



# High School Lunch Menu

# September 2019

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>3</b> Cheese or 3 Meat Calzone Cajun Chicken Pasta Steamed Broccoli Mixed Blend Vegetables Baked Apples	<b>4</b> Italian Chicken Sub Buffalo Chicken Wrap Lima Beans Broccoli with Cheese Yellow Squash	<b>5</b> Beef Fajitas Chicken Tacos Spanish Rice Black Beans Whole Kernel Corn	<b>6</b> BBQ Chicken Sandwich Fish Stick Basket Brussel Sprouts Turnip Greens Peas & Carrots
<b>9</b> Chicken Nuggets Blazing Chicken Nuggets Homestyle Roll Choice of Potato Green Beans Mixed Blend Vegetables	<b>10</b> Penne Pasta with Meat Sauce Chicken Parmesan w/Penne Garlic Toast Green Peas Mixed Blend Vegetables Steamed Broccoli	<b>11</b> Spicy Teriyaki Meatballs General Tso Chicken Tangerine Chicken Fried Rice Eggroll Stir Fried Vegetables	<b>12</b> Cheese Enchiladas Bean & Beef Burrito Spanish Rice Black Beans Whole Kernel Corn	<b>13</b> BBQ Pork Cornbread Bowl Hot Dog Northern White Beans Turnip Greens Choice of Potato Creamy Coleslaw
<b>16</b> Breaded Drumstick Salisbury Steak with Gravy Homestyle Roll Choice of Potato Green Beans Baked Apples	<b>17</b> Chicken and Broccoli Alfredo Turkey Pepperoni Stuffed Sandwich Sweet Potato Casserole Mixed Blend Vegetables Steamed Broccoli	<b>18</b> Chicken Pot Pie Mini Turkey Corn Dogs Buttery Carrots Mixed Blend Vegetables Brussels Sprouts	<b>19</b> Pulled Chicken Nachos Beef Nachos Spanish Rice Refried Beans Whole Kernel Corn	<b>20</b> Hot Ham & Cheese Croissant BBQ Pork Sandwich Mac & Cheese Baked Beans Peas & Carrots
<b>23</b> Popcorn Chicken Blazing Popcorn Chicken Choice of Potato Green Beans Mixed Blend Vegetables	<b>24</b> Lasagna with Garlic Toast Chicken Parmesan Sandwich Green Peas Mixed Blend Vegetables Steamed Broccoli	<b>25</b> Corn Dog Hot Ham & Cheese Sub Texas Ranchero Beans Honey Glazed Carrots Mixed Blend Vegetables	<b>26</b> Cheese Quesadilla Chicken Fajitas Spanish Rice Pinto Beans Whole Kernel Corn	<b>27</b> Grilled Cheese with Tomato Soup BBQ Chicken Sandwich Buttery Carrots Green Peas Mixed Blend Vegetables Choice of Potato
<b>30</b> Chicken Nuggets w/ Homestyle Roll Meatball Sub Green Beans Mixed Blend Vegetables Honey Glazed Carrots	<p><b><u>Offered Daily</u></b></p> <p><b>In addition to the daily menu: Pizza, Hamburgers, Cheeseburgers, Chicken Sandwiches, Hot and Spicy Chicken Sandwiches, PB&amp;J, a selection of deli sandwiches, freshly prepared Specialty Salads, fresh tossed side salads, and assorted fresh and chilled fruits will be available daily.</b></p>			