich	1	31.00
990051 Sandwich Cheeseburger	sandwich	1	31.00
990138 Sandwich Turkey and Cheese - SFG	sandwich	1	30.21
990139 Sandwich Ham & Cheese - Hormel	sandwich	1	29.99
000029 Sandwich PB&J - homemade	sandwich	1	57.00
000765 Salad Asian Chicken	salads	1	47.81
000139 Salad Chef	salads	1	22.47
000539 Salad Chicken Caesar	salads	1	19.23
000827 Salad Garden	salads	1	22.25
990041 Salad Popcorn Chicken	salads	1	28.98
990140 Salad Turkey - SFG Turkey	salads	1	22.31
000906 Grains Roll Homestyle	Each	1	24.00
000001 Grains Rice Mexican Fiesta	1/2 cup	1	21.50
000650 Vegetable Beans Refried Cheesy	1/2 cup	1	31.62
000271 Vegetable Corn Buttery	1/2 cup	1	15.96
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	7.62
000848 Vegetable Carrots Baby Raw	1/2 cup	1	7.12

Base Menu Spreadsheet

Portion Values

000875 Vegetable Veggie Bowl Variety	Each	1	3.08
000064 Fruit Apples Fresh Sliced	EACH	1	12.50
000068 Fruit Bananas	EACH	1	29.00
000086 Fruit Orange Whole Sliced	Each	1	21.00
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	17.21
001017 Juice Assorted	each	1	23.33
001021 Bottled Water 10oz	bottle	1	0.00
000230 Milk White 1%	half pint	1	12.00
990113 Milk Chocolate 1%	half pint	1	26.00
000328 Milk Strawberry Fat Free	half pint	1	18.00
000222 Condiment Ketchup Packet	packet	1	3.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	2.00
000223 Condiment Mustard Packet	packet	1	0.00
000119 Condiment Barbecue Sauce Cup	Packet	1	16.00
001183 Condiment HoneyMustard 1.5oz HS	PC cup	1	8.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	2.00
Weighted Daily Average			874.93
% of Calories			45.6%
Weekly Nutrient Guideline			

Friday - 03/15/2019

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Mar 1, 2019 thru Mar 29, 2019

	Portion Size	Reimb Qty	Carb (g)
001159 Sandwich Sloppy Joes	sandwich	1	45.35
000301 Sandwich BBQ Pulled Pork	sandwich	1	37.97
000044 Baked Potato Loaded	Potato	1	70.65
001181 Pizza Nardone Cheese 4x6	slices	1	30.00
001191 Pizza Nardone Pepperoni Diced 4x6	slices	1	29.00
001152 Sandwich Chicken WG Breaded Regular	sandwich	1	44.00
000399 Sandwich Chicken WG Hot & Spicy	sandwich	1	48.00
990052 Sandwich Hamburger	sandwich	1	31.00
990051 Sandwich Cheeseburger	sandwich	1	31.00
990138 Sandwich Turkey and Cheese - SFG	sandwich	1	30.21
990139 Sandwich Ham & Cheese - Hormel	sandwich	1	29.99
000029 Sandwich PB&J - homemade	sandwich	1	57.00
000765 Salad Asian Chicken	salads	1	47.81
000139 Salad Chef	salads	1	22.47
000539 Salad Chicken Caesar	salads	1	19.23
000827 Salad Garden	salads	1	22.25
990041 Salad Popcorn Chicken	salads	1	28.98
990140 Salad Turkey - SFG Turkey	salads	1	22.31

Base Menu Spreadsheet

Portion Values

000906 Grains Roll Homestyle	Each	1	24.00
000527 Vegetable Beans White	1/2 cup	1	21.67
000634 Vegetable Turnip Greens	1/2 cup	1	3.74
000995 Vegetable Blend Dutch California	1/2 cup	1	5.34
000468 Salad, Coleslaw	1/4 cup	1	3.22
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	7.62
000848 Vegetable Carrots Baby Raw	1/2 cup	1	7.12
000875 Vegetable Veggie Bowl Variety	Each	1	3.08
000064 Fruit Apples Fresh Sliced	EACH	1	12.50
000068 Fruit Bananas	EACH	1	29.00
000086 Fruit Orange Whole Sliced	Each	1	21.00
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	17.21
001017 Juice Assorted	each	1	23.33
001021 Bottled Water 10oz	bottle	1	0.00
000230 Milk White 1%	half pint	1	12.00
990113 Milk Chocolate 1%	half pint	1	26.00
000328 Milk Strawberry Fat Free	half pint	1	18.00
000222 Condiment Ketchup Packet	packet	1	3.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	2.00
000223 Condiment Mustard Packet	packet	1	0.00

Base Menu Spreadsheet

Portion Values

000119 Condiment Barbecue Sauce Cup	Packet	1	16.00
001183 Condiment HoneyMustard 1.5oz HS	PC cup	1	8.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	2.00
Weighted Daily Average			913.02
% of Calories			45.8%
Weekly Nutrient Guideline			

Monday - 03/25/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
001122 Chicken Nugget Breaded MS&HS	6 nuggets	1	11.40
000706 Beef Sticks w/Brown Gravy	4 Sticks	1	10.89
000906 Grains Roll Homestyle	Each	1	24.00
001181 Pizza Nardone Cheese 4x6	slices	1	30.00
001191 Pizza Nardone Pepperoni Diced 4x6	slices	1	29.00
001152 Sandwich Chicken WG Breaded Regular	sandwich	1	44.00
000399 Sandwich Chicken WG Hot & Spicy	sandwich	1	48.00
990052 Sandwich Hamburger	sandwich	1	31.00
990051 Sandwich Cheeseburger	sandwich	1	31.00
990138 Sandwich Turkey and Cheese - SFG	sandwich	1	30.21
990139 Sandwich Ham & Cheese - Hormel	sandwich	1	29.99

Base Menu Spreadsheet

Portion Values

000029 Sandwich PB&J - homemade	sandwich	1	57.00
000765 Salad Asian Chicken	salads	1	47.81
000139 Salad Chef	salads	1	22.47
000539 Salad Chicken Caesar	salads	1	19.23
000827 Salad Garden	salads	1	22.25
990041 Salad Popcorn Chicken	salads	1	28.98
990140 Salad Turkey - SFG Turkey	salads	1	22.31
000906 Grains Roll Homestyle	Each	1	24.00
001067 Vegetable Potato Mashed with Brown Gravy	1/2 CUP	1	16.21
000995 Vegetable Blend Dutch California	1/2 cup	1	5.34
000261 Vegetable Carrots Buttery	1/2 cup	1	7.47
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	7.62
000848 Vegetable Carrots Baby Raw	1/2 cup	1	7.12
000875 Vegetable Veggie Bowl Variety	Each	1	3.08
000064 Fruit Apples Fresh Sliced	EACH	1	12.50
000068 Fruit Bananas	EACH	1	29.00
000086 Fruit Orange Whole Sliced	Each	1	21.00
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	17.21
000230 Milk White 1%	half pint	1	12.00
990113 Milk Chocolate 1%	half pint	1	26.00

Base Menu Spreadsheet

Portion Values

000328 Milk Strawberry Fat Free	half pint	1	18.00
001017 Juice Assorted	each	1	23.33
001021 Bottled Water 10oz	bottle	1	0.00
000222 Condiment Ketchup Packet	packet	1	3.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	2.00
000223 Condiment Mustard Packet	packet	1	0.00
000119 Condiment Barbecue Sauce Cup	Packet	1	16.00
001183 Condiment HoneyMustard 1.5oz HS	PC cup	1	8.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	2.00
Weighted Daily Average			800.40
% of Calories			45.7%
Weekly Nutrient Guideline			

Tuesday - 03/26/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
000956 Pasta Chicken Broccoli Alfredo Penne	servings	1	38.14
000944 Calzone Cheese WG	calzone	1	41.26
000945 Calzone Meat WG	calzone	1	41.26
001181 Pizza Nardone Cheese 4x6	slices	1	30.00
001191 Pizza Nardone Pepperoni Diced 4x6	slices	1	29.00

Base Menu Spreadsheet

Portion Values

001152 Sandwich Chicken WG Breaded Regular	sandwich	1	44.00
000399 Sandwich Chicken WG Hot & Spicy	sandwich	1	48.00
990052 Sandwich Hamburger	sandwich	1	31.00
990051 Sandwich Cheeseburger	sandwich	1	31.00
990138 Sandwich Turkey and Cheese - SFG	sandwich	1	30.21
990139 Sandwich Ham & Cheese - Hormel	sandwich	1	29.99
000029 Sandwich PB&J - homemade	sandwich	1	57.00
000765 Salad Asian Chicken	salads	1	47.81
000139 Salad Chef	salads	1	22.47
000539 Salad Chicken Caesar	salads	1	19.23
000827 Salad Garden	salads	1	22.25
990041 Salad Popcorn Chicken	salads	1	28.98
990140 Salad Turkey - SFG Turkey	salads	1	22.31
000906 Grains Roll Homestyle	Each	1	24.00
000995 Vegetable Blend Dutch California	1/2 cup	1	5.34
000258 Vegetable Broccoli Florets Frozen	1/2 cup	1	4.49
001237 Fruit Baked Apples	1/2 cup	1	25.59
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	7.62
000848 Vegetable Carrots Baby Raw	1/2 cup	1	7.12
000875 Vegetable Veggie Bowl Variety	Each	1	3.08

Base Menu Spreadsheet

Portion Values

000064 Fruit Apples Fresh Sliced	EACH	1	12.50
000068 Fruit Bananas	EACH	1	29.00
000086 Fruit Orange Whole Sliced	Each	1	21.00
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	17.21
001017 Juice Assorted	each	1	23.33
001021 Bottled Water 10oz	bottle	1	0.00
000230 Milk White 1%	half pint	1	12.00
990113 Milk Chocolate 1%	half pint	1	26.00
000328 Milk Strawberry Fat Free	half pint	1	18.00
000222 Condiment Ketchup Packet	packet	1	3.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	2.00
000223 Condiment Mustard Packet	packet	1	0.00
000119 Condiment Barbecue Sauce Cup	Packet	1	16.00
001183 Condiment HoneyMustard 1.5oz HS	PC cup	1	8.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	2.00
Weighted Daily Average			881.17
% of Calories			47.1%
Weekly Nutrient Guideline			

Wednesday - 03/27/2019

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Carb (g)
001220 Meatballs Spicy Teriyaki	servings	1	39.25
990135 Chicken General Tso Popcorn - MS/HS	8 popcorn	1	13.73
001181 Pizza Nardone Cheese 4x6	slices	1	30.00
001191 Pizza Nardone Pepperoni Diced 4x6	slices	1	29.00
001152 Sandwich Chicken WG Breaded Regular	sandwich	1	44.00
000399 Sandwich Chicken WG Hot & Spicy	sandwich	1	48.00
990052 Sandwich Hamburger	sandwich	1	31.00
990051 Sandwich Cheeseburger	sandwich	1	31.00
990138 Sandwich Turkey and Cheese - SFG	sandwich	1	30.21
990139 Sandwich Ham & Cheese - Hormel	sandwich	1	29.99
000029 Sandwich PB&J - homemade	sandwich	1	57.00
000765 Salad Asian Chicken	salads	1	47.81
000139 Salad Chef	salads	1	22.47
000539 Salad Chicken Caesar	salads	1	19.23
000827 Salad Garden	salads	1	22.25
990041 Salad Popcorn Chicken	salads	1	28.98
990140 Salad Turkey - SFG Turkey	salads	1	22.31
000906 Grains Roll Homestyle	Each	1	24.00
001189 Grains Rice Fried MS & HS	Cup	1	54.08

Base Menu Spreadsheet

Portion Values

990050 Grains Egg roll Vegetable WG	Each	1	22.00
000662 Vegetable Blend Oriental Stir Fry	1/2 cup	1	2.52
000994 Vegetable Peas Sugar Snap	1/2 cup	1	7.80
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	7.62
000848 Vegetable Carrots Baby Raw	1/2 cup	1	7.12
000875 Vegetable Veggie Bowl Variety	Each	1	3.08
000064 Fruit Apples Fresh Sliced	EACH	1	12.50
000068 Fruit Bananas	EACH	1	29.00
000086 Fruit Orange Whole Sliced	Each	1	21.00
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	17.21
001017 Juice Assorted	each	1	23.33
001021 Bottled Water 10oz	bottle	1	0.00
000230 Milk White 1%	half pint	1	12.00
990113 Milk Chocolate 1%	half pint	1	26.00
000328 Milk Strawberry Fat Free	half pint	1	18.00
000222 Condiment Ketchup Packet	packet	1	3.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	2.00
000223 Condiment Mustard Packet	packet	1	0.00
000119 Condiment Barbecue Sauce Cup	Packet	1	16.00
001183 Condiment HoneyMustard 1.5oz HS	PC cup	1	8.00

Base Menu Spreadsheet

Portion Values

000893 Condiment Ranch Lite 1 oz	1 oz cup	1	2.00
Weighted Daily Average			864.49
% of Calories			46.5%
Weekly Nutrient Guideline			

Thursday - 03/28/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
000703 Enchilada Cheese Pepper Jack	2 enchiladas	1	31.98
000774 Burrito Beef & Bean HS Only	burrito	1	47.01
001181 Pizza Nardone Cheese 4x6	slices	1	30.00
001191 Pizza Nardone Pepperoni Diced 4x6	slices	1	29.00
001152 Sandwich Chicken WG Breaded Regular	sandwich	1	44.00
000399 Sandwich Chicken WG Hot & Spicy	sandwich	1	48.00
990052 Sandwich Hamburger	sandwich	1	31.00
990051 Sandwich Cheeseburger	sandwich	1	31.00
990138 Sandwich Turkey and Cheese - SFG	sandwich	1	30.21
990139 Sandwich Ham & Cheese - Hormel	sandwich	1	29.99
000029 Sandwich PB&J - homemade	sandwich	1	57.00
000765 Salad Asian Chicken	salads	1	47.81
000139 Salad Chef	salads	1	22.47

Base Menu Spreadsheet

Portion Values

000539 Salad Chicken Caesar	salads	1	19.23
000827 Salad Garden	salads	1	22.25
990041 Salad Popcorn Chicken	salads	1	28.98
990140 Salad Turkey - SFG Turkey	salads	1	22.31
000906 Grains Roll Homestyle	Each	1	24.00
000001 Grains Rice Mexican Fiesta	1/2 cup	1	21.50
000736 Vegetable Beans Black	1/2 Cup	1	23.39
000271 Vegetable Corn Buttery	1/2 cup	1	15.96
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	7.62
000848 Vegetable Carrots Baby Raw	1/2 cup	1	7.12
000875 Vegetable Veggie Bowl Variety	Each	1	3.08
000064 Fruit Apples Fresh Sliced	EACH	1	12.50
000068 Fruit Bananas	EACH	1	29.00
000086 Fruit Orange Whole Sliced	Each	1	21.00
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	17.21
001017 Juice Assorted	each	1	23.33
001021 Bottled Water 10oz	bottle	1	0.00
000230 Milk White 1%	half pint	1	12.00
990113 Milk Chocolate 1%	half pint	1	26.00
000328 Milk Strawberry Fat Free	half pint	1	18.00

Base Menu Spreadsheet

Portion Values

000222 Condiment Ketchup Packet	packet	1	3.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	2.00
000223 Condiment Mustard Packet	packet	1	0.00
000119 Condiment Barbecue Sauce Cup	Packet	1	16.00
001183 Condiment HoneyMustard 1.5oz HS	PC cup	1	8.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	2.00
Weighted Daily Average			864.93
% of Calories			46.0%
Weekly Nutrient Guideline			

Friday - 03/29/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
000338 Sandwich Grilled Cheese	sandwich	1	28.00
001151 Sandwich BBQ Chicken	sandwich	1	38.96
000044 Baked Potato Loaded	Potato	1	70.65
001181 Pizza Nardone Cheese 4x6	slices	1	30.00
001191 Pizza Nardone Pepperoni Diced 4x6	slices	1	29.00
001152 Sandwich Chicken WG Breaded Regular	sandwich	1	44.00
000399 Sandwich Chicken WG Hot & Spicy	sandwich	1	48.00
990052 Sandwich Hamburger	sandwich	1	31.00

Base Menu Spreadsheet

Portion Values

990051 Sandwich Cheeseburger	sandwich	1	31.00
990138 Sandwich Turkey and Cheese - SFG	sandwich	1	30.21
990139 Sandwich Ham & Cheese - Hormel	sandwich	1	29.99
000029 Sandwich PB&J - homemade	sandwich	1	57.00
000765 Salad Asian Chicken	salads	1	47.81
000139 Salad Chef	salads	1	22.47
000539 Salad Chicken Caesar	salads	1	19.23
000827 Salad Garden	salads	1	22.25
990041 Salad Popcorn Chicken	salads	1	28.98
990140 Salad Turkey - SFG Turkey	salads	1	22.31
000906 Grains Roll Homestyle	Each	1	24.00
000339 Soup Tomato Healthy Request	1/2 cup	1	19.67
000261 Vegetable Carrots Buttery	1/2 cup	1	7.47
000484 Vegetable Potato Crinkle Fries	1/2 cup	1	14.17
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	7.62
000848 Vegetable Carrots Baby Raw	1/2 cup	1	7.12
000875 Vegetable Veggie Bowl Variety	Each	1	3.08
000064 Fruit Apples Fresh Sliced	EACH	1	12.50
000068 Fruit Bananas	EACH	1	29.00
000086 Fruit Orange Whole Sliced	Each	1	21.00

Base Menu Spreadsheet

Portion Values

000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	17.21
001017 Juice Assorted	each	1	23.33
001021 Bottled Water 10oz	bottle	1	0.00
000230 Milk White 1%	half pint	1	12.00
990113 Milk Chocolate 1%	half pint	1	26.00
000328 Milk Strawberry Fat Free	half pint	1	18.00
000222 Condiment Ketchup Packet	packet	1	3.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	2.00
000223 Condiment Mustard Packet	packet	1	0.00
000119 Condiment Barbecue Sauce Cup	Packet	1	16.00
001183 Condiment HoneyMustard 1.5oz HS	PC cup	1	8.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	2.00
Weighted Daily Average			904.01
% of Calories			45.3%
Weekly Nutrient Guideline			

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

** - denotes combined nutrient totals with either missing or incomplete nutrient data*

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.