

# Base Menu Spreadsheet

## Portion Values

Mar 2, 2020 thru Mar 31, 2020

**Menu Name:** High School Menu Lunch

**Include Cost:** Yes

**Site:**

**Report Style:** Detailed

### Monday - 03/02/2020

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000966 Chicken Breaded Drumstick	drumstick	1	220	3.00	530	0	13.00	0.00	60	6.00	1.00	19.00	\$0.612
000327 Salisbury Steak w/Gravy	steaks	1	164	3.00	658	*1	8.22	0.00	40	7.24	1.00	16.00	\$0.190
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00	\$0.123
001181 Pizza Nardone Cheese 4x6	slices	1	336	10.00	435	6	16.00	0.00	41	27.00	3.00	20.00	\$0.529
001191 Pizza Nardone Pepperoni Diced 4x6	slices	1	350	7.00	580	6	17.00	0.00	40	29.00	3.00	22.00	\$0.516
001152 Sandwich Chicken WG Breaded Regular	sandwich	1	340	2.00	640	3	12.00	0.00	35	42.00	6.00	21.00	\$0.396
000399 Sandwich Chicken WG Hot & Spicy Patty	sandwich	1	350	2.50	710	3	13.00	0.00	55	41.00	5.00	21.00	\$0.436
990051 Sandwich Cheeseburger	sandwich	1	300	4.50	765	3	11.50	0.00	48	30.00	5.00	22.50	\$0.363
990052 Sandwich Hamburger	sandwich	1	250	2.00	510	3	7.00	0.00	35	30.00	5.00	20.00	\$0.294
001048 Sandwich Ham & Cheese	sandwich	1	325	5.50	1142	7	12.56	0.00	55	33.89	4.60	21.36	\$0.833
990161 Sandwich Turkey and Cheese w/Jennie O Turkey	sandwich	1	291	3.00	936	6	8.01	0.00	48	32.19	4.13	25.58	\$0.660
000029 Sandwich PB&J	sandwich	1	570	5.00	415	21	32.00	0.00	0	63.00	8.00	20.00	\$0.343
000765 Salad Asian Chicken	salads	1	419	8.25	742	16	19.99	0.00	65	37.38	4.78	23.70	\$0.768
000139 Salad Chef	salads	1	262	8.02	1719	5	13.32	0.00	70	11.46	2.96	26.89	\$1.057

# Base Menu Spreadsheet

## Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000827 Salad Garden	salads	1	222	8.00	263	5	14.29	0.00	242	9.44	3.24	14.83	\$0.913
000539 Salad Chicken Caesar	salads	1	131	1.41	647	2	3.56	0.00	72	5.16	2.00	21.30	\$0.475
990041 Salad Popcorn Chicken	salads	1	265	7.50	465	2	15.73	0.00	65	14.56	4.06	18.03	\$0.698
000826 Salad Turkey	salads	1	221	6.50	600	3	10.77	0.00	65	7.41	2.96	25.66	\$1.025
001174 Salad Chicken Tender	EACH	1	320	5.00	521	6	16.79	0.00	60	19.94	5.24	25.33	\$1.105
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00	\$0.123
000986 Vegetable Potato Cottage Fries	1/2 cup	1	173	0.67	27	0	4.67	0.00	0	29.35	2.67	4.00	\$0.225
000993 Vegetable Beans Green Frozen	1/2 CUP	1	49	0.15	5	*2	2.15	0.00	0	6.16	2.05	2.05	\$0.204
001237 Fruit Baked Apples	1/2 cup	1	91	0.00	16	19	0.00	0.00	0	23.03	1.62	0.00	\$0.247
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	28	0.38	78	1	2.00	0.00	1	2.52	0.67	0.42	\$0.157
000875 Vegetable Veggie Bowl Variety	Each	1	13	0.00	12	*1	0.08	*0.00	0	2.77	0.98	0.78	\$0.206
000300 Salad Tossed with Carrots	cups	1	64	0.38	86	4	2.52	0.00	1	9.09	5.22	3.27	\$0.405
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25	\$0.179
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30	\$0.110
000086 Fruit Orange Whole Sliced	Each	1	76	0.09	2	13	0.19	0.00	0	19.60	3.73	1.40	\$0.167
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29	\$0.643
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00	\$0.004
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00	\$0.239

# Base Menu Spreadsheet

## Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00	\$0.005
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33	\$0.224
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00	\$0.000
000222 Condiment Ketchup Packet	packet	1	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00	\$0.016
000223 Condiment Mustard Packet	packet	1	5	0.00	65	0	0.00	0.00	0	0.00	0.00	0.00	\$0.013
000892 Condiment Mayonnaise Lite Packet	Packet	1	50	0.50	70	0	4.50	0.00	10	2.00	0.00	0.00	\$0.047
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	70	1.00	270	1	7.00	0.00	5	2.00	0.00	1.00	\$0.109
Weighted Daily Average			6923	99.36	13725	*268	277.45	*0.00	1151	731.69	94.10	*429.27	\$14.658
% of Calories				12.92%		*15.5%	36.1%	*0.0%		42.3%		*24.8%	
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0						

### Tuesday - 03/03/2020

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000066 LEAVE BLANK, DO NOT USE													
Weighted Daily Average			0	0.00	0	0	0.00	0.00	0	0.00	0.00	0.00	\$0.000
% of Calories				0%		0%	0%	0%		0%		0%	
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0						

### Wednesday - 03/04/2020

### Reimbursable Meal Total 1

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## Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000601 Chicken Pot Pie MS&HS	servings	1	462	8.60	1541	10	16.45	0.00	89	44.78	4.68	33.76	\$0.530
000310 Corn Dog Mini Turkey WG	6 mini corn dog	1	290	3.50	380	7	14.00	0.00	55	30.00	3.00	10.00	\$0.448
001181 Pizza Nardone Cheese 4x6	slices	1	336	10.00	435	6	16.00	0.00	41	27.00	3.00	20.00	\$0.529
001191 Pizza Nardone Pepperoni Diced 4x6	slices	1	350	7.00	580	6	17.00	0.00	40	29.00	3.00	22.00	\$0.516
001152 Sandwich Chicken WG Breaded Regular	sandwich	1	340	2.00	640	3	12.00	0.00	35	42.00	6.00	21.00	\$0.396
000399 Sandwich Chicken WG Hot & Spicy Patty	sandwich	1	350	2.50	710	3	13.00	0.00	55	41.00	5.00	21.00	\$0.436
990051 Sandwich Cheeseburger	sandwich	1	300	4.50	765	3	11.50	0.00	48	30.00	5.00	22.50	\$0.363
990052 Sandwich Hamburger	sandwich	1	250	2.00	510	3	7.00	0.00	35	30.00	5.00	20.00	\$0.294
001048 Sandwich Ham & Cheese	sandwich	1	325	5.50	1142	7	12.56	0.00	55	33.89	4.60	21.36	\$0.833
990161 Sandwich Turkey and Cheese w/Jennie O Turkey	sandwich	1	291	3.00	936	6	8.01	0.00	48	32.19	4.13	25.58	\$0.660
000029 Sandwich PB&J	sandwich	1	570	5.00	415	21	32.00	0.00	0	63.00	8.00	20.00	\$0.343
000765 Salad Asian Chicken	salads	1	419	8.25	742	16	19.99	0.00	65	37.38	4.78	23.70	\$0.768
000139 Salad Chef	salads	1	262	8.02	1719	5	13.32	0.00	70	11.46	2.96	26.89	\$1.057
000827 Salad Garden	salads	1	222	8.00	263	5	14.29	0.00	242	9.44	3.24	14.83	\$0.913
000539 Salad Chicken Caesar	salads	1	131	1.41	647	2	3.56	0.00	72	5.16	2.00	21.30	\$0.475
990041 Salad Popcorn Chicken	salads	1	265	7.50	465	2	15.73	0.00	65	14.56	4.06	18.03	\$0.698
000826 Salad Turkey	salads	1	221	6.50	600	3	10.77	0.00	65	7.41	2.96	25.66	\$1.025
001174 Salad Chicken Tender	EACH	1	320	5.00	521	6	16.79	0.00	60	19.94	5.24	25.33	\$1.105

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## Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00	\$0.123
000737 Vegetable Carrots Whole Baby Buttery	1/2 Cup	1	38	0.27	71	4	0.66	0.00	0	7.47	3.20	1.07	\$0.212
000907 Vegetable Blend Provence	1/2 Cup	1	30	0.00	25	*2	0.00	0.00	0	3.99	1.99	1.00	\$0.292
990137 Vegetable Roasted Brussel Sprouts	1/2 cup	1	90	0.38	35	*3	5.75	0.00	0	6.02	4.01	4.01	\$0.288
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	28	0.38	78	1	2.00	0.00	1	2.52	0.67	0.42	\$0.157
000875 Vegetable Veggie Bowl Variety	Each	1	13	0.00	12	*1	0.08	*0.00	0	2.77	0.98	0.78	\$0.206
000300 Salad Tossed with Carrots	cups	1	64	0.38	86	4	2.52	0.00	1	9.09	5.22	3.27	\$0.405
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25	\$0.179
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30	\$0.110
000086 Fruit Orange Whole Sliced	Each	1	76	0.09	2	13	0.19	0.00	0	19.60	3.73	1.40	\$0.167
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29	\$0.643
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00	\$0.004
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00	\$0.239
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00	\$0.005
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33	\$0.224
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00	\$0.000
000222 Condiment Ketchup Packet	packet	1	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00	\$0.016
000223 Condiment Mustard Packet	packet	1	5	0.00	65	0	0.00	0.00	0	0.00	0.00	0.00	\$0.013

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Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000892 Condiment Mayonnaise Lite Packet	Packet	1	50	0.50	70	0	4.50	0.00	10	2.00	0.00	0.00	\$0.047
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	70	1.00	270	1	7.00	0.00	5	2.00	0.00	1.00	\$0.109
Weighted Daily Average			7005	104.79	14441	*266	284.28	*0.00	1191	728.18	102.65	*435.05	\$14.828
% of Calories				13.46%		*15.2%	36.5%	*0.0%		41.6%		*24.8%	
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0						

### Thursday - 03/05/2020

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
001137 Nachos with Pulled Chicken	EACH	1	421	4.68	720	*0	20.02	0.00	59	45.74	4.05	19.06	\$0.578
001136 Nachos with Beef	EACH	1	442	5.78	800	*1	22.57	0.00	40	46.75	4.05	18.42	\$0.514
001181 Pizza Nardone Cheese 4x6	slices	1	336	10.00	435	6	16.00	0.00	41	27.00	3.00	20.00	\$0.529
001191 Pizza Nardone Pepperoni Diced 4x6	slices	1	350	7.00	580	6	17.00	0.00	40	29.00	3.00	22.00	\$0.516
001152 Sandwich Chicken WG Breaded Regular	sandwich	1	340	2.00	640	3	12.00	0.00	35	42.00	6.00	21.00	\$0.396
000399 Sandwich Chicken WG Hot & Spicy Patty	sandwich	1	350	2.50	710	3	13.00	0.00	55	41.00	5.00	21.00	\$0.436
990051 Sandwich Cheeseburger	sandwich	1	300	4.50	765	3	11.50	0.00	48	30.00	5.00	22.50	\$0.363
990052 Sandwich Hamburger	sandwich	1	250	2.00	510	3	7.00	0.00	35	30.00	5.00	20.00	\$0.294
001048 Sandwich Ham & Cheese	sandwich	1	325	5.50	1142	7	12.56	0.00	55	33.89	4.60	21.36	\$0.833
990161 Sandwich Turkey and Cheese w/Jennie O Turkey	sandwich	1	291	3.00	936	6	8.01	0.00	48	32.19	4.13	25.58	\$0.660

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Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000029 Sandwich PB&J	sandwich	1	570	5.00	415	21	32.00	0.00	0	63.00	8.00	20.00	\$0.343
000765 Salad Asian Chicken	salads	1	419	8.25	742	16	19.99	0.00	65	37.38	4.78	23.70	\$0.768
000139 Salad Chef	salads	1	262	8.02	1719	5	13.32	0.00	70	11.46	2.96	26.89	\$1.057
000827 Salad Garden	salads	1	222	8.00	263	5	14.29	0.00	242	9.44	3.24	14.83	\$0.913
000539 Salad Chicken Caesar	salads	1	131	1.41	647	2	3.56	0.00	72	5.16	2.00	21.30	\$0.475
990041 Salad Popcorn Chicken	salads	1	265	7.50	465	2	15.73	0.00	65	14.56	4.06	18.03	\$0.698
000826 Salad Turkey	salads	1	221	6.50	600	3	10.77	0.00	65	7.41	2.96	25.66	\$1.025
001174 Salad Chicken Tender	EACH	1	320	5.00	521	6	16.79	0.00	60	19.94	5.24	25.33	\$1.105
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00	\$0.123
000001 Grains Rice Mexican Fiesta	1/2 cup	1	116	0.70	339	*2	2.21	0.00	0	21.50	0.50	2.50	\$0.185
000650 Vegetable Beans Refried Cheesy	1/2 cup	1	75	0.90	248	0	1.70	0.00	4	9.89	3.33	4.83	\$0.370
000271 Vegetable Corn Buttery	1/2 cup	1	74	0.17	4	3	0.91	0.00	0	15.96	2.00	2.00	\$0.148
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	28	0.38	78	1	2.00	0.00	1	2.52	0.67	0.42	\$0.157
000875 Vegetable Veggie Bowl Variety	Each	1	13	0.00	12	*1	0.08	*0.00	0	2.77	0.98	0.78	\$0.206
000300 Salad Tossed with Carrots	cups	1	64	0.38	86	4	2.52	0.00	1	9.09	5.22	3.27	\$0.405
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25	\$0.179
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30	\$0.110
000086 Fruit Orange Whole Sliced	Each	1	76	0.09	2	13	0.19	0.00	0	19.60	3.73	1.40	\$0.167

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000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29	\$0.643
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00	\$0.004
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00	\$0.239
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00	\$0.005
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33	\$0.224
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00	\$0.000
000222 Condiment Ketchup Packet	packet	1	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00	\$0.016
000223 Condiment Mustard Packet	packet	1	5	0.00	65	0	0.00	0.00	0	0.00	0.00	0.00	\$0.013
000892 Condiment Mayonnaise Lite Packet	Packet	1	50	0.50	70	0	4.50	0.00	10	2.00	0.00	0.00	\$0.047
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	70	1.00	270	1	7.00	0.00	5	2.00	0.00	1.00	\$0.109
Weighted Daily Average			7221	104.26	14500	*245	294.84	*0.00	1150	775.75	99.68	*432.02	\$14.852
% of Calories				12.99%		*13.6%	36.7%	*0.0%		43.0%		*23.9%	
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0						

### Friday - 03/06/2020

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000771 Sandwich Hot Ham & Cheese Croissant	sandwich	1	350	9.00	1130	4	18.50	0.00	60	27.00	2.00	20.00	\$0.947
001151 Sandwich BBQ Chicken	sandwich	1	290	1.53	547	8	7.09	0.00	66	36.96	4.00	22.30	\$0.525



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## Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
001181 Pizza Nardone Cheese 4x6	slices	1	336	10.00	435	6	16.00	0.00	41	27.00	3.00	20.00	\$0.529
001191 Pizza Nardone Pepperoni Diced 4x6	slices	1	350	7.00	580	6	17.00	0.00	40	29.00	3.00	22.00	\$0.516
001152 Sandwich Chicken WG Breaded Regular	sandwich	1	340	2.00	640	3	12.00	0.00	35	42.00	6.00	21.00	\$0.396
000399 Sandwich Chicken WG Hot & Spicy Patty	sandwich	1	350	2.50	710	3	13.00	0.00	55	41.00	5.00	21.00	\$0.436
990051 Sandwich Cheeseburger	sandwich	1	300	4.50	765	3	11.50	0.00	48	30.00	5.00	22.50	\$0.363
990052 Sandwich Hamburger	sandwich	1	250	2.00	510	3	7.00	0.00	35	30.00	5.00	20.00	\$0.294
001048 Sandwich Ham & Cheese	sandwich	1	325	5.50	1142	7	12.56	0.00	55	33.89	4.60	21.36	\$0.833
990161 Sandwich Turkey and Cheese w/Jennie O Turkey	sandwich	1	291	3.00	936	6	8.01	0.00	48	32.19	4.13	25.58	\$0.660
000029 Sandwich PB&J	sandwich	1	570	5.00	415	21	32.00	0.00	0	63.00	8.00	20.00	\$0.343
000765 Salad Asian Chicken	salads	1	419	8.25	742	16	19.99	0.00	65	37.38	4.78	23.70	\$0.768
000139 Salad Chef	salads	1	262	8.02	1719	5	13.32	0.00	70	11.46	2.96	26.89	\$1.057
000827 Salad Garden	salads	1	222	8.00	263	5	14.29	0.00	242	9.44	3.24	14.83	\$0.913
000539 Salad Chicken Caesar	salads	1	131	1.41	647	2	3.56	0.00	72	5.16	2.00	21.30	\$0.475
990041 Salad Popcorn Chicken	salads	1	265	7.50	465	2	15.73	0.00	65	14.56	4.06	18.03	\$0.698
000826 Salad Turkey	salads	1	221	6.50	600	3	10.77	0.00	65	7.41	2.96	25.66	\$1.025
001174 Salad Chicken Tender	EACH	1	320	5.00	521	6	16.79	0.00	60	19.94	5.24	25.33	\$1.105
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00	\$0.123
000332 Grains Mac & Cheese Side item	1/2 cup	1	279	8.28	719	*2	16.27	0.00	35	21.37	0.97	10.84	\$0.271

# Base Menu Spreadsheet

## Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000299 Vegetable Beans Baked	1/2 cup	1	150	0.50	540	11	1.00	0.00	0	30.00	7.00	6.00	\$0.154
000439 Vegetable Peas & Carrots Frozen	1/2 cup	1	60	0.00	93	*5	0.00	0.00	0	12.01	4.00	4.00	\$0.223
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	28	0.38	78	1	2.00	0.00	1	2.52	0.67	0.42	\$0.157
000875 Vegetable Veggie Bowl Variety	Each	1	13	0.00	12	*1	0.08	*0.00	0	2.77	0.98	0.78	\$0.206
000300 Salad Tossed with Carrots	cups	1	64	0.38	86	4	2.52	0.00	1	9.09	5.22	3.27	\$0.405
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25	\$0.179
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30	\$0.110
000086 Fruit Orange Whole Sliced	Each	1	76	0.09	2	13	0.19	0.00	0	19.60	3.73	1.40	\$0.167
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29	\$0.643
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00	\$0.004
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00	\$0.239
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00	\$0.005
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33	\$0.224
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00	\$0.000
000222 Condiment Ketchup Packet	packet	1	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00	\$0.016
000223 Condiment Mustard Packet	packet	1	5	0.00	65	0	0.00	0.00	0	0.00	0.00	0.00	\$0.013
000892 Condiment Mayonnaise Lite Packet	Packet	1	50	0.50	70	0	4.50	0.00	10	2.00	0.00	0.00	\$0.047

# Base Menu Spreadsheet

## Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	70	1.00	270	1	7.00	0.00	5	2.00	0.00	1.00	\$0.109
Weighted Daily Average			7224	111.35	15418	*270	290.28	*0.00	1208	763.24	103.73	*448.36	\$15.176
% of Calories				13.87%		*15.0%	36.2%	*0.0%		42.3%		*24.8%	
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0						

### Monday - 03/09/2020

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
990167 Chicken Tenders Breaded - Middle/High	4 tenders	1	310	2.69	552	3	16.17	0.00	61	16.17	2.70	26.95	\$0.714
990170 Chicken Tenders Blazing Buffalo MS & HS	4 tenders	1	384	6.05	2720	3	24.36	0.00	61	37.02	2.70	26.95	\$0.964
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00	\$0.123
001181 Pizza Nardone Cheese 4x6	slices	1	336	10.00	435	6	16.00	0.00	41	27.00	3.00	20.00	\$0.529
001191 Pizza Nardone Pepperoni Diced 4x6	slices	1	350	7.00	580	6	17.00	0.00	40	29.00	3.00	22.00	\$0.516
001152 Sandwich Chicken WG Breaded Regular	sandwich	1	340	2.00	640	3	12.00	0.00	35	42.00	6.00	21.00	\$0.396
000399 Sandwich Chicken WG Hot & Spicy Patty	sandwich	1	350	2.50	710	3	13.00	0.00	55	41.00	5.00	21.00	\$0.436
990051 Sandwich Cheeseburger	sandwich	1	300	4.50	765	3	11.50	0.00	48	30.00	5.00	22.50	\$0.363
990052 Sandwich Hamburger	sandwich	1	250	2.00	510	3	7.00	0.00	35	30.00	5.00	20.00	\$0.294
001048 Sandwich Ham & Cheese	sandwich	1	325	5.50	1142	7	12.56	0.00	55	33.89	4.60	21.36	\$0.833
990161 Sandwich Turkey and Cheese w/Jennie O Turkey	sandwich	1	291	3.00	936	6	8.01	0.00	48	32.19	4.13	25.58	\$0.660

# Base Menu Spreadsheet

## Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000029 Sandwich PB&J	sandwich	1	570	5.00	415	21	32.00	0.00	0	63.00	8.00	20.00	\$0.343
000765 Salad Asian Chicken	salads	1	419	8.25	742	16	19.99	0.00	65	37.38	4.78	23.70	\$0.768
000139 Salad Chef	salads	1	262	8.02	1719	5	13.32	0.00	70	11.46	2.96	26.89	\$1.057
000827 Salad Garden	salads	1	222	8.00	263	5	14.29	0.00	242	9.44	3.24	14.83	\$0.913
000539 Salad Chicken Caesar	salads	1	131	1.41	647	2	3.56	0.00	72	5.16	2.00	21.30	\$0.475
990041 Salad Popcorn Chicken	salads	1	265	7.50	465	2	15.73	0.00	65	14.56	4.06	18.03	\$0.698
000826 Salad Turkey	salads	1	221	6.50	600	3	10.77	0.00	65	7.41	2.96	25.66	\$1.025
001174 Salad Chicken Tender	EACH	1	320	5.00	521	6	16.79	0.00	60	19.94	5.24	25.33	\$1.105
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00	\$0.123
000986 Vegetable Potato Cottage Fries	1/2 cup	1	173	0.67	27	0	4.67	0.00	0	29.35	2.67	4.00	\$0.225
000993 Vegetable Beans Green Frozen	1/2 CUP	1	49	0.15	5	*2	2.15	0.00	0	6.16	2.05	2.05	\$0.204
000995 Vegetable Blend Dutch California	1/2 cup	1	27	0.00	27	*2	0.00	0.00	0	5.34	2.14	1.07	\$0.168
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	28	0.38	78	1	2.00	0.00	1	2.52	0.67	0.42	\$0.157
000875 Vegetable Veggie Bowl Variety	Each	1	13	0.00	12	*1	0.08	*0.00	0	2.77	0.98	0.78	\$0.206
000300 Salad Tossed with Carrots	cups	1	64	0.38	86	4	2.52	0.00	1	9.09	5.22	3.27	\$0.405
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25	\$0.179
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30	\$0.110
000086 Fruit Orange Whole Sliced	Each	1	76	0.09	2	13	0.19	0.00	0	19.60	3.73	1.40	\$0.167

# Base Menu Spreadsheet

## Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29	\$0.643
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00	\$0.004
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00	\$0.239
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00	\$0.005
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33	\$0.224
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00	\$0.000
000222 Condiment Ketchup Packet	packet	1	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00	\$0.016
000223 Condiment Mustard Packet	packet	1	5	0.00	65	0	0.00	0.00	0	0.00	0.00	0.00	\$0.013
000892 Condiment Mayonnaise Lite Packet	Packet	1	50	0.50	70	0	4.50	0.00	10	2.00	0.00	0.00	\$0.047
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	70	1.00	270	1	7.00	0.00	5	2.00	0.00	1.00	\$0.109
Weighted Daily Average			7169	102.10	15820	*255	296.77	*0.00	1172	753.95	98.00	*449.23	\$15.455
% of Calories				12.82%		*14.2%	37.3%	*0.0%		42.1%		*25.1%	
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0						

### Tuesday - 03/10/2020

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
001145 Pasta Lasagna with Meat Sauce	servings	1	335	6.34	1111	13	13.33	0.00	49	27.70	4.67	23.27	\$0.774
990148 Grains Garlic Toast	Each	1	90	0.00	160	0	2.50	0.00	0	15.00	1.00	3.00	\$0.001

# Base Menu Spreadsheet

## Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
001154 Sandwich Chicken Parmesan	sandwich	1	448	4.92	1075	8	16.86	0.00	50	49.94	7.50	27.83	\$0.667
001181 Pizza Nardone Cheese 4x6	slices	1	336	10.00	435	6	16.00	0.00	41	27.00	3.00	20.00	\$0.529
001191 Pizza Nardone Pepperoni Diced 4x6	slices	1	350	7.00	580	6	17.00	0.00	40	29.00	3.00	22.00	\$0.516
001152 Sandwich Chicken WG Breaded Regular	sandwich	1	340	2.00	640	3	12.00	0.00	35	42.00	6.00	21.00	\$0.396
000399 Sandwich Chicken WG Hot & Spicy Patty	sandwich	1	350	2.50	710	3	13.00	0.00	55	41.00	5.00	21.00	\$0.436
990051 Sandwich Cheeseburger	sandwich	1	300	4.50	765	3	11.50	0.00	48	30.00	5.00	22.50	\$0.363
990052 Sandwich Hamburger	sandwich	1	250	2.00	510	3	7.00	0.00	35	30.00	5.00	20.00	\$0.294
001048 Sandwich Ham & Cheese	sandwich	1	325	5.50	1142	7	12.56	0.00	55	33.89	4.60	21.36	\$0.833
990161 Sandwich Turkey and Cheese w/Jennie O Turkey	sandwich	1	291	3.00	936	6	8.01	0.00	48	32.19	4.13	25.58	\$0.660
000029 Sandwich PB&J	sandwich	1	570	5.00	415	21	32.00	0.00	0	63.00	8.00	20.00	\$0.343
000765 Salad Asian Chicken	salads	1	419	8.25	742	16	19.99	0.00	65	37.38	4.78	23.70	\$0.768
000139 Salad Chef	salads	1	262	8.02	1719	5	13.32	0.00	70	11.46	2.96	26.89	\$1.057
000827 Salad Garden	salads	1	222	8.00	263	5	14.29	0.00	242	9.44	3.24	14.83	\$0.913
000539 Salad Chicken Caesar	salads	1	131	1.41	647	2	3.56	0.00	72	5.16	2.00	21.30	\$0.475
990041 Salad Popcorn Chicken	salads	1	265	7.50	465	2	15.73	0.00	65	14.56	4.06	18.03	\$0.698
000826 Salad Turkey	salads	1	221	6.50	600	3	10.77	0.00	65	7.41	2.96	25.66	\$1.025
001174 Salad Chicken Tender	EACH	1	320	5.00	521	6	16.79	0.00	60	19.94	5.24	25.33	\$1.105
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00	\$0.123

# Base Menu Spreadsheet

## Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000040 Vegetable Peas Green	1/2 cup	1	93	0.00	127	*7	0.00	0.00	0	16.01	5.34	5.34	\$0.239
000995 Vegetable Blend Dutch California	1/2 cup	1	27	0.00	27	*2	0.00	0.00	0	5.34	2.14	1.07	\$0.168
000258 Vegetable Broccoli Florets Frozen	1/2 cup	1	29	0.00	19	2	0.00	0.00	0	3.82	1.91	0.96	\$0.186
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	28	0.38	78	1	2.00	0.00	1	2.52	0.67	0.42	\$0.157
000875 Vegetable Veggie Bowl Variety	Each	1	13	0.00	12	*1	0.08	*0.00	0	2.77	0.98	0.78	\$0.206
000300 Salad Tossed with Carrots	cups	1	64	0.38	86	4	2.52	0.00	1	9.09	5.22	3.27	\$0.405
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25	\$0.179
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30	\$0.110
000086 Fruit Orange Whole Sliced	Each	1	76	0.09	2	13	0.19	0.00	0	19.60	3.73	1.40	\$0.167
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29	\$0.643
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00	\$0.004
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00	\$0.239
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00	\$0.005
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33	\$0.224
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00	\$0.000
000222 Condiment Ketchup Packet	packet	1	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00	\$0.016
000223 Condiment Mustard Packet	packet	1	5	0.00	65	0	0.00	0.00	0	0.00	0.00	0.00	\$0.013
000892 Condiment Mayonnaise Lite Packet	Packet	1	50	0.50	70	0	4.50	0.00	10	2.00	0.00	0.00	\$0.047

# Base Menu Spreadsheet

## Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	70	1.00	270	1	7.00	0.00	5	2.00	0.00	1.00	\$0.109
Weighted Daily Average			7116	103.30	14908	*271	280.11	*0.00	1145	753.72	108.30	*446.68	\$15.092
% of Calories				13.06%		*15.2%	35.4%	*0.0%		42.4%		*25.1%	
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0						

### Wednesday - 03/11/2020

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000712 Corn Dog Chicken	corndogs	1	240	2.50	390	5	8.00	0.00	40	30.00	5.00	9.00	\$0.427
990165 Slider Spicy Sicilian	2 mini sliders	1	387	6.37	1157	5	15.21	0.00	42	36.37	4.00	25.38	\$0.879
001181 Pizza Nardone Cheese 4x6	slices	1	336	10.00	435	6	16.00	0.00	41	27.00	3.00	20.00	\$0.529
001191 Pizza Nardone Pepperoni Diced 4x6	slices	1	350	7.00	580	6	17.00	0.00	40	29.00	3.00	22.00	\$0.516
001152 Sandwich Chicken WG Breaded Regular	sandwich	1	340	2.00	640	3	12.00	0.00	35	42.00	6.00	21.00	\$0.396
000399 Sandwich Chicken WG Hot & Spicy Patty	sandwich	1	350	2.50	710	3	13.00	0.00	55	41.00	5.00	21.00	\$0.436
990051 Sandwich Cheeseburger	sandwich	1	300	4.50	765	3	11.50	0.00	48	30.00	5.00	22.50	\$0.363
990052 Sandwich Hamburger	sandwich	1	250	2.00	510	3	7.00	0.00	35	30.00	5.00	20.00	\$0.294
001048 Sandwich Ham & Cheese	sandwich	1	325	5.50	1142	7	12.56	0.00	55	33.89	4.60	21.36	\$0.833
990161 Sandwich Turkey and Cheese w/Jennie O Turkey	sandwich	1	291	3.00	936	6	8.01	0.00	48	32.19	4.13	25.58	\$0.660
000029 Sandwich PB&J	sandwich	1	570	5.00	415	21	32.00	0.00	0	63.00	8.00	20.00	\$0.343



# Base Menu Spreadsheet

## Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000765 Salad Asian Chicken	salads	1	419	8.25	742	16	19.99	0.00	65	37.38	4.78	23.70	\$0.768
000139 Salad Chef	salads	1	262	8.02	1719	5	13.32	0.00	70	11.46	2.96	26.89	\$1.057
000827 Salad Garden	salads	1	222	8.00	263	5	14.29	0.00	242	9.44	3.24	14.83	\$0.913
000539 Salad Chicken Caesar	salads	1	131	1.41	647	2	3.56	0.00	72	5.16	2.00	21.30	\$0.475
990041 Salad Popcorn Chicken	salads	1	265	7.50	465	2	15.73	0.00	65	14.56	4.06	18.03	\$0.698
000826 Salad Turkey	salads	1	221	6.50	600	3	10.77	0.00	65	7.41	2.96	25.66	\$1.025
001174 Salad Chicken Tender	EACH	1	320	5.00	521	6	16.79	0.00	60	19.94	5.24	25.33	\$1.105
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00	\$0.123
000335 Vegetable Beans Texas Ranch	1/2 cup	1	108	0.00	481	1	0.49	0.00	0	19.63	4.91	5.89	\$0.226
000465 Vegetable Carrots Honey Glaze	1/2 cup	1	72	0.97	88	9	2.37	0.00	0	12.09	3.20	1.08	\$0.176
000907 Vegetable Blend Provence	1/2 Cup	1	30	0.00	25	*2	0.00	0.00	0	3.99	1.99	1.00	\$0.292
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	28	0.38	78	1	2.00	0.00	1	2.52	0.67	0.42	\$0.157
000875 Vegetable Veggie Bowl Variety	Each	1	13	0.00	12	*1	0.08	*0.00	0	2.77	0.98	0.78	\$0.206
000300 Salad Tossed with Carrots	cups	1	64	0.38	86	4	2.52	0.00	1	9.09	5.22	3.27	\$0.405
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25	\$0.179
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30	\$0.110
000086 Fruit Orange Whole Sliced	Each	1	76	0.09	2	13	0.19	0.00	0	19.60	3.73	1.40	\$0.167
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29	\$0.643

# Base Menu Spreadsheet

## Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00	\$0.004
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00	\$0.239
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00	\$0.005
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33	\$0.224
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00	\$0.000
000222 Condiment Ketchup Packet	packet	1	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00	\$0.016
000223 Condiment Mustard Packet	packet	1	5	0.00	65	0	0.00	0.00	0	0.00	0.00	0.00	\$0.013
000892 Condiment Mayonnaise Lite Packet	Packet	1	50	0.50	70	0	4.50	0.00	10	2.00	0.00	0.00	\$0.047
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	70	1.00	270	1	7.00	0.00	5	2.00	0.00	1.00	\$0.109
Weighted Daily Average			6932	101.89	14530	*262	273.49	*0.00	1129	737.98	104.86	*427.56	\$15.056
% of Calories				13.23%		*15.1%	35.5%	*0.0%		42.6%		*24.7%	
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0						

### Thursday - 03/12/2020

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000745 Quesadilla Cheese	each	1	396	10.25	1229	5	19.83	1.00	45	29.78	1.00	21.00	\$0.701
000724 Fajita Chicken MS & HS	2 fajita	1	409	8.48	1131	2	17.62	1.00	74	39.17	2.39	23.47	\$0.636
001181 Pizza Nardone Cheese 4x6	slices	1	336	10.00	435	6	16.00	0.00	41	27.00	3.00	20.00	\$0.529

# Base Menu Spreadsheet

## Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
001191 Pizza Nardone Pepperoni Diced 4x6	slices	1	350	7.00	580	6	17.00	0.00	40	29.00	3.00	22.00	\$0.516
001152 Sandwich Chicken WG Breaded Regular	sandwich	1	340	2.00	640	3	12.00	0.00	35	42.00	6.00	21.00	\$0.396
000399 Sandwich Chicken WG Hot & Spicy Patty	sandwich	1	350	2.50	710	3	13.00	0.00	55	41.00	5.00	21.00	\$0.436
990051 Sandwich Cheeseburger	sandwich	1	300	4.50	765	3	11.50	0.00	48	30.00	5.00	22.50	\$0.363
990052 Sandwich Hamburger	sandwich	1	250	2.00	510	3	7.00	0.00	35	30.00	5.00	20.00	\$0.294
001048 Sandwich Ham & Cheese	sandwich	1	325	5.50	1142	7	12.56	0.00	55	33.89	4.60	21.36	\$0.833
990161 Sandwich Turkey and Cheese w/Jennie O Turkey	sandwich	1	291	3.00	936	6	8.01	0.00	48	32.19	4.13	25.58	\$0.660
000029 Sandwich PB&J	sandwich	1	570	5.00	415	21	32.00	0.00	0	63.00	8.00	20.00	\$0.343
000765 Salad Asian Chicken	salads	1	419	8.25	742	16	19.99	0.00	65	37.38	4.78	23.70	\$0.768
000139 Salad Chef	salads	1	262	8.02	1719	5	13.32	0.00	70	11.46	2.96	26.89	\$1.057
000827 Salad Garden	salads	1	222	8.00	263	5	14.29	0.00	242	9.44	3.24	14.83	\$0.913
000539 Salad Chicken Caesar	salads	1	131	1.41	647	2	3.56	0.00	72	5.16	2.00	21.30	\$0.475
990041 Salad Popcorn Chicken	salads	1	265	7.50	465	2	15.73	0.00	65	14.56	4.06	18.03	\$0.698
000826 Salad Turkey	salads	1	221	6.50	600	3	10.77	0.00	65	7.41	2.96	25.66	\$1.025
001174 Salad Chicken Tender	EACH	1	320	5.00	521	6	16.79	0.00	60	19.94	5.24	25.33	\$1.105
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00	\$0.123
000001 Grains Rice Mexican Fiesta	1/2 cup	1	116	0.70	339	*2	2.21	0.00	0	21.50	0.50	2.50	\$0.185
000007 Vegetable Beans Pinto	1/2 cup	1	92	0.00	130	*1	0.00	0.00	0	17.54	4.62	5.54	\$0.117

# Base Menu Spreadsheet

## Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000271 Vegetable Corn Buttery	1/2 cup	1	74	0.17	4	3	0.91	0.00	0	15.96	2.00	2.00	\$0.148
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	28	0.38	78	1	2.00	0.00	1	2.52	0.67	0.42	\$0.157
000875 Vegetable Veggie Bowl Variety	Each	1	13	0.00	12	*1	0.08	*0.00	0	2.77	0.98	0.78	\$0.206
000300 Salad Tossed with Carrots	cups	1	64	0.38	86	4	2.52	0.00	1	9.09	5.22	3.27	\$0.405
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25	\$0.179
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30	\$0.110
000086 Fruit Orange Whole Sliced	Each	1	76	0.09	2	13	0.19	0.00	0	19.60	3.73	1.40	\$0.167
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29	\$0.643
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00	\$0.004
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00	\$0.239
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00	\$0.005
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33	\$0.224
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00	\$0.000
000222 Condiment Ketchup Packet	packet	1	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00	\$0.016
000223 Condiment Mustard Packet	packet	1	5	0.00	65	0	0.00	0.00	0	0.00	0.00	0.00	\$0.013
000892 Condiment Mayonnaise Lite Packet	Packet	1	50	0.50	70	0	4.50	0.00	10	2.00	0.00	0.00	\$0.047

# Base Menu Spreadsheet

## Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	70	1.00	270	1	7.00	0.00	5	2.00	0.00	1.00	\$0.109
Weighted Daily Average			7181	111.64	15221	*252	287.99	*2.00	1166	759.86	96.25	*439.72	\$14.844
% of Calories				13.99%		*14.0%	36.1%	*0.3%		42.3%		*24.5%	
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0						

### Friday - 03/13/2020

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000338 Sandwich Grilled Cheese	sandwich	1	425	12.92	1371	6	27.13	0.00	50	32.00	4.00	16.00	\$0.406
000339 Soup Tomato Healthy Request	1/2 cup	1	116	1.27	460	13	2.29	0.00	5	19.67	1.04	3.04	\$0.302
001151 Sandwich BBQ Chicken	sandwich	1	290	1.53	547	8	7.09	0.00	66	36.96	4.00	22.30	\$0.525
001181 Pizza Nardone Cheese 4x6	slices	1	336	10.00	435	6	16.00	0.00	41	27.00	3.00	20.00	\$0.529
001191 Pizza Nardone Pepperoni Diced 4x6	slices	1	350	7.00	580	6	17.00	0.00	40	29.00	3.00	22.00	\$0.516
001152 Sandwich Chicken WG Breaded Regular	sandwich	1	340	2.00	640	3	12.00	0.00	35	42.00	6.00	21.00	\$0.396
000399 Sandwich Chicken WG Hot & Spicy Patty	sandwich	1	350	2.50	710	3	13.00	0.00	55	41.00	5.00	21.00	\$0.436
990051 Sandwich Cheeseburger	sandwich	1	300	4.50	765	3	11.50	0.00	48	30.00	5.00	22.50	\$0.363
990052 Sandwich Hamburger	sandwich	1	250	2.00	510	3	7.00	0.00	35	30.00	5.00	20.00	\$0.294
001048 Sandwich Ham & Cheese	sandwich	1	325	5.50	1142	7	12.56	0.00	55	33.89	4.60	21.36	\$0.833
990161 Sandwich Turkey and Cheese w/Jennie O Turkey	sandwich	1	291	3.00	936	6	8.01	0.00	48	32.19	4.13	25.58	\$0.660

# Base Menu Spreadsheet

## Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000029 Sandwich PB&J	sandwich	1	570	5.00	415	21	32.00	0.00	0	63.00	8.00	20.00	\$0.343
000765 Salad Asian Chicken	salads	1	419	8.25	742	16	19.99	0.00	65	37.38	4.78	23.70	\$0.768
000139 Salad Chef	salads	1	262	8.02	1719	5	13.32	0.00	70	11.46	2.96	26.89	\$1.057
000827 Salad Garden	salads	1	222	8.00	263	5	14.29	0.00	242	9.44	3.24	14.83	\$0.913
000539 Salad Chicken Caesar	salads	1	131	1.41	647	2	3.56	0.00	72	5.16	2.00	21.30	\$0.475
990041 Salad Popcorn Chicken	salads	1	265	7.50	465	2	15.73	0.00	65	14.56	4.06	18.03	\$0.698
000826 Salad Turkey	salads	1	221	6.50	600	3	10.77	0.00	65	7.41	2.96	25.66	\$1.025
001174 Salad Chicken Tender	EACH	1	320	5.00	521	6	16.79	0.00	60	19.94	5.24	25.33	\$1.105
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00	\$0.123
000261 Vegetable Carrots Buttery	1/2 cup	1	36	0.18	68	4	0.44	0.00	0	7.47	3.20	1.07	\$0.140
000040 Vegetable Peas Green	1/2 cup	1	93	0.00	127	*7	0.00	0.00	0	16.01	5.34	5.34	\$0.239
000995 Vegetable Blend Dutch California	1/2 cup	1	27	0.00	27	*2	0.00	0.00	0	5.34	2.14	1.07	\$0.168
000986 Vegetable Potato Cottage Fries	1/2 cup	1	173	0.67	27	0	4.67	0.00	0	29.35	2.67	4.00	\$0.225
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	28	0.38	78	1	2.00	0.00	1	2.52	0.67	0.42	\$0.157
000875 Vegetable Veggie Bowl Variety	Each	1	13	0.00	12	*1	0.08	*0.00	0	2.77	0.98	0.78	\$0.206
000300 Salad Tossed with Carrots	cups	1	64	0.38	86	4	2.52	0.00	1	9.09	5.22	3.27	\$0.405
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25	\$0.179
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30	\$0.110

# Base Menu Spreadsheet

## Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000086 Fruit Orange Whole Sliced	Each	1	76	0.09	2	13	0.19	0.00	0	19.60	3.73	1.40	\$0.167
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29	\$0.643
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00	\$0.004
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00	\$0.239
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00	\$0.005
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33	\$0.224
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00	\$0.000
000222 Condiment Ketchup Packet	packet	1	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00	\$0.016
000223 Condiment Mustard Packet	packet	1	5	0.00	65	0	0.00	0.00	0	0.00	0.00	0.00	\$0.013
000892 Condiment Mayonnaise Lite Packet	Packet	1	50	0.50	70	0	4.50	0.00	10	2.00	0.00	0.00	\$0.047
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	70	1.00	270	1	7.00	0.00	5	2.00	0.00	1.00	\$0.109
Weighted Daily Average			7255	108.60	15016	*280	289.04	*0.00	1168	782.70	108.14	*438.03	\$15.062
% of Calories				13.47%		*15.4%	35.9%	*0.0%		43.2%		*24.2%	
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0						

Monday - 03/16/2020

Reimbursable Meal Total 1

# Base Menu Spreadsheet

## Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000066 LEAVE BLANK, DO NOT USE													
Weighted Daily Average			0	0.00	0	0	0.00	0.00	0	0.00	0.00	0.00	\$0.000
% of Calories				0%		0%	0%	0%		0%		0%	
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0						

### Tuesday - 03/17/2020

#### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000066 LEAVE BLANK, DO NOT USE													
Weighted Daily Average			0	0.00	0	0	0.00	0.00	0	0.00	0.00	0.00	\$0.000
% of Calories				0%		0%	0%	0%		0%		0%	
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0						

### Wednesday - 03/18/2020

#### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000066 LEAVE BLANK, DO NOT USE													
Weighted Daily Average			0	0.00	0	0	0.00	0.00	0	0.00	0.00	0.00	\$0.000
% of Calories				0%		0%	0%	0%		0%		0%	
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0						



# Base Menu Spreadsheet

## Portion Values

Mar 2, 2020 thru Mar 31, 2020

### Thursday - 03/19/2020

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000066 LEAVE BLANK, DO NOT USE													
Weighted Daily Average			0	0.00	0	0	0.00	0.00	0	0.00	0.00	0.00	\$0.000
% of Calories				0%		0%	0%	0%		0%		0%	
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0						

### Friday - 03/20/2020

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000066 LEAVE BLANK, DO NOT USE													
Weighted Daily Average			0	0.00	0	0	0.00	0.00	0	0.00	0.00	0.00	\$0.000
% of Calories				0%		0%	0%	0%		0%		0%	
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0						

### Monday - 03/23/2020

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
001122 Chicken Nugget Breaded (Middle/High School)	6 nuggets	1	240	2.40	480	1	12.00	0.00	42	15.60	2.40	18.00	\$0.271
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00	\$0.123

# Base Menu Spreadsheet

## Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000082 Sandwich Meatball Sub	sandwich	1	408	7.72	906	10	18.06	0.00	43	38.80	5.22	23.98	\$0.809
001181 Pizza Nardone Cheese 4x6	slices	1	336	10.00	435	6	16.00	0.00	41	27.00	3.00	20.00	\$0.529
001191 Pizza Nardone Pepperoni Diced 4x6	slices	1	350	7.00	580	6	17.00	0.00	40	29.00	3.00	22.00	\$0.516
001152 Sandwich Chicken WG Breaded Regular	sandwich	1	340	2.00	640	3	12.00	0.00	35	42.00	6.00	21.00	\$0.396
000399 Sandwich Chicken WG Hot & Spicy Patty	sandwich	1	350	2.50	710	3	13.00	0.00	55	41.00	5.00	21.00	\$0.436
990051 Sandwich Cheeseburger	sandwich	1	300	4.50	765	3	11.50	0.00	48	30.00	5.00	22.50	\$0.363
990052 Sandwich Hamburger	sandwich	1	250	2.00	510	3	7.00	0.00	35	30.00	5.00	20.00	\$0.294
001048 Sandwich Ham & Cheese	sandwich	1	325	5.50	1142	7	12.56	0.00	55	33.89	4.60	21.36	\$0.833
990138 Sandwich Turkey and Cheese	sandwich	1	271	2.50	1036	6	7.01	0.00	28	34.19	4.13	20.58	\$0.717
000029 Sandwich PB&J	sandwich	1	570	5.00	415	21	32.00	0.00	0	63.00	8.00	20.00	\$0.343
000765 Salad Asian Chicken	salads	1	419	8.25	742	16	19.99	0.00	65	37.38	4.78	23.70	\$0.768
000139 Salad Chef	salads	1	262	8.02	1719	5	13.32	0.00	70	11.46	2.96	26.89	\$1.057
000827 Salad Garden	salads	1	222	8.00	263	5	14.29	0.00	242	9.44	3.24	14.83	\$0.913
000539 Salad Chicken Caesar	salads	1	131	1.41	647	2	3.56	0.00	72	5.16	2.00	21.30	\$0.475
990041 Salad Popcorn Chicken	salads	1	265	7.50	465	2	15.73	0.00	65	14.56	4.06	18.03	\$0.698
000826 Salad Turkey	salads	1	221	6.50	600	3	10.77	0.00	65	7.41	2.96	25.66	\$1.025
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00	\$0.123
000993 Vegetable Beans Green Frozen	1/2 CUP	1	49	0.15	5	*2	2.15	0.00	0	6.16	2.05	2.05	\$0.204

# Base Menu Spreadsheet

## Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000995 Vegetable Blend Dutch California	1/2 cup	1	27	0.00	27	*2	0.00	0.00	0	5.34	2.14	1.07	\$0.168
000465 Vegetable Carrots Honey Glaze	1/2 cup	1	72	0.97	88	9	2.37	0.00	0	12.09	3.20	1.08	\$0.176
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	28	0.38	78	1	2.00	0.00	1	2.52	0.67	0.42	\$0.157
000875 Vegetable Veggie Bowl Variety	Each	1	13	0.00	12	*1	0.08	*0.00	0	2.77	0.98	0.78	\$0.206
000300 Salad Tossed with Carrots	cups	1	64	0.38	86	4	2.52	0.00	1	9.09	5.22	3.27	\$0.405
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25	\$0.179
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30	\$0.110
000086 Fruit Orange Whole Sliced	Each	1	76	0.09	2	13	0.19	0.00	0	19.60	3.73	1.40	\$0.167
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29	\$0.643
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00	\$0.004
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00	\$0.239
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00	\$0.005
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33	\$0.224
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00	\$0.000
000222 Condiment Ketchup Packet	packet	1	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00	\$0.016
000223 Condiment Mustard Packet	packet	1	5	0.00	65	0	0.00	0.00	0	0.00	0.00	0.00	\$0.013
000892 Condiment Mayonnaise Lite Packet	Packet	1	50	0.50	70	0	4.50	0.00	10	2.00	0.00	0.00	\$0.047

# Base Menu Spreadsheet

## Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	70	1.00	270	1	7.00	0.00	5	2.00	0.00	1.00	\$0.109
Weighted Daily Average			6681	98.28	13574	*264	266.21	*0.00	1055	719.95	95.52	*404.07	\$13.760
% of Calories				13.24%		*15.8%	35.9%	*0.0%		43.1%		*24.2%	
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0						

## Tuesday - 03/24/2020

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000944 Calzone Cheese WG	calzone	1	291	2.00	778	10	5.00	0.00	10	41.26	6.06	20.38	\$0.933
000945 Calzone Meat WG	calzone	1	291	2.00	838	10	5.00	0.00	15	41.26	6.06	19.38	\$1.010
001012 Pasta Cajun Chicken Penne	servings	1	287	6.52	619	*1	13.57	0.00	48	24.11	0.93	17.91	\$0.703
001181 Pizza Nardone Cheese 4x6	slices	1	336	10.00	435	6	16.00	0.00	41	27.00	3.00	20.00	\$0.529
001191 Pizza Nardone Pepperoni Diced 4x6	slices	1	350	7.00	580	6	17.00	0.00	40	29.00	3.00	22.00	\$0.516
001152 Sandwich Chicken WG Breaded Regular	sandwich	1	340	2.00	640	3	12.00	0.00	35	42.00	6.00	21.00	\$0.396
000399 Sandwich Chicken WG Hot & Spicy Patty	sandwich	1	350	2.50	710	3	13.00	0.00	55	41.00	5.00	21.00	\$0.436
990051 Sandwich Cheeseburger	sandwich	1	300	4.50	765	3	11.50	0.00	48	30.00	5.00	22.50	\$0.363
990052 Sandwich Hamburger	sandwich	1	250	2.00	510	3	7.00	0.00	35	30.00	5.00	20.00	\$0.294
001048 Sandwich Ham & Cheese	sandwich	1	325	5.50	1142	7	12.56	0.00	55	33.89	4.60	21.36	\$0.833
990161 Sandwich Turkey and Cheese w/Jennie O Turkey	sandwich	1	291	3.00	936	6	8.01	0.00	48	32.19	4.13	25.58	\$0.660

# Base Menu Spreadsheet

## Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000029 Sandwich PB&J	sandwich	1	570	5.00	415	21	32.00	0.00	0	63.00	8.00	20.00	\$0.343
000765 Salad Asian Chicken	salads	1	419	8.25	742	16	19.99	0.00	65	37.38	4.78	23.70	\$0.768
000139 Salad Chef	salads	1	262	8.02	1719	5	13.32	0.00	70	11.46	2.96	26.89	\$1.057
000827 Salad Garden	salads	1	222	8.00	263	5	14.29	0.00	242	9.44	3.24	14.83	\$0.913
000539 Salad Chicken Caesar	salads	1	131	1.41	647	2	3.56	0.00	72	5.16	2.00	21.30	\$0.475
990041 Salad Popcorn Chicken	salads	1	265	7.50	465	2	15.73	0.00	65	14.56	4.06	18.03	\$0.698
000826 Salad Turkey	salads	1	221	6.50	600	3	10.77	0.00	65	7.41	2.96	25.66	\$1.025
001174 Salad Chicken Tender	EACH	1	320	5.00	521	6	16.79	0.00	60	19.94	5.24	25.33	\$1.105
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00	\$0.123
000258 Vegetable Broccoli Florets Frozen	1/2 cup	1	29	0.00	19	2	0.00	0.00	0	3.82	1.91	0.96	\$0.186
000908 Vegetable Blend Tuscan	1/2 Cup	1	30	0.00	15	*2	0.00	0.00	0	6.01	2.00	1.00	\$0.312
001237 Fruit Baked Apples	1/2 cup	1	91	0.00	16	19	0.00	0.00	0	23.03	1.62	0.00	\$0.247
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	28	0.38	78	1	2.00	0.00	1	2.52	0.67	0.42	\$0.157
000875 Vegetable Veggie Bowl Variety	Each	1	13	0.00	12	*1	0.08	*0.00	0	2.77	0.98	0.78	\$0.206
000300 Salad Tossed with Carrots	cups	1	64	0.38	86	4	2.52	0.00	1	9.09	5.22	3.27	\$0.405
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25	\$0.179
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30	\$0.110
000086 Fruit Orange Whole Sliced	Each	1	76	0.09	2	13	0.19	0.00	0	19.60	3.73	1.40	\$0.167

# Base Menu Spreadsheet

## Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29	\$0.643
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00	\$0.004
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00	\$0.239
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00	\$0.005
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33	\$0.224
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00	\$0.000
000222 Condiment Ketchup Packet	packet	1	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00	\$0.016
000223 Condiment Mustard Packet	packet	1	5	0.00	65	0	0.00	0.00	0	0.00	0.00	0.00	\$0.013
000892 Condiment Mayonnaise Lite Packet	Packet	1	50	0.50	70	0	4.50	0.00	10	2.00	0.00	0.00	\$0.047
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	70	1.00	270	1	7.00	0.00	5	2.00	0.00	1.00	\$0.109
Weighted Daily Average			7114	102.56	14674	*283	270.98	*0.00	1120	775.39	104.34	*444.84	\$16.448
% of Calories				12.97%		*15.9%	34.3%	*0.0%		43.6%		*25.0%	
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0						

### Wednesday - 03/25/2020

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
990164 Sandwich Chicken Alfredo Sub	sandwich	1	403	6.01	801	5	14.46	0.00	76	33.51	3.60	34.55	\$1.288
000310 Corn Dog Mini Turkey WG	6 mini corn dog	1	290	3.50	380	7	14.00	0.00	55	30.00	3.00	10.00	\$0.448

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Mar 2, 2020 thru Mar 31, 2020

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001181 Pizza Nardone Cheese 4x6	slices	1	336	10.00	435	6	16.00	0.00	41	27.00	3.00	20.00	\$0.529
001191 Pizza Nardone Pepperoni Diced 4x6	slices	1	350	7.00	580	6	17.00	0.00	40	29.00	3.00	22.00	\$0.516
001152 Sandwich Chicken WG Breaded Regular	sandwich	1	340	2.00	640	3	12.00	0.00	35	42.00	6.00	21.00	\$0.396
000399 Sandwich Chicken WG Hot & Spicy Patty	sandwich	1	350	2.50	710	3	13.00	0.00	55	41.00	5.00	21.00	\$0.436
990051 Sandwich Cheeseburger	sandwich	1	300	4.50	765	3	11.50	0.00	48	30.00	5.00	22.50	\$0.363
990052 Sandwich Hamburger	sandwich	1	250	2.00	510	3	7.00	0.00	35	30.00	5.00	20.00	\$0.294
001048 Sandwich Ham & Cheese	sandwich	1	325	5.50	1142	7	12.56	0.00	55	33.89	4.60	21.36	\$0.833
990161 Sandwich Turkey and Cheese w/Jennie O Turkey	sandwich	1	291	3.00	936	6	8.01	0.00	48	32.19	4.13	25.58	\$0.660
000029 Sandwich PB&J	sandwich	1	570	5.00	415	21	32.00	0.00	0	63.00	8.00	20.00	\$0.343
000765 Salad Asian Chicken	salads	1	419	8.25	742	16	19.99	0.00	65	37.38	4.78	23.70	\$0.768
000139 Salad Chef	salads	1	262	8.02	1719	5	13.32	0.00	70	11.46	2.96	26.89	\$1.057
000827 Salad Garden	salads	1	222	8.00	263	5	14.29	0.00	242	9.44	3.24	14.83	\$0.913
000539 Salad Chicken Caesar	salads	1	131	1.41	647	2	3.56	0.00	72	5.16	2.00	21.30	\$0.475
990041 Salad Popcorn Chicken	salads	1	265	7.50	465	2	15.73	0.00	65	14.56	4.06	18.03	\$0.698
000826 Salad Turkey	salads	1	221	6.50	600	3	10.77	0.00	65	7.41	2.96	25.66	\$1.025
001174 Salad Chicken Tender	EACH	1	320	5.00	521	6	16.79	0.00	60	19.94	5.24	25.33	\$1.105
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00	\$0.123
000602 Vegetable Beans Buttery Lima Frozen	1/2 CUP	1	159	0.54	73	1	1.32	0.00	0	28.02	6.67	9.34	\$0.295

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Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000529 Vegetable Broccoli & Cheese	1/2 cup	1	94	2.71	241	2	4.64	0.00	15	5.54	2.27	4.63	\$0.343
000052 Vegetable Summer Squash	1/2 cup	1	20	0.00	7	*3	0.00	0.00	0	3.90	0.00	0.00	\$0.260
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	28	0.38	78	1	2.00	0.00	1	2.52	0.67	0.42	\$0.157
000875 Vegetable Veggie Bowl Variety	Each	1	13	0.00	12	*1	0.08	*0.00	0	2.77	0.98	0.78	\$0.206
000300 Salad Tossed with Carrots	cups	1	64	0.38	86	4	2.52	0.00	1	9.09	5.22	3.27	\$0.405
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25	\$0.179
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30	\$0.110
000086 Fruit Orange Whole Sliced	Each	1	76	0.09	2	13	0.19	0.00	0	19.60	3.73	1.40	\$0.167
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29	\$0.643
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00	\$0.004
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00	\$0.239
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00	\$0.005
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33	\$0.224
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00	\$0.000
000222 Condiment Ketchup Packet	packet	1	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00	\$0.016
000223 Condiment Mustard Packet	packet	1	5	0.00	65	0	0.00	0.00	0	0.00	0.00	0.00	\$0.013
000892 Condiment Mayonnaise Lite Packet	Packet	1	50	0.50	70	0	4.50	0.00	10	2.00	0.00	0.00	\$0.047



# Base Menu Spreadsheet

## Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	70	1.00	270	1	7.00	0.00	5	2.00	0.00	1.00	\$0.109
Weighted Daily Average			7060	104.80	13890	*258	281.83	*0.00	1192	736.88	101.29	*443.74	\$15.692
% of Calories				13.36%		*14.6%	35.9%	*0.0%		41.7%		*25.1%	
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0						

### Thursday - 03/26/2020

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000724 Fajita Chicken MS & HS	2 fajita	1	409	8.48	1131	2	17.62	1.00	74	39.17	2.39	23.47	\$0.636
001170 Taco Beef Soft Shell	2 tacos	1	540	11.31	1296	*2	26.01	1.00	81	43.53	2.45	32.56	\$0.626
001181 Pizza Nardone Cheese 4x6	slices	1	336	10.00	435	6	16.00	0.00	41	27.00	3.00	20.00	\$0.529
001191 Pizza Nardone Pepperoni Diced 4x6	slices	1	350	7.00	580	6	17.00	0.00	40	29.00	3.00	22.00	\$0.516
001152 Sandwich Chicken WG Breaded Regular	sandwich	1	340	2.00	640	3	12.00	0.00	35	42.00	6.00	21.00	\$0.396
000399 Sandwich Chicken WG Hot & Spicy Patty	sandwich	1	350	2.50	710	3	13.00	0.00	55	41.00	5.00	21.00	\$0.436
990051 Sandwich Cheeseburger	sandwich	1	300	4.50	765	3	11.50	0.00	48	30.00	5.00	22.50	\$0.363
990052 Sandwich Hamburger	sandwich	1	250	2.00	510	3	7.00	0.00	35	30.00	5.00	20.00	\$0.294
001048 Sandwich Ham & Cheese	sandwich	1	325	5.50	1142	7	12.56	0.00	55	33.89	4.60	21.36	\$0.833
990161 Sandwich Turkey and Cheese w/Jennie O Turkey	sandwich	1	291	3.00	936	6	8.01	0.00	48	32.19	4.13	25.58	\$0.660
000029 Sandwich PB&J	sandwich	1	570	5.00	415	21	32.00	0.00	0	63.00	8.00	20.00	\$0.343

# Base Menu Spreadsheet

## Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000765 Salad Asian Chicken	salads	1	419	8.25	742	16	19.99	0.00	65	37.38	4.78	23.70	\$0.768
000139 Salad Chef	salads	1	262	8.02	1719	5	13.32	0.00	70	11.46	2.96	26.89	\$1.057
000827 Salad Garden	salads	1	222	8.00	263	5	14.29	0.00	242	9.44	3.24	14.83	\$0.913
000539 Salad Chicken Caesar	salads	1	131	1.41	647	2	3.56	0.00	72	5.16	2.00	21.30	\$0.475
990041 Salad Popcorn Chicken	salads	1	265	7.50	465	2	15.73	0.00	65	14.56	4.06	18.03	\$0.698
000826 Salad Turkey	salads	1	221	6.50	600	3	10.77	0.00	65	7.41	2.96	25.66	\$1.025
001174 Salad Chicken Tender	EACH	1	320	5.00	521	6	16.79	0.00	60	19.94	5.24	25.33	\$1.105
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00	\$0.123
000001 Grains Rice Mexican Fiesta	1/2 cup	1	116	0.70	339	*2	2.21	0.00	0	21.50	0.50	2.50	\$0.185
000736 Vegetable Beans Black	1/2 Cup	1	102	0.00	143	2	0.00	0.00	0	18.37	6.12	7.14	\$0.141
000271 Vegetable Corn Buttery	1/2 cup	1	74	0.17	4	3	0.91	0.00	0	15.96	2.00	2.00	\$0.148
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	28	0.38	78	1	2.00	0.00	1	2.52	0.67	0.42	\$0.157
000875 Vegetable Veggie Bowl Variety	Each	1	13	0.00	12	*1	0.08	*0.00	0	2.77	0.98	0.78	\$0.206
000300 Salad Tossed with Carrots	cups	1	64	0.38	86	4	2.52	0.00	1	9.09	5.22	3.27	\$0.405
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25	\$0.179
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30	\$0.110
000086 Fruit Orange Whole Sliced	Each	1	76	0.09	2	13	0.19	0.00	0	19.60	3.73	1.40	\$0.167
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29	\$0.643

# Base Menu Spreadsheet

## Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00	\$0.004
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00	\$0.239
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00	\$0.005
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33	\$0.224
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00	\$0.000
000222 Condiment Ketchup Packet	packet	1	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00	\$0.016
000223 Condiment Mustard Packet	packet	1	5	0.00	65	0	0.00	0.00	0	0.00	0.00	0.00	\$0.013
000892 Condiment Mayonnaise Lite Packet	Packet	1	50	0.50	70	0	4.50	0.00	10	2.00	0.00	0.00	\$0.047
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	70	1.00	270	1	7.00	0.00	5	2.00	0.00	1.00	\$0.109
Weighted Daily Average			7336	112.69	15301	*250	294.16	*2.00	1202	774.44	99.21	*452.88	\$14.793
% of Calories				13.83%		*13.6%	36.1%	*0.2%		42.2%		*24.7%	
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0						

### Friday - 03/27/2020

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000301 Sandwich BBQ Pulled Pork	sandwich	1	270	2.11	589	3	7.82	0.00	38	30.90	4.00	23.65	\$0.856
001104 Fish & Fry Basket High	basket	1	515	3.96	1056	5	25.78	0.00	35	57.38	3.95	13.95	\$0.949
001181 Pizza Nardone Cheese 4x6	slices	1	336	10.00	435	6	16.00	0.00	41	27.00	3.00	20.00	\$0.529

# Base Menu Spreadsheet

## Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
001191 Pizza Nardone Pepperoni Diced 4x6	slices	1	350	7.00	580	6	17.00	0.00	40	29.00	3.00	22.00	\$0.516
001152 Sandwich Chicken WG Breaded Regular	sandwich	1	340	2.00	640	3	12.00	0.00	35	42.00	6.00	21.00	\$0.396
000399 Sandwich Chicken WG Hot & Spicy Patty	sandwich	1	350	2.50	710	3	13.00	0.00	55	41.00	5.00	21.00	\$0.436
990051 Sandwich Cheeseburger	sandwich	1	300	4.50	765	3	11.50	0.00	48	30.00	5.00	22.50	\$0.363
990052 Sandwich Hamburger	sandwich	1	250	2.00	510	3	7.00	0.00	35	30.00	5.00	20.00	\$0.294
001048 Sandwich Ham & Cheese	sandwich	1	325	5.50	1142	7	12.56	0.00	55	33.89	4.60	21.36	\$0.833
990161 Sandwich Turkey and Cheese w/Jennie O Turkey	sandwich	1	291	3.00	936	6	8.01	0.00	48	32.19	4.13	25.58	\$0.660
000029 Sandwich PB&J	sandwich	1	570	5.00	415	21	32.00	0.00	0	63.00	8.00	20.00	\$0.343
000765 Salad Asian Chicken	salads	1	419	8.25	742	16	19.99	0.00	65	37.38	4.78	23.70	\$0.768
000139 Salad Chef	salads	1	262	8.02	1719	5	13.32	0.00	70	11.46	2.96	26.89	\$1.057
000827 Salad Garden	salads	1	222	8.00	263	5	14.29	0.00	242	9.44	3.24	14.83	\$0.913
000539 Salad Chicken Caesar	salads	1	131	1.41	647	2	3.56	0.00	72	5.16	2.00	21.30	\$0.475
990041 Salad Popcorn Chicken	salads	1	265	7.50	465	2	15.73	0.00	65	14.56	4.06	18.03	\$0.698
000826 Salad Turkey	salads	1	221	6.50	600	3	10.77	0.00	65	7.41	2.96	25.66	\$1.025
001174 Salad Chicken Tender	EACH	1	320	5.00	521	6	16.79	0.00	60	19.94	5.24	25.33	\$1.105
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00	\$0.123
990137 Vegetable Roasted Brussel Sprouts	1/2 cup	1	90	0.38	35	*3	5.75	0.00	0	6.02	4.01	4.01	\$0.288
000634 Vegetable Turnip Greens	1/2 cup	1	38	0.32	39	0	0.79	0.00	0	3.74	2.49	2.49	\$0.195

# Base Menu Spreadsheet

## Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000439 Vegetable Peas & Carrots Frozen	1/2 cup	1	60	0.00	93	*5	0.00	0.00	0	12.01	4.00	4.00	\$0.223
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	28	0.38	78	1	2.00	0.00	1	2.52	0.67	0.42	\$0.157
000875 Vegetable Veggie Bowl Variety	Each	1	13	0.00	12	*1	0.08	*0.00	0	2.77	0.98	0.78	\$0.206
000300 Salad Tossed with Carrots	cups	1	64	0.38	86	4	2.52	0.00	1	9.09	5.22	3.27	\$0.405
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25	\$0.179
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30	\$0.110
000086 Fruit Orange Whole Sliced	Each	1	76	0.09	2	13	0.19	0.00	0	19.60	3.73	1.40	\$0.167
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29	\$0.643
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00	\$0.004
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00	\$0.239
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00	\$0.005
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33	\$0.224
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00	\$0.000
000222 Condiment Ketchup Packet	packet	1	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00	\$0.016
000223 Condiment Mustard Packet	packet	1	5	0.00	65	0	0.00	0.00	0	0.00	0.00	0.00	\$0.013
000892 Condiment Mayonnaise Lite Packet	Packet	1	50	0.50	70	0	4.50	0.00	10	2.00	0.00	0.00	\$0.047

# Base Menu Spreadsheet

## Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	70	1.00	270	1	7.00	0.00	5	2.00	0.00	1.00	\$0.109
Weighted Daily Average			7069	98.80	14202	*256	287.54	*0.00	1120	745.97	104.21	*433.32	\$15.568
% of Calories				12.58%		*14.5%	36.6%	*0.0%		42.2%		*24.5%	
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0						

### Monday - 03/30/2020

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
001122 Chicken Nugget Breaded (Middle/High School)	6 nuggets	1	240	2.40	480	1	12.00	0.00	42	15.60	2.40	18.00	\$0.271
000730 Chicken Blazin Buffalo MS & HS	6 nuggets	1	290	4.64	1930	1	17.48	0.00	42	29.56	2.40	18.00	\$0.438
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00	\$0.123
001181 Pizza Nardone Cheese 4x6	slices	1	336	10.00	435	6	16.00	0.00	41	27.00	3.00	20.00	\$0.529
001191 Pizza Nardone Pepperoni Diced 4x6	slices	1	350	7.00	580	6	17.00	0.00	40	29.00	3.00	22.00	\$0.516
001152 Sandwich Chicken WG Breaded Regular	sandwich	1	340	2.00	640	3	12.00	0.00	35	42.00	6.00	21.00	\$0.396
000399 Sandwich Chicken WG Hot & Spicy Patty	sandwich	1	350	2.50	710	3	13.00	0.00	55	41.00	5.00	21.00	\$0.436
990051 Sandwich Cheeseburger	sandwich	1	300	4.50	765	3	11.50	0.00	48	30.00	5.00	22.50	\$0.363
990052 Sandwich Hamburger	sandwich	1	250	2.00	510	3	7.00	0.00	35	30.00	5.00	20.00	\$0.294
001048 Sandwich Ham & Cheese	sandwich	1	325	5.50	1142	7	12.56	0.00	55	33.89	4.60	21.36	\$0.833
990161 Sandwich Turkey and Cheese w/Jennie O Turkey	sandwich	1	291	3.00	936	6	8.01	0.00	48	32.19	4.13	25.58	\$0.660

# Base Menu Spreadsheet

## Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000029 Sandwich PB&J	sandwich	1	570	5.00	415	21	32.00	0.00	0	63.00	8.00	20.00	\$0.343
000765 Salad Asian Chicken	salads	1	419	8.25	742	16	19.99	0.00	65	37.38	4.78	23.70	\$0.768
000139 Salad Chef	salads	1	262	8.02	1719	5	13.32	0.00	70	11.46	2.96	26.89	\$1.057
000827 Salad Garden	salads	1	222	8.00	263	5	14.29	0.00	242	9.44	3.24	14.83	\$0.913
000539 Salad Chicken Caesar	salads	1	131	1.41	647	2	3.56	0.00	72	5.16	2.00	21.30	\$0.475
990041 Salad Popcorn Chicken	salads	1	265	7.50	465	2	15.73	0.00	65	14.56	4.06	18.03	\$0.698
000826 Salad Turkey	salads	1	221	6.50	600	3	10.77	0.00	65	7.41	2.96	25.66	\$1.025
001174 Salad Chicken Tender	EACH	1	320	5.00	521	6	16.79	0.00	60	19.94	5.24	25.33	\$1.105
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00	\$0.123
000986 Vegetable Potato Cottage Fries	1/2 cup	1	173	0.67	27	0	4.67	0.00	0	29.35	2.67	4.00	\$0.225
000993 Vegetable Beans Green Frozen	1/2 CUP	1	49	0.15	5	*2	2.15	0.00	0	6.16	2.05	2.05	\$0.204
000995 Vegetable Blend Dutch California	1/2 cup	1	27	0.00	27	*2	0.00	0.00	0	5.34	2.14	1.07	\$0.168
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	28	0.38	78	1	2.00	0.00	1	2.52	0.67	0.42	\$0.157
000875 Vegetable Veggie Bowl Variety	Each	1	13	0.00	12	*1	0.08	*0.00	0	2.77	0.98	0.78	\$0.206
000300 Salad Tossed with Carrots	cups	1	64	0.38	86	4	2.52	0.00	1	9.09	5.22	3.27	\$0.405
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25	\$0.179
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30	\$0.110
000086 Fruit Orange Whole Sliced	Each	1	76	0.09	2	13	0.19	0.00	0	19.60	3.73	1.40	\$0.167

# Base Menu Spreadsheet

## Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29	\$0.643
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00	\$0.004
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00	\$0.239
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00	\$0.005
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33	\$0.224
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00	\$0.000
000222 Condiment Ketchup Packet	packet	1	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00	\$0.016
000223 Condiment Mustard Packet	packet	1	5	0.00	65	0	0.00	0.00	0	0.00	0.00	0.00	\$0.013
000892 Condiment Mayonnaise Lite Packet	Packet	1	50	0.50	70	0	4.50	0.00	10	2.00	0.00	0.00	\$0.047
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	70	1.00	270	1	7.00	0.00	5	2.00	0.00	1.00	\$0.109
Weighted Daily Average			7004	100.40	14958	*252	285.72	*0.00	1135	745.91	97.41	*431.34	\$14.487
% of Calories				12.90%		*14.4%	36.7%	*0.0%		42.6%		*24.6%	
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0						

### Tuesday - 03/31/2020

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
990043 Pasta Penne Meat Sauce - Rational	servings	1	362	2.12	655	*10	6.90	0.00	25	53.84	4.77	18.85	\$0.459
001123 Chicken Parmesan w/Penne	servings	1	610	5.16	1585	*18	16.28	0.00	51	80.27	9.69	32.18	\$0.937



# Base Menu Spreadsheet

## Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost	
990148	Grains Garlic Toast	Each	1	90	0.00	160	0	2.50	0.00	0	15.00	1.00	3.00	\$0.001
001181	Pizza Nardone Cheese 4x6	slices	1	336	10.00	435	6	16.00	0.00	41	27.00	3.00	20.00	\$0.529
001191	Pizza Nardone Pepperoni Diced 4x6	slices	1	350	7.00	580	6	17.00	0.00	40	29.00	3.00	22.00	\$0.516
001152	Sandwich Chicken WG Breaded Regular	sandwich	1	340	2.00	640	3	12.00	0.00	35	42.00	6.00	21.00	\$0.396
000399	Sandwich Chicken WG Hot & Spicy Patty	sandwich	1	350	2.50	710	3	13.00	0.00	55	41.00	5.00	21.00	\$0.436
990051	Sandwich Cheeseburger	sandwich	1	300	4.50	765	3	11.50	0.00	48	30.00	5.00	22.50	\$0.363
990052	Sandwich Hamburger	sandwich	1	250	2.00	510	3	7.00	0.00	35	30.00	5.00	20.00	\$0.294
001048	Sandwich Ham & Cheese	sandwich	1	325	5.50	1142	7	12.56	0.00	55	33.89	4.60	21.36	\$0.833
990161	Sandwich Turkey and Cheese w/Jennie O Turkey	sandwich	1	291	3.00	936	6	8.01	0.00	48	32.19	4.13	25.58	\$0.660
000029	Sandwich PB&J	sandwich	1	570	5.00	415	21	32.00	0.00	0	63.00	8.00	20.00	\$0.343
000765	Salad Asian Chicken	salads	1	419	8.25	742	16	19.99	0.00	65	37.38	4.78	23.70	\$0.768
000139	Salad Chef	salads	1	262	8.02	1719	5	13.32	0.00	70	11.46	2.96	26.89	\$1.057
000827	Salad Garden	salads	1	222	8.00	263	5	14.29	0.00	242	9.44	3.24	14.83	\$0.913
000539	Salad Chicken Caesar	salads	1	131	1.41	647	2	3.56	0.00	72	5.16	2.00	21.30	\$0.475
990041	Salad Popcorn Chicken	salads	1	265	7.50	465	2	15.73	0.00	65	14.56	4.06	18.03	\$0.698
000826	Salad Turkey	salads	1	221	6.50	600	3	10.77	0.00	65	7.41	2.96	25.66	\$1.025
001174	Salad Chicken Tender	EACH	1	320	5.00	521	6	16.79	0.00	60	19.94	5.24	25.33	\$1.105
000906	Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00	\$0.123

# Base Menu Spreadsheet

## Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000040 Vegetable Peas Green	1/2 cup	1	93	0.00	127	*7	0.00	0.00	0	16.01	5.34	5.34	\$0.239
000258 Vegetable Broccoli Florets Frozen	1/2 cup	1	29	0.00	19	2	0.00	0.00	0	3.82	1.91	0.96	\$0.186
000908 Vegetable Blend Tuscan	1/2 Cup	1	30	0.00	15	*2	0.00	0.00	0	6.01	2.00	1.00	\$0.312
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	28	0.38	78	1	2.00	0.00	1	2.52	0.67	0.42	\$0.157
000875 Vegetable Veggie Bowl Variety	Each	1	13	0.00	12	*1	0.08	*0.00	0	2.77	0.98	0.78	\$0.206
000300 Salad Tossed with Carrots	cups	1	64	0.38	86	4	2.52	0.00	1	9.09	5.22	3.27	\$0.405
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25	\$0.179
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30	\$0.110
000086 Fruit Orange Whole Sliced	Each	1	76	0.09	2	13	0.19	0.00	0	19.60	3.73	1.40	\$0.167
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29	\$0.643
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00	\$0.004
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00	\$0.239
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00	\$0.005
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33	\$0.224
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00	\$0.000
000222 Condiment Ketchup Packet	packet	1	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00	\$0.016
000223 Condiment Mustard Packet	packet	1	5	0.00	65	0	0.00	0.00	0	0.00	0.00	0.00	\$0.013
000892 Condiment Mayonnaise Lite Packet	Packet	1	50	0.50	70	0	4.50	0.00	10	2.00	0.00	0.00	\$0.047

# Base Menu Spreadsheet

## Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	70	1.00	270	1	7.00	0.00	5	2.00	0.00	1.00	\$0.109
Weighted Daily Average			7309	99.31	14949	*279	273.09	*0.00	1123	810.87	110.46	*446.54	\$15.192
% of Calories				12.23%		*15.3%	33.6%	*0.0%		44.4%		*24.4%	
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0						

			Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
Weighted Averages			7100	104	14695	*263	283.36	*0.25	1152	756.03	101.76	*437.67	\$15.060
% of Calories				13.18%		*14.8%	35.9%	*0.0%		42.6%		*24.7%	

- \*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient
- \* - denotes combined nutrient totals with either missing or incomplete nutrient data
- <sup>1</sup> - denotes required nutrient values
- <sup>2</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**