

Base Menu Spreadsheet

Portion Values

Mar 1, 2019 thru Mar 29, 2019

Menu Name: Middle School Lunch

Include Cost: No

Site:

Report Style: Detailed

Friday - 03/01/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
001181 Pizza Nardone Cheese 4x6	slices	1	30.00
001191 Pizza Nardone Pepperoni Diced 4x6	slices	1	29.00
990131 Fish Potato Pollock Fillet w/ Hushpuppies	basket	1	33.00
990052 Sandwich Hamburger	sandwich	1	31.00
990051 Sandwich Cheeseburger	sandwich	1	31.00
990139 Sandwich Ham & Cheese - Hormel	sandwich	1	29.99
990138 Sandwich Turkey and Cheese - SFG	sandwich	1	30.21
000029 Sandwich PB&J - homemade	sandwich	1	57.00
000765 Salad Asian Chicken	salads	1	47.81
000139 Salad Chef	salads	1	22.47
000827 Salad Garden	salads	1	22.25
000539 Salad Chicken Caesar	salads	1	19.23
990041 Salad Popcorn Chicken	salads	1	28.98
990140 Salad Turkey - SFG Turkey	salads	1	22.31
001013 Salad, Tossed	cup	1	9.49

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Portion Values

Assorted			
000906 Grains Roll Homestyle	Each	1	24.00
000484 Vegetable Potato Crinkle Fries	1/2 cup	1	14.17
000424 Vegetable Beans Green LS Can	1/2 CUP	1	4.00
000907 Vegetable Blend Provence	1/2 Cup	1	3.99
000483 Dessert Holiday Sugar Cookie Frosted	cookie	1	26.00
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	7.62
000848 Vegetable Carrots Baby Raw	1/2 cup	1	7.12
000875 Vegetable Veggie Bowl Variety	Each	1	3.08
000064 Fruit Apples Fresh Sliced	EACH	1	12.50
000068 Fruit Bananas	EACH	1	29.00
000086 Fruit Orange Whole Sliced	Each	1	21.00
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	17.21
000230 Milk White 1%	half pint	1	12.00
990113 Milk Chocolate 1%	half pint	1	26.00
000328 Milk Strawberry Fat Free	half pint	1	18.00
001017 Juice Assorted	each	1	23.33
001021 Bottled Water 10oz	bottle	1	0.00
000222 Condiment Ketchup Packet	packet	1	3.00
000223 Condiment Mustard Packet	packet	1	0.00
000892 Condiment	Packet	1	2.00

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Mayonnaise Lite Packet			
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	2.00
000542 Condiment Honey Mustard 1oz	1 oz cup	1	8.00
000119 Condiment Barbecue Sauce Cup	Packet	1	16.00
Weighted Daily Average			723.74
% of Calories			46.3%
Weekly Nutrient Guideline			

Monday - 03/04/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
990051 Sandwich Cheeseburger	sandwich	1	31.00
990052 Sandwich Hamburger	sandwich	1	31.00
001122 Chicken Nugget Breaded MS&HS	6 nuggets	1	11.40
000906 Grains Roll Homestyle	Each	1	24.00
001159 Sandwich Sloppy Joes	sandwich	1	45.35
990139 Sandwich Ham & Cheese - Hormel	sandwich	1	29.99
990140 Salad Turkey - SFG Turkey	salads	1	22.31
000029 Sandwich PB&J - homemade	sandwich	1	57.00
000765 Salad Asian Chicken	salads	1	47.81
000139 Salad Chef	salads	1	22.47

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000827 Salad Garden	salads	1	22.25
000539 Salad Chicken Caesar	salads	1	19.23
990041 Salad Popcorn Chicken	salads	1	28.98
990140 Salad Turkey - SFG Turkey	salads	1	22.31
001013 Salad, Tossed Assorted	cup	1	9.49
000906 Grains Roll Homestyle	Each	1	24.00
000484 Vegetable Potato Crinkle Fries	1/2 cup	1	14.17
000465 Vegetable Carrots Honey Glaze	1/2 cup	1	12.06
000424 Vegetable Beans Green LS Can	1/2 CUP	1	4.00
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	7.62
000848 Vegetable Carrots Baby Raw	1/2 cup	1	7.12
000875 Vegetable Veggie Bowl Variety	Each	1	3.08
000064 Fruit Apples Fresh Sliced	EACH	1	12.50
000068 Fruit Bananas	EACH	1	29.00
000086 Fruit Orange Whole Sliced	Each	1	21.00
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	17.21
000230 Milk White 1%	half pint	1	12.00
990113 Milk Chocolate 1%	half pint	1	26.00
000328 Milk Strawberry Fat Free	half pint	1	18.00
001017 Juice Assorted	each	1	23.33

Base Menu Spreadsheet

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001021 Bottled Water 10oz	bottle	1	0.00
000222 Condiment Ketchup Packet	packet	1	3.00
000223 Condiment Mustard Packet	packet	1	0.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	2.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	2.00
000542 Condiment Honey Mustard 1oz	1 oz cup	1	8.00
000119 Condiment Barbecue Sauce Cup	Packet	1	16.00
Weighted Daily Average			686.67
% of Calories			46.8%
Weekly Nutrient Guideline			

Tuesday - 03/05/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
000579 Pasta Spaghetti & Meatballs	servings	1	41.89
001125 Chicken Parmesan	each	1	19.91
990129 Grain Breadstick Garlic WG	Breadstick	1	17.00
000044 Baked Potato Loaded	Potato	1	70.65
990139 Sandwich Ham & Cheese - Hormel	sandwich	1	29.99
990138 Sandwich Turkey and Cheese - SFG	sandwich	1	30.21
000029 Sandwich PB&J - homemade	sandwich	1	57.00

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000765 Salad Asian Chicken	salads	1	47.81
000139 Salad Chef	salads	1	22.47
000827 Salad Garden	salads	1	22.25
000539 Salad Chicken Caesar	salads	1	19.23
990041 Salad Popcorn Chicken	salads	1	28.98
990140 Salad Turkey - SFG Turkey	salads	1	22.31
001013 Salad, Tossed Assorted	cup	1	9.49
000906 Grains Roll Homestyle	Each	1	24.00
000994 Vegetable Peas Sugar Snap	1/2 cup	1	7.80
000271 Vegetable Corn Buttery	1/2 cup	1	15.96
001237 Fruit Baked Apples	1/2 cup	1	25.59
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	7.62
000848 Vegetable Carrots Baby Raw	1/2 cup	1	7.12
000875 Vegetable Veggie Bowl Variety	Each	1	3.08
000064 Fruit Apples Fresh Sliced	EACH	1	12.50
000068 Fruit Bananas	EACH	1	29.00
000086 Fruit Orange Whole Sliced	Each	1	21.00
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	17.21
000230 Milk White 1%	half pint	1	12.00
990113 Milk Chocolate 1%	half pint	1	26.00

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000328 Milk Strawberry Fat Free	half pint	1	18.00
001017 Juice Assorted	each	1	23.33
001021 Bottled Water 10oz	bottle	1	0.00
000222 Condiment Ketchup Packet	packet	1	3.00
000223 Condiment Mustard Packet	packet	1	0.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	2.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	2.00
000542 Condiment Honey Mustard 1oz	1 oz cup	1	8.00
000119 Condiment Barbecue Sauce Cup	Packet	1	16.00
Weighted Daily Average			720.38
% of Calories			47.7%
Weekly Nutrient Guideline			

Wednesday - 03/06/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
000310 Corn Dog Mini Turkey WG	6 mini corn dog	1	31.00
000338 Sandwich Grilled Cheese	sandwich	1	28.00
000771 Sandwich Hot Ham & Cheese Croissant	sandwich	1	26.50
990139 Sandwich Ham & Cheese - Hormel	sandwich	1	29.99
990138 Sandwich Turkey and Cheese - SFG	sandwich	1	30.21

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000029 Sandwich PB&J - homemade	sandwich	1	57.00
000765 Salad Asian Chicken	salads	1	47.81
000139 Salad Chef	salads	1	22.47
000827 Salad Garden	salads	1	22.25
000539 Salad Chicken Caesar	salads	1	19.23
990041 Salad Popcorn Chicken	salads	1	28.98
990140 Salad Turkey - SFG Turkey	salads	1	22.31
001013 Salad, Tossed Assorted	cup	1	9.49
000906 Grains Roll Homestyle	Each	1	24.00
000339 Soup Tomato Healthy Request	1/2 cup	1	19.67
000043 Vegetable Potato Tater Tot	1/2 cup	1	16.14
000258 Vegetable Broccoli Florets Frozen	1/2 cup	1	4.49
000908 Vegetable Blend Tuscan	1/2 Cup	1	6.01
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	7.62
000848 Vegetable Carrots Baby Raw	1/2 cup	1	7.12
000875 Vegetable Veggie Bowl Variety	Each	1	3.08
000064 Fruit Apples Fresh Sliced	EACH	1	12.50
000068 Fruit Bananas	EACH	1	29.00
000086 Fruit Orange Whole Sliced	Each	1	21.00
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	17.21

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000230 Milk White 1%	half pint	1	12.00
000328 Milk Strawberry Fat Free	half pint	1	18.00
990113 Milk Chocolate 1%	half pint	1	26.00
001017 Juice Assorted	each	1	23.33
001021 Bottled Water 10oz	bottle	1	0.00
000222 Condiment Ketchup Packet	packet	1	3.00
000223 Condiment Mustard Packet	packet	1	0.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	2.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	2.00
000542 Condiment Honey Mustard 1oz	1 oz cup	1	8.00
000119 Condiment Barbecue Sauce Cup	Packet	1	16.00
Weighted Daily Average			653.39
% of Calories			45.9%
Weekly Nutrient Guideline			

Thursday - 03/07/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
001136 Nachos with Beef	EACH	1	44.70
990136 Chicken Popcorn	10 popcorn	1	20.00
000906 Grains Roll Homestyle	Each	1	24.00

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000044 Baked Potato Loaded	Potato	1	70.65
990139 Sandwich Ham & Cheese - Hormel	sandwich	1	29.99
990138 Sandwich Turkey and Cheese - SFG	sandwich	1	30.21
000029 Sandwich PB&J - homemade	sandwich	1	57.00
000765 Salad Asian Chicken	salads	1	47.81
000139 Salad Chef	salads	1	22.47
000827 Salad Garden	salads	1	22.25
000539 Salad Chicken Caesar	salads	1	19.23
990041 Salad Popcorn Chicken	salads	1	28.98
990140 Salad Turkey - SFG Turkey	salads	1	22.31
001013 Salad, Tossed Assorted	cup	1	9.49
000906 Grains Roll Homestyle	Each	1	24.00
000007 Vegetable Beans Pinto	1/2 cup	1	21.00
000001 Grains Rice Mexican Fiesta	1/2 cup	1	21.50
000271 Vegetable Corn Buttery	1/2 cup	1	15.96
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	7.62
000848 Vegetable Carrots Baby Raw	1/2 cup	1	7.12
000875 Vegetable Veggie Bowl Variety	Each	1	3.08
000064 Fruit Apples Fresh Sliced	EACH	1	12.50
000068 Fruit Bananas	EACH	1	29.00

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000086 Fruit Orange Whole Sliced	Each	1	21.00
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	17.21
000230 Milk White 1%	half pint	1	12.00
990113 Milk Chocolate 1%	half pint	1	26.00
000328 Milk Strawberry Fat Free	half pint	1	18.00
001017 Juice Assorted	each	1	23.33
001021 Bottled Water 10oz	bottle	1	0.00
000222 Condiment Ketchup Packet	packet	1	3.00
000223 Condiment Mustard Packet	packet	1	0.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	2.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	2.00
000542 Condiment Honey Mustard 1oz	1 oz cup	1	8.00
000119 Condiment Barbecue Sauce Cup	Packet	1	16.00
Weighted Daily Average			739.39
% of Calories			47.4%
Weekly Nutrient Guideline			

Friday - 03/08/2019

Reimbursable Meal Total 1

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Portion Values

	Portion Size	Reimb Qty	Carb (g)
001181 Pizza Nardone Cheese 4x6	slices	1	30.00
000301 Sandwich BBQ Pulled Pork	sandwich	1	37.97
990123 Fish Stick & Hushpuppies	Each	1	42.00
990139 Sandwich Ham & Cheese - Hormel	sandwich	1	29.99
990138 Sandwich Turkey and Cheese - SFG	sandwich	1	30.21
000029 Sandwich PB&J - homemade	sandwich	1	57.00
000765 Salad Asian Chicken	salads	1	47.81
000139 Salad Chef	salads	1	22.47
000827 Salad Garden	salads	1	22.25
000539 Salad Chicken Caesar	salads	1	19.23
990041 Salad Popcorn Chicken	salads	1	28.98
990140 Salad Turkey - SFG Turkey	salads	1	22.31
001013 Salad, Tossed Assorted	cup	1	9.49
000906 Grains Roll Homestyle	Each	1	24.00
000299 Vegetable Beans Baked	1/2 cup	1	30.00
000439 Vegetable Peas & Carrots Frozen	1/2 cup	1	12.01
000680 Vegetable Blend Spring	1/2 cup	1	5.12
990133 Dessert Cookie Chocolate Chip 1 oz	Cookies	1	17.00
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	7.62

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Williamson County Schools

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000848 Vegetable Carrots Baby Raw	1/2 cup	1	7.12
000875 Vegetable Veggie Bowl Variety	Each	1	3.08
000064 Fruit Apples Fresh Sliced	EACH	1	12.50
000068 Fruit Bananas	EACH	1	29.00
000086 Fruit Orange Whole Sliced	Each	1	21.00
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	17.21
000230 Milk White 1%	half pint	1	12.00
990113 Milk Chocolate 1%	half pint	1	26.00
000328 Milk Strawberry Fat Free	half pint	1	18.00
001017 Juice Assorted	each	1	23.33
001021 Bottled Water 10oz	bottle	1	0.00
000222 Condiment Ketchup Packet	packet	1	3.00
000223 Condiment Mustard Packet	packet	1	0.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	2.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	2.00
000542 Condiment Honey Mustard 1oz	1 oz cup	1	8.00

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Portion Values

	Portion Size	Reimb Qty	Carb (g)
000119 Condiment Barbecue Sauce Cup	Packet	1	16.00
Weighted Daily Average			695.68
% of Calories			48.4%
Weekly Nutrient Guideline			

Monday - 03/11/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
000706 Beef Sticks w/Brown Gravy	4 Sticks	1	10.89
001122 Chicken Nugget Breaded MS&HS	6 nuggets	1	11.40
000966 Chicken Breaded Drumstick	drumstick	1	5.00
000906 Grains Roll Homestyle	Each	1	24.00
990139 Sandwich Ham & Cheese - Hormel	sandwich	1	29.99
990138 Sandwich Turkey and Cheese - SFG	sandwich	1	30.21
000029 Sandwich PB&J - homemade	sandwich	1	57.00
000765 Salad Asian Chicken	salads	1	47.81
000139 Salad Chef	salads	1	22.47
000827 Salad Garden	salads	1	22.25
000539 Salad Chicken Caesar	salads	1	19.23
990041 Salad Popcorn	salads	1	28.98

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Chicken			
990140 Salad Turkey - SFG Turkey	salads	1	22.31
001013 Salad, Tossed Assorted	cup	1	9.49
000906 Grains Roll Homestyle	Each	1	24.00
000329 Vegetable Potato Au Gratin	1/2 cup	1	25.00
000271 Vegetable Corn Buttery	1/2 cup	1	15.96
000258 Vegetable Broccoli Florets Frozen	1/2 cup	1	4.49
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	7.62
000848 Vegetable Carrots Baby Raw	1/2 cup	1	7.12
000875 Vegetable Veggie Bowl Variety	Each	1	3.08
000064 Fruit Apples Fresh Sliced	EACH	1	12.50
000068 Fruit Bananas	EACH	1	29.00
000086 Fruit Orange Whole Sliced	Each	1	21.00
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	17.21
000230 Milk White 1%	half pint	1	12.00
990113 Milk Chocolate 1%	half pint	1	26.00
000328 Milk Strawberry Fat Free	half pint	1	18.00
001017 Juice Assorted	each	1	23.33
001021 Bottled Water 10oz	bottle	1	0.00
000222 Condiment Ketchup Packet	packet	1	3.00
000223 Condiment	packet	1	0.00

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Portion Values

Mustard Packet			
000892 Condiment Mayonnaise Lite Packet	Packet	1	2.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	2.00
000542 Condiment Honey Mustard 1oz	1 oz cup	1	8.00
000119 Condiment Barbecue Sauce Cup	Packet	1	16.00
Weighted Daily Average			618.32
% of Calories			46.1%
Weekly Nutrient Guideline			

Tuesday - 03/12/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
000310 Corn Dog Mini Turkey WG	6 mini corn dog	1	31.00
000354 Breakfast Biscuit Chicken	brkf sandwich	1	32.00
000350 Breakfast Biscuit Sausage	brkf sandwich	1	23.00
001230 Breakfast Eggs Scrambled	Serving	1	1.11
000362 Breakfast Biscuit & Gravy	Each	1	28.59
990139 Sandwich Ham & Cheese - Hormel	sandwich	1	29.99
990138 Sandwich Turkey and Cheese - SFG	sandwich	1	30.21
000029 Sandwich PB&J - homemade	sandwich	1	57.00
000765 Salad Asian Chicken	salads	1	47.81

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000139 Salad Chef	salads	1	22.47
000827 Salad Garden	salads	1	22.25
000539 Salad Chicken Caesar	salads	1	19.23
990041 Salad Popcorn Chicken	salads	1	28.98
990140 Salad Turkey - SFG Turkey	salads	1	22.31
001013 Salad, Tossed Assorted	cup	1	9.49
000906 Grains Roll Homestyle	Each	1	24.00
000043 Vegetable Potato Tater Tot	1/2 cup	1	16.14
000424 Vegetable Beans Green LS Can	1/2 CUP	1	4.00
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	7.62
000848 Vegetable Carrots Baby Raw	1/2 cup	1	7.12
000875 Vegetable Veggie Bowl Variety	Each	1	3.08
000064 Fruit Apples Fresh Sliced	EACH	1	12.50
000068 Fruit Bananas	EACH	1	29.00
000086 Fruit Orange Whole Sliced	Each	1	21.00
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	17.21
000230 Milk White 1%	half pint	1	12.00
990113 Milk Chocolate 1%	half pint	1	26.00
000328 Milk Strawberry Fat Free	half pint	1	18.00
001017 Juice Assorted	each	1	23.33

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001021 Bottled Water 10oz	bottle	1	0.00
000222 Condiment Ketchup Packet	packet	1	3.00
000223 Condiment Mustard Packet	packet	1	0.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	2.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	2.00
000542 Condiment Honey Mustard 1oz	1 oz cup	1	8.00
000119 Condiment Barbecue Sauce Cup	Packet	1	16.00
Weighted Daily Average			657.42
% of Calories			45.7%
Weekly Nutrient Guideline			

Wednesday - 03/13/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
000719 Sandwich Hot Dog	sandwich	1	31.99
001122 Chicken Nugget Breaded MS&HS	6 nuggets	1	11.40
000906 Grains Roll Homestyle	Each	1	24.00
001204 Chili Rotel Ranch Chili MS&HS	Cup	1	25.84
990139 Sandwich Ham & Cheese - Hormel	sandwich	1	29.99
990138 Sandwich Turkey and Cheese - SFG	sandwich	1	30.21
000029 Sandwich PB&J - homemade	sandwich	1	57.00

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000765 Salad Asian Chicken	salads	1	47.81
000139 Salad Chef	salads	1	22.47
000827 Salad Garden	salads	1	22.25
000539 Salad Chicken Caesar	salads	1	19.23
990041 Salad Popcorn Chicken	salads	1	28.98
990140 Salad Turkey - SFG Turkey	salads	1	22.31
001013 Salad, Tossed Assorted	cup	1	9.49
000906 Grains Roll Homestyle	Each	1	24.00
000335 Vegetable Beans Ranch Style	1/2 cup	1	18.32
990119 Grains Mac & Cheese Side item - Tilt Skillet	1/2 cup	1	21.37
000908 Vegetable Blend Tuscan	1/2 Cup	1	6.01
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	7.62
000848 Vegetable Carrots Baby Raw	1/2 cup	1	7.12
000875 Vegetable Veggie Bowl Variety	Each	1	3.08
000064 Fruit Apples Fresh Sliced	EACH	1	12.50
000068 Fruit Bananas	EACH	1	29.00
000086 Fruit Orange Whole Sliced	Each	1	21.00
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	17.21
000230 Milk White 1%	half pint	1	12.00
990113 Milk Chocolate 1%	half pint	1	26.00

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000328 Milk Strawberry Fat Free	half pint	1	18.00
001017 Juice Assorted	each	1	23.33
001021 Bottled Water 10oz	bottle	1	0.00
000222 Condiment Ketchup Packet	packet	1	3.00
000223 Condiment Mustard Packet	packet	1	0.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	2.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	2.00
000542 Condiment Honey Mustard 1oz	1 oz cup	1	8.00
000119 Condiment Barbecue Sauce Cup	Packet	1	16.00
Weighted Daily Average			660.51
% of Calories			45.7%
Weekly Nutrient Guideline			

Thursday - 03/14/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
000703 Enchilada Cheese Pepper Jack	2 enchiladas	1	31.98
001152 Sandwich Chicken WG Breaded Regular	sandwich	1	44.00
000044 Baked Potato Loaded	Potato	1	70.65
990139 Sandwich Ham & Cheese - Hormel	sandwich	1	29.99
990138 Sandwich Turkey and Cheese - SFG	sandwich	1	30.21

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000029 Sandwich PB&J - homemade	sandwich	1	57.00
000765 Salad Asian Chicken	salads	1	47.81
000139 Salad Chef	salads	1	22.47
000827 Salad Garden	salads	1	22.25
000539 Salad Chicken Caesar	salads	1	19.23
990041 Salad Popcorn Chicken	salads	1	28.98
990140 Salad Turkey - SFG Turkey	salads	1	22.31
001013 Salad, Tossed Assorted	cup	1	9.49
000906 Grains Roll Homestyle	Each	1	24.00
000650 Vegetable Beans Refried Cheesy	1/2 cup	1	31.62
000261 Vegetable Carrots Buttery	1/2 cup	1	7.47
000995 Vegetable Blend Dutch California	1/2 cup	1	5.34
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	7.62
000848 Vegetable Carrots Baby Raw	1/2 cup	1	7.12
000875 Vegetable Veggie Bowl Variety	Each	1	3.08
000064 Fruit Apples Fresh Sliced	EACH	1	12.50
000068 Fruit Bananas	EACH	1	29.00
000086 Fruit Orange Whole Sliced	Each	1	21.00
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	17.21
000230 Milk White 1%	half pint	1	12.00

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Portion Values

990113 Milk Chocolate 1%	half pint	1	26.00
000328 Milk Strawberry Fat Free	half pint	1	18.00
001017 Juice Assorted	each	1	23.33
001021 Bottled Water 10oz	bottle	1	0.00
000222 Condiment Ketchup Packet	packet	1	3.00
000223 Condiment Mustard Packet	packet	1	0.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	2.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	2.00
000542 Condiment Honey Mustard 1oz	1 oz cup	1	8.00
000119 Condiment Barbecue Sauce Cup	Packet	1	16.00
Weighted Daily Average			712.63
% of Calories			46.9%
Weekly Nutrient Guideline			

Friday - 03/15/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
001181 Pizza Nardone Cheese 4x6	slices	1	30.00
990051 Sandwich Cheeseburger	sandwich	1	31.00
990052 Sandwich Hamburger	sandwich	1	31.00
990123 Fish Stick & Hushpuppies	Each	1	42.00

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Portion Values

990139 Sandwich Ham & Cheese - Hormel	sandwich	1	29.99
990138 Sandwich Turkey and Cheese - SFG	sandwich	1	30.21
000029 Sandwich PB&J - homemade	sandwich	1	57.00
000765 Salad Asian Chicken	salads	1	47.81
000139 Salad Chef	salads	1	22.47
000827 Salad Garden	salads	1	22.25
000539 Salad Chicken Caesar	salads	1	19.23
990041 Salad Popcorn Chicken	salads	1	28.98
990140 Salad Turkey - SFG Turkey	salads	1	22.31
001013 Salad, Tossed Assorted	cup	1	9.49
000906 Grains Roll Homestyle	Each	1	24.00
000484 Vegetable Potato Crinkle Fries	1/2 cup	1	14.17
000424 Vegetable Beans Green LS Can	1/2 CUP	1	4.00
000271 Vegetable Corn Buttery	1/2 cup	1	15.96
990133 Dessert Cookie Chocolate Chip 1 oz	Cookies	1	17.00
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	7.62
000848 Vegetable Carrots Baby Raw	1/2 cup	1	7.12
000875 Vegetable Veggie Bowl Variety	Each	1	3.08
000064 Fruit Apples Fresh Sliced	EACH	1	12.50
000068 Fruit Bananas	EACH	1	29.00

Base Menu Spreadsheet

Portion Values

000086 Fruit Orange Whole Sliced	Each	1	21.00
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	17.21
000230 Milk White 1%	half pint	1	12.00
990113 Milk Chocolate 1%	half pint	1	26.00
000328 Milk Strawberry Fat Free	half pint	1	18.00
001017 Juice Assorted	each	1	23.33
001021 Bottled Water 10oz	bottle	1	0.00
000222 Condiment Ketchup Packet	packet	1	3.00
000223 Condiment Mustard Packet	packet	1	0.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	2.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	2.00
000542 Condiment Honey Mustard 1oz	1 oz cup	1	8.00
000119 Condiment Barbecue Sauce Cup	Packet	1	16.00
Weighted Daily Average			706.72
% of Calories			47.6%
Weekly Nutrient Guideline			

Monday - 03/25/2019

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Carb (g)
000327 Salisbury Steak w/Gravy	steaks	1	7.24
000966 Chicken Breaded Drumstick	drumstick	1	5.00
000706 Beef Sticks w/Brown Gravy	4 Sticks	1	10.89
000906 Grains Roll Homestyle	Each	1	24.00
990139 Sandwich Ham & Cheese - Hormel	sandwich	1	29.99
990138 Sandwich Turkey and Cheese - SFG	sandwich	1	30.21
000029 Sandwich PB&J - homemade	sandwich	1	57.00
000765 Salad Asian Chicken	salads	1	47.81
000139 Salad Chef	salads	1	22.47
000827 Salad Garden	salads	1	22.25
000539 Salad Chicken Caesar	salads	1	19.23
990041 Salad Popcorn Chicken	salads	1	28.98
990140 Salad Turkey - SFG Turkey	salads	1	22.31
001013 Salad, Tossed Assorted	cup	1	9.49
000906 Grains Roll Homestyle	Each	1	24.00
001067 Vegetable Potato Mashed with Brown Gravy	1/2 CUP	1	16.21
000271 Vegetable Corn Buttery	1/2 cup	1	15.96
000258 Vegetable Broccoli Florets Frozen	1/2 cup	1	4.49
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	7.62

Base Menu Spreadsheet

Portion Values

000848 Vegetable Carrots Baby Raw	1/2 cup	1	7.12
000875 Vegetable Veggie Bowl Variety	Each	1	3.08
000064 Fruit Apples Fresh Sliced	EACH	1	12.50
000068 Fruit Bananas	EACH	1	29.00
000086 Fruit Orange Whole Sliced	Each	1	21.00
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	17.21
000230 Milk White 1%	half pint	1	12.00
990113 Milk Chocolate 1%	half pint	1	26.00
000328 Milk Strawberry Fat Free	half pint	1	18.00
001017 Juice Assorted	each	1	23.33
001021 Bottled Water 10oz	bottle	1	0.00
000222 Condiment Ketchup Packet	packet	1	3.00
000223 Condiment Mustard Packet	packet	1	0.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	2.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	2.00
000542 Condiment Honey Mustard 1oz	1 oz cup	1	8.00

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Carb (g)
000119 Condiment Barbecue Sauce Cup	Packet	1	16.00
Weighted Daily Average			605.38
% of Calories			46.3%
Weekly Nutrient Guideline			

Tuesday - 03/26/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
001023 Pasta Chicken Rotini Alfredo	servings	1	45.14
990129 Grain Breadstick Garlic WG	Breadstick	1	17.00
000310 Corn Dog Mini Turkey WG	6 mini corn dog	1	31.00
000044 Baked Potato Loaded	Potato	1	70.65
990139 Sandwich Ham & Cheese - Hormel	sandwich	1	29.99
990138 Sandwich Turkey and Cheese - SFG	sandwich	1	30.21
000029 Sandwich PB&J - homemade	sandwich	1	57.00
000765 Salad Asian Chicken	salads	1	47.81
000139 Salad Chef	salads	1	22.47
000827 Salad Garden	salads	1	22.25
000539 Salad Chicken Caesar	salads	1	19.23
990041 Salad Popcorn	salads	1	28.98

Base Menu Spreadsheet

Portion Values

Chicken			
990140 Salad Turkey - SFG Turkey	salads	1	22.31
001013 Salad, Tossed Assorted	cup	1	9.49
000906 Grains Roll Homestyle	Each	1	24.00
990137 Vegetable Roasted Brussel Sprouts	1/2 cup	1	6.02
000261 Vegetable Carrots Buttery	1/2 cup	1	7.47
001237 Fruit Baked Apples	1/2 cup	1	25.59
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	7.62
000848 Vegetable Carrots Baby Raw	1/2 cup	1	7.12
000875 Vegetable Veggie Bowl Variety	Each	1	3.08
000064 Fruit Apples Fresh Sliced	EACH	1	12.50
000068 Fruit Bananas	EACH	1	29.00
000086 Fruit Orange Whole Sliced	Each	1	21.00
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	17.21
000230 Milk White 1%	half pint	1	12.00
990113 Milk Chocolate 1%	half pint	1	26.00
000328 Milk Strawberry Fat Free	half pint	1	18.00
001017 Juice Assorted	each	1	23.33
001021 Bottled Water 10oz	bottle	1	0.00
000222 Condiment Ketchup Packet	packet	1	3.00
000223 Condiment	packet	1	0.00

Base Menu Spreadsheet

Portion Values

Mustard Packet			
000892 Condiment Mayonnaise Lite Packet	Packet	1	2.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	2.00
000542 Condiment Honey Mustard 1oz	1 oz cup	1	8.00
000119 Condiment Barbecue Sauce Cup	Packet	1	16.00
Weighted Daily Average			724.46
% of Calories			47.7%
Weekly Nutrient Guideline			

Wednesday - 03/27/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
990135 Chicken General Tso Popcorn - MS/HS	8 popcorn	1	13.73
990136 Chicken Popcorn	10 popcorn	1	20.00
001220 Meatballs Spicy Teriyaki	servings	1	39.25
990139 Sandwich Ham & Cheese - Hormel	sandwich	1	29.99
990138 Sandwich Turkey and Cheese - SFG	sandwich	1	30.21
000029 Sandwich PB&J - homemade	sandwich	1	57.00
000765 Salad Asian Chicken	salads	1	47.81
000139 Salad Chef	salads	1	22.47
000827 Salad Garden	salads	1	22.25

Base Menu Spreadsheet

Portion Values

000539 Salad Chicken Caesar	salads	1	19.23
990041 Salad Popcorn Chicken	salads	1	28.98
990140 Salad Turkey - SFG Turkey	salads	1	22.31
001013 Salad, Tossed Assorted	cup	1	9.49
000906 Grains Roll Homestyle	Each	1	24.00
001189 Grains Rice Fried MS & HS	Cup	1	54.08
000271 Vegetable Corn Buttery	1/2 cup	1	15.96
000258 Vegetable Broccoli Florets Frozen	1/2 cup	1	4.49
000662 Vegetable Blend Oriental Stir Fry	1/2 cup	1	2.52
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	7.62
000848 Vegetable Carrots Baby Raw	1/2 cup	1	7.12
000875 Vegetable Veggie Bowl Variety	Each	1	3.08
000064 Fruit Apples Fresh Sliced	EACH	1	12.50
000068 Fruit Bananas	EACH	1	29.00
000086 Fruit Orange Whole Sliced	Each	1	21.00
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	17.21
000230 Milk White 1%	half pint	1	12.00
990113 Milk Chocolate 1%	half pint	1	26.00
000328 Milk Strawberry Fat Free	half pint	1	18.00
001017 Juice Assorted	each	1	23.33

Base Menu Spreadsheet

Portion Values

001021 Bottled Water 10oz	bottle	1	0.00
000222 Condiment Ketchup Packet	packet	1	3.00
000223 Condiment Mustard Packet	packet	1	0.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	2.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	2.00
000542 Condiment Honey Mustard 1oz	1 oz cup	1	8.00
000119 Condiment Barbecue Sauce Cup	Packet	1	16.00
Weighted Daily Average			671.62
% of Calories			47.3%
Weekly Nutrient Guideline			

Thursday - 03/28/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
990128 Chili Cornbread Bowl	Bowls	1	44.79
001152 Sandwich Chicken WG Breaded Regular	sandwich	1	44.00
000044 Baked Potato Loaded	Potato	1	70.65
990139 Sandwich Ham & Cheese - Hormel	sandwich	1	29.99
990138 Sandwich Turkey and Cheese - SFG	sandwich	1	30.21
000029 Sandwich PB&J - homemade	sandwich	1	57.00
000765 Salad Asian Chicken	salads	1	47.81

Base Menu Spreadsheet

Portion Values

000139 Salad Chef	salads	1	22.47
000827 Salad Garden	salads	1	22.25
000539 Salad Chicken Caesar	salads	1	19.23
990041 Salad Popcorn Chicken	salads	1	28.98
990140 Salad Turkey - SFG Turkey	salads	1	22.31
001013 Salad, Tossed Assorted	cup	1	9.49
000906 Grains Roll Homestyle	Each	1	24.00
000650 Vegetable Beans Refried Cheesy	1/2 cup	1	31.62
000261 Vegetable Carrots Buttery	1/2 cup	1	7.47
000907 Vegetable Blend Provence	1/2 Cup	1	3.99
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	7.62
000848 Vegetable Carrots Baby Raw	1/2 cup	1	7.12
000875 Vegetable Veggie Bowl Variety	Each	1	3.08
000064 Fruit Apples Fresh Sliced	EACH	1	12.50
000068 Fruit Bananas	EACH	1	29.00
000086 Fruit Orange Whole Sliced	Each	1	21.00
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	17.21
000230 Milk White 1%	half pint	1	12.00
990113 Milk Chocolate 1%	half pint	1	26.00
000328 Milk Strawberry Fat Free	half pint	1	18.00

Base Menu Spreadsheet

Portion Values

001017 Juice Assorted	each	1	23.33
001021 Bottled Water 10oz	bottle	1	0.00
000222 Condiment Ketchup Packet	packet	1	3.00
000223 Condiment Mustard Packet	packet	1	0.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	2.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	2.00
000542 Condiment Honey Mustard 1oz	1 oz cup	1	8.00
000119 Condiment Barbecue Sauce Cup	Packet	1	16.00
Weighted Daily Average			724.10
% of Calories			47.1%
Weekly Nutrient Guideline			

Friday - 03/29/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
001181 Pizza Nardone Cheese 4x6	slices	1	30.00
001151 Sandwich BBQ Chicken	sandwich	1	38.96
990123 Fish Stick & Hushpuppies	Each	1	42.00
990139 Sandwich Ham & Cheese - Hormel	sandwich	1	29.99
990138 Sandwich Turkey and Cheese - SFG	sandwich	1	30.21
000029 Sandwich PB&J - homemade	sandwich	1	57.00

Base Menu Spreadsheet

Portion Values

000765 Salad Asian Chicken	salads	1	47.81
000139 Salad Chef	salads	1	22.47
000827 Salad Garden	salads	1	22.25
000539 Salad Chicken Caesar	salads	1	19.23
990041 Salad Popcorn Chicken	salads	1	28.98
990140 Salad Turkey - SFG Turkey	salads	1	22.31
001013 Salad, Tossed Assorted	cup	1	9.49
000906 Grains Roll Homestyle	Each	1	24.00
000484 Vegetable Potato Crinkle Fries	1/2 cup	1	14.17
000424 Vegetable Beans Green LS Can	1/2 CUP	1	4.00
000907 Vegetable Blend Provence	1/2 Cup	1	3.99
990133 Dessert Cookie Chocolate Chip 1 oz	Cookies	1	17.00
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	7.62
000848 Vegetable Carrots Baby Raw	1/2 cup	1	7.12
000875 Vegetable Veggie Bowl Variety	Each	1	3.08
000064 Fruit Apples Fresh Sliced	EACH	1	12.50
000068 Fruit Bananas	EACH	1	29.00
000086 Fruit Orange Whole Sliced	Each	1	21.00
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	17.21
000230 Milk White 1%	half pint	1	12.00

Base Menu Spreadsheet

Portion Values

990113 Milk Chocolate 1%	half pint	1	26.00
000328 Milk Strawberry Fat Free	half pint	1	18.00
001017 Juice Assorted	each	1	23.33
001021 Bottled Water 10oz	bottle	1	0.00
000222 Condiment Ketchup Packet	packet	1	3.00
000223 Condiment Mustard Packet	packet	1	0.00
000892 Condiment Mayonnaise Lite Packet	Packet	1	2.00
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	2.00
000542 Condiment Honey Mustard 1oz	1 oz cup	1	8.00
000119 Condiment Barbecue Sauce Cup	Packet	1	16.00
Weighted Daily Average			671.70
% of Calories			47.9%
Weekly Nutrient Guideline			

- *N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient
- * - denotes combined nutrient totals with either missing or incomplete nutrient data
- ¹ - denotes required nutrient values
- ² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.