

SPRING STATION

Middle School



Mission Statement -- Spring Station exists to educate, engage, and nurture each student through meaningful experiences, positive relationships, and character development.

Holiday Marketplace returns December 2

It's time to shop till you drop at the 8th Annual Holiday Marketplace on Dec. 1 from 9am to 3pm. Proceeds go to support the SSMS Band. Admission is \$3.

This is a wonderful time to start your Christmas shopping or, for those over-achievers out there, a chance to pick up those last items on your list. Area vendors will offer crafts, foods, home goods and other specialty items.

Local food trucks will be serving up yummy food to satisfy your cravings and that jolly ol' elf will be here too! Santa is on his way and will be stopping by SSMS. Don't wait in line at the mall when you can meet and have pictures with him here. To reserve your spot, go to

<https://www.eventbrite.com/e/santa-photos-at-ssms-holiday-marketplace-tickets-49595181523>

And don't forget that lots of door prizes are available and you don't want to miss out on those, so plan to get here early and spend the day with us!

UPCOMING DATES

NOVEMBER

- 2 Hillbilly Reunion, 7 pm
- 3-4 Hillbilly Reunion, 2 pm
- 6 Parent/Teacher Conferences (Scheduled), 11:30 am—6:30 pm
No School for Students
- 7 Late Fall Sports Pictures (Soccer, Wrestling, & Basketball)
- 12 Power Monday
- 14 School Picture Retakes
- 19-23 Thanksgiving Holiday
- 26 Power Monday

DECEMBER

- 1 Holiday Marketplace, 9am—3pm
- 3 Power Monday
- 3-7 Book Fair
- 4 8th Gr. & Wind Ensemble Winter Band Concert at 7 pm at SHS
- 7 Holiday Luncheon
- 10 Choir Concert at 7 pm at SSMS
- 11 6th Grade Winter Band Concert at 6 pm at SHS
- 11 7th Grade Winter Band Concert at 7 pm at SHS
- 21 1/2 Day of School

Winter Break

December 24—January 6

1st day back to school is Monday, January 7



A Note from the Nurse...

⇒ If you think your child might need medication at school at some point this school year, **PLEASE** contact the school nurse, Nurse Joy, at 615-472-5088 to get the appropriate forms needed. This will save you time and trips to your doctor's office and the school. Remember students are NEVER allowed to carry Tylenol/ibuprofen, cough drops or any medication with them. Do not put them in the students lunch box or their pockets.



⇒ Please give your child a **PHONE LESSON**. Many of our kids struggle with contacting you when they are sick here at school. You may be surprised to know that your child ...

- doesn't know your phone number (home or cell).
- doesn't know who to call when they are sick. Is it you, a family member or a close friend?
- doesn't know how to use a telephone that is not a cell phone.
- doesn't know what an area code is.
- doesn't know how to leave a message for you if you don't pick up. Let them practice what to say when they leave a message. Remind them that they are telling you what they need and why they are calling.

Remember that you can stay informed on PTO news and events by liking our Facebook page, "Spring Station PTO" and following us on Twitter @SSTMSPTO!



PICTURE RETAKE DAY

NOVEMBER 14, 2018

If you missed school picture day in October, be sure to come ready to have your picture made on November 14th!

You can order online at mylifetouch.com

Order Your
YEARBOOK

A simple illustration of an open book with white pages and a dark cover.

AT

YEARBOOKORDERCENTER.COM

Keep your school code handy when you log on. The code for Spring Station is 17524.

Dear Parents,

As the school nurse, my priority is to keep all of our students healthy and in school. One way that we can all work together to do this is to prevent the spread of illness. If your child is not feeling his/her best, please use the following guidelines to determine whether or not he/she should be in school.

Symptom	Child should <u>NOT</u> be at school or in contact with other chil-	If child feels well enough, he/she may attend school:
Runny Nose	If cloudy or yellow/green drainage with congestion, fever	If clear drainage as with allergies
Cough	If frequent or uncontrollable, producing mucous or accompanied by a fever	If infrequent, no mucous is being coughed up and/or child has been on antibiotics for at least 24 hrs before returning to school, no fever
Fever	If temperature is above 100° F or if symptoms of headache or cough accompany any elevated temperature.	If temperature is below 100.5° F for 24 hrs without taking a fever-reducing medication and there are no other symptoms
Diarrhea or Vomiting	If one episode of vomiting and/or more than one occurrence of diarrhea	Single incident of diarrhea and no other symptoms (i.e., fever, vomiting); must be 24 hrs after last episode of vomiting/diarrhea
Strep Throat/Scarlet Fever	If sore throat, headache, nausea, fever (children do not always have fever or complain of a sore throat) is present. The only way to rule out strep is with a	After 24 hrs on antibiotics and fever free for 24 hrs without the use of fever-reducing medication.
Conjunctivitis - "Pink eye"	If the eye is red with complaint of burning or itching; crusty, white or yellow drainage is occurring	<u>Bacterial Conjunctivitis:</u> after 24 hrs on antibiotics. <u>Viral conjunctivitis:</u> with a note from the Dr. stating no longer contagious
Rash/Skin infection	If child has a rash or signs of skin infection not having been seen by a doctor	If rash free/written release from doctor/after 24 hrs on antibiotic for skin infection
Chicken Pox	If child is itching with pink/red spots with blister-type center,	If lesions are crusted over and dry with no fever
Flu	If has fever/temp. above 100° F with accompanying sore throat, cough, runny nose, congestion, body aches, extreme tiredness, vomiting or diarrhea	After fever free (less than 100.5° F oral temp) for 24 hrs without fever-reducing medication or has a release from a doctor if diagnosed with any type flu

If you think that your child might have a fever, please check his/her temperature before sending him/her to school. Your child should not be sent to school until he/she has been fever free for at least 24 hours without taking a fever reducing medication. **Rev. 11-10**

Sincerely,

Joy Evenson, RN

School Nurse