## WCS Scope & Sequence 2014-15

**Subject:** Physical Education  
**Grade:** 3-5  
**1st Nine Weeks**

<table>
<thead>
<tr>
<th>Learning Target</th>
<th>Knowledge &amp; Processes</th>
<th>Student Friendly</th>
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| **(Standard 5)** A physically educated person exhibits responsible personal and social behavior that respects self and others in physical activity settings | **Knowledge:**  
- Application of rules  
- Acceptable social behavior  
- Cooperation  
- Safe practices  
- Conflict resolution  
- **(HS)- Decision making**  
- **Processes:**  
  - Apply rules, procedures and safe practices  
  - Cooperate with others regardless of personal differences in skill, gender, disability, socioeconomic level and ethnicity  
  - Recognize and value attributes of individuals  
  - Treat others with respect during physical activity  
  - Resolve conflicts in socially acceptable ways  
  - Work independently and on-task  
  - **(HS)- analyze how influences affect personal decision-making processes**  
  - **(HS)- describe the connection between choices, actions, and consequences**  
  - **(HS)- explain safety precautions that would help prevent injuries (e.g. helmet, pads, sun safety)**  
  - **(HS)- distinguish between emergency and non-emergency situations**  
  - **(HS)- describe and discuss basic first aid techniques for emergency care**  
  - **(HS)- describe and discuss an ability to locate**  
<p>| I can follow directions and rules. I can work safely. I can complete my work on time. I can work with others in PE and recess. I can work it out. I can work with everyone. I can share. I can show good sportsmanship. I can make good choices. I can respect others. |</p>
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| **Standard 10:** The student will understand attitudes and behaviors for preventing injuries and deaths from injury.  
10.3 demonstrate and explain appropriate choices related to reducing unintentional injuries  
**Standard 11:** The student will understand appropriate care for injuries and sudden illness.  
11.1 describe appropriate actions for emergency and non-emergency situations  
11.2 demonstrate first aid techniques  
and utilize resources in emergency situations |