



High School Breakfast Menu

September 2019

Monday	Tuesday	Wednesday	Thursday	Friday
	3 Egg & Cheese McMuffin Diced Ham Breakfast Burrito Sausage or Chicken Biscuit Breakfast Potato Assorted Cereal Assorted Fruits & Vegetables	4 Waffle with Syrup Sausage, Egg & Cheese McMuffin Sausage or Chicken Biscuit Breakfast Potato Assorted Cereal Assorted Fruits & Vegetables	5 Egg & Cheese McMuffin Diced Ham Breakfast Burrito Sausage or Chicken Biscuit Breakfast Potato Assorted Cereal Assorted Fruits & Vegetables	6 Cinnamon Roll Breakfast Pizza Sausage or Chicken Biscuit Breakfast Potato Assorted Cereal Assorted Fruits & Vegetables
	9 Pancakes with Syrup Sausage or Chicken Biscuit Breakfast Potato Assorted Cereal Assorted Fruits & Vegetables	10 Sausage Breakfast Burrito Scrambled Eggs with Toast Sausage or Chicken Biscuit Breakfast Potato Assorted Cereal Assorted Fruits & Vegetables	11 Ham, Egg & Cheese Croissant Sausage, Egg & Cheese Croissant Sausage or Chicken Biscuit Breakfast Potato Assorted Cereal Assorted Fruits & Vegetables	12 Sausage Breakfast Burrito Scrambled Eggs with Cheese Sausage or Chicken Biscuit Breakfast Potato Assorted Cereal Assorted Fruits & Vegetables
16 French Toast Sticks Sausage or Chicken Biscuit Breakfast Potato Assorted Cereal Assorted Fruits & Vegetables	17 Egg & Cheese McMuffin Diced Ham Breakfast Burrito Sausage or Chicken Biscuit Breakfast Potato Assorted Cereal Assorted Fruits & Vegetables	18 Waffle with Syrup Sausage, Egg & Cheese McMuffin Sausage or Chicken Biscuit Breakfast Potato Assorted Cereal Assorted Fruits & Vegetables	19 Egg & Cheese McMuffin Diced Ham Breakfast Burrito Sausage or Chicken Biscuit Breakfast Potato Assorted Cereal Assorted Fruits & Vegetables	20 Cinnamon Roll Breakfast Pizza Sausage or Chicken Biscuit Breakfast Potato Assorted Cereal Assorted Fruits & Vegetables
23 Pancakes with Syrup Sausage or Chicken Biscuit Breakfast Potato Assorted Cereal Assorted Fruits & Vegetables	24 Sausage Breakfast Burrito Scrambled Eggs with Toast Sausage or Chicken Biscuit Breakfast Potato Assorted Cereal Assorted Fruits & Vegetables	25 Ham, Egg & Cheese Croissant Sausage, Egg & Cheese Croissant Sausage or Chicken Biscuit Breakfast Potato Assorted Cereal Assorted Fruits & Vegetables	26 Sausage Breakfast Burrito Scrambled Eggs with Cheese Sausage or Chicken Biscuit Breakfast Potato Assorted Cereal Assorted Fruits & Vegetables	27 Cinnamon Roll Breakfast Pizza Sausage or Chicken Biscuit Breakfast Potato Assorted Cereal Assorted Fruits & Vegetables
30 French Toast Sticks Sausage or Chicken Biscuit Breakfast Potato Assorted Cereal Assorted Fruits & Vegetables	<p><u>Daily Beverage Offerings</u></p> <p>Apple & Eve 100% Juices Borden Milk: 1% Low-Fat White and Chocolate & Fat Free Strawberry Bottled Water</p>			