SECTION I: MISSION STATEMENT

The mission of the Williamson Middle Athletic Association (WMAA) is to foster the educational, social, emotional, and physical development of middle school students in the spirit of sportsmanship through interscholastic athletic competition.

SECTION II: ORGANIZATION STATEMENT

The WMAA operates under the authority of Williamson County Board of Education and the Franklin Special School District. All policy and rules of the WCBE and FSSD are in effect.

SECTION III: MEMBERSHIP AND BOARD OF DIRECTORS

All middle schools in Williamson County School District and Franklin Special School District can be members of the WMAA. There shall be a Board of Directors consisting of president, vice president, and secretary, and these positions shall be elected annually. The Board shall also consist of one representative from each member school. A representative from each school may be a principal, assistant principal or athletic director. Each member of the board of directors shall be from a different school.

SECTION IV: MEETINGS

Two meetings of the membership shall be held each year for conducting business and scheduling athletic events. Each member school is permitted one vote in all business under consideration. In case of a tie vote among member schools the District Athletic Director will cast the deciding vote. The president may call additional meetings if necessary. By the end of each school year the board will establish the sports calendar for the following school year which will specify the practice start dates and season length for all sports.

SECTION V: CONSTITUTION AND BY-LAWS

The constitution and by-laws may be amended by 2/3 majority of the membership.
SECTION VI: OFFICERS

A. Duties of the President
   1. Presides at all meetings
   2. Calls special meetings as needed
   3. Appoints committees as needed

B. Vice President
   1. Conducts duties in the absence of the president
   2. Coordinates tournament schedules and sites.

C. Secretary
   1. Records the minutes of all meetings and send copies to each member school.
   2. Notifies each member school of the time, date, place and agenda, including amendments and special considerations of all meetings.
   3. Communicates decisions of the WMAA Board to the membership.

D. Members-At-Large
   Middle school representatives from remaining member schools—vote on matters that come before the Board.

SECTION VII: PLAYING FACILITIES

The host school is responsible for the playing facilities. In the event that the facility is not suitable for play, the host school must call to cancel a game before 2:00 P.M. on the day of game. If not, the event may be forfeited to the visitors. The host administrator shall make the decision regarding the condition of the facility. Emergency situations are not covered by the above rule. The visiting coach may appeal the decision to the Board. The host school is responsible for clean up at any borrowed site.

SECTION VIII: MEMBERSHIP RULES

Rule 1 Membership

1.1 Membership shall include all public middle schools in Williamson County who field interscholastic athletic teams.

1.2 If a member school fields a team in a sport sanctioned by the WMAA, they must participate in that sport.

Rule 2 Participation

2.1 Students in public middle schools may participate as a member of a team in the WMAA. (Defined as 6th, 7th, and 8th grades)

2.2 Students must be regularly enrolled in a middle school, and carry a full load of subjects as set forth by school policy.
2.3 No 8th graders can be used for JV games this rule applies for all sports. For Basketball games a player may only participate in six (6) quarters per day. Entering or participating in any part of a quarter counts toward the individual's six quarters.

2.4 5th Grade students are not eligible to try out for middle school teams. (5th grade students become 6th grade students the first day of summer following their 5th grade year).

2.5 The Tennessee State Board of Education rules will be enforced regarding students obtaining athletic physicals before being allowed to participate. Physicals last for one calendar year and must be updated annually by April 15th.

2.6 Only proper uniforms which meet the National Federation of High School Sports guidelines shall be worn in all sports. There shall be no jewelry worn while participating in practice and/or contests.

**Rule 3 Academic**

3.1 Student athletes must have met the minimum standards set forth by the individual school systems.

3.2 For non-academic retention in the seventh and eighth grades a student will be ineligible in all sports for one school year of participation.

3.3 IEP team and 504 plans will be followed in the case of students with disabilities.

**Rule 4 Age**

4.1 A student who becomes 15 years of age on or before August 1st is not eligible to participate in a sport sanctioned by the WMAA.

**Rule 5 Coaches**

5.1 All coaches must be approved by the principal of each school.

5.2 All head coaches must have a valid CPR/First Aid card prior to conducting a practice session with students.

5.3 A coach who is ejected from an event/contest shall be suspended from coaching for the next game and maybe fined $100.00 payable to the school he/she is coaching at before being allowed to resume duties as coach.

5.4 Coaches who violate out of season practice will be suspended for that sport’s season.
Rule 6  Scheduling Format

All schools will play each other twice in volleyball and basketball.

The WCS Athletic Director will set the master schedule for football, volleyball, soccer, basketball, baseball, softball, and track.

Tennis: Woodland  
Golf: Spencer Creek-Grassland  
Cross Country: Page  
Wrestling: FREEDOM

SECTION IX: SPORTS

A. Any violations of the WMAA constitution and by-laws can cause possible forfeiture of a particular game or all games in a particular sport. Forfeiture will be determined by the Board.

B. Games and events shall be conducted under the rules of the National Federation of State High Schools, except as clarified in the specific rules of each sport.

C. Coaches and principals should establish a maximum amount of practice time (10 hours per week-contests count for 2hrs) to reflect the nature of middle school sports competition.

D. WMAA rules and regulations will govern the following interscholastic athletic sports:

   Baseball, Basketball (boys and girls), Cross Country (boys and girls), Football, Softball, Volleyball, Golf (boys and girls), Soccer (boys and girls), Tennis (boys and girls), Track and Field (boys and girls), and Wrestling
E. Practices start dates and tryouts for all sports teams are established by the annual sports calendar. This will become a part of By-Laws year to year. See page 11.
   - When seasons overlap, the sport which started first will have priority for facilities.

F. Tie breaker rule for championships and tournament seeding.
   1. Head to head competition.
   2. Results against the highest placed team, the next highest place team and so forth through the entire division if necessary.
   3. Results against common opponent outside of the WMAA.
   4. If still tied, the teams will share the championship or a coin toss will determine the seeding for tournament with the winner of the toss being the higher seed.

G. Tournament Procedure
   1. All plans shall be submitted to the vice president and approved by the WMAA Board.
   2. Standard accepted brackets shall be used.
   4. Expenses will come from team entry fees.
   5. The host school will keep a record of all expenses from each WMAA tournament. The host school will send a record of all expenses to participating schools and invoice each school an equal amount.

H. Either 1st and 2nd place plaques or medals will be given depending on individual sport.

Rule 1  Basketball (Boys and Girls)

1.1 The season may begin as set by the annual sports calendar and end with a tournament.
1.2 No team shall schedule more than 22 total games.
1.3 Each game shall consist of four, six minute quarters.
1.4 Each team may participate in no more than three (3) tournaments per season which does not include the season ending WMAA tournament. Tournaments count as two games.
1.5 There will be a mercy rule established for basketball. If a team is up by 25 or more points during the fourth quarter, the clock will run continuous except for free throws, time outs, officials’ time outs and injury situations.
1.6 A player may only participate in six (6) quarters per day. Entering or participating in any part of a quarter counts toward the individual’s six quarters.
Rule 2  Baseball

2.1 The baseball season shall begin after the conclusion of the basketball season as set by the annual sports calendar (Practice times and games shall not be scheduled prior to the conclusion of the basketball season).
2.2 Each team may participate in no more than 18 games per season including three (3) tournaments per season. Tournaments count as two games.
2.3 Two umpires shall be assigned to each game, and the cost of umpire fees shall be the responsibility of the host team.
2.4 Games shall be 7 innings in length with a 2-hour time limit.
2.5 The home team shall supply 3 new game balls.
2.6 A winner is declared if either team leads by 15 runs after the 3rd inning or 10 runs after the 5th inning.
2.7 A pitcher may pitch no more than twelve innings in any one calendar week (Sunday through Saturday) and no more than seven innings in any one day. After pitching four or more innings in any one game, the player must have at least two days’ rest before he can pitch again (For example, if a pitcher pitches four or more innings on Monday, that pitcher would not be able to pitch again until Thursday, etc. If a pitcher pitches to any batter, the pitcher is charged with an inning.) If removed as a pitcher, the player may play any other position.

Rule 3  Cross Country (Boys and Girls)

3.1 Cross Country practice starts as set by the annual sports calendar. Meets may be held starting the third week in August.
3.2 Students must compete in at least 50% of the scheduled meets (unless circumstances such as injury or illness) in order to qualify for the championship run held at the end of the season. Illness or injury must be certified by a medical doctor and submitted to the WMAA board.
3.3 On Meet Day the girls run first then the boys. There will be place cards given to each runner as they pass the finish line. Scores are determined by adding the top five runners’ places. The team with the lowest number is the winner of the meet. If there is a tie between two teams then the sixth place runner is added and the winner is determined from those scores.
3.4 The team that is hosting the meet is responsible for marking the course as accurately as possible (1.5 miles). The host team is responsible for a timer and scorekeeper. Each team is given a team score sheet that needs to be completed by each coach.
3.5 At the beginning of each meet the host team will determine the order of start lanes (usually a draw for position).
3.6 Championship Run medals will be awarded to the top ten runners in a divisional race.
3.7 During meets runners will be allowed to wear cross-country cleats.
Rule 4  Football

4.1 Football practice starts as set by the annual sports calendar. The first WMAA game may be played during the third week in August.

4.2 WMAA members must play all other divisional league teams once, and a team may play no more than 9 games per year. A bowl game may be played with permission from the County AD. Requests must be made prior to the start of the season.

4.2 The WMAA champion will be the team with the best record.

4.3 The championship trophy will rotate among the schools that win the WMAA championship.

4.4 Football helmets must be worn on the practice field for all contact and non-contact drills.

4.5 There will be a mercy rule established for football. Beginning in the second half, if point differential is 30 points or more, a continuous clock will begin except on scores, time-outs, officials’ time outs, and between quarters. If point differential goes below 30 points, you go back to regular timing rule(s).

4.6 In the event of a tie for the WMAA champion; the 3 teams will rotate the trophy.

Rule 5  Golf (Boys and Girls)

5.1 Matches may be held starting with the third week in August, and the season shall conclude with a nine (9)-hole tournament.

5.2 Boys five (5) man team… top four scores count (medal play). Girls three (3) girl team… top two scores count (medal play).

5.3 No coaching from parents or coach while match is in progress.

5.4 Each player must carry his own bag. Pull carts are allowed (no riding carts).

5.5 USGA rules will apply (winter rules).

Rule 6  Soccer (Boys and Girls)

6.1 Soccer practice starts as set by the annual sports calendar.

6.2 Each team may participate in no more than 14 games per season including two (2) tournaments per season. (WMAA tournament does not count).

6.3 Two officials shall be used for each game, and the cost of the officials shall be the responsibility of the host team.

6.4 The game shall consist of two 30 minute halves.

Rule 7  Girls Softball

7.1 The softball season shall begin after the conclusion of the basketball season as set by the annual sports calendar.

7.2 Each team may participate in no more than 18 games per season including three (3) tournaments per season. (WMAA tournament does not count).

7.3 The WMAA teams will play each other once during the regular season.

7.4 At least one umpire shall be assigned to each game, and the cost of the umpire
shall be the responsibility of the host team.

7.5 Softball will follow ASA Rules.
7.6 The home team shall supply (3) new game balls.
7.7 Host school will communicate with umpire in the WMAA Championship that there is NO time limit and will be decided by complete game (all innings) or run rule.

**Rule 8  Tennis**

8.1 Practice and matches set by the annual sports calendar.
8.2 Each team (and individual player) can participate in no more than 15 matches per season excluding the WMAA tournament.
8.3 USTA rules shall apply for WMAA matches, but coaches are allow to coach their Students while playing as long as they do not interrupt the flow of play.
8.4 If there is a tie for the team championship during regular season play (i.e., two schools having the same number of points for matches won) the champion will be the school with the greatest number of individual WMAA wins: singles and doubles.

**Rule 9  Track and Field**

9.1 The track and field season may begin after the conclusion of the basketball season as set by the annual sports calendar (practice times and games shall not be scheduled prior to the conclusion of the basketball season) and end in May.
9.2 Each team may schedule no more than 6 dates.
9.3 The championship run will be held in May.
9.4 A maximum of 5 events per athlete. Distance runners 1600 meters, 800 meters, and 4 X 800 meter runners may compete in only two (2) other running events.
9.5 Field events open the meet with the following order of events.
   A. Pole Vault
   B. First Round--Boys long jump, boys shot (25ft WMAA meet)
      Girl’s high jump *(4'2" WMAA meet)*, girl’s disc (50ft WMAA meet)
   C. Second Round--Boys high jump *(4'8" WMAA meet)*, boys disc(70ft WMAA meet) Girls long jump, girls shot (20ft WMAA meet)

9.6 Running events include in order of running:
   A. Low hurdles
   B. 4x100
   C. 4X800
   D. 100
   E. 1600
   F. 4X200
   G. 400
   H. 800
   I. 200
   J. 4x400

9.7 When heats are held the best times will dictate which athletes advance.
9.8 To be eligible to participate in the championship meet an athlete must compete in two (2) meets.

9.9 End of season (WMAA) meet will be rotated among member schools. If a school does not have a track facility, they should secure the use of another facility, but the school shall be responsible for hosting the meet.

9.10 Medals should be awarded to the 1st, 2nd, and 3rd place relay teams and 1st, 2nd, 3rd place for individual contests.

**Rule 10  Girls Volleyball**

10.1 Volleyball practice and matches starts as set by the annual sports calendar.

10.2 Each team may participate in no more than 24 matches per season including 3 tournaments (tournaments count as 2 matches).

**Rule 11  Wrestling**

11.1 Wrestling practice starts as set by the annual sports calendar. Can start at the conclusion of the Volleyball season. JV football players not participating in Varsity play can start wrestling at the conclusion of their season.

11.2 Each school may wrestle 20 matches including tournaments. Tournaments and tri-matches count as 2 matches.*

11.3 There shall be 14 weight divisions: 75, 82, 90, 98.106, 114, 122, 130, 138, 148, 158, 175, 190, heavyweight (limited to 225 pounds).

11.4 Each wrestler must certify at least three (3) times at the weight he will wrestle for the post-season tournament. Seeding for the post-season tournament will be based on the number of wins in the same weight class as wrestling in tournament.

11.5 If an injury prevents a wrestler’s chance to certify, a doctor’s medical report certified by the principal must be sent to all WMAA schools prior to matches and tournament play.

11.6 Scales must be a digital balance system and set prior to matches and tournament play.

11.7 The post-season tournament shall be double elimination or wrestle back.

11.8 Weigh-in will be one (1) time before the tournament begins unless the tournament is extended beyond two (2) days.

11.9 There will be no allowance for weight divisions. Two (2) pounds may be added after the 4th week of the season if the season last past Thanksgiving.

11.10 Seeding Criteria: WMAA Tournament 1. Head to Head (last winning wrestler will be higher seed) 2. Common Opponent 3. Coaches’ vote

**SECTION X: APPEALS**

A. A member school may appeal the administration or interpretation of these rules to the WMAA Board of Directors, who must address the appeal within 10 days. Decisions of the WMAA board can be appealed to the
WCS Athletic Director whose decision shall be final.

B. Appeals process: Any appeal request shall be submitted in writing from the principal of the school to the WMAA Board of Directors. The WMAA has 10 days to render a decision. A decision of the WMAA Board of Directors may be appealed to the WCS Athletic Director within 5 days of the WMAA Board decision. The WCS Athletic Director will have 5 days to render a decision, and that decision shall be final.

c. If a Board member’s school is appealing or is a part of the appeal process; then that member will not be allowed to vote on that appeal. The WCS Athletic Director will assign an athletic director from a member school that has no benefit from the appeal to be the third vote in the appeal process.

Revised 8/29/14 by the voting members of the WMAA organization

*Changes go into effect August, 2015

2014-2015 WMAA HOST TEAMS:

TENNIS: WOODLAND
GOLF: GRASSLAND
CROSS COUNTRY WMAA MEDAL RUN: WOODLAND
CROSS COUNTRY DISTRICT TOURNAMENT: PAGE
VOLLEYBALL: FREEDOM
BOYS SOCCER: HILLSBORO
 GIRLS SOCCER: SPRING STATION
WRESTLING: SPRING STATION
BASKETBALL: BRENTWOOD
BASEBALL: SUNSET
SOFTBALL: WOODLAND
TRACK: FREEDOM
2014-15 WMAA Calendar

The WMAA does not have restrictions for summer starting May 09, 2014 after 3pm with one exception; (FOOTBALL head gear ONLY) there will be a dead period, between Sunday June 22\textsuperscript{nd} through Sunday July 13\textsuperscript{th} (3 weeks); during this three week period there should not be any athletic activity at the schools or between the coaches and players. Before and after the dead period; Coaches can have open facilities, conduct conditioning sessions, practice, and/or tryouts. Starting July 14\textsuperscript{th} Football will be allowed to use head gear and shoulder pads until fall practice starts.

Once practice begins for fall sports July 28, 2014 there will be NO RESTRICTIONS FOR STUDENTS NOT PLAYING FALL SPORTS. Coaches will be able to have off season conditioning; practice, and weight training; open gyms are also allowed as long as NO PLAYERS WHO ARE IN SEASON PRACTICE. AT THE START OF EACH SEASON NO RESTRICTIONS FOR STUDENTS AND COACHES NOT IN SEASON: STUDENTS WHO QUIT A SPORT WILL NOT BE ABLE TO PRACTICE UNTIL THAT SPORT SEASON IS OVER!!!

The WMAA Sports’ calendar for the 2014-2015 school years is as follows; Volleyball, Football, Golf, Cross Country, and Tennis will begin practice on Monday July 28\textsuperscript{th}; WMAA contest will begin the week of August 11\textsuperscript{th}. ALL FALL SPORTS END October 7\textsuperscript{th}. Wrestling/Soccer WMAA games begin the week of October 20\textsuperscript{th} and all tournaments must be completed by Saturday DEC 6. Basketball WMAA games begin week of Dec 11\textsuperscript{th} and end February 27\textsuperscript{th}. Baseball, Softball, and Track WMAA games begin March 23\textsuperscript{rd} and end by Saturday May 2\textsuperscript{nd}; additional time to allow for rain outs will be after TCAP testing.

The following is the WMAA Sports Calendar which is recommended for the 2014-2015 school year:

<table>
<thead>
<tr>
<th>Sport</th>
<th>Season Duration</th>
<th>WMAA First Regular Season Contest</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fall sports</td>
<td>07/28 – 10/07</td>
<td>Week of August 11th</td>
</tr>
<tr>
<td>Wrestling/Soccer</td>
<td>12/6</td>
<td>Week of October 20th</td>
</tr>
<tr>
<td>Basketball</td>
<td>2/28</td>
<td>Week of December 8\textsuperscript{th}</td>
</tr>
<tr>
<td>Spring Sports</td>
<td>5/2 (TCAP 5/04-5/08)</td>
<td>Week of March 23rd</td>
</tr>
</tbody>
</table>