

Base Menu Spreadsheet

Portion Values

Mar 2, 2020 thru Mar 31, 2020

Menu Name: High School Menu Breakfast

Include Cost: Yes

Site:

Report Style: Detailed

Monday - 03/02/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
001226 Breakfast French Toast Stick with Cinnamon Glaze	3 sticks	1	210	2.00	320	8	7.00	0.00	125	28.00	2.00	8.00	\$0.424
000350 Breakfast Biscuit Sausage	brkf sandwich	1	332	10.00	980	2	20.00	0.00	35	23.00	0.68	11.00	\$0.308
000354 Breakfast Biscuit Chicken	brkf sandwich	1	300	7.00	880	2	15.00	0.00	20	30.00	0.68	11.00	\$0.234
000043 Vegetable Potato Tater Tot	1/2 cup	1	141	1.01	282	0	8.07	0.00	0	16.14	2.02	1.01	\$0.120
990038 Breakfast Cereal Variety	Bowl	1	87	0.08	127	6	0.42	0.00	0	19.83	2.00	1.83	\$0.192
000875 Vegetable Veggie Bowl Variety	Each	1	13	0.00	12	*1	0.08	*0.00	0	2.77	0.98	0.78	\$0.206
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25	\$0.179
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30	\$0.110
000086 Fruit Orange Whole Sliced	Each	1	76	0.09	2	13	0.19	0.00	0	19.60	3.73	1.40	\$0.167
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29	\$0.643
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00	\$0.000
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00	\$0.239
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00	\$0.005
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00	\$0.004

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Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33	\$0.224
Weighted Daily Average			1855	23.19	3134	*144	56.34	*0.00	210	276.83	18.27	*61.19	\$3.056
% of Calories				11.25%		*31.1%	27.3%	*0.0%		59.7%		*13.2%	
Weekly Nutrient Guideline			450 - 600	<10	640		<=0						

Tuesday - 03/03/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000066 LEAVE BLANK, DO NOT USE													
Weighted Daily Average			0	0.00	0	0	0.00	0.00	0	0.00	0.00	0.00	\$0.000
% of Calories				0%		0%	0%	0%		0%		0%	
Weekly Nutrient Guideline			450 - 600	<10	640		<=0						

Wednesday - 03/04/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
001208 Breakfast Waffle Round	2 waffles	1	262	1.25	418	26	6.00	0.00	5	52.00	3.00	4.00	\$0.425
000668 Breakfast English Muffin Sausage Egg & Cheese HS	brkf sandwich	1	372	7.50	885	1	20.50	0.00	142	26.00	1.00	17.50	\$0.673
000350 Breakfast Biscuit Sausage	brkf sandwich	1	332	10.00	980	2	20.00	0.00	35	23.00	0.68	11.00	\$0.308

Base Menu Spreadsheet

Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000354 Breakfast Biscuit Chicken	brkf sandwich	1	300	7.00	880	2	15.00	0.00	20	30.00	0.68	11.00	\$0.234
000043 Vegetable Potato Tater Tot	1/2 cup	1	141	1.01	282	0	8.07	0.00	0	16.14	2.02	1.01	\$0.120
990038 Breakfast Cereal Variety	Bowl	1	87	0.08	127	6	0.42	0.00	0	19.83	2.00	1.83	\$0.192
000875 Vegetable Veggie Bowl Variety	Each	1	13	0.00	12	*1	0.08	*0.00	0	2.77	0.98	0.78	\$0.206
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25	\$0.179
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30	\$0.110
000086 Fruit Orange Whole Sliced	Each	1	76	0.09	2	13	0.19	0.00	0	19.60	3.73	1.40	\$0.167
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29	\$0.643
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00	\$0.000
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00	\$0.239
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00	\$0.005
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00	\$0.004
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33	\$0.224
Weighted Daily Average			2280	29.94	4117	*163	75.84	*0.00	232	326.83	20.27	*74.69	\$3.729
% of Calories				11.82%		*28.6%	29.9%	*0.0%		57.3%		*13.1%	
Weekly Nutrient Guideline			450 - 600	<10	640		<=0						

Thursday - 03/05/2020

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000869 Breakfast English Muffin Egg & Cheese HS Only	brkfst sandwich	1	230	3.50	565	1	9.50	0.00	108	26.00	1.00	9.50	\$0.480
990147 Breakfast Burrito Diced Ham Egg & Cheese HS Only	burrito	1	350	8.50	1370	1	18.00	1.00	145	24.00	1.00	22.00	\$0.626
000350 Breakfast Biscuit Sausage	brkfst sandwich	1	332	10.00	980	2	20.00	0.00	35	23.00	0.68	11.00	\$0.308
000354 Breakfast Biscuit Chicken	brkfst sandwich	1	300	7.00	880	2	15.00	0.00	20	30.00	0.68	11.00	\$0.234
000043 Vegetable Potato Tater Tot	1/2 cup	1	141	1.01	282	0	8.07	0.00	0	16.14	2.02	1.01	\$0.120
990038 Breakfast Cereal Variety	Bowl	1	87	0.08	127	6	0.42	0.00	0	19.83	2.00	1.83	\$0.192
000875 Vegetable Veggie Bowl Variety	Each	1	13	0.00	12	*1	0.08	*0.00	0	2.77	0.98	0.78	\$0.206
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25	\$0.179
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30	\$0.110
000086 Fruit Orange Whole Sliced	Each	1	76	0.09	2	13	0.19	0.00	0	19.60	3.73	1.40	\$0.167
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29	\$0.643
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00	\$0.000
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00	\$0.239
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00	\$0.005
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00	\$0.004

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Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33	\$0.224
Weighted Daily Average			2225	33.19	4749	*138	76.84	*1.00	338	298.83	18.27	*84.69	\$3.738
% of Calories				13.43%		*24.8%	31.1%	*0.4%		53.7%		*15.2%	
Weekly Nutrient Guideline			450 - 600	<10	640		<=0						

Friday - 03/06/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000923 Breakfast Cinnamon Roll with Icing	roll	1	298	3.52	461	19	11.03	2.00	20	45.51	1.00	6.04	\$0.439
000962 Breakfast Pizza Bacon Scrambled	brkf pizza	1	210	3.50	340	8	8.00	0.00	55	23.00	2.00	10.00	\$0.364
000350 Breakfast Biscuit Sausage	brkf sandwich	1	332	10.00	980	2	20.00	0.00	35	23.00	0.68	11.00	\$0.308
000354 Breakfast Biscuit Chicken	brkf sandwich	1	300	7.00	880	2	15.00	0.00	20	30.00	0.68	11.00	\$0.234
000043 Vegetable Potato Tater Tot	1/2 cup	1	141	1.01	282	0	8.07	0.00	0	16.14	2.02	1.01	\$0.120
990038 Breakfast Cereal Variety	Bowl	1	87	0.08	127	6	0.42	0.00	0	19.83	2.00	1.83	\$0.192
000875 Vegetable Veggie Bowl Variety	Each	1	13	0.00	12	*1	0.08	*0.00	0	2.77	0.98	0.78	\$0.206
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25	\$0.179
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30	\$0.110
000086 Fruit Orange Whole Sliced	Each	1	76	0.09	2	13	0.19	0.00	0	19.60	3.73	1.40	\$0.167
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29	\$0.643

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Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00	\$0.000
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00	\$0.239
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00	\$0.005
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00	\$0.004
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33	\$0.224
Weighted Daily Average			2154	28.21	3615	*164	68.37	*2.00	160	317.34	19.27	*69.24	\$3.435
% of Calories				11.79%		*30.5%	28.6%	*0.8%		58.9%		*12.9%	
Weekly Nutrient Guideline			450 - 600	<10	640		<=0						

Monday - 03/09/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000361 Breakfast Pancakes WG	2 pancakes	1	140	0.00	270	4	3.00	0.00	0	26.00	2.00	4.00	\$0.185
000350 Breakfast Biscuit Sausage	brkf sandwich	1	332	10.00	980	2	20.00	0.00	35	23.00	0.68	11.00	\$0.308
000354 Breakfast Biscuit Chicken	brkf sandwich	1	300	7.00	880	2	15.00	0.00	20	30.00	0.68	11.00	\$0.234
000043 Vegetable Potato Tater Tot	1/2 cup	1	141	1.01	282	0	8.07	0.00	0	16.14	2.02	1.01	\$0.120
990038 Breakfast Cereal Variety	Bowl	1	87	0.08	127	6	0.42	0.00	0	19.83	2.00	1.83	\$0.192
000875 Vegetable Veggie Bowl Variety	Each	1	13	0.00	12	*1	0.08	*0.00	0	2.77	0.98	0.78	\$0.206
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25	\$0.179

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30	\$0.110
000086 Fruit Orange Whole Sliced	Each	1	76	0.09	2	13	0.19	0.00	0	19.60	3.73	1.40	\$0.167
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29	\$0.643
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00	\$0.000
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00	\$0.239
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00	\$0.005
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00	\$0.004
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33	\$0.224
Weighted Daily Average			1785	21.19	3084	*140	52.34	*0.00	85	274.83	18.27	*57.19	\$2.817
% of Calories				10.68%		*31.4%	26.4%	*0.0%		61.6%		*12.8%	
Weekly Nutrient Guideline			450 - 600	<10	640		<=0						

Tuesday - 03/10/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000766 Breakfast Burrito Sausage Egg & Cheese HS Only	burrito	1	432	11.50	940	0	27.00	1.00	160	22.00	1.00	21.00	\$0.573
000363 Breakfast Egg Scrambled w/Toast	Serving	1	280	4.12	317	12	13.28	0.11	423	27.22	2.00	15.10	\$0.599
000350 Breakfast Biscuit Sausage	brkf sandwich	1	332	10.00	980	2	20.00	0.00	35	23.00	0.68	11.00	\$0.308
000354 Breakfast Biscuit Chicken	brkf sandwich	1	300	7.00	880	2	15.00	0.00	20	30.00	0.68	11.00	\$0.234

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Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000043 Vegetable Potato Tater Tot	1/2 cup	1	141	1.01	282	0	8.07	0.00	0	16.14	2.02	1.01	\$0.120
990038 Breakfast Cereal Variety	Bowl	1	87	0.08	127	6	0.42	0.00	0	19.83	2.00	1.83	\$0.192
000875 Vegetable Veggie Bowl Variety	Each	1	13	0.00	12	*1	0.08	*0.00	0	2.77	0.98	0.78	\$0.206
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25	\$0.179
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30	\$0.110
000086 Fruit Orange Whole Sliced	Each	1	76	0.09	2	13	0.19	0.00	0	19.60	3.73	1.40	\$0.167
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29	\$0.643
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00	\$0.000
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00	\$0.239
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00	\$0.005
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00	\$0.004
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33	\$0.224
Weighted Daily Average			2357	36.81	4071	*148	89.62	*1.11	668	298.05	19.27	*89.29	\$3.803
% of Calories				14.06%		*25.1%	34.2%	*0.4%		50.6%		*15.2%	
Weekly Nutrient Guideline			450 - 600	<10	640		<=0						

Wednesday - 03/11/2020

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
001228 Breakfast Croissant Ham Egg & Cheese	brkf sandwich	1	250	5.75	690	2	13.75	0.00	122	16.50	1.00	13.50	\$0.674
001177 Breakfast Croissant Sausage Egg & Cheese	brkf sandwich	1	362	9.50	835	1	24.00	0.00	142	16.00	1.00	16.50	\$0.598
000350 Breakfast Biscuit Sausage	brkf sandwich	1	332	10.00	980	2	20.00	0.00	35	23.00	0.68	11.00	\$0.308
000354 Breakfast Biscuit Chicken	brkf sandwich	1	300	7.00	880	2	15.00	0.00	20	30.00	0.68	11.00	\$0.234
000043 Vegetable Potato Tater Tot	1/2 cup	1	141	1.01	282	0	8.07	0.00	0	16.14	2.02	1.01	\$0.120
990038 Breakfast Cereal Variety	Bowl	1	87	0.08	127	6	0.42	0.00	0	19.83	2.00	1.83	\$0.192
000875 Vegetable Veggie Bowl Variety	Each	1	13	0.00	12	*1	0.08	*0.00	0	2.77	0.98	0.78	\$0.206
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25	\$0.179
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30	\$0.110
000086 Fruit Orange Whole Sliced	Each	1	76	0.09	2	13	0.19	0.00	0	19.60	3.73	1.40	\$0.167
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29	\$0.643
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00	\$0.000
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00	\$0.239
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00	\$0.005
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00	\$0.004

Base Menu Spreadsheet

Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33	\$0.224
Weighted Daily Average			2257	36.44	4339	*139	87.09	*0.00	350	281.33	18.27	*83.19	\$3.903
% of Calories				14.53%		*24.6%	34.7%	*0.0%		49.9%		*14.7%	
Weekly Nutrient Guideline			450 - 600	<10	640		<=0						

Thursday - 03/12/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000766 Breakfast Burrito Sausage Egg & Cheese HS Only	burrito	1	432	11.50	940	0	27.00	1.00	160	22.00	1.00	21.00	\$0.573
990146 Breakfast Eggs Scrambled with Cheese	Serving	1	386	16.70	531	1	29.78	0.11	490	4.44	0.00	27.65	\$0.832
000350 Breakfast Biscuit Sausage	brkf sandwich	1	332	10.00	980	2	20.00	0.00	35	23.00	0.68	11.00	\$0.308
000354 Breakfast Biscuit Chicken	brkf sandwich	1	300	7.00	880	2	15.00	0.00	20	30.00	0.68	11.00	\$0.234
000043 Vegetable Potato Tater Tot	1/2 cup	1	141	1.01	282	0	8.07	0.00	0	16.14	2.02	1.01	\$0.120
990038 Breakfast Cereal Variety	Bowl	1	87	0.08	127	6	0.42	0.00	0	19.83	2.00	1.83	\$0.192
000875 Vegetable Veggie Bowl Variety	Each	1	13	0.00	12	*1	0.08	*0.00	0	2.77	0.98	0.78	\$0.206
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25	\$0.179
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30	\$0.110
000086 Fruit Orange Whole Sliced	Each	1	76	0.09	2	13	0.19	0.00	0	19.60	3.73	1.40	\$0.167
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29	\$0.643

Base Menu Spreadsheet

Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00	\$0.000
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00	\$0.239
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00	\$0.005
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00	\$0.004
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33	\$0.224
000066 LEAVE BLANK, DO NOT USE													
Weighted Daily Average			2463	49.39	4285	*137	106.12	*1.11	735	275.27	17.27	*101.84	\$4.036
% of Calories				18.05%		*22.2%	38.8%	*0.4%		44.7%		*16.5%	
Weekly Nutrient Guideline			450 - 600	<10	640		<=0						

Friday - 03/13/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000923 Breakfast Cinnamon Roll with Icing	roll	1	298	3.52	461	19	11.03	2.00	20	45.51	1.00	6.04	\$0.439
000962 Breakfast Pizza Bacon Scrambled	brkf pizza	1	210	3.50	340	8	8.00	0.00	55	23.00	2.00	10.00	\$0.364
000350 Breakfast Biscuit Sausage	brkf sandwich	1	332	10.00	980	2	20.00	0.00	35	23.00	0.68	11.00	\$0.308
000354 Breakfast Biscuit Chicken	brkf sandwich	1	300	7.00	880	2	15.00	0.00	20	30.00	0.68	11.00	\$0.234
000043 Vegetable Potato Tater Tot	1/2 cup	1	141	1.01	282	0	8.07	0.00	0	16.14	2.02	1.01	\$0.120
990038 Breakfast Cereal Variety	Bowl	1	87	0.08	127	6	0.42	0.00	0	19.83	2.00	1.83	\$0.192

Base Menu Spreadsheet

Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000875 Vegetable Veggie Bowl Variety	Each	1	13	0.00	12	*1	0.08	*0.00	0	2.77	0.98	0.78	\$0.206
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25	\$0.179
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30	\$0.110
000086 Fruit Orange Whole Sliced	Each	1	76	0.09	2	13	0.19	0.00	0	19.60	3.73	1.40	\$0.167
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29	\$0.643
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00	\$0.000
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00	\$0.239
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00	\$0.005
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00	\$0.004
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33	\$0.224
Weighted Daily Average			2154	28.21	3615	*164	68.37	*2.00	160	317.34	19.27	*69.24	\$3.435
% of Calories				11.79%		*30.5%	28.6%	*0.8%		58.9%		*12.9%	
Weekly Nutrient Guideline			450 - 600	<10	640		<=0						

Monday - 03/16/2020

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000066 LEAVE BLANK, DO NOT USE													
Weighted Daily Average			0	0.00	0	0	0.00	0.00	0	0.00	0.00	0.00	\$0.000
% of Calories				0%		0%	0%	0%		0%		0%	
Weekly Nutrient Guideline			450 - 600	<10	640		<=0						

Tuesday - 03/17/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000066 LEAVE BLANK, DO NOT USE													
Weighted Daily Average			0	0.00	0	0	0.00	0.00	0	0.00	0.00	0.00	\$0.000
% of Calories				0%		0%	0%	0%		0%		0%	
Weekly Nutrient Guideline			450 - 600	<10	640		<=0						

Wednesday - 03/18/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000066 LEAVE BLANK, DO NOT USE													
Weighted Daily Average			0	0.00	0	0	0.00	0.00	0	0.00	0.00	0.00	\$0.000
% of Calories				0%		0%	0%	0%		0%		0%	
Weekly Nutrient Guideline			450 - 600	<10	640		<=0						

Base Menu Spreadsheet

Portion Values

Mar 2, 2020 thru Mar 31, 2020

Thursday - 03/19/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000066 LEAVE BLANK, DO NOT USE													
Weighted Daily Average			0	0.00	0	0	0.00	0.00	0	0.00	0.00	0.00	\$0.000
% of Calories				0%		0%	0%	0%		0%		0%	
Weekly Nutrient Guideline			450 - 600	<10	640		<=0						

Friday - 03/20/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000066 LEAVE BLANK, DO NOT USE													
Weighted Daily Average			0	0.00	0	0	0.00	0.00	0	0.00	0.00	0.00	\$0.000
% of Calories				0%		0%	0%	0%		0%		0%	
Weekly Nutrient Guideline			450 - 600	<10	640		<=0						

Monday - 03/23/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
001226 Breakfast French Toast Stick with Cinnamon Glaze	3 sticks	1	210	2.00	320	8	7.00	0.00	125	28.00	2.00	8.00	\$0.424
000350 Breakfast Biscuit Sausage	brkf sandwich	1	332	10.00	980	2	20.00	0.00	35	23.00	0.68	11.00	\$0.308

Base Menu Spreadsheet

Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000354 Breakfast Biscuit Chicken	brkfst sandwich	1	300	7.00	880	2	15.00	0.00	20	30.00	0.68	11.00	\$0.234
000043 Vegetable Potato Tater Tot	1/2 cup	1	141	1.01	282	0	8.07	0.00	0	16.14	2.02	1.01	\$0.120
990038 Breakfast Cereal Variety	Bowl	1	87	0.08	127	6	0.42	0.00	0	19.83	2.00	1.83	\$0.192
000875 Vegetable Veggie Bowl Variety	Each	1	13	0.00	12	*1	0.08	*0.00	0	2.77	0.98	0.78	\$0.206
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25	\$0.179
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30	\$0.110
000086 Fruit Orange Whole Sliced	Each	1	76	0.09	2	13	0.19	0.00	0	19.60	3.73	1.40	\$0.167
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29	\$0.643
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00	\$0.000
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00	\$0.239
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00	\$0.005
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00	\$0.004
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33	\$0.224
Weighted Daily Average			1855	23.19	3134	*144	56.34	*0.00	210	276.83	18.27	*61.19	\$3.056
% of Calories				11.25%		*31.1%	27.3%	*0.0%		59.7%		*13.2%	
Weekly Nutrient Guideline			450 - 600	<10	640		<=0						

Tuesday - 03/24/2020

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000869 Breakfast English Muffin Egg & Cheese HS Only	brkfst sandwich	1	230	3.50	565	1	9.50	0.00	108	26.00	1.00	9.50	\$0.480
990147 Breakfast Burrito Diced Ham Egg & Cheese HS Only	burrito	1	350	8.50	1370	1	18.00	1.00	145	24.00	1.00	22.00	\$0.626
000350 Breakfast Biscuit Sausage	brkfst sandwich	1	332	10.00	980	2	20.00	0.00	35	23.00	0.68	11.00	\$0.308
000354 Breakfast Biscuit Chicken	brkfst sandwich	1	300	7.00	880	2	15.00	0.00	20	30.00	0.68	11.00	\$0.234
000043 Vegetable Potato Tater Tot	1/2 cup	1	141	1.01	282	0	8.07	0.00	0	16.14	2.02	1.01	\$0.120
990038 Breakfast Cereal Variety	Bowl	1	87	0.08	127	6	0.42	0.00	0	19.83	2.00	1.83	\$0.192
000875 Vegetable Veggie Bowl Variety	Each	1	13	0.00	12	*1	0.08	*0.00	0	2.77	0.98	0.78	\$0.206
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25	\$0.179
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30	\$0.110
000086 Fruit Orange Whole Sliced	Each	1	76	0.09	2	13	0.19	0.00	0	19.60	3.73	1.40	\$0.167
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29	\$0.643
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00	\$0.000
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00	\$0.239
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00	\$0.005
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00	\$0.004

Base Menu Spreadsheet

Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33	\$0.224
Weighted Daily Average			2225	33.19	4749	*138	76.84	*1.00	338	298.83	18.27	*84.69	\$3.738
% of Calories				13.43%		*24.8%	31.1%	*0.4%		53.7%		*15.2%	
Weekly Nutrient Guideline			450 - 600	<10	640		<=0						

Wednesday - 03/25/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
001208 Breakfast Waffle Round	2 waffles	1	262	1.25	418	26	6.00	0.00	5	52.00	3.00	4.00	\$0.425
000668 Breakfast English Muffin Sausage Egg & Cheese HS	brkf sandwich	1	372	7.50	885	1	20.50	0.00	142	26.00	1.00	17.50	\$0.673
000350 Breakfast Biscuit Sausage	brkf sandwich	1	332	10.00	980	2	20.00	0.00	35	23.00	0.68	11.00	\$0.308
000354 Breakfast Biscuit Chicken	brkf sandwich	1	300	7.00	880	2	15.00	0.00	20	30.00	0.68	11.00	\$0.234
000043 Vegetable Potato Tater Tot	1/2 cup	1	141	1.01	282	0	8.07	0.00	0	16.14	2.02	1.01	\$0.120
990038 Breakfast Cereal Variety	Bowl	1	87	0.08	127	6	0.42	0.00	0	19.83	2.00	1.83	\$0.192
000875 Vegetable Veggie Bowl Variety	Each	1	13	0.00	12	*1	0.08	*0.00	0	2.77	0.98	0.78	\$0.206
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25	\$0.179
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30	\$0.110
000086 Fruit Orange Whole Sliced	Each	1	76	0.09	2	13	0.19	0.00	0	19.60	3.73	1.40	\$0.167
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29	\$0.643

Base Menu Spreadsheet

Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00	\$0.000
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00	\$0.239
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00	\$0.005
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00	\$0.004
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33	\$0.224
Weighted Daily Average			2280	29.94	4117	*163	75.84	*0.00	232	326.83	20.27	*74.69	\$3.729
% of Calories				11.82%		*28.6%	29.9%	*0.0%		57.3%		*13.1%	
Weekly Nutrient Guideline			450 - 600	<10	640		<=0						

Thursday - 03/26/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000869 Breakfast English Muffin Egg & Cheese HS Only	brkf sandwich	1	230	3.50	565	1	9.50	0.00	108	26.00	1.00	9.50	\$0.480
990147 Breakfast Burrito Diced Ham Egg & Cheese HS Only	burrito	1	350	8.50	1370	1	18.00	1.00	145	24.00	1.00	22.00	\$0.626
000350 Breakfast Biscuit Sausage	brkf sandwich	1	332	10.00	980	2	20.00	0.00	35	23.00	0.68	11.00	\$0.308
000354 Breakfast Biscuit Chicken	brkf sandwich	1	300	7.00	880	2	15.00	0.00	20	30.00	0.68	11.00	\$0.234
000043 Vegetable Potato Tater Tot	1/2 cup	1	141	1.01	282	0	8.07	0.00	0	16.14	2.02	1.01	\$0.120
990038 Breakfast Cereal Variety	Bowl	1	87	0.08	127	6	0.42	0.00	0	19.83	2.00	1.83	\$0.192
000875 Vegetable Veggie Bowl Variety	Each	1	13	0.00	12	*1	0.08	*0.00	0	2.77	0.98	0.78	\$0.206

Base Menu Spreadsheet

Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25	\$0.179
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30	\$0.110
000086 Fruit Orange Whole Sliced	Each	1	76	0.09	2	13	0.19	0.00	0	19.60	3.73	1.40	\$0.167
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29	\$0.643
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00	\$0.000
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00	\$0.239
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00	\$0.005
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00	\$0.004
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33	\$0.224
Weighted Daily Average			2225	33.19	4749	*138	76.84	*1.00	338	298.83	18.27	*84.69	\$3.738
% of Calories				13.43%		*24.8%	31.1%	*0.4%		53.7%		*15.2%	
Weekly Nutrient Guideline			450 - 600	<10	640		<=0						

Friday - 03/27/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000923 Breakfast Cinnamon Roll with Icing	roll	1	298	3.52	461	19	11.03	2.00	20	45.51	1.00	6.04	\$0.439
000962 Breakfast Pizza Bacon Scrambled	brkf pizza	1	210	3.50	340	8	8.00	0.00	55	23.00	2.00	10.00	\$0.364
000350 Breakfast Biscuit Sausage	brkf sandwich	1	332	10.00	980	2	20.00	0.00	35	23.00	0.68	11.00	\$0.308

Base Menu Spreadsheet

Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000354 Breakfast Biscuit Chicken	brkf sandwich	1	300	7.00	880	2	15.00	0.00	20	30.00	0.68	11.00	\$0.234
000043 Vegetable Potato Tater Tot	1/2 cup	1	141	1.01	282	0	8.07	0.00	0	16.14	2.02	1.01	\$0.120
990038 Breakfast Cereal Variety	Bowl	1	87	0.08	127	6	0.42	0.00	0	19.83	2.00	1.83	\$0.192
000875 Vegetable Veggie Bowl Variety	Each	1	13	0.00	12	*1	0.08	*0.00	0	2.77	0.98	0.78	\$0.206
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25	\$0.179
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30	\$0.110
000086 Fruit Orange Whole Sliced	Each	1	76	0.09	2	13	0.19	0.00	0	19.60	3.73	1.40	\$0.167
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29	\$0.643
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00	\$0.000
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00	\$0.239
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00	\$0.005
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00	\$0.004
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33	\$0.224
Weighted Daily Average			2154	28.21	3615	*164	68.37	*2.00	160	317.34	19.27	*69.24	\$3.435
% of Calories				11.79%		*30.5%	28.6%	*0.8%		58.9%		*12.9%	
Weekly Nutrient Guideline			450 - 600	<10	640		<=0						

Monday - 03/30/2020

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000361 Breakfast Pancakes WG	2 pancakes	1	140	0.00	270	4	3.00	0.00	0	26.00	2.00	4.00	\$0.185
000350 Breakfast Biscuit Sausage	brkf sandwich	1	332	10.00	980	2	20.00	0.00	35	23.00	0.68	11.00	\$0.308
000354 Breakfast Biscuit Chicken	brkf sandwich	1	300	7.00	880	2	15.00	0.00	20	30.00	0.68	11.00	\$0.234
000043 Vegetable Potato Tater Tot	1/2 cup	1	141	1.01	282	0	8.07	0.00	0	16.14	2.02	1.01	\$0.120
990038 Breakfast Cereal Variety	Bowl	1	87	0.08	127	6	0.42	0.00	0	19.83	2.00	1.83	\$0.192
000875 Vegetable Veggie Bowl Variety	Each	1	13	0.00	12	*1	0.08	*0.00	0	2.77	0.98	0.78	\$0.206
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25	\$0.179
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30	\$0.110
000086 Fruit Orange Whole Sliced	Each	1	76	0.09	2	13	0.19	0.00	0	19.60	3.73	1.40	\$0.167
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29	\$0.643
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00	\$0.000
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00	\$0.239
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00	\$0.005
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00	\$0.004
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33	\$0.224
Weighted Daily Average			1785	21.19	3084	*140	52.34	*0.00	85	274.83	18.27	*57.19	\$2.817
% of Calories				10.68%		*31.4%	26.4%	*0.0%		61.6%		*12.8%	
Weekly Nutrient Guideline			450 - 600	<10	640		<=0						

Base Menu Spreadsheet

Portion Values

Mar 2, 2020 thru Mar 31, 2020

Tuesday - 03/31/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000766 Breakfast Burrito Sausage Egg & Cheese HS Only	burrito	1	432	11.50	940	0	27.00	1.00	160	22.00	1.00	21.00	\$0.573
000363 Breakfast Egg Scrambled w/Toast	Serving	1	280	4.12	317	12	13.28	0.11	423	27.22	2.00	15.10	\$0.599
000350 Breakfast Biscuit Sausage	brkf sandwich	1	332	10.00	980	2	20.00	0.00	35	23.00	0.68	11.00	\$0.308
000354 Breakfast Biscuit Chicken	brkf sandwich	1	300	7.00	880	2	15.00	0.00	20	30.00	0.68	11.00	\$0.234
000043 Vegetable Potato Tater Tot	1/2 cup	1	141	1.01	282	0	8.07	0.00	0	16.14	2.02	1.01	\$0.120
990038 Breakfast Cereal Variety	Bowl	1	87	0.08	127	6	0.42	0.00	0	19.83	2.00	1.83	\$0.192
000875 Vegetable Veggie Bowl Variety	Each	1	13	0.00	12	*1	0.08	*0.00	0	2.77	0.98	0.78	\$0.206
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25	\$0.179
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30	\$0.110
000086 Fruit Orange Whole Sliced	Each	1	76	0.09	2	13	0.19	0.00	0	19.60	3.73	1.40	\$0.167
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29	\$0.643
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00	\$0.000
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00	\$0.239
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00	\$0.005
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00	\$0.004

Base Menu Spreadsheet

Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33	\$0.224
Weighted Daily Average			2357	36.81	4071	*148	89.62	*1.11	668	298.05	19.27	*89.29	\$3.803
% of Calories				14.06%		*25.1%	34.2%	*0.4%		50.6%		*15.2%	
Weekly Nutrient Guideline			450 - 600	<10	640		<=0						

			Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
Weighted Averages			2151	31	3908	*148	73.57	*0.77	311	297.39	18.77	*75.72	\$3.517
% of Calories				12.87%		*27.5%	30.8%	*0.3%		55.3%		*14.1%	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.