

Base Menu Spreadsheet

Portion Values

Sep 3, 2019 thru Sep 30, 2019

Menu Name: High School Menu Breakfast

Include Cost: No

Site:

Report Style: Detailed

Tuesday - 09/03/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
000869 Breakfast English Muffin Egg & Cheese HS Only	brkf sandwich	1	230	3.50	565	1	9.50	0.00	26.00	9.50
990147 Breakfast Burrito Diced Ham Egg & Cheese HS Only	burrito	1	350	8.50	1370	1	18.00	1.00	24.00	22.00
000350 Breakfast Biscuit Sausage	brkf sandwich	1	332	10.00	980	2	20.00	0.00	23.00	11.00
000354 Breakfast Biscuit Chicken	brkf sandwich	1	300	7.00	880	2	15.00	0.00	30.00	11.00
000043 Vegetable Potato Tater Tot	1/2 cup	1	141	1.01	282	0	8.07	0.00	16.14	1.01
990038 Breakfast Cereal Variety	Bowl	1	288	0.92	331	27	2.08	0.00	67.00	3.67
000875 Vegetable Veggie Bowl Variety	Each	1	13	0.00	12	*1	0.08	*0.00	2.77	0.78
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	12.50	0.25
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	27.00	1.30
000086 Fruit Orange Whole Sliced	Each	1	76	0.09	2	13	0.19	0.00	19.60	1.40
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	13.66	*0.29
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0.00	0.00
990113 Milk Chocolate 1%	half pint	1	140	1.50	190	18	2.50	0.00	20.00	9.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	19.00	8.00

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Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	12.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	23.33	0.33
Weighted Daily Average			2387	34.03	4903	*151	78.01	*1.00	336.00	*87.53
% of Calories				12.83%		*25.3%	29.4%	*0.4%	56.3%	*14.7%
Weekly Nutrient Guideline			450 - 600	<10	640		<=0			

Wednesday - 09/04/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
001208 Breakfast Waffle Round	2 waffles	1	282	1.25	408	26	6.00	0.00	55.00	4.00
000668 Breakfast English Muffin Sausage Egg & Cheese HS	brkf sandwich	1	372	7.50	885	1	20.50	0.00	26.00	17.50
000350 Breakfast Biscuit Sausage	brkf sandwich	1	332	10.00	980	2	20.00	0.00	23.00	11.00
000354 Breakfast Biscuit Chicken	brkf sandwich	1	300	7.00	880	2	15.00	0.00	30.00	11.00
000043 Vegetable Potato Tater Tot	1/2 cup	1	141	1.01	282	0	8.07	0.00	16.14	1.01
990038 Breakfast Cereal Variety	Bowl	1	288	0.92	331	27	2.08	0.00	67.00	3.67
000875 Vegetable Veggie Bowl Variety	Each	1	13	0.00	12	*1	0.08	*0.00	2.77	0.78
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	12.50	0.25
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	27.00	1.30
000086 Fruit Orange Whole Sliced	Each	1	76	0.09	2	13	0.19	0.00	19.60	1.40

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Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	13.66	*0.29
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0.00	0.00
990113 Milk Chocolate 1%	half pint	1	140	1.50	190	18	2.50	0.00	20.00	9.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	19.00	8.00
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	12.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	23.33	0.33
Weighted Daily Average			2461	30.78	4261	*176	77.01	*0.00	367.00	*77.53
% of Calories				11.26%		*28.6%	28.2%	*0.0%	59.7%	*12.6%
Weekly Nutrient Guideline			450 - 600	<10	640		<=0			

Thursday - 09/05/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
000869 Breakfast English Muffin Egg & Cheese HS Only	brkf sandwich	1	230	3.50	565	1	9.50	0.00	26.00	9.50
990147 Breakfast Burrito Diced Ham Egg & Cheese HS Only	burrito	1	350	8.50	1370	1	18.00	1.00	24.00	22.00
000350 Breakfast Biscuit Sausage	brkf sandwich	1	332	10.00	980	2	20.00	0.00	23.00	11.00
000354 Breakfast Biscuit Chicken	brkf sandwich	1	300	7.00	880	2	15.00	0.00	30.00	11.00
000043 Vegetable Potato Tater Tot	1/2 cup	1	141	1.01	282	0	8.07	0.00	16.14	1.01
990038 Breakfast Cereal Variety	Bowl	1	288	0.92	331	27	2.08	0.00	67.00	3.67

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Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
000875 Vegetable Veggie Bowl Variety	Each	1	13	0.00	12	*1	0.08	*0.00	2.77	0.78
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	12.50	0.25
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	27.00	1.30
000086 Fruit Orange Whole Sliced	Each	1	76	0.09	2	13	0.19	0.00	19.60	1.40
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	13.66	*0.29
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0.00	0.00
990113 Milk Chocolate 1%	half pint	1	140	1.50	190	18	2.50	0.00	20.00	9.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	19.00	8.00
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	12.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	23.33	0.33
Weighted Daily Average			2387	34.03	4903	*151	78.01	*1.00	336.00	*87.53
% of Calories				12.83%		*25.3%	29.4%	*0.4%	56.3%	*14.7%
Weekly Nutrient Guideline			450 - 600	<10	640		<=0			

Friday - 09/06/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
000923 Breakfast Cinnamon Roll with Icing	roll	1	298	3.52	461	19	11.03	2.00	45.51	6.04
000962 Breakfast Pizza Bacon Scrambled	brkf pizza	1	210	3.50	340	8	8.00	0.00	23.00	10.00

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
000350 Breakfast Biscuit Sausage	brkf sandwich	1	332	10.00	980	2	20.00	0.00	23.00	11.00
000354 Breakfast Biscuit Chicken	brkf sandwich	1	300	7.00	880	2	15.00	0.00	30.00	11.00
000043 Vegetable Potato Tater Tot	1/2 cup	1	141	1.01	282	0	8.07	0.00	16.14	1.01
990038 Breakfast Cereal Variety	Bowl	1	288	0.92	331	27	2.08	0.00	67.00	3.67
000875 Vegetable Veggie Bowl Variety	Each	1	13	0.00	12	*1	0.08	*0.00	2.77	0.78
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	12.50	0.25
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	27.00	1.30
000086 Fruit Orange Whole Sliced	Each	1	76	0.09	2	13	0.19	0.00	19.60	1.40
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	13.66	*0.29
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0.00	0.00
990113 Milk Chocolate 1%	half pint	1	140	1.50	190	18	2.50	0.00	20.00	9.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	19.00	8.00
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	12.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	23.33	0.33
Weighted Daily Average			2315	29.04	3769	*176	69.53	*2.00	354.51	*72.07
% of Calories				11.29%		*30.4%	27.0%	*0.8%	61.3%	*12.5%
Weekly Nutrient Guideline			450 - 600	<10	640		<=0			

Monday - 09/09/2019

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Sep 3, 2019 thru Sep 30, 2019

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
000361 Breakfast Pancakes WG	2 pancakes	1	140	0.00	270	4	3.00	0.00	26.00	4.00
000350 Breakfast Biscuit Sausage	brkf sandwich	1	332	10.00	980	2	20.00	0.00	23.00	11.00
000354 Breakfast Biscuit Chicken	brkf sandwich	1	300	7.00	880	2	15.00	0.00	30.00	11.00
000043 Vegetable Potato Tater Tot	1/2 cup	1	141	1.01	282	0	8.07	0.00	16.14	1.01
990038 Breakfast Cereal Variety	Bowl	1	288	0.92	331	27	2.08	0.00	67.00	3.67
000875 Vegetable Veggie Bowl Variety	Each	1	13	0.00	12	*1	0.08	*0.00	2.77	0.78
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	12.50	0.25
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	27.00	1.30
000086 Fruit Orange Whole Sliced	Each	1	76	0.09	2	13	0.19	0.00	19.60	1.40
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	13.66	*0.29
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0.00	0.00
990113 Milk Chocolate 1%	half pint	1	140	1.50	190	18	2.50	0.00	20.00	9.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	19.00	8.00
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	12.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	23.33	0.33
Weighted Daily Average			1947	22.03	3238	*153	53.51	*0.00	312.00	*60.03
% of Calories				10.18%		*31.4%	24.7%	*0.0%	64.1%	*12.3%
Weekly Nutrient Guideline			450 - 600	<10	640		<=0			

Base Menu Spreadsheet

Portion Values

Tuesday - 09/10/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
000766 Breakfast Burrito Sausage Egg & Cheese HS Only	burrito	1	432	11.50	940	0	27.00	1.00	22.00	21.00
000363 Breakfast Egg Scrambled w/Toast	Serving	1	210	2.43	251	11	8.39	0.06	26.11	9.05
000350 Breakfast Biscuit Sausage	brkfst sandwich	1	332	10.00	980	2	20.00	0.00	23.00	11.00
000354 Breakfast Biscuit Chicken	brkfst sandwich	1	300	7.00	880	2	15.00	0.00	30.00	11.00
000043 Vegetable Potato Tater Tot	1/2 cup	1	141	1.01	282	0	8.07	0.00	16.14	1.01
990038 Breakfast Cereal Variety	Bowl	1	288	0.92	331	27	2.08	0.00	67.00	3.67
000875 Vegetable Veggie Bowl Variety	Each	1	13	0.00	12	*1	0.08	*0.00	2.77	0.78
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	12.50	0.25
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	27.00	1.30
000086 Fruit Orange Whole Sliced	Each	1	76	0.09	2	13	0.19	0.00	19.60	1.40
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	13.66	*0.29
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0.00	0.00
990113 Milk Chocolate 1%	half pint	1	140	1.50	190	18	2.50	0.00	20.00	9.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	19.00	8.00
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	12.00	8.00

Base Menu Spreadsheet

Portion Values

Sep 3, 2019 thru Sep 30, 2019

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	23.33	0.33
Weighted Daily Average			2448	35.96	4160	*160	85.90	*1.06	334.10	*86.08
% of Calories				13.22%		*26.1%	31.6%	*0.4%	54.6%	*14.1%
Weekly Nutrient Guideline			450 - 600	<10	640		<=0			

Wednesday - 09/11/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
001228 Breakfast Croissant Ham Egg & Cheese	brkf sandwich	1	275	6.25	755	1	15.50	0.00	16.50	15.50
001177 Breakfast Croissant Sausage Egg & Cheese	brkf sandwich	1	362	9.50	835	1	24.00	0.00	16.00	16.50
000350 Breakfast Biscuit Sausage	brkf sandwich	1	332	10.00	980	2	20.00	0.00	23.00	11.00
000354 Breakfast Biscuit Chicken	brkf sandwich	1	300	7.00	880	2	15.00	0.00	30.00	11.00
000043 Vegetable Potato Tater Tot	1/2 cup	1	141	1.01	282	0	8.07	0.00	16.14	1.01
990038 Breakfast Cereal Variety	Bowl	1	288	0.92	331	27	2.08	0.00	67.00	3.67
000875 Vegetable Veggie Bowl Variety	Each	1	13	0.00	12	*1	0.08	*0.00	2.77	0.78
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	12.50	0.25
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	27.00	1.30
000086 Fruit Orange Whole Sliced	Each	1	76	0.09	2	13	0.19	0.00	19.60	1.40
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	13.66	*0.29

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0.00	0.00
990113 Milk Chocolate 1%	half pint	1	140	1.50	190	18	2.50	0.00	20.00	9.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	19.00	8.00
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	12.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	23.33	0.33
Weighted Daily Average			2444	37.78	4558	*151	90.01	*0.00	318.50	*88.03
% of Calories				13.91%		*24.7%	33.1%	*0.0%	52.1%	*14.4%
Weekly Nutrient Guideline			450 - 600	<10	640		<=0			

Thursday - 09/12/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
000766 Breakfast Burrito Sausage Egg & Cheese HS Only	burrito	1	432	11.50	940	0	27.00	1.00	22.00	21.00
990146 Breakfast Eggs Scrambled with Cheese	Serving	1	193	8.35	266	0	14.89	0.06	2.22	13.83
000350 Breakfast Biscuit Sausage	brkf sandwich	1	332	10.00	980	2	20.00	0.00	23.00	11.00
000354 Breakfast Biscuit Chicken	brkf sandwich	1	300	7.00	880	2	15.00	0.00	30.00	11.00
000043 Vegetable Potato Tater Tot	1/2 cup	1	141	1.01	282	0	8.07	0.00	16.14	1.01
990038 Breakfast Cereal Variety	Bowl	1	288	0.92	331	27	2.08	0.00	67.00	3.67
000875 Vegetable Veggie Bowl Variety	Each	1	13	0.00	12	*1	0.08	*0.00	2.77	0.78

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	12.50	0.25
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	27.00	1.30
000086 Fruit Orange Whole Sliced	Each	1	76	0.09	2	13	0.19	0.00	19.60	1.40
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	13.66	*0.29
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0.00	0.00
990113 Milk Chocolate 1%	half pint	1	140	1.50	190	18	2.50	0.00	20.00	9.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	19.00	8.00
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	12.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	23.33	0.33
Weighted Daily Average			2431	41.88	4174	*149	92.40	*1.06	310.22	*90.85
% of Calories				15.50%		*24.5%	34.2%	*0.4%	51.0%	*14.9%
Weekly Nutrient Guideline			450 - 600	<10	640		<=0			

Friday - 09/13/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
000923 Breakfast Cinnamon Roll with Icing	roll	1	298	3.52	461	19	11.03	2.00	45.51	6.04
000962 Breakfast Pizza Bacon Scrambled	brkf pizza	1	210	3.50	340	8	8.00	0.00	23.00	10.00
000350 Breakfast Biscuit Sausage	brkf sandwich	1	332	10.00	980	2	20.00	0.00	23.00	11.00

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Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
000354 Breakfast Biscuit Chicken	brkf sandwich	1	300	7.00	880	2	15.00	0.00	30.00	11.00
000043 Vegetable Potato Tater Tot	1/2 cup	1	141	1.01	282	0	8.07	0.00	16.14	1.01
990038 Breakfast Cereal Variety	Bowl	1	288	0.92	331	27	2.08	0.00	67.00	3.67
000875 Vegetable Veggie Bowl Variety	Each	1	13	0.00	12	*1	0.08	*0.00	2.77	0.78
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	12.50	0.25
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	27.00	1.30
000086 Fruit Orange Whole Sliced	Each	1	76	0.09	2	13	0.19	0.00	19.60	1.40
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	13.66	*0.29
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0.00	0.00
990113 Milk Chocolate 1%	half pint	1	140	1.50	190	18	2.50	0.00	20.00	9.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	19.00	8.00
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	12.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	23.33	0.33
Weighted Daily Average			2315	29.04	3769	*176	69.53	*2.00	354.51	*72.07
% of Calories				11.29%		*30.4%	27.0%	*0.8%	61.3%	*12.5%
Weekly Nutrient Guideline			450 - 600	<10	640		<=0			

Monday - 09/16/2019

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
001226 Breakfast French Toast Stick with Cinnamon Glaze	3 sticks	1	210	2.00	320	8	7.00	0.00	28.00	8.00
000350 Breakfast Biscuit Sausage	brkf sandwich	1	332	10.00	980	2	20.00	0.00	23.00	11.00
000354 Breakfast Biscuit Chicken	brkf sandwich	1	300	7.00	880	2	15.00	0.00	30.00	11.00
000043 Vegetable Potato Tater Tot	1/2 cup	1	141	1.01	282	0	8.07	0.00	16.14	1.01
990038 Breakfast Cereal Variety	Bowl	1	288	0.92	331	27	2.08	0.00	67.00	3.67
000875 Vegetable Veggie Bowl Variety	Each	1	13	0.00	12	*1	0.08	*0.00	2.77	0.78
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	12.50	0.25
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	27.00	1.30
000086 Fruit Orange Whole Sliced	Each	1	76	0.09	2	13	0.19	0.00	19.60	1.40
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	13.66	*0.29
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0.00	0.00
990113 Milk Chocolate 1%	half pint	1	140	1.50	190	18	2.50	0.00	20.00	9.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	19.00	8.00
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	12.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	23.33	0.33
Weighted Daily Average			2017	24.03	3288	*157	57.51	*0.00	314.00	*64.03
% of Calories				10.72%		*31.1%	25.7%	*0.0%	62.3%	*12.7%
Weekly Nutrient Guideline			450 - 600	<10	640		<=0			

Base Menu Spreadsheet

Portion Values

Sep 3, 2019 thru Sep 30, 2019

Tuesday - 09/17/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
000869 Breakfast English Muffin Egg & Cheese HS Only	brkf sandwich	1	230	3.50	565	1	9.50	0.00	26.00	9.50
990147 Breakfast Burrito Diced Ham Egg & Cheese HS Only	burrito	1	350	8.50	1370	1	18.00	1.00	24.00	22.00
000350 Breakfast Biscuit Sausage	brkf sandwich	1	332	10.00	980	2	20.00	0.00	23.00	11.00
000354 Breakfast Biscuit Chicken	brkf sandwich	1	300	7.00	880	2	15.00	0.00	30.00	11.00
000043 Vegetable Potato Tater Tot	1/2 cup	1	141	1.01	282	0	8.07	0.00	16.14	1.01
990038 Breakfast Cereal Variety	Bowl	1	288	0.92	331	27	2.08	0.00	67.00	3.67
000875 Vegetable Veggie Bowl Variety	Each	1	13	0.00	12	*1	0.08	*0.00	2.77	0.78
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	12.50	0.25
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	27.00	1.30
000086 Fruit Orange Whole Sliced	Each	1	76	0.09	2	13	0.19	0.00	19.60	1.40
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	13.66	*0.29
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0.00	0.00
990113 Milk Chocolate 1%	half pint	1	140	1.50	190	18	2.50	0.00	20.00	9.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	19.00	8.00
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	12.00	8.00

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	23.33	0.33
Weighted Daily Average			2387	34.03	4903	*151	78.01	*1.00	336.00	*87.53
% of Calories				12.83%		*25.3%	29.4%	*0.4%	56.3%	*14.7%
Weekly Nutrient Guideline			450 - 600	<10	640		<=0			

Wednesday - 09/18/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
001208 Breakfast Waffle Round	2 waffles	1	282	1.25	408	26	6.00	0.00	55.00	4.00
000668 Breakfast English Muffin Sausage Egg & Cheese HS	brkf sandwich	1	372	7.50	885	1	20.50	0.00	26.00	17.50
000350 Breakfast Biscuit Sausage	brkf sandwich	1	332	10.00	980	2	20.00	0.00	23.00	11.00
000354 Breakfast Biscuit Chicken	brkf sandwich	1	300	7.00	880	2	15.00	0.00	30.00	11.00
000043 Vegetable Potato Tater Tot	1/2 cup	1	141	1.01	282	0	8.07	0.00	16.14	1.01
990038 Breakfast Cereal Variety	Bowl	1	288	0.92	331	27	2.08	0.00	67.00	3.67
000875 Vegetable Veggie Bowl Variety	Each	1	13	0.00	12	*1	0.08	*0.00	2.77	0.78
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	12.50	0.25
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	27.00	1.30
000086 Fruit Orange Whole Sliced	Each	1	76	0.09	2	13	0.19	0.00	19.60	1.40
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	13.66	*0.29

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0.00	0.00
990113 Milk Chocolate 1%	half pint	1	140	1.50	190	18	2.50	0.00	20.00	9.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	19.00	8.00
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	12.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	23.33	0.33
Weighted Daily Average			2461	30.78	4261	*176	77.01	*0.00	367.00	*77.53
% of Calories				11.26%		*28.6%	28.2%	*0.0%	59.7%	*12.6%
Weekly Nutrient Guideline			450 - 600	<10	640		<=0			

Thursday - 09/19/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
000869 Breakfast English Muffin Egg & Cheese HS Only	brkf sandwich	1	230	3.50	565	1	9.50	0.00	26.00	9.50
990147 Breakfast Burrito Diced Ham Egg & Cheese HS Only	burrito	1	350	8.50	1370	1	18.00	1.00	24.00	22.00
000350 Breakfast Biscuit Sausage	brkf sandwich	1	332	10.00	980	2	20.00	0.00	23.00	11.00
000354 Breakfast Biscuit Chicken	brkf sandwich	1	300	7.00	880	2	15.00	0.00	30.00	11.00
000043 Vegetable Potato Tater Tot	1/2 cup	1	141	1.01	282	0	8.07	0.00	16.14	1.01
990038 Breakfast Cereal Variety	Bowl	1	288	0.92	331	27	2.08	0.00	67.00	3.67
000875 Vegetable Veggie Bowl Variety	Each	1	13	0.00	12	*1	0.08	*0.00	2.77	0.78

Base Menu Spreadsheet

Portion Values

Sep 3, 2019 thru Sep 30, 2019

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	12.50	0.25
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	27.00	1.30
000086 Fruit Orange Whole Sliced	Each	1	76	0.09	2	13	0.19	0.00	19.60	1.40
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	13.66	*0.29
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0.00	0.00
990113 Milk Chocolate 1%	half pint	1	140	1.50	190	18	2.50	0.00	20.00	9.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	19.00	8.00
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	12.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	23.33	0.33
Weighted Daily Average			2387	34.03	4903	*151	78.01	*1.00	336.00	*87.53
% of Calories				12.83%		*25.3%	29.4%	*0.4%	56.3%	*14.7%
Weekly Nutrient Guideline			450 - 600	<10	640		<=0			

Friday - 09/20/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
000923 Breakfast Cinnamon Roll with Icing	roll	1	298	3.52	461	19	11.03	2.00	45.51	6.04
000962 Breakfast Pizza Bacon Scrambled	brkf pizza	1	210	3.50	340	8	8.00	0.00	23.00	10.00
000350 Breakfast Biscuit Sausage	brkf sandwich	1	332	10.00	980	2	20.00	0.00	23.00	11.00

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
000354 Breakfast Biscuit Chicken	brkf sandwich	1	300	7.00	880	2	15.00	0.00	30.00	11.00
000043 Vegetable Potato Tater Tot	1/2 cup	1	141	1.01	282	0	8.07	0.00	16.14	1.01
990038 Breakfast Cereal Variety	Bowl	1	288	0.92	331	27	2.08	0.00	67.00	3.67
000875 Vegetable Veggie Bowl Variety	Each	1	13	0.00	12	*1	0.08	*0.00	2.77	0.78
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	12.50	0.25
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	27.00	1.30
000086 Fruit Orange Whole Sliced	Each	1	76	0.09	2	13	0.19	0.00	19.60	1.40
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	13.66	*0.29
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0.00	0.00
990113 Milk Chocolate 1%	half pint	1	140	1.50	190	18	2.50	0.00	20.00	9.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	19.00	8.00
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	12.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	23.33	0.33
Weighted Daily Average			2315	29.04	3769	*176	69.53	*2.00	354.51	*72.07
% of Calories				11.29%		*30.4%	27.0%	*0.8%	61.3%	*12.5%
Weekly Nutrient Guideline			450 - 600	<10	640		<=0			

Monday - 09/23/2019

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
000361 Breakfast Pancakes WG	2 pancakes	1	140	0.00	270	4	3.00	0.00	26.00	4.00
000350 Breakfast Biscuit Sausage	brkf sandwich	1	332	10.00	980	2	20.00	0.00	23.00	11.00
000354 Breakfast Biscuit Chicken	brkf sandwich	1	300	7.00	880	2	15.00	0.00	30.00	11.00
000043 Vegetable Potato Tater Tot	1/2 cup	1	141	1.01	282	0	8.07	0.00	16.14	1.01
990038 Breakfast Cereal Variety	Bowl	1	288	0.92	331	27	2.08	0.00	67.00	3.67
000875 Vegetable Veggie Bowl Variety	Each	1	13	0.00	12	*1	0.08	*0.00	2.77	0.78
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	12.50	0.25
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	27.00	1.30
000086 Fruit Orange Whole Sliced	Each	1	76	0.09	2	13	0.19	0.00	19.60	1.40
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	13.66	*0.29
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0.00	0.00
990113 Milk Chocolate 1%	half pint	1	140	1.50	190	18	2.50	0.00	20.00	9.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	19.00	8.00
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	12.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	23.33	0.33
Weighted Daily Average			1947	22.03	3238	*153	53.51	*0.00	312.00	*60.03
% of Calories				10.18%		*31.4%	24.7%	*0.0%	64.1%	*12.3%
Weekly Nutrient Guideline			450 - 600	<10	640		<=0			

Base Menu Spreadsheet

Portion Values

Sep 3, 2019 thru Sep 30, 2019

Tuesday - 09/24/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
000766 Breakfast Burrito Sausage Egg & Cheese HS Only	burrito	1	432	11.50	940	0	27.00	1.00	22.00	21.00
000363 Breakfast Egg Scrambled w/Toast	Serving	1	210	2.43	251	11	8.39	0.06	26.11	9.05
000350 Breakfast Biscuit Sausage	brkfst sandwich	1	332	10.00	980	2	20.00	0.00	23.00	11.00
000354 Breakfast Biscuit Chicken	brkfst sandwich	1	300	7.00	880	2	15.00	0.00	30.00	11.00
000043 Vegetable Potato Tater Tot	1/2 cup	1	141	1.01	282	0	8.07	0.00	16.14	1.01
990038 Breakfast Cereal Variety	Bowl	1	288	0.92	331	27	2.08	0.00	67.00	3.67
000875 Vegetable Veggie Bowl Variety	Each	1	13	0.00	12	*1	0.08	*0.00	2.77	0.78
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	12.50	0.25
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	27.00	1.30
000086 Fruit Orange Whole Sliced	Each	1	76	0.09	2	13	0.19	0.00	19.60	1.40
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	13.66	*0.29
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0.00	0.00
990113 Milk Chocolate 1%	half pint	1	140	1.50	190	18	2.50	0.00	20.00	9.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	19.00	8.00
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	12.00	8.00

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	23.33	0.33
Weighted Daily Average			2448	35.96	4160	*160	85.90	*1.06	334.10	*86.08
% of Calories				13.22%		*26.1%	31.6%	*0.4%	54.6%	*14.1%
Weekly Nutrient Guideline			450 - 600	<10	640		<=0			

Wednesday - 09/25/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
001228 Breakfast Croissant Ham Egg & Cheese	brkf sandwich	1	275	6.25	755	1	15.50	0.00	16.50	15.50
001177 Breakfast Croissant Sausage Egg & Cheese	brkf sandwich	1	362	9.50	835	1	24.00	0.00	16.00	16.50
000350 Breakfast Biscuit Sausage	brkf sandwich	1	332	10.00	980	2	20.00	0.00	23.00	11.00
000354 Breakfast Biscuit Chicken	brkf sandwich	1	300	7.00	880	2	15.00	0.00	30.00	11.00
000043 Vegetable Potato Tater Tot	1/2 cup	1	141	1.01	282	0	8.07	0.00	16.14	1.01
990038 Breakfast Cereal Variety	Bowl	1	288	0.92	331	27	2.08	0.00	67.00	3.67
000875 Vegetable Veggie Bowl Variety	Each	1	13	0.00	12	*1	0.08	*0.00	2.77	0.78
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	12.50	0.25
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	27.00	1.30
000086 Fruit Orange Whole Sliced	Each	1	76	0.09	2	13	0.19	0.00	19.60	1.40
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	13.66	*0.29

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0.00	0.00
990113 Milk Chocolate 1%	half pint	1	140	1.50	190	18	2.50	0.00	20.00	9.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	19.00	8.00
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	12.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	23.33	0.33
Weighted Daily Average			2444	37.78	4558	*151	90.01	*0.00	318.50	*88.03
% of Calories				13.91%		*24.7%	33.1%	*0.0%	52.1%	*14.4%
Weekly Nutrient Guideline			450 - 600	<10	640		<=0			

Thursday - 09/26/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
000766 Breakfast Burrito Sausage Egg & Cheese HS Only	burrito	1	432	11.50	940	0	27.00	1.00	22.00	21.00
990146 Breakfast Eggs Scrambled with Cheese	Serving	1	193	8.35	266	0	14.89	0.06	2.22	13.83
000350 Breakfast Biscuit Sausage	brkf sandwich	1	332	10.00	980	2	20.00	0.00	23.00	11.00
000354 Breakfast Biscuit Chicken	brkf sandwich	1	300	7.00	880	2	15.00	0.00	30.00	11.00
000043 Vegetable Potato Tater Tot	1/2 cup	1	141	1.01	282	0	8.07	0.00	16.14	1.01
990038 Breakfast Cereal Variety	Bowl	1	288	0.92	331	27	2.08	0.00	67.00	3.67
000875 Vegetable Veggie Bowl Variety	Each	1	13	0.00	12	*1	0.08	*0.00	2.77	0.78

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	12.50	0.25
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	27.00	1.30
000086 Fruit Orange Whole Sliced	Each	1	76	0.09	2	13	0.19	0.00	19.60	1.40
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	13.66	*0.29
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0.00	0.00
990113 Milk Chocolate 1%	half pint	1	140	1.50	190	18	2.50	0.00	20.00	9.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	19.00	8.00
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	12.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	23.33	0.33
Weighted Daily Average			2431	41.88	4174	*149	92.40	*1.06	310.22	*90.85
% of Calories				15.50%		*24.5%	34.2%	*0.4%	51.0%	*14.9%
Weekly Nutrient Guideline			450 - 600	<10	640		<=0			

Friday - 09/27/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
000923 Breakfast Cinnamon Roll with Icing	roll	1	298	3.52	461	19	11.03	2.00	45.51	6.04
000962 Breakfast Pizza Bacon Scrambled	brkf pizza	1	210	3.50	340	8	8.00	0.00	23.00	10.00
000350 Breakfast Biscuit Sausage	brkf sandwich	1	332	10.00	980	2	20.00	0.00	23.00	11.00

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
000354 Breakfast Biscuit Chicken	brkf sandwich	1	300	7.00	880	2	15.00	0.00	30.00	11.00
000043 Vegetable Potato Tater Tot	1/2 cup	1	141	1.01	282	0	8.07	0.00	16.14	1.01
990038 Breakfast Cereal Variety	Bowl	1	288	0.92	331	27	2.08	0.00	67.00	3.67
000875 Vegetable Veggie Bowl Variety	Each	1	13	0.00	12	*1	0.08	*0.00	2.77	0.78
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	12.50	0.25
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	27.00	1.30
000086 Fruit Orange Whole Sliced	Each	1	76	0.09	2	13	0.19	0.00	19.60	1.40
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	13.66	*0.29
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0.00	0.00
990113 Milk Chocolate 1%	half pint	1	140	1.50	190	18	2.50	0.00	20.00	9.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	19.00	8.00
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	12.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	23.33	0.33
Weighted Daily Average			2315	29.04	3769	*176	69.53	*2.00	354.51	*72.07
% of Calories				11.29%		*30.4%	27.0%	*0.8%	61.3%	*12.5%
Weekly Nutrient Guideline			450 - 600	<10	640		<=0			

Monday - 09/30/2019

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
001226 Breakfast French Toast Stick with Cinnamon Glaze	3 sticks	1	210	2.00	320	8	7.00	0.00	28.00	8.00
000350 Breakfast Biscuit Sausage	brkf sandwich	1	332	10.00	980	2	20.00	0.00	23.00	11.00
000354 Breakfast Biscuit Chicken	brkf sandwich	1	300	7.00	880	2	15.00	0.00	30.00	11.00
000043 Vegetable Potato Tater Tot	1/2 cup	1	141	1.01	282	0	8.07	0.00	16.14	1.01
990038 Breakfast Cereal Variety	Bowl	1	288	0.92	331	27	2.08	0.00	67.00	3.67
000875 Vegetable Veggie Bowl Variety	Each	1	13	0.00	12	*1	0.08	*0.00	2.77	0.78
000064 Fruit Apples Fresh Sliced	EACH	1	50	0.00	0	10	0.00	0.00	12.50	0.25
000068 Fruit Bananas	EACH	1	105	0.00	0	14	0.00	0.00	27.00	1.30
000086 Fruit Orange Whole Sliced	Each	1	76	0.09	2	13	0.19	0.00	19.60	1.40
000317 Fruit Chilled Variety (Canned & Fresh)	1/2 cup	1	55	0.01	6	11	0.09	0.00	13.66	*0.29
001021 Bottled Water 10oz	bottle	1	0	0.00	9	*N/A*	0.00	0.00	0.00	0.00
990113 Milk Chocolate 1%	half pint	1	140	1.50	190	18	2.50	0.00	20.00	9.00
000328 Milk Strawberry Fat Free	half pint	1	110	0.00	135	18	0.00	0.00	19.00	8.00
000230 Milk White 1%	half pint	1	100	1.50	125	12	2.50	0.00	12.00	8.00
001017 Juice Assorted	each	1	97	0.00	17	20	0.00	0.00	23.33	0.33
Weighted Daily Average			2017	24.03	3288	*157	57.51	*0.00	314.00	*64.03
% of Calories				10.72%		*31.1%	25.7%	*0.0%	62.3%	*12.7%
Weekly Nutrient Guideline			450 - 600	<10	640		<=0			

Base Menu Spreadsheet

Portion Values

Sep 3, 2019 thru Sep 30, 2019

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

** - denotes combined nutrient totals with either missing or incomplete nutrient data*

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.