

## 2019 Cross Country Schedule

Date	Host/ Location	Schools Participating
8/21	Spring Station @ Heritage Middle	Heritage, Freedom, Hillsboro, Spring Station
8/28	Freedom	Mill Creek, Freedom, Spring Station
9/4	Heritage	Hillsboro, Spring Station, Heritage, Woodland
9/11	Mill Creek	Mill Creek, Brentwood, Spring Station
9/18	Page	Mill Creek, Spring Station, Hillsboro, Page
9/23	Medal Run- Spring Station@ Preservation Park	South
9/25	WMAA Championship meet, Woodland	