

Base Menu Spreadsheet

Portion Values

Mar 2, 2020 thru Mar 31, 2020

Menu Name: Middle School Lunch

Include Cost: Yes

Site:

Report Style: Detailed

Monday - 03/02/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protrn (g)	Cost
000966 Chicken Breaded Drumstick	drumstick	1	220	3.00	530	0	13.00	0.00	60	6.00	1.00	19.00	\$0.612
000327 Salisbury Steak w/Gravy	steaks	1	164	3.00	658	*1	8.22	0.00	40	7.24	1.00	16.00	\$0.190
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00	\$0.123
000771 Sandwich Hot Ham & Cheese Croissant	sandwich	1	350	9.00	1130	4	18.50	0.00	60	27.00	2.00	20.00	\$0.947
001048 Sandwich Ham & Cheese	sandwich	1	325	5.50	1142	7	12.56	0.00	55	33.89	4.60	21.36	\$0.833
990161 Sandwich Turkey and Cheese w/Jennie O Turkey	sandwich	1	291	3.00	936	6	8.01	0.00	48	32.19	4.13	25.58	\$0.660
000029 Sandwich PB&J	sandwich	1	570	5.00	415	21	32.00	0.00	0	63.00	8.00	20.00	\$0.343
000765 Salad Asian Chicken	salads	1	419	8.25	742	16	19.99	0.00	65	37.38	4.78	23.70	\$0.768
000139 Salad Chef	salads	1	262	8.02	1719	5	13.32	0.00	70	11.46	2.96	26.89	\$1.057
000827 Salad Garden	salads	1	222	8.00	263	5	14.29	0.00	242	9.44	3.24	14.83	\$0.913
000539 Salad Chicken Caesar	salads	1	131	1.41	647	2	3.56	0.00	72	5.16	2.00	21.30	\$0.475
990041 Salad Popcorn Chicken	salads	1	265	7.50	465	2	15.73	0.00	65	14.56	4.06	18.03	\$0.698
000826 Salad Turkey	salads	1	221	6.50	600	3	10.77	0.00	65	7.41	2.96	25.66	\$1.025
001174 Salad Chicken Tender	EACH	1	320	5.00	521	6	16.79	0.00	60	19.94	5.24	25.33	\$1.105

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Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00	\$0.123
001067 Vegetable Potato Mashed with Brown Gravy	1/2 CUP	1	84	0.00	484	*0	1.70	0.00	0	16.80	0.99	0.99	\$0.132
000424 Vegetable Beans Green LS Can	1/2 CUP	1	20	0.00	140	*1	0.00	0.00	0	4.00	2.00	1.00	\$0.171
001237 Fruit Baked Apples	1/2 cup	1	91	0.00	16	19	0.00	0.00	0	23.03	1.62	0.00	\$0.247
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	28	0.38	78	1	2.00	0.00	1	2.52	0.67	0.42	\$0.157
000875 Vegetable Veggie Bowl Variety	Each	1	13	0.00	12	*1	0.08	*0.00	0	2.77	0.98	0.78	\$0.206
000300 Salad Tossed with Carrots	cups	1	64	0.38	86	4	2.52	0.00	1	9.09	5.22	3.27	\$0.405
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25	\$0.179
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30	\$0.110
000086 Fruit Orange Whole Sliced	Each	1	76	0.09	2	13	0.19	0.00	0	19.60	3.73	1.40	\$0.167
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29	\$0.643
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00	\$0.004
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00	\$0.239
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00	\$0.005
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33	\$0.224
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00	\$0.000
000222 Condiment Ketchup Packet	packet	1	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00	\$0.016
000223 Condiment Mustard Packet	packet	1	5	0.00	65	0	0.00	0.00	0	0.00	0.00	0.00	\$0.013

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Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000892 Condiment Mayonnaise Lite Packet	Packet	1	50	0.50	70	0	4.50	0.00	10	2.00	0.00	0.00	\$0.047
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	70	1.00	270	1	7.00	0.00	5	2.00	0.00	1.00	\$0.109
Weighted Daily Average			5228	79.54	11808	*247	214.33	*0.00	957	544.99	67.37	*318.71	\$12.947
% of Calories				13.69%		*18.9%	36.9%	*0.0%		41.7%		*24.4%	
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0						

Tuesday - 03/03/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000066 LEAVE BLANK, DO NOT USE													
Weighted Daily Average			0	0.00	0	0	0.00	0.00	0	0.00	0.00	0.00	\$0.000
% of Calories				0%		0%	0%	0%		0%		0%	
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0						

Wednesday - 03/04/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
001126 Chicken Pot Pie ES	servings	1	335	7.61	1212	6	13.54	0.00	47	34.09	2.01	18.60	\$0.347
000310 Corn Dog Mini Turkey WG	6 mini corn dog	1	290	3.50	380	7	14.00	0.00	55	30.00	3.00	10.00	\$0.448
001048 Sandwich Ham & Cheese	sandwich	1	325	5.50	1142	7	12.56	0.00	55	33.89	4.60	21.36	\$0.833

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
990161 Sandwich Turkey and Cheese w/Jennie O Turkey	sandwich	1	291	3.00	936	6	8.01	0.00	48	32.19	4.13	25.58	\$0.660
000029 Sandwich PB&J	sandwich	1	570	5.00	415	21	32.00	0.00	0	63.00	8.00	20.00	\$0.343
000765 Salad Asian Chicken	salads	1	419	8.25	742	16	19.99	0.00	65	37.38	4.78	23.70	\$0.768
000139 Salad Chef	salads	1	262	8.02	1719	5	13.32	0.00	70	11.46	2.96	26.89	\$1.057
000827 Salad Garden	salads	1	222	8.00	263	5	14.29	0.00	242	9.44	3.24	14.83	\$0.913
000539 Salad Chicken Caesar	salads	1	131	1.41	647	2	3.56	0.00	72	5.16	2.00	21.30	\$0.475
990041 Salad Popcorn Chicken	salads	1	265	7.50	465	2	15.73	0.00	65	14.56	4.06	18.03	\$0.698
000826 Salad Turkey	salads	1	221	6.50	600	3	10.77	0.00	65	7.41	2.96	25.66	\$1.025
001174 Salad Chicken Tender	EACH	1	320	5.00	521	6	16.79	0.00	60	19.94	5.24	25.33	\$1.105
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00	\$0.123
000261 Vegetable Carrots Buttery	1/2 cup	1	36	0.18	68	4	0.44	0.00	0	7.47	3.20	1.07	\$0.140
000907 Vegetable Blend Provence	1/2 Cup	1	30	0.00	25	*2	0.00	0.00	0	3.99	1.99	1.00	\$0.292
990137 Vegetable Roasted Brussel Sprouts	1/2 cup	1	90	0.38	35	*3	5.75	0.00	0	6.02	4.01	4.01	\$0.288
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	28	0.38	78	1	2.00	0.00	1	2.52	0.67	0.42	\$0.157
000875 Vegetable Veggie Bowl Variety	Each	1	13	0.00	12	*1	0.08	*0.00	0	2.77	0.98	0.78	\$0.206
000300 Salad Tossed with Carrots	cups	1	64	0.38	86	4	2.52	0.00	1	9.09	5.22	3.27	\$0.405
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25	\$0.179
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30	\$0.110

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000086 Fruit Orange Whole Sliced	Each	1	76	0.09	2	13	0.19	0.00	0	19.60	3.73	1.40	\$0.167
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29	\$0.643
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00	\$0.004
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00	\$0.239
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00	\$0.005
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33	\$0.224
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00	\$0.000
000222 Condiment Ketchup Packet	packet	1	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00	\$0.016
000223 Condiment Mustard Packet	packet	1	5	0.00	65	0	0.00	0.00	0	0.00	0.00	0.00	\$0.013
000892 Condiment Mayonnaise Lite Packet	Packet	1	50	0.50	70	0	4.50	0.00	10	2.00	0.00	0.00	\$0.047
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	70	1.00	270	1	7.00	0.00	5	2.00	0.00	1.00	\$0.109
Weighted Daily Average			4950	75.71	10469	*238	204.64	*0.00	896	518.49	72.98	*293.40	\$12.040
% of Calories				13.77%		*19.2%	37.2%	*0.0%		41.9%		*23.7%	
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0						

Thursday - 03/05/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
001136 Nachos with Beef	EACH	1	442	5.78	800	*1	22.57	0.00	40	46.75	4.05	18.42	\$0.514

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
001137 Nachos with Pulled Chicken	EACH	1	421	4.68	720	*0	20.02	0.00	59	45.74	4.05	19.06	\$0.578
001122 Chicken Nugget Breaded (Middle/High School)	6 nuggets	1	240	2.40	480	1	12.00	0.00	42	15.60	2.40	18.00	\$0.271
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00	\$0.123
001048 Sandwich Ham & Cheese	sandwich	1	325	5.50	1142	7	12.56	0.00	55	33.89	4.60	21.36	\$0.833
990161 Sandwich Turkey and Cheese w/Jennie O Turkey	sandwich	1	291	3.00	936	6	8.01	0.00	48	32.19	4.13	25.58	\$0.660
000029 Sandwich PB&J	sandwich	1	570	5.00	415	21	32.00	0.00	0	63.00	8.00	20.00	\$0.343
000765 Salad Asian Chicken	salads	1	419	8.25	742	16	19.99	0.00	65	37.38	4.78	23.70	\$0.768
000139 Salad Chef	salads	1	262	8.02	1719	5	13.32	0.00	70	11.46	2.96	26.89	\$1.057
000827 Salad Garden	salads	1	222	8.00	263	5	14.29	0.00	242	9.44	3.24	14.83	\$0.913
000539 Salad Chicken Caesar	salads	1	131	1.41	647	2	3.56	0.00	72	5.16	2.00	21.30	\$0.475
990041 Salad Popcorn Chicken	salads	1	265	7.50	465	2	15.73	0.00	65	14.56	4.06	18.03	\$0.698
000826 Salad Turkey	salads	1	221	6.50	600	3	10.77	0.00	65	7.41	2.96	25.66	\$1.025
001174 Salad Chicken Tender	EACH	1	320	5.00	521	6	16.79	0.00	60	19.94	5.24	25.33	\$1.105
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00	\$0.123
000001 Grains Rice Mexican Fiesta	1/2 cup	1	116	0.70	339	*2	2.21	0.00	0	21.50	0.50	2.50	\$0.185
000650 Vegetable Beans Refried Cheesy	1/2 cup	1	75	0.90	248	0	1.70	0.00	4	9.89	3.33	4.83	\$0.370
000271 Vegetable Corn Buttery	1/2 cup	1	74	0.17	4	3	0.91	0.00	0	15.96	2.00	2.00	\$0.148
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	28	0.38	78	1	2.00	0.00	1	2.52	0.67	0.42	\$0.157

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000875 Vegetable Veggie Bowl Variety	Each	1	13	0.00	12	*1	0.08	*0.00	0	2.77	0.98	0.78	\$0.206
000300 Salad Tossed with Carrots	cups	1	64	0.38	86	4	2.52	0.00	1	9.09	5.22	3.27	\$0.405
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25	\$0.179
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30	\$0.110
000086 Fruit Orange Whole Sliced	Each	1	76	0.09	2	13	0.19	0.00	0	19.60	3.73	1.40	\$0.167
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29	\$0.643
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00	\$0.004
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00	\$0.239
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00	\$0.005
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33	\$0.224
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00	\$0.000
000222 Condiment Ketchup Packet	packet	1	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00	\$0.016
000223 Condiment Mustard Packet	packet	1	5	0.00	65	0	0.00	0.00	0	0.00	0.00	0.00	\$0.013
000892 Condiment Mayonnaise Lite Packet	Packet	1	50	0.50	70	0	4.50	0.00	10	2.00	0.00	0.00	\$0.047
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	70	1.00	270	1	7.00	0.00	5	2.00	0.00	1.00	\$0.109
Weighted Daily Average			5665	79.16	11440	*228	232.34	*0.00	942	616.35	75.08	*326.52	\$12.714
% of Calories				12.58%		*16.1%	36.9%	*0.0%		43.5%		*23.1%	
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0						

Base Menu Spreadsheet

Portion Values

Mar 2, 2020 thru Mar 31, 2020

Friday - 03/06/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
001181 Pizza Nardone Cheese 4x6	slices	1	336	10.00	435	6	16.00	0.00	41	27.00	3.00	20.00	\$0.529
001191 Pizza Nardone Pepperoni Diced 4x6	slices	1	350	7.00	580	6	17.00	0.00	40	29.00	3.00	22.00	\$0.516
001151 Sandwich BBQ Chicken	sandwich	1	290	1.53	547	8	7.09	0.00	66	36.96	4.00	22.30	\$0.525
001184 Fish Stick Pollock Basket ESMS	basket	1	426	3.10	888	4	19.09	0.00	10	53.37	4.41	10.08	\$0.586
001048 Sandwich Ham & Cheese	sandwich	1	325	5.50	1142	7	12.56	0.00	55	33.89	4.60	21.36	\$0.833
990161 Sandwich Turkey and Cheese w/Jennie O Turkey	sandwich	1	291	3.00	936	6	8.01	0.00	48	32.19	4.13	25.58	\$0.660
000029 Sandwich PB&J	sandwich	1	570	5.00	415	21	32.00	0.00	0	63.00	8.00	20.00	\$0.343
000765 Salad Asian Chicken	salads	1	419	8.25	742	16	19.99	0.00	65	37.38	4.78	23.70	\$0.768
000139 Salad Chef	salads	1	262	8.02	1719	5	13.32	0.00	70	11.46	2.96	26.89	\$1.057
000827 Salad Garden	salads	1	222	8.00	263	5	14.29	0.00	242	9.44	3.24	14.83	\$0.913
000539 Salad Chicken Caesar	salads	1	131	1.41	647	2	3.56	0.00	72	5.16	2.00	21.30	\$0.475
990041 Salad Popcorn Chicken	salads	1	265	7.50	465	2	15.73	0.00	65	14.56	4.06	18.03	\$0.698
000826 Salad Turkey	salads	1	221	6.50	600	3	10.77	0.00	65	7.41	2.96	25.66	\$1.025
001174 Salad Chicken Tender	EACH	1	320	5.00	521	6	16.79	0.00	60	19.94	5.24	25.33	\$1.105
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00	\$0.123
000332 Grains Mac & Cheese Side item	1/2 cup	1	279	8.28	719	*2	16.27	0.00	35	21.37	0.97	10.84	\$0.271

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000439 Vegetable Peas & Carrots Frozen	1/2 cup	1	60	0.00	93	*5	0.00	0.00	0	12.01	4.00	4.00	\$0.223
000299 Vegetable Beans Baked	1/2 cup	1	150	0.50	540	11	1.00	0.00	0	30.00	7.00	6.00	\$0.154
990133 Dessert Cookie Chocolate Chip 1 oz	Cookies	1	130	3.00	100	10	6.00	0.00	5	17.00	0.00	1.00	\$0.088
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	28	0.38	78	1	2.00	0.00	1	2.52	0.67	0.42	\$0.157
000875 Vegetable Veggie Bowl Variety	Each	1	13	0.00	12	*1	0.08	*0.00	0	2.77	0.98	0.78	\$0.206
000300 Salad Tossed with Carrots	cups	1	64	0.38	86	4	2.52	0.00	1	9.09	5.22	3.27	\$0.405
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25	\$0.179
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30	\$0.110
000086 Fruit Orange Whole Sliced	Each	1	76	0.09	2	13	0.19	0.00	0	19.60	3.73	1.40	\$0.167
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29	\$0.643
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00	\$0.004
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00	\$0.239
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00	\$0.005
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33	\$0.224
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00	\$0.000
000222 Condiment Ketchup Packet	packet	1	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00	\$0.016
000223 Condiment Mustard Packet	packet	1	5	0.00	65	0	0.00	0.00	0	0.00	0.00	0.00	\$0.013
000892 Condiment Mayonnaise Lite Packet	Packet	1	50	0.50	70	0	4.50	0.00	10	2.00	0.00	0.00	\$0.047

Base Menu Spreadsheet

Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	70	1.00	270	1	7.00	0.00	5	2.00	0.00	1.00	\$0.109
Weighted Daily Average			6191	97.45	12652	*268	253.37	*0.00	990	663.61	85.14	*354.94	\$13.414
% of Calories				14.17%		*17.3%	36.8%	*0.0%		42.9%		*22.9%	
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0						

Monday - 03/09/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
990143 BBQ Pork Cornbread Bowl	servings	1	308	2.58	387	18	12.36	0.00	49	35.43	1.00	16.24	\$0.833
001122 Chicken Nugget Breaded (Middle/High School)	6 nuggets	1	240	2.40	480	1	12.00	0.00	42	15.60	2.40	18.00	\$0.271
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00	\$0.123
001101 Sandwich Chicken Italian Sub	sandwich	1	272	3.18	922	5	7.69	0.00	56	30.28	3.00	21.15	\$0.547
001048 Sandwich Ham & Cheese	sandwich	1	325	5.50	1142	7	12.56	0.00	55	33.89	4.60	21.36	\$0.833
990161 Sandwich Turkey and Cheese w/Jennie O Turkey	sandwich	1	291	3.00	936	6	8.01	0.00	48	32.19	4.13	25.58	\$0.660
000029 Sandwich PB&J	sandwich	1	570	5.00	415	21	32.00	0.00	0	63.00	8.00	20.00	\$0.343
000765 Salad Asian Chicken	salads	1	419	8.25	742	16	19.99	0.00	65	37.38	4.78	23.70	\$0.768
000139 Salad Chef	salads	1	262	8.02	1719	5	13.32	0.00	70	11.46	2.96	26.89	\$1.057
000827 Salad Garden	salads	1	222	8.00	263	5	14.29	0.00	242	9.44	3.24	14.83	\$0.913
000539 Salad Chicken Caesar	salads	1	131	1.41	647	2	3.56	0.00	72	5.16	2.00	21.30	\$0.475

Base Menu Spreadsheet

Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
990041 Salad Popcorn Chicken	salads	1	265	7.50	465	2	15.73	0.00	65	14.56	4.06	18.03	\$0.698
000826 Salad Turkey	salads	1	221	6.50	600	3	10.77	0.00	65	7.41	2.96	25.66	\$1.025
001174 Salad Chicken Tender	EACH	1	320	5.00	521	6	16.79	0.00	60	19.94	5.24	25.33	\$1.105
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00	\$0.123
000484 Vegetable Potato Crinkle Fries	1/2 cup	1	81	0.00	20	0	1.52	0.00	0	14.17	1.01	2.02	\$0.083
000424 Vegetable Beans Green LS Can	1/2 CUP	1	20	0.00	140	*1	0.00	0.00	0	4.00	2.00	1.00	\$0.171
000680 Vegetable Blend Spring	1/2 cup	1	34	0.00	28	*2	0.00	0.00	0	5.67	1.13	2.27	\$0.355
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	28	0.38	78	1	2.00	0.00	1	2.52	0.67	0.42	\$0.157
000875 Vegetable Veggie Bowl Variety	Each	1	13	0.00	12	*1	0.08	*0.00	0	2.77	0.98	0.78	\$0.206
000300 Salad Tossed with Carrots	cups	1	64	0.38	86	4	2.52	0.00	1	9.09	5.22	3.27	\$0.405
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25	\$0.179
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30	\$0.110
000086 Fruit Orange Whole Sliced	Each	1	76	0.09	2	13	0.19	0.00	0	19.60	3.73	1.40	\$0.167
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29	\$0.643
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00	\$0.004
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00	\$0.239
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00	\$0.005
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33	\$0.224

Base Menu Spreadsheet

Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00	\$0.000
000222 Condiment Ketchup Packet	packet	1	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00	\$0.016
000223 Condiment Mustard Packet	packet	1	5	0.00	65	0	0.00	0.00	0	0.00	0.00	0.00	\$0.013
000892 Condiment Mayonnaise Lite Packet	Packet	1	50	0.50	70	0	4.50	0.00	10	2.00	0.00	0.00	\$0.047
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	70	1.00	270	1	7.00	0.00	5	2.00	0.00	1.00	\$0.109
Weighted Daily Average			5254	72.69	10826	*249	206.48	*0.00	944	566.07	69.30	*322.40	\$12.909
% of Calories				12.45%		*19.0%	35.4%	*0.0%		43.1%		*24.5%	
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0						

Tuesday - 03/10/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
990043 Pasta Penne Meat Sauce - Rational	servings	1	362	2.12	655	*10	6.90	0.00	25	53.84	4.77	18.85	\$0.459
990148 Grains Garlic Toast	Each	1	90	0.00	160	0	2.50	0.00	0	15.00	1.00	3.00	\$0.001
001181 Pizza Nardone Cheese 4x6	slices	1	336	10.00	435	6	16.00	0.00	41	27.00	3.00	20.00	\$0.529
001190 Pizza Nardone SausageDiced4x6	slices	1	347	10.00	508	6	18.00	0.00	44	27.00	3.00	19.00	\$0.529
001048 Sandwich Ham & Cheese	sandwich	1	325	5.50	1142	7	12.56	0.00	55	33.89	4.60	21.36	\$0.833
990161 Sandwich Turkey and Cheese w/Jennie O Turkey	sandwich	1	291	3.00	936	6	8.01	0.00	48	32.19	4.13	25.58	\$0.660
000029 Sandwich PB&J	sandwich	1	570	5.00	415	21	32.00	0.00	0	63.00	8.00	20.00	\$0.343

Base Menu Spreadsheet

Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000765 Salad Asian Chicken	salads	1	419	8.25	742	16	19.99	0.00	65	37.38	4.78	23.70	\$0.768
000139 Salad Chef	salads	1	262	8.02	1719	5	13.32	0.00	70	11.46	2.96	26.89	\$1.057
000827 Salad Garden	salads	1	222	8.00	263	5	14.29	0.00	242	9.44	3.24	14.83	\$0.913
000539 Salad Chicken Caesar	salads	1	131	1.41	647	2	3.56	0.00	72	5.16	2.00	21.30	\$0.475
990041 Salad Popcorn Chicken	salads	1	265	7.50	465	2	15.73	0.00	65	14.56	4.06	18.03	\$0.698
000826 Salad Turkey	salads	1	221	6.50	600	3	10.77	0.00	65	7.41	2.96	25.66	\$1.025
001174 Salad Chicken Tender	EACH	1	320	5.00	521	6	16.79	0.00	60	19.94	5.24	25.33	\$1.105
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00	\$0.123
990137 Vegetable Roasted Brussel Sprouts	1/2 cup	1	90	0.38	35	*3	5.75	0.00	0	6.02	4.01	4.01	\$0.288
001237 Fruit Baked Apples	1/2 cup	1	91	0.00	16	19	0.00	0.00	0	23.03	1.62	0.00	\$0.247
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	28	0.38	78	1	2.00	0.00	1	2.52	0.67	0.42	\$0.157
000875 Vegetable Veggie Bowl Variety	Each	1	13	0.00	12	*1	0.08	*0.00	0	2.77	0.98	0.78	\$0.206
000300 Salad Tossed with Carrots	cups	1	64	0.38	86	4	2.52	0.00	1	9.09	5.22	3.27	\$0.405
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25	\$0.179
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30	\$0.110
000086 Fruit Orange Whole Sliced	Each	1	76	0.09	2	13	0.19	0.00	0	19.60	3.73	1.40	\$0.167
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29	\$0.643
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00	\$0.004

Base Menu Spreadsheet

Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00	\$0.239
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00	\$0.005
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33	\$0.224
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00	\$0.000
000222 Condiment Ketchup Packet	packet	1	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00	\$0.016
000223 Condiment Mustard Packet	packet	1	5	0.00	65	0	0.00	0.00	0	0.00	0.00	0.00	\$0.013
000892 Condiment Mayonnaise Lite Packet	Packet	1	50	0.50	70	0	4.50	0.00	10	2.00	0.00	0.00	\$0.047
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	70	1.00	270	1	7.00	0.00	5	2.00	0.00	1.00	\$0.109
Weighted Daily Average			5485	86.53	10558	*260	220.06	*0.00	904	588.80	76.16	*323.58	\$12.578
% of Calories				14.20%		*19.0%	36.1%	*0.0%		42.9%		*23.6%	
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0						

Wednesday - 03/11/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000338 Sandwich Grilled Cheese	sandwich	1	425	12.92	1371	6	27.13	0.00	50	32.00	4.00	16.00	\$0.406
000339 Soup Tomato Healthy Request	1/2 cup	1	116	1.27	460	13	2.29	0.00	5	19.67	1.04	3.04	\$0.302
001122 Chicken Nugget Breaded (Middle/High School)	6 nuggets	1	240	2.40	480	1	12.00	0.00	42	15.60	2.40	18.00	\$0.271
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00	\$0.123

Base Menu Spreadsheet

Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000771 Sandwich Hot Ham & Cheese Croissant	sandwich	1	350	9.00	1130	4	18.50	0.00	60	27.00	2.00	20.00	\$0.947
001048 Sandwich Ham & Cheese	sandwich	1	325	5.50	1142	7	12.56	0.00	55	33.89	4.60	21.36	\$0.833
990161 Sandwich Turkey and Cheese w/Jennie O Turkey	sandwich	1	291	3.00	936	6	8.01	0.00	48	32.19	4.13	25.58	\$0.660
000029 Sandwich PB&J	sandwich	1	570	5.00	415	21	32.00	0.00	0	63.00	8.00	20.00	\$0.343
000765 Salad Asian Chicken	salads	1	419	8.25	742	16	19.99	0.00	65	37.38	4.78	23.70	\$0.768
000139 Salad Chef	salads	1	262	8.02	1719	5	13.32	0.00	70	11.46	2.96	26.89	\$1.057
000827 Salad Garden	salads	1	222	8.00	263	5	14.29	0.00	242	9.44	3.24	14.83	\$0.913
000539 Salad Chicken Caesar	salads	1	131	1.41	647	2	3.56	0.00	72	5.16	2.00	21.30	\$0.475
990041 Salad Popcorn Chicken	salads	1	265	7.50	465	2	15.73	0.00	65	14.56	4.06	18.03	\$0.698
000826 Salad Turkey	salads	1	221	6.50	600	3	10.77	0.00	65	7.41	2.96	25.66	\$1.025
001174 Salad Chicken Tender	EACH	1	320	5.00	521	6	16.79	0.00	60	19.94	5.24	25.33	\$1.105
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00	\$0.123
000465 Vegetable Carrots Honey Glaze	1/2 cup	1	72	0.97	88	9	2.37	0.00	0	12.09	3.20	1.08	\$0.176
000258 Vegetable Broccoli Florets Frozen	1/2 cup	1	29	0.00	19	2	0.00	0.00	0	3.82	1.91	0.96	\$0.186
000680 Vegetable Blend Spring	1/2 cup	1	34	0.00	28	*2	0.00	0.00	0	5.67	1.13	2.27	\$0.355
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	28	0.38	78	1	2.00	0.00	1	2.52	0.67	0.42	\$0.157
000875 Vegetable Veggie Bowl Variety	Each	1	13	0.00	12	*1	0.08	*0.00	0	2.77	0.98	0.78	\$0.206
000300 Salad Tossed with Carrots	cups	1	64	0.38	86	4	2.52	0.00	1	9.09	5.22	3.27	\$0.405

Base Menu Spreadsheet

Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25	\$0.179
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30	\$0.110
000086 Fruit Orange Whole Sliced	Each	1	76	0.09	2	13	0.19	0.00	0	19.60	3.73	1.40	\$0.167
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29	\$0.643
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00	\$0.004
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00	\$0.239
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00	\$0.005
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33	\$0.224
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00	\$0.000
000222 Condiment Ketchup Packet	packet	1	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00	\$0.016
000223 Condiment Mustard Packet	packet	1	5	0.00	65	0	0.00	0.00	0	0.00	0.00	0.00	\$0.013
000892 Condiment Mayonnaise Lite Packet	Packet	1	50	0.50	70	0	4.50	0.00	10	2.00	0.00	0.00	\$0.047
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	70	1.00	270	1	7.00	0.00	5	2.00	0.00	1.00	\$0.109
Weighted Daily Average			5564	91.10	12425	*259	235.21	*0.00	954	576.76	74.44	*323.07	\$13.291
% of Calories				14.74%		*18.6%	38.0%	*0.0%		41.5%		*23.2%	
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0						

Thursday - 03/12/2020

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
001048 Sandwich Ham & Cheese	sandwich	1	325	5.50	1142	7	12.56	0.00	55	33.89	4.60	21.36	\$0.833
990161 Sandwich Turkey and Cheese w/Jennie O Turkey	sandwich	1	291	3.00	936	6	8.01	0.00	48	32.19	4.13	25.58	\$0.660
000029 Sandwich PB&J	sandwich	1	570	5.00	415	21	32.00	0.00	0	63.00	8.00	20.00	\$0.343
000765 Salad Asian Chicken	salads	1	419	8.25	742	16	19.99	0.00	65	37.38	4.78	23.70	\$0.768
000139 Salad Chef	salads	1	262	8.02	1719	5	13.32	0.00	70	11.46	2.96	26.89	\$1.057
000827 Salad Garden	salads	1	222	8.00	263	5	14.29	0.00	242	9.44	3.24	14.83	\$0.913
000539 Salad Chicken Caesar	salads	1	131	1.41	647	2	3.56	0.00	72	5.16	2.00	21.30	\$0.475
990041 Salad Popcorn Chicken	salads	1	265	7.50	465	2	15.73	0.00	65	14.56	4.06	18.03	\$0.698
000826 Salad Turkey	salads	1	221	6.50	600	3	10.77	0.00	65	7.41	2.96	25.66	\$1.025
001174 Salad Chicken Tender	EACH	1	320	5.00	521	6	16.79	0.00	60	19.94	5.24	25.33	\$1.105
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00	\$0.123
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	28	0.38	78	1	2.00	0.00	1	2.52	0.67	0.42	\$0.157
000875 Vegetable Veggie Bowl Variety	Each	1	13	0.00	12	*1	0.08	*0.00	0	2.77	0.98	0.78	\$0.206
000300 Salad Tossed with Carrots	cups	1	64	0.38	86	4	2.52	0.00	1	9.09	5.22	3.27	\$0.405
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25	\$0.179
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30	\$0.110
000086 Fruit Orange Whole Sliced	Each	1	76	0.09	2	13	0.19	0.00	0	19.60	3.73	1.40	\$0.167
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29	\$0.643

Base Menu Spreadsheet

Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00	\$0.004
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00	\$0.239
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00	\$0.005
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33	\$0.224
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00	\$0.000
000222 Condiment Ketchup Packet	packet	1	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00	\$0.016
000223 Condiment Mustard Packet	packet	1	5	0.00	65	0	0.00	0.00	0	0.00	0.00	0.00	\$0.013
000892 Condiment Mayonnaise Lite Packet	Packet	1	50	0.50	70	0	4.50	0.00	10	2.00	0.00	0.00	\$0.047
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	70	1.00	270	1	7.00	0.00	5	2.00	0.00	1.00	\$0.109
Weighted Daily Average			4169	64.04	8749	*216	170.91	*0.00	793	436.91	58.76	*258.72	\$10.524
% of Calories				13.82%		*20.7%	36.9%	*0.0%		41.9%		*24.8%	
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0						

Friday - 03/13/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
001048 Sandwich Ham & Cheese	sandwich	1	325	5.50	1142	7	12.56	0.00	55	33.89	4.60	21.36	\$0.833
990161 Sandwich Turkey and Cheese w/Jennie O Turkey	sandwich	1	291	3.00	936	6	8.01	0.00	48	32.19	4.13	25.58	\$0.660
000029 Sandwich PB&J	sandwich	1	570	5.00	415	21	32.00	0.00	0	63.00	8.00	20.00	\$0.343

Base Menu Spreadsheet

Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000765 Salad Asian Chicken	salads	1	419	8.25	742	16	19.99	0.00	65	37.38	4.78	23.70	\$0.768
000139 Salad Chef	salads	1	262	8.02	1719	5	13.32	0.00	70	11.46	2.96	26.89	\$1.057
000827 Salad Garden	salads	1	222	8.00	263	5	14.29	0.00	242	9.44	3.24	14.83	\$0.913
000539 Salad Chicken Caesar	salads	1	131	1.41	647	2	3.56	0.00	72	5.16	2.00	21.30	\$0.475
990041 Salad Popcorn Chicken	salads	1	265	7.50	465	2	15.73	0.00	65	14.56	4.06	18.03	\$0.698
000826 Salad Turkey	salads	1	221	6.50	600	3	10.77	0.00	65	7.41	2.96	25.66	\$1.025
001174 Salad Chicken Tender	EACH	1	320	5.00	521	6	16.79	0.00	60	19.94	5.24	25.33	\$1.105
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00	\$0.123
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	28	0.38	78	1	2.00	0.00	1	2.52	0.67	0.42	\$0.157
000300 Salad Tossed with Carrots	cups	1	64	0.38	86	4	2.52	0.00	1	9.09	5.22	3.27	\$0.405
000875 Vegetable Veggie Bowl Variety	Each	1	13	0.00	12	*1	0.08	*0.00	0	2.77	0.98	0.78	\$0.206
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25	\$0.179
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30	\$0.110
000086 Fruit Orange Whole Sliced	Each	1	76	0.09	2	13	0.19	0.00	0	19.60	3.73	1.40	\$0.167
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29	\$0.643
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00	\$0.004
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00	\$0.239
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00	\$0.005

Base Menu Spreadsheet

Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33	\$0.224
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00	\$0.000
000222 Condiment Ketchup Packet	packet	1	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00	\$0.016
000223 Condiment Mustard Packet	packet	1	5	0.00	65	0	0.00	0.00	0	0.00	0.00	0.00	\$0.013
000892 Condiment Mayonnaise Lite Packet	Packet	1	50	0.50	70	0	4.50	0.00	10	2.00	0.00	0.00	\$0.047
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	70	1.00	270	1	7.00	0.00	5	2.00	0.00	1.00	\$0.109
Weighted Daily Average			4169	64.04	8749	*216	170.91	*0.00	793	436.91	58.76	*258.72	\$10.524
% of Calories				13.82%		*20.7%	36.9%	*0.0%		41.9%		*24.8%	
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0						

Monday - 03/16/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000066 LEAVE BLANK, DO NOT USE													
Weighted Daily Average			0	0.00	0	0	0.00	0.00	0	0.00	0.00	0.00	\$0.000
% of Calories				0%		0%	0%	0%		0%		0%	
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0						

Tuesday - 03/17/2020

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000066 LEAVE BLANK, DO NOT USE													
Weighted Daily Average			0	0.00	0	0	0.00	0.00	0	0.00	0.00	0.00	\$0.000
% of Calories				0%		0%	0%	0%		0%		0%	
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0						

Wednesday - 03/18/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000066 LEAVE BLANK, DO NOT USE													
Weighted Daily Average			0	0.00	0	0	0.00	0.00	0	0.00	0.00	0.00	\$0.000
% of Calories				0%		0%	0%	0%		0%		0%	
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0						

Thursday - 03/19/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000066 LEAVE BLANK, DO NOT USE													
Weighted Daily Average			0	0.00	0	0	0.00	0.00	0	0.00	0.00	0.00	\$0.000
% of Calories				0%		0%	0%	0%		0%		0%	
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0						

Base Menu Spreadsheet

Portion Values

Mar 2, 2020 thru Mar 31, 2020

Friday - 03/20/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000066 LEAVE BLANK, DO NOT USE													
Weighted Daily Average			0	0.00	0	0	0.00	0.00	0	0.00	0.00	0.00	\$0.000
% of Calories				0%		0%	0%	0%		0%		0%	
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0						

Monday - 03/23/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000327 Salisbury Steak w/Gravy	steaks	1	164	3.00	658	*1	8.22	0.00	40	7.24	1.00	16.00	\$0.190
000966 Chicken Breaded Drumstick	drumstick	1	220	3.00	530	0	13.00	0.00	60	6.00	1.00	19.00	\$0.612
001122 Chicken Nugget Breaded (Middle/High School)	6 nuggets	1	240	2.40	480	1	12.00	0.00	42	15.60	2.40	18.00	\$0.271
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00	\$0.123
001048 Sandwich Ham & Cheese	sandwich	1	325	5.50	1142	7	12.56	0.00	55	33.89	4.60	21.36	\$0.833
990161 Sandwich Turkey and Cheese w/Jennie O Turkey	sandwich	1	291	3.00	936	6	8.01	0.00	48	32.19	4.13	25.58	\$0.660
000029 Sandwich PB&J	sandwich	1	570	5.00	415	21	32.00	0.00	0	63.00	8.00	20.00	\$0.343
000765 Salad Asian Chicken	salads	1	419	8.25	742	16	19.99	0.00	65	37.38	4.78	23.70	\$0.768
000139 Salad Chef	salads	1	262	8.02	1719	5	13.32	0.00	70	11.46	2.96	26.89	\$1.057

Base Menu Spreadsheet

Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000827 Salad Garden	salads	1	222	8.00	263	5	14.29	0.00	242	9.44	3.24	14.83	\$0.913
000539 Salad Chicken Caesar	salads	1	131	1.41	647	2	3.56	0.00	72	5.16	2.00	21.30	\$0.475
990041 Salad Popcorn Chicken	salads	1	265	7.50	465	2	15.73	0.00	65	14.56	4.06	18.03	\$0.698
000826 Salad Turkey	salads	1	221	6.50	600	3	10.77	0.00	65	7.41	2.96	25.66	\$1.025
001174 Salad Chicken Tender	EACH	1	320	5.00	521	6	16.79	0.00	60	19.94	5.24	25.33	\$1.105
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00	\$0.123
001067 Vegetable Potato Mashed with Brown Gravy	1/2 CUP	1	84	0.00	484	*0	1.70	0.00	0	16.80	0.99	0.99	\$0.132
000465 Vegetable Carrots Honey Glaze	1/2 cup	1	72	0.97	88	9	2.37	0.00	0	12.09	3.20	1.08	\$0.176
000424 Vegetable Beans Green LS Can	1/2 CUP	1	20	0.00	140	*1	0.00	0.00	0	4.00	2.00	1.00	\$0.171
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	28	0.38	78	1	2.00	0.00	1	2.52	0.67	0.42	\$0.157
000875 Vegetable Veggie Bowl Variety	Each	1	13	0.00	12	*1	0.08	*0.00	0	2.77	0.98	0.78	\$0.206
000300 Salad Tossed with Carrots	cups	1	64	0.38	86	4	2.52	0.00	1	9.09	5.22	3.27	\$0.405
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25	\$0.179
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30	\$0.110
000086 Fruit Orange Whole Sliced	Each	1	76	0.09	2	13	0.19	0.00	0	19.60	3.73	1.40	\$0.167
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29	\$0.643
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00	\$0.004
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00	\$0.239

Base Menu Spreadsheet

Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00	\$0.005
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33	\$0.224
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00	\$0.000
000222 Condiment Ketchup Packet	packet	1	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00	\$0.016
000223 Condiment Mustard Packet	packet	1	5	0.00	65	0	0.00	0.00	0	0.00	0.00	0.00	\$0.013
000892 Condiment Mayonnaise Lite Packet	Packet	1	50	0.50	70	0	4.50	0.00	10	2.00	0.00	0.00	\$0.047
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	70	1.00	270	1	7.00	0.00	5	2.00	0.00	1.00	\$0.109
Weighted Daily Average			5099	73.91	11230	*234	210.20	*0.00	939	522.64	69.35	*317.80	\$12.200
% of Calories				13.05%		*18.4%	37.1%	*0.0%		41.0%		*24.9%	
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0						

Tuesday - 03/24/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000956 Pasta Chicken Broccoli Alfredo Penne	servings	1	423	7.10	714	*2	17.27	0.00	69	37.29	2.18	28.42	\$1.055
990148 Grains Garlic Toast	Each	1	90	0.00	160	0	2.50	0.00	0	15.00	1.00	3.00	\$0.001
001181 Pizza Nardone Cheese 4x6	slices	1	336	10.00	435	6	16.00	0.00	41	27.00	3.00	20.00	\$0.529
001048 Sandwich Ham & Cheese	sandwich	1	325	5.50	1142	7	12.56	0.00	55	33.89	4.60	21.36	\$0.833
990161 Sandwich Turkey and Cheese w/Jennie O Turkey	sandwich	1	291	3.00	936	6	8.01	0.00	48	32.19	4.13	25.58	\$0.660

Base Menu Spreadsheet

Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000029 Sandwich PB&J	sandwich	1	570	5.00	415	21	32.00	0.00	0	63.00	8.00	20.00	\$0.343
000765 Salad Asian Chicken	salads	1	419	8.25	742	16	19.99	0.00	65	37.38	4.78	23.70	\$0.768
000139 Salad Chef	salads	1	262	8.02	1719	5	13.32	0.00	70	11.46	2.96	26.89	\$1.057
000827 Salad Garden	salads	1	222	8.00	263	5	14.29	0.00	242	9.44	3.24	14.83	\$0.913
000539 Salad Chicken Caesar	salads	1	131	1.41	647	2	3.56	0.00	72	5.16	2.00	21.30	\$0.475
990041 Salad Popcorn Chicken	salads	1	265	7.50	465	2	15.73	0.00	65	14.56	4.06	18.03	\$0.698
000826 Salad Turkey	salads	1	221	6.50	600	3	10.77	0.00	65	7.41	2.96	25.66	\$1.025
001174 Salad Chicken Tender	EACH	1	320	5.00	521	6	16.79	0.00	60	19.94	5.24	25.33	\$1.105
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00	\$0.123
000040 Vegetable Peas Green	1/2 cup	1	93	0.00	127	*7	0.00	0.00	0	16.01	5.34	5.34	\$0.239
001237 Fruit Baked Apples	1/2 cup	1	91	0.00	16	19	0.00	0.00	0	23.03	1.62	0.00	\$0.247
000271 Vegetable Corn Buttery	1/2 cup	1	74	0.17	4	3	0.91	0.00	0	15.96	2.00	2.00	\$0.148
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	28	0.38	78	1	2.00	0.00	1	2.52	0.67	0.42	\$0.157
000875 Vegetable Veggie Bowl Variety	Each	1	13	0.00	12	*1	0.08	*0.00	0	2.77	0.98	0.78	\$0.206
000300 Salad Tossed with Carrots	cups	1	64	0.38	86	4	2.52	0.00	1	9.09	5.22	3.27	\$0.405
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25	\$0.179
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30	\$0.110
000086 Fruit Orange Whole Sliced	Each	1	76	0.09	2	13	0.19	0.00	0	19.60	3.73	1.40	\$0.167

Base Menu Spreadsheet

Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29	\$0.643
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00	\$0.004
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00	\$0.239
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00	\$0.005
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33	\$0.224
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00	\$0.000
000222 Condiment Ketchup Packet	packet	1	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00	\$0.016
000223 Condiment Mustard Packet	packet	1	5	0.00	65	0	0.00	0.00	0	0.00	0.00	0.00	\$0.013
000892 Condiment Mayonnaise Lite Packet	Packet	1	50	0.50	70	0	4.50	0.00	10	2.00	0.00	0.00	\$0.047
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	70	1.00	270	1	7.00	0.00	5	2.00	0.00	1.00	\$0.109
Weighted Daily Average			5276	81.31	10205	*253	207.59	*0.00	903	571.20	73.89	*317.47	\$12.744
% of Calories				13.87%		*19.2%	35.4%	*0.0%		43.3%		*24.1%	
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0						

Wednesday - 03/25/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
990051 Sandwich Cheeseburger	sandwich	1	300	4.50	765	3	11.50	0.00	48	30.00	5.00	22.50	\$0.363
990052 Sandwich Hamburger	sandwich	1	250	2.00	510	3	7.00	0.00	35	30.00	5.00	20.00	\$0.294

Base Menu Spreadsheet

Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000310 Corn Dog Mini Turkey WG	6 mini corn dog	1	290	3.50	380	7	14.00	0.00	55	30.00	3.00	10.00	\$0.448
001048 Sandwich Ham & Cheese	sandwich	1	325	5.50	1142	7	12.56	0.00	55	33.89	4.60	21.36	\$0.833
990161 Sandwich Turkey and Cheese w/Jennie O Turkey	sandwich	1	291	3.00	936	6	8.01	0.00	48	32.19	4.13	25.58	\$0.660
000029 Sandwich PB&J	sandwich	1	570	5.00	415	21	32.00	0.00	0	63.00	8.00	20.00	\$0.343
000765 Salad Asian Chicken	salads	1	419	8.25	742	16	19.99	0.00	65	37.38	4.78	23.70	\$0.768
000139 Salad Chef	salads	1	262	8.02	1719	5	13.32	0.00	70	11.46	2.96	26.89	\$1.057
000827 Salad Garden	salads	1	222	8.00	263	5	14.29	0.00	242	9.44	3.24	14.83	\$0.913
000539 Salad Chicken Caesar	salads	1	131	1.41	647	2	3.56	0.00	72	5.16	2.00	21.30	\$0.475
990041 Salad Popcorn Chicken	salads	1	265	7.50	465	2	15.73	0.00	65	14.56	4.06	18.03	\$0.698
000826 Salad Turkey	salads	1	221	6.50	600	3	10.77	0.00	65	7.41	2.96	25.66	\$1.025
001174 Salad Chicken Tender	EACH	1	320	5.00	521	6	16.79	0.00	60	19.94	5.24	25.33	\$1.105
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00	\$0.123
000424 Vegetable Beans Green LS Can	1/2 CUP	1	20	0.00	140	*1	0.00	0.00	0	4.00	2.00	1.00	\$0.171
990116 Vegetable Potato Smiley Fries	1/2 cup	1	130	0.50	180	0	4.50	0.00	0	20.00	2.00	2.00	\$0.173
000680 Vegetable Blend Spring	1/2 cup	1	34	0.00	28	*2	0.00	0.00	0	5.67	1.13	2.27	\$0.355
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	28	0.38	78	1	2.00	0.00	1	2.52	0.67	0.42	\$0.157
000875 Vegetable Veggie Bowl Variety	Each	1	13	0.00	12	*1	0.08	*0.00	0	2.77	0.98	0.78	\$0.206
000300 Salad Tossed with Carrots	cups	1	64	0.38	86	4	2.52	0.00	1	9.09	5.22	3.27	\$0.405

Base Menu Spreadsheet

Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25	\$0.179
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30	\$0.110
000086 Fruit Orange Whole Sliced	Each	1	76	0.09	2	13	0.19	0.00	0	19.60	3.73	1.40	\$0.167
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29	\$0.643
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00	\$0.004
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00	\$0.239
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00	\$0.005
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33	\$0.224
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00	\$0.000
000222 Condiment Ketchup Packet	packet	1	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00	\$0.016
000223 Condiment Mustard Packet	packet	1	5	0.00	65	0	0.00	0.00	0	0.00	0.00	0.00	\$0.013
000892 Condiment Mayonnaise Lite Packet	Packet	1	50	0.50	70	0	4.50	0.00	10	2.00	0.00	0.00	\$0.047
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	70	1.00	270	1	7.00	0.00	5	2.00	0.00	1.00	\$0.109
Weighted Daily Average			5193	74.54	10752	*232	207.91	*0.00	931	556.58	76.89	*316.48	\$12.328
% of Calories				12.92%		*17.9%	36.0%	*0.0%		42.9%		*24.4%	
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0						

Thursday - 03/26/2020

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
990167 Chicken Tenders Breaded - Middle/High	4 tenders	1	310	2.69	552	3	16.17	0.00	61	16.17	2.70	26.95	\$0.714
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00	\$0.123
001149 Quesadilla Chicken	each	1	323	4.85	1119	*3	12.65	1.00	56	29.64	1.00	19.37	\$0.583
001171 Taco Chicken Soft Shell	2 tacos	1	424	7.62	1100	*1	17.06	1.00	76	42.40	2.91	23.94	\$0.599
001048 Sandwich Ham & Cheese	sandwich	1	325	5.50	1142	7	12.56	0.00	55	33.89	4.60	21.36	\$0.833
990161 Sandwich Turkey and Cheese w/Jennie O Turkey	sandwich	1	291	3.00	936	6	8.01	0.00	48	32.19	4.13	25.58	\$0.660
000029 Sandwich PB&J	sandwich	1	570	5.00	415	21	32.00	0.00	0	63.00	8.00	20.00	\$0.343
000765 Salad Asian Chicken	salads	1	419	8.25	742	16	19.99	0.00	65	37.38	4.78	23.70	\$0.768
000139 Salad Chef	salads	1	262	8.02	1719	5	13.32	0.00	70	11.46	2.96	26.89	\$1.057
000827 Salad Garden	salads	1	222	8.00	263	5	14.29	0.00	242	9.44	3.24	14.83	\$0.913
000539 Salad Chicken Caesar	salads	1	131	1.41	647	2	3.56	0.00	72	5.16	2.00	21.30	\$0.475
990041 Salad Popcorn Chicken	salads	1	265	7.50	465	2	15.73	0.00	65	14.56	4.06	18.03	\$0.698
000826 Salad Turkey	salads	1	221	6.50	600	3	10.77	0.00	65	7.41	2.96	25.66	\$1.025
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00	\$0.123
000001 Grains Rice Mexican Fiesta	1/2 cup	1	116	0.70	339	*2	2.21	0.00	0	21.50	0.50	2.50	\$0.185
000258 Vegetable Broccoli Florets Frozen	1/2 cup	1	29	0.00	19	2	0.00	0.00	0	3.82	1.91	0.96	\$0.186
000736 Vegetable Beans Black	1/2 Cup	1	102	0.00	143	2	0.00	0.00	0	18.37	6.12	7.14	\$0.141
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	28	0.38	78	1	2.00	0.00	1	2.52	0.67	0.42	\$0.157

Base Menu Spreadsheet

Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000875 Vegetable Veggie Bowl Variety	Each	1	13	0.00	12	*1	0.08	*0.00	0	2.77	0.98	0.78	\$0.206
000300 Salad Tossed with Carrots	cups	1	64	0.38	86	4	2.52	0.00	1	9.09	5.22	3.27	\$0.405
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25	\$0.179
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30	\$0.110
000086 Fruit Orange Whole Sliced	Each	1	76	0.09	2	13	0.19	0.00	0	19.60	3.73	1.40	\$0.167
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29	\$0.643
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00	\$0.004
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00	\$0.239
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00	\$0.005
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33	\$0.224
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00	\$0.000
000222 Condiment Ketchup Packet	packet	1	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00	\$0.016
000223 Condiment Mustard Packet	packet	1	5	0.00	65	0	0.00	0.00	0	0.00	0.00	0.00	\$0.013
000892 Condiment Mayonnaise Lite Packet	Packet	1	50	0.50	70	0	4.50	0.00	10	2.00	0.00	0.00	\$0.047
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	70	1.00	270	1	7.00	0.00	5	2.00	0.00	1.00	\$0.109
Weighted Daily Average			5282	75.41	11601	*227	204.22	*2.00	930	572.87	68.65	*317.25	\$11.950
% of Calories				12.85%		*17.2%	34.8%	*0.3%		43.4%		*24.0%	
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0						

Base Menu Spreadsheet

Portion Values

Mar 2, 2020 thru Mar 31, 2020

Friday - 03/27/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
990123 Fish Stick & Hushpuppies	Each	1	260	1.75	335	6	11.00	0.00	10	32.00	2.50	8.50	\$0.443
001181 Pizza Nardone Cheese 4x6	slices	1	336	10.00	435	6	16.00	0.00	41	27.00	3.00	20.00	\$0.529
001191 Pizza Nardone Pepperoni Diced 4x6	slices	1	350	7.00	580	6	17.00	0.00	40	29.00	3.00	22.00	\$0.516
001152 Sandwich Chicken WG Breaded Regular	sandwich	1	340	2.00	640	3	12.00	0.00	35	42.00	6.00	21.00	\$0.396
001048 Sandwich Ham & Cheese	sandwich	1	325	5.50	1142	7	12.56	0.00	55	33.89	4.60	21.36	\$0.833
990161 Sandwich Turkey and Cheese w/Jennie O Turkey	sandwich	1	291	3.00	936	6	8.01	0.00	48	32.19	4.13	25.58	\$0.660
000029 Sandwich PB&J	sandwich	1	570	5.00	415	21	32.00	0.00	0	63.00	8.00	20.00	\$0.343
000765 Salad Asian Chicken	salads	1	419	8.25	742	16	19.99	0.00	65	37.38	4.78	23.70	\$0.768
000139 Salad Chef	salads	1	262	8.02	1719	5	13.32	0.00	70	11.46	2.96	26.89	\$1.057
000827 Salad Garden	salads	1	222	8.00	263	5	14.29	0.00	242	9.44	3.24	14.83	\$0.913
000539 Salad Chicken Caesar	salads	1	131	1.41	647	2	3.56	0.00	72	5.16	2.00	21.30	\$0.475
990041 Salad Popcorn Chicken	salads	1	265	7.50	465	2	15.73	0.00	65	14.56	4.06	18.03	\$0.698
000826 Salad Turkey	salads	1	221	6.50	600	3	10.77	0.00	65	7.41	2.96	25.66	\$1.025
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00	\$0.123
000439 Vegetable Peas & Carrots Frozen	1/2 cup	1	60	0.00	93	*5	0.00	0.00	0	12.01	4.00	4.00	\$0.223
000995 Vegetable Blend Dutch California	1/2 cup	1	27	0.00	27	*2	0.00	0.00	0	5.34	2.14	1.07	\$0.168

Base Menu Spreadsheet

Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
990133 Dessert Cookie Chocolate Chip 1 oz	Cookies	1	130	3.00	100	10	6.00	0.00	5	17.00	0.00	1.00	\$0.088
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	28	0.38	78	1	2.00	0.00	1	2.52	0.67	0.42	\$0.157
000300 Salad Tossed with Carrots	cups	1	64	0.38	86	4	2.52	0.00	1	9.09	5.22	3.27	\$0.405
000875 Vegetable Veggie Bowl Variety	Each	1	13	0.00	12	*1	0.08	*0.00	0	2.77	0.98	0.78	\$0.206
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25	\$0.179
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30	\$0.110
000086 Fruit Orange Whole Sliced	Each	1	76	0.09	2	13	0.19	0.00	0	19.60	3.73	1.40	\$0.167
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29	\$0.643
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00	\$0.004
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00	\$0.239
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00	\$0.005
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33	\$0.224
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00	\$0.000
000222 Condiment Ketchup Packet	packet	1	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00	\$0.016
000223 Condiment Mustard Packet	packet	1	5	0.00	65	0	0.00	0.00	0	0.00	0.00	0.00	\$0.013
000892 Condiment Mayonnaise Lite Packet	Packet	1	50	0.50	70	0	4.50	0.00	10	2.00	0.00	0.00	\$0.047

Base Menu Spreadsheet

Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	70	1.00	270	1	7.00	0.00	5	2.00	0.00	1.00	\$0.109
Weighted Daily Average			5351	82.79	10438	*248	216.12	*0.00	864	581.31	74.15	*310.96	\$11.782
% of Calories				13.92%		*18.5%	36.3%	*0.0%		43.5%		*23.2%	
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0						

Monday - 03/30/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000515 Hot Pocket Turkey Pepperoni	each	1	300	5.00	680	7	11.00	0.00	45	32.00	3.00	18.00	\$0.706
990167 Chicken Tenders Breaded - Middle/High	4 tenders	1	310	2.69	552	3	16.17	0.00	61	16.17	2.70	26.95	\$0.714
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00	\$0.123
000719 Sandwich Hot Dog	sandwich	1	319	6.96	558	4	18.41	*0.00	35	28.99	4.00	10.97	\$0.539
001048 Sandwich Ham & Cheese	sandwich	1	325	5.50	1142	7	12.56	0.00	55	33.89	4.60	21.36	\$0.833
990161 Sandwich Turkey and Cheese w/Jennie O Turkey	sandwich	1	291	3.00	936	6	8.01	0.00	48	32.19	4.13	25.58	\$0.660
000029 Sandwich PB&J	sandwich	1	570	5.00	415	21	32.00	0.00	0	63.00	8.00	20.00	\$0.343
000765 Salad Asian Chicken	salads	1	419	8.25	742	16	19.99	0.00	65	37.38	4.78	23.70	\$0.768
000139 Salad Chef	salads	1	262	8.02	1719	5	13.32	0.00	70	11.46	2.96	26.89	\$1.057
000827 Salad Garden	salads	1	222	8.00	263	5	14.29	0.00	242	9.44	3.24	14.83	\$0.913
000539 Salad Chicken Caesar	salads	1	131	1.41	647	2	3.56	0.00	72	5.16	2.00	21.30	\$0.475

Base Menu Spreadsheet

Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
990041 Salad Popcorn Chicken	salads	1	265	7.50	465	2	15.73	0.00	65	14.56	4.06	18.03	\$0.698
000826 Salad Turkey	salads	1	221	6.50	600	3	10.77	0.00	65	7.41	2.96	25.66	\$1.025
001174 Salad Chicken Tender	EACH	1	320	5.00	521	6	16.79	0.00	60	19.94	5.24	25.33	\$1.105
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00	\$0.123
000465 Vegetable Carrots Honey Glaze	1/2 cup	1	72	0.97	88	9	2.37	0.00	0	12.09	3.20	1.08	\$0.176
000993 Vegetable Beans Green Frozen	1/2 CUP	1	49	0.15	5	*2	2.15	0.00	0	6.16	2.05	2.05	\$0.204
000907 Vegetable Blend Provence	1/2 Cup	1	30	0.00	25	*2	0.00	0.00	0	3.99	1.99	1.00	\$0.292
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	28	0.38	78	1	2.00	0.00	1	2.52	0.67	0.42	\$0.157
000875 Vegetable Veggie Bowl Variety	Each	1	13	0.00	12	*1	0.08	*0.00	0	2.77	0.98	0.78	\$0.206
000300 Salad Tossed with Carrots	cups	1	64	0.38	86	4	2.52	0.00	1	9.09	5.22	3.27	\$0.405
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25	\$0.179
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30	\$0.110
000086 Fruit Orange Whole Sliced	Each	1	76	0.09	2	13	0.19	0.00	0	19.60	3.73	1.40	\$0.167
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29	\$0.643
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00	\$0.004
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00	\$0.239
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00	\$0.005
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33	\$0.224

Base Menu Spreadsheet

Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00	\$0.000
000222 Condiment Ketchup Packet	packet	1	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00	\$0.016
000223 Condiment Mustard Packet	packet	1	5	0.00	65	0	0.00	0.00	0	0.00	0.00	0.00	\$0.013
000892 Condiment Mayonnaise Lite Packet	Packet	1	50	0.50	70	0	4.50	0.00	10	2.00	0.00	0.00	\$0.047
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	70	1.00	270	1	7.00	0.00	5	2.00	0.00	1.00	\$0.109
Weighted Daily Average			5379	80.32	10758	*248	223.02	*0.00	938	560.31	75.70	*321.76	\$13.279
% of Calories				13.44%		*18.4%	37.3%	*0.0%		41.7%		*23.9%	
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0						

Tuesday - 03/31/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
001152 Sandwich Chicken WG Breaded Regular	sandwich	1	340	2.00	640	3	12.00	0.00	35	42.00	6.00	21.00	\$0.396
001181 Pizza Nardone Cheese 4x6	slices	1	336	10.00	435	6	16.00	0.00	41	27.00	3.00	20.00	\$0.529
001190 Pizza Nardone SausageDiced4x6	slices	1	347	10.00	508	6	18.00	0.00	44	27.00	3.00	19.00	\$0.529
001048 Sandwich Ham & Cheese	sandwich	1	325	5.50	1142	7	12.56	0.00	55	33.89	4.60	21.36	\$0.833
990161 Sandwich Turkey and Cheese w/Jennie O Turkey	sandwich	1	291	3.00	936	6	8.01	0.00	48	32.19	4.13	25.58	\$0.660
000029 Sandwich PB&J	sandwich	1	570	5.00	415	21	32.00	0.00	0	63.00	8.00	20.00	\$0.343
000765 Salad Asian Chicken	salads	1	419	8.25	742	16	19.99	0.00	65	37.38	4.78	23.70	\$0.768

Base Menu Spreadsheet

Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000139 Salad Chef	salads	1	262	8.02	1719	5	13.32	0.00	70	11.46	2.96	26.89	\$1.057
000827 Salad Garden	salads	1	222	8.00	263	5	14.29	0.00	242	9.44	3.24	14.83	\$0.913
000539 Salad Chicken Caesar	salads	1	131	1.41	647	2	3.56	0.00	72	5.16	2.00	21.30	\$0.475
990041 Salad Popcorn Chicken	salads	1	265	7.50	465	2	15.73	0.00	65	14.56	4.06	18.03	\$0.698
000826 Salad Turkey	salads	1	221	6.50	600	3	10.77	0.00	65	7.41	2.96	25.66	\$1.025
001174 Salad Chicken Tender	EACH	1	320	5.00	521	6	16.79	0.00	60	19.94	5.24	25.33	\$1.105
000906 Grains Roll Homestyle	Each	1	130	0.50	100	6	2.00	0.00	4	24.00	0.00	3.00	\$0.123
000051 Vegetable Spinach frozen	1/2 cup	1	35	0.00	146	1	0.00	0.00	0	3.51	1.17	2.34	\$0.210
001237 Fruit Baked Apples	1/2 cup	1	91	0.00	16	19	0.00	0.00	0	23.03	1.62	0.00	\$0.247
000271 Vegetable Corn Buttery	1/2 cup	1	74	0.17	4	3	0.91	0.00	0	15.96	2.00	2.00	\$0.148
000680 Vegetable Blend Spring	1/2 cup	1	34	0.00	28	*2	0.00	0.00	0	5.67	1.13	2.27	\$0.355
000792 Vegetable Carrots Baby Raw w/Lowfat Ranch	1/2 cup	1	28	0.38	78	1	2.00	0.00	1	2.52	0.67	0.42	\$0.157
000875 Vegetable Veggie Bowl Variety	Each	1	13	0.00	12	*1	0.08	*0.00	0	2.77	0.98	0.78	\$0.206
000300 Salad Tossed with Carrots	cups	1	64	0.38	86	4	2.52	0.00	1	9.09	5.22	3.27	\$0.405
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	0	12.50	2.00	0.25	\$0.179
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	0	27.00	3.10	1.30	\$0.110
000086 Fruit Orange Whole Sliced	Each	1	76	0.09	2	13	0.19	0.00	0	19.60	3.73	1.40	\$0.167
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	0	13.66	1.08	*0.29	\$0.643

Base Menu Spreadsheet

Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	10	12.00	0.00	8.00	\$0.004
990113 Milk Chocolate 1%	half pint	1	180	1.50	240	27	3.00	0.00	15	30.00	0.00	8.00	\$0.239
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	5	19.00	0.00	8.00	\$0.005
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	0	23.33	0.00	0.33	\$0.224
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0	0.00	0.00	0.00	\$0.000
000222 Condiment Ketchup Packet	packet	1	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00	\$0.016
000223 Condiment Mustard Packet	packet	1	5	0.00	65	0	0.00	0.00	0	0.00	0.00	0.00	\$0.013
000892 Condiment Mayonnaise Lite Packet	Packet	1	50	0.50	70	0	4.50	0.00	10	2.00	0.00	0.00	\$0.047
000893 Condiment Ranch Lite 1 oz	1 oz cup	1	70	1.00	270	1	7.00	0.00	5	2.00	0.00	1.00	\$0.109
Weighted Daily Average			5426	86.21	10527	*256	217.82	*0.00	913	581.08	76.68	*325.32	\$12.938
% of Calories				14.30%		*18.9%	36.1%	*0.0%		42.8%		*24.0%	
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0						

			Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
Weighted Averages			5230	79	10824	*242	212.20	*0.12	912	555.93	72.08	*312.94	\$12.385
% of Calories				13.60%		*18.5%	36.5%	*0.0%		42.5%		*23.9%	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.